

NIIGAANIIN

Client and Community Newsletter

May 1, 2025



Niigaaniin Hours

Mon-Thurs 9:00-4:30 - Fridays 9:00-4:00

OESP PROGRAM

CHECK YOUR HYDRO BILL FOR OESP EXPIRE

RENEWAL YEARLY

CALL Darrell Jacques

705 356 1621 Ext 2235

Attention OW Clients

if you would like your income statement/
rent receipt emailed, please email Kristen
Jackpine

Niigaaniinreception@mississaugi.com

INFORMATION

OW clients

Statements due

May 16, 2025

LMI COORDINATOR

KRISTEN JACKPINE

LABOUR MARKET INITIATIVE SURVEY

LMI COORDINATOR @MISSISSAUGI.COM

705 356 1621 EXT 2351

"QUOTE OF THE WEEK"

"The difference between ordinary
and extraordinary is that little extra."

~ Jimmy Johnson~

Niigaaniin computer lab is open, come in
and apply for employment, EI, printing bills
Resumes, cover letters

Mississauga First Nations

LOCAL AREA - JOB OPPORTUNITIES

Position	Employer/Location	Closing date
Various Positions Available	Garden River FN	until filled
Various Positions Available	Serpant River FN	until filled
Various Positions Available	Sagamok FN	until filled
Various positions	NOG/various communities	until filled
Various positions	Mamaweswen	until filled
Various positions	Algoma Manor/Thessalon	until filled
AZ Driver	Employment Solutions	5/09/25
Office Assist.	RJ Auto Glass/Blind River	5/13/25
Cook	The Pier/Blind River	5/1/25
Dishwasher	The Pier	5/1/25
Client Advisor	RBC/Blind River	5/1/25
Community Health Rep.	MFN/Health and Social Services	5/14/25
Membership Clerk	MFN/Lands and Resource	5/9/25
Bus Driver	AJ Bus Lines/Blind River	5/30/25
Team Member	Tim Hortons/Blind River	5/30/25
Backup Receptionist	MFN	until filled.

Other Websites for job postings: Indeed; LinkedIn; Google jobs; Job-Bank.gc.ca; employment solutions

Also: Gas Attendants/Cashiers / Casual Parttime - Broken Canoe /ask for Jacquie

- If you are on OW or EI or not working or need training ISETP's can offer you the following: Apprenticeships; Employment Supports/Startup; wage subsidies; Mobility/relocation assistance; Skills enhancement/Direct Course Purchase; Youth Work Experience; Student Employment; Career and Educational development: Self Employment Assistance *

When applying for any position/job the process involved is: Where do you apply; in person; mail; fax; email or phone. Before applying, please read and follow all the instructions that is required from the employer, or you may be screened out and not get that interview.

If you need help or assistance, you can call Rob our employment Counsellor at 705-356-1621 ext.2237 but please do not wait for the last minute. Call and make an appointment.





Position: Lands & Resources Membership
Registry Clerk

Salary: \$45,793 - \$52,016

Hours of Work: 32 hours/week

Circulation Level: Level II

Accountability: Lands & Resources Director

Employment Status: Full Time (2 years contract)

Preferences: MFN Band Members

The Lands and Resources Membership Registry Clerk will perform the following duties:

- Receive, review and process applications for membership with Mississauga First Nation
- Prepare status cards for eligible citizens
- Review and maintain membership lists and files for accuracy including registering adoptions, births, deaths, marriages, divorces, and transfers.
- Assist citizens with memberships applications, answer inquiries and refer to appropriate agencies for required documents as needed. Assists members with individual land holdings, leases, permits and estates where land is involved.
- Liaise with Indian Registry Administrator at AANDC and other First Nation Membership Clerks as needed.
- Prepare and submit monthly, quarterly, and annual reports to Indian and Northern Affairs Canada.
- Attends meetings of the First Nations, Council and third parties, as required. Maintains a comprehensive filing system for the Land Governance office.
- Maintain an excellent working knowledge of the computerized lands programs, such as: First Nations Lands Registry, Indian Lands Registry, Netlands and others as designed.
- Coordinate Lands and Membership Committee meetings; Prepare meeting packages and agenda.
- Manages all documentation in connection with the Mississauga First Nation Land Code including leases, permits, right of way, additions to reserve proposals, transfer of administration and control of reserve lands and other documentation pertaining to the Land Code.
- Register land transactions in the First Nation Lands Registry.
- Coordinate and track payments to approve accounts for monies received for leases, timber dues and/or all fees, fines, charges and levies under a land law or land resolution and any other land revenue received by.
- Assist with coordination of referendums, special membership meetings and votes.
- Provide administrative reception coverage when required

The Lands and Resources Membership Registry Clerk will possess the following qualifications, experiences, and attributes:

- Post-Secondary Clerical Certificate or office administration field.
- Minimum of two (1) year experience in the clerical field with some financial experience.
- Working knowledge or understanding Mississauga First Nation Land Code, Membership Code, and Constitution.
- Knowledge and understanding of Aboriginal culture and traditions
- Knowledge and understanding of land administration, land use planning, community & environmental planning (an asset).
- Excellent organizational and time management skills.
- Excellent interpersonal skills, conflict resolution, and computer skills.
- Ability to develop, read and interpret maps.
- Ability to keep a high level of confidentiality.
- Must provide a clear Vulnerable Sector Check from the Canadian Police Information Centre (CPIC).

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be in person. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation Attention: Human Resources Department
P.O. Box 1299 Blind River, Ontario P0R1B0
Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740

Deadline: May 8, 2025

Thank you to all applicants; however, only those selected for an interview will be contacted.

WALKING IN BALANCE

A socially and culturally healthy community where individuals have the opportunity to prosper and to achieve their full potential spiritually, emotionally, mentally, and physically through generous and unselfish support for one another, while pursuing balance and harmony within, with each other, and with Mother Earth.



Position: Community Health Representative

Salary: \$51,051 - \$58,007

Hours of Work: 32 hours/week

Circulation Level: Level II

Accountability: Health Manager

Employment Status: Full Time (2 years contract)

Preferences: MFN Band Members

The Community Health Representative will perform the following job functions:

- Prepare and complete daily activity programming reporting into database.
- Participate, lead and coordinate according to funding requirement/Prepare and present educational programs, resources and activities/ Plan and disseminate weekly and monthly program schedules for all activities to all community members and administration.
- Collaborate with other departments, stakeholders and community groups to comprehend overall goals, plan outreach interventions and develop effective communication strategies/activities
- Document results, feedback and lessons learned from each activity, ensuring all plans and materials meet departmental and administration guidelines and policies
- Maintain a high level of community morale and conduct by providing mentorship and support to peers and community members/Participate in individual and group supervised sessions, and participate in professional development opportunities as appropriate.
- Familiarity with approaches to physical activity management of diabetes.
- **Prevention:** provide health promotion and lifestyle changes to prevent diabetes and its complications through prevention teaching and counseling to clients and family members
- **Treatment:** assist diabetes team during monthly clinics; notify clients and promote participation; assist with recruitment of hard to reach clients to clinics or home visits
- **Education:** adapt and monitor the application of the Canadian Diabetes Association standards for services and training; advertise and promote diabetes services, clinics, workshops and in-service training; provide diabetes related information during client follow-up visits; assist in developing pamphlets describing services delivery within the community; maintain accurate and timely documentation and client records to Aboriginal Diabetes Initiative and Health Center services documentation procedures.

Qualifications/Skills/Attributes

- Post-secondary education in Social Services or Health field: Native Community and Care Development; Personal Support Worker Program; Registered Practical Nurse; Diabetes Lay Education Certificate; or, Health Education
- Ontario Driver's License in good standing/Standard First Aid and CPR/AED/Current ORCA Advanced Solo/Tandem Canoe certification (an asset)/Teaching Adult Learner Certificate (an asset)
- Two (2) years' progressively responsible experience in public health, communications or marketing campaigns (programming and delivery) for various targeted groups.
- Excellent verbal and written communication/team player/work independently/excellent organizational and interpersonal skills/ability to instruct, speak in public and facilitate to address family meetings, groups, workshops, one-on-one in order to consult with individuals, family members and / or other targeted group/proficient in Microsoft Office Suite/First Nation cultural awareness/demonstrate sound work ethics.

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Mississauga First Nation
P.O. Box 1299 Blind River, Ontario P0R1B0
Attention: Human Resources Department
EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740
Deadline: Wednesday, May 14, 2025

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Position: Lands and Resources Manager

Salary: \$71,502 - \$80,753

Hours of Work: 32 hours/week

Circulation Level: Level I

Accountability: Lands and Resource Director

Employment Status: 2-year Succession Plan (Full-time)

Preferences: MFN Band Members

The Lands and Resource Manager will perform the following duties:

- Analyze financial processes and coordinate programs and services to meet the needs of the organization.
- Evaluate, monitor and develop services including support services.
- Develop, negotiate, and monitor approved financial service agreements.
- Manage effective resolution of service complaints.
- Provide technical advice to the First Nation in the implementation of specific projects related to the forest management plan such as silviculture and forest management work projects.
- Prepare and maintain the Lands & Resources programs, budgets and progress reports and ensure necessary project records are created for completed projects.
- Assist in finalizing and managing the Forest Management Plan, Land Code, draft Land Use Plan and any other laws/policies as deemed necessary to preserve and protect lands, natural resources and the Environment Management Plan.
- Coordinate and prepare reports for monthly meetings with the Lands and Natural Resources Committee and other Managers within MFN.
- Develop and implement process for community consultation and decision making that can maximize community participation in lands and resource management for Mississauga First Nation, that will lead to consultation and accommodation of benefits on all Natural resource facets of provincial and federal government as they relate to Aboriginal Treaty Rights.
- Carries out all responsibilities of the Lands and Resources Program as set out in the Mississauga First Nation Land Code and MFN.
- Assist with Consultations with various Proponents on all matters in projects, policies and Aboriginal Harvesting rights, MNRF Interim Enforcement Policy as they relate to the Lands & Resources.
- Reviews and processes land lease agreements (residential, commercial, retail, industrial agreements), subleases, permits, rights of way, additions to reserve proposals, allotments, transfers, mortgages etc., and other legal documentation pertaining to Mississauga First Nation Reserve lands.
- Provides guideline information as to the process for a proponent to register a lease or permit on reserve lands.
- Oversees registrations in the First Nations Lands Registry System and Land Registry searches for membership and clients.
- Communicates with lessees and Band membership on land and land use issues, and with trustees, executors, and solicitors on land disposition.
- Assists and provides information to Chief and Council on land and land use issues.
- Ensure completion of administration tasks as required.
- Prepare reports, briefing notes and correspondence as required.
- Prepared an annual work plan and monthly report to supervisor
- Develop comprehensive annual budgets.
- Coordinate budget development and review process.
- Monitor budgets, contracts and agreements and develop a system to track expenses.
- Prepare detailed financial and project reports.
- Ensure fiscal responsibility of the organization.
- Negotiate with government agencies for funding in collaboration with the Lands & Resources Director.

The Lands and Resources Manager will possess the following qualifications, skills, experiences, and attributes:

- Post-secondary degree or diploma in Sciences and Natural Resources, Environment, Forestry/Lands Technician.
- Experience writing proposals, policies, procedures and financial reports.

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- Experience working with Aboriginal people, organizations and communities, management and financial accounting experience. Knowledge and sensitive to cultural practices and traditions in the workplace.
- Proven ability to establish and maintain respectful relationships with council, other community services, committees and external government and non-government agencies.
- Excellent communication, motivation, leadership and interpersonal skills.
- Ability to prepare, write and format reports, statements, evaluations and proposals.
- Strong leadership skills and management skills.
- Excellent financial management and analysis skills.
- Excellent conflict resolution and problem-solving skills.
- Excellent and effective oral and written communication skills
- Excellent computer skills with MS Office software and office equipment.
- Ability to work independently and within a team environment.
- Ability to facilitate team and maintain a multi-disciplinary team environment.
- Ability to take initiative, meet deadlines and work flexible hours.
- Strong interpersonal and influencing/negotiation.
- Be honest, trustworthy, and respectful.
- Possess a calm demeanor in responding to customers.
- Demonstrate sound work ethics.
- Must provide clear Vulnerable Reference Check from the Canadian Police Information Center (CPIC).
- Must have valid Class "G" Ontario Driver's License and be able to travel
- Knowledge of Occupational Health and Safety Act, as it applies to the worker.
- Knowledge of the Workplace Hazardous Materials Information System.
- Ability to handle stressful situations; strong organizational, time management skills.
- Ability to take initiative and work independently; ability to meet deadlines and work flexible hours.

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P.O. Box 1299 Blind River, Ontario P0R1B0

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740

Deadline: June 4, 2025

Thank you to all applicants; however, only those selected for an interview will be contacted.

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Position: Back-Up Receptionist
(Admin & Health Dept)

Salary: \$24.03 hourly

Hours of Work: As needed

Circulation Level: Level I

Accountability: Finance Director

Employment Status: Casual

Preferences: MFN Band Members

The Back-Up Receptionist will:

- Receive all incoming telephone calls and visits in person and direct all inquiries and persons appropriately and with courtesy.
- To receive and record all incoming and outgoing mail, open and distribute it to the appropriate staff, affix appropriate postage and ensure proper handling, photocopying of mail as needed.
- Be aware of and as required and requested to provide information about all staff employees' whereabouts.
- As needed and requested, order appropriate storage, distribution, and use of office supplies (i.e., pens, writing pads, staplers/staples, 3-hole punch) stationery and standard agency forms.
- Maintain booking schedule for Council Chambers using Outlook monitoring, community hall rental, van and bus rental, cultural center.
- Perform secretarial and clerical duties of photocopying, faxing, typing, and telephoning.
- Make travel arrangements and maintain travel itineraries for all staff, when required.
- Responsible for drafting letters and any other correspondence related to office administration.
- Ensure confidentiality and safekeeping of all the organization's records, forms, and documents.
- Assist Housing and Property Manager with receipt of rent monies when required.
- Update employee telephone and email listing for all staff and Chief and Council.
- Receive money, prepare invoices, and log payments for photocopying/ facsimile transmissions for public and forward to Finance Clerk and place in safe.
- Responsible for and maintaining Visitor Logbook; Employee Sign In / Out Daily logbook.
- Conduct themselves in a professionally appropriate manner; and any other duties are required.

The Back-Up Receptionist will possess the following qualifications, skills, experiences, and attributes:

- Certificate and/or diploma in secretarial and office services with minimum of two (2) year related experience.
- Experience working with aboriginal people, organizations, and communities.
- Must provide a clear Criminal Records Check.
- Knowledge of Mississauga First Nation programs and services; understanding of Aboriginal culture and traditions.
- Knowledge of the Occupational Health and Safety Act and the Canada Labour Code as it applies to the worker.
- Good interpersonal skills; good public relations; good communication/ organizational skills.
- Excellent time management skills; excellent computer skills with MS Office including Excel, Word, Access.
- Ability to work independently and within a team environment; and ability to pay attention to detail and ensure accuracy with work.

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Deadline: Until position is filled

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- Maintain booking schedule for Council Chambers using Outlook monitoring, community hall rental, van and bus rental, cultural center.
- Perform secretarial and clerical duties of photocopying, faxing, typing, and telephoning.
- Make travel arrangements and maintain travel itineraries for all staff, when required.
- Responsible for drafting letters and any other correspondence related to office administration.
- Ensure confidentiality and safekeeping of all the organization's records, forms, and documents.
- Assist Housing and Property Manager with receipt of rent monies when required.
- Update employee telephone and email listing for all staff and Chief and Council.
- Receive money, prepare invoices, and log payments for photocopying/ facsimile transmissions for public and forward to Finance Clerk and place in safe.
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- Knowledge of the Occupational Health and Safety Act and the Canada Labour Code as it applies to the worker.
- Good interpersonal skills; good public relations; good communication/ organizational skills.
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ROAD CLOSURE - STILL IN EFFECT

APRIL 28, 2025

Scarf Lake G.S. Road

THE ROAD LEADING TO THE SCARF LAKE
G.S. IS CLOSED DUE TO FLOODING.

THE ROAD CONDITION IS UNSAFE TO
USE, PLEASE STAY OFF THE ROAD OR
USE AT YOUR OWN RISK.



Join your community and get informed



Stay Informed!



Instant notifications!



Sent directly to your phone!



Get ALERTS regarding:

- Road closures
- Severe weather alerts
- Service interruptions
- Scheduled power outage
- AND MORE...

Receive messages

from MFN via:

- Text messages
- Phone call
- Email
- Or ALL 3



How to Register:

Go to <https://member.everbridge.net/1848833097072644/new>
OR scan the QR Code below



Register now
to be entered
into a draw
for \$250!





LET'S CLEAN UP!



OUR NEIGHBORHOOD



As part of our efforts to maintain the beauty and health of our community, we encourage residents to take part in a yard clean up initiative!

- Sort Items into categories
- Use clearly labeled bags or bins
- Check local disposal guidelines
- Schedule bulk trash bulk pickup
- Donate usable items
- compost organic waste
- Wood waste products - wood pile on River Road.
- Animal waste - Burbot Cove turn around
- Encourage community efforts!

By taking these steps, we can create a cleaner more welcoming environments for everyone! Thank you for your cooperation and commitment to improving the MFN Community!





BEARS ARE AWAKE AND ACTIVE

**PLEASE STAY ALERT WHEN
OUTDOORS**



KEEP YOUR YARDS CLEAR OF ATTRACTANTS

**PLEASE REPORT BEAR SIGHTINGS IF SEEN IN
A RESIDENTIAL AREA - BYLAW OFFICER:**

705-261-0259



SAFETY REMINDERS for SPRING FISHING SEASON

Safety gear required for each vessel



Life Jackets
(Must fit the person wearing it)



Sound Signaling Device



Manual propelling device and anchor



A waterproof flashlight



Bailor or Hand Pump



15m of rope



A fire extinguisher for any craft



Navigation lights mandatory for vessels operating between sunset and sunrise.





HYPOTHERMIA INFORMATION

for

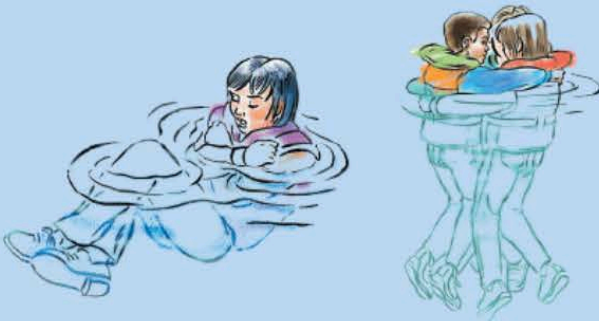
SPRING FISHING SEASON

Hypothermia is a drop of body temperature below normal (37°C) that results from a prolonged exposure to frigid water. The signs and symptoms of the 3 different stages of hypothermia are:

- ***First stage: shivering, reduced circulation***
- ***Second stage: slow, weak pulse, slowed breathing, lack of coordination, irritability, confusion and sleepy behavior***
- ***Advanced stage: slow, weak or absent respiration and pulse. The person may lose consciousness.***

Should you find yourself in the water it is essential to do everything possible to conserve your energy and body heat. To lengthen your survival time, the following is important:

- ***Wear your personal flotation device or lifejacket. This will help you to stay afloat and keep your head out of the water without wasting your energy***
- ***Swim only if you can join others or reach a safe shelter. Do not swim to keep yourself warm, this will only increase your loss of body heat.***
- ***if possible climb on top of a floating object (such as your craft) to keep as much of your body as possible out of the water. Frigid water will lower your body temperature faster than air (25x faster)***



- ***Assume the fetal position, or if you are not alone, huddle together***
- ***Remove the wet clothing of anyone who has fallen into the water and warm them with dry clothes.***

**Please direct questions or concerns to MFN Lands and Resources department @ (705) 356-1621 ext. 2236
or MFN Bylaw Officer @ ext. 2259**



HELP US IMPROVE!

PARENTS & GUARDIANS
TELL US WHAT YOU THINK



<https://tejoin.com/scroll/237313091>

ADSB Family Voice Survey



RE-APPLY NOW FOR POST-SECONDARY EDUCATION FUNDING



Applications Available Online

The '*Continuing Student Application Form*' and Post-Secondary Policies & Procedures are available at:

www.mississaugi.com/post-secondary



Applications Checklist

- 1) Completed application
- 2) Copy of most recent transcripts/ Previous semester grades
- 3) Banking Information (if changed)



Applications Due May 15th

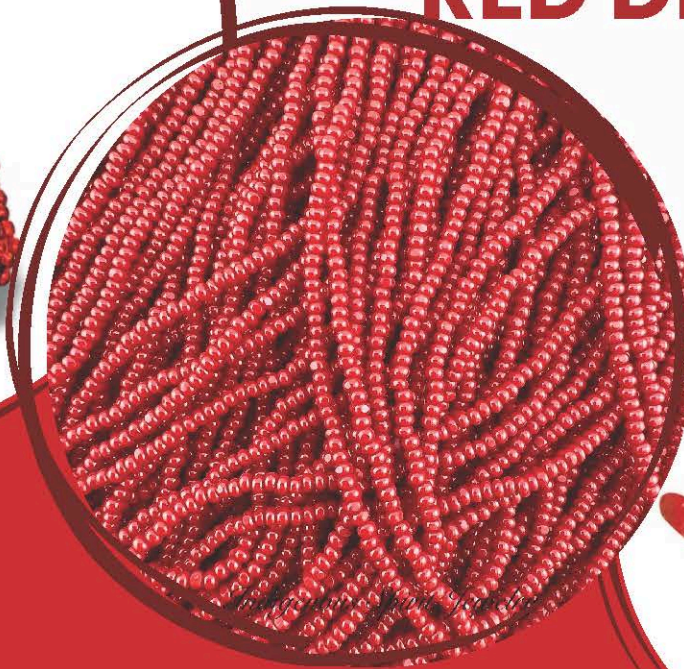
The '*Continuing Student Application Form*' and all required documentation are to be submitted via email to:

postsecondarystudents@mississaugi.com

**NO MORE STOLEN SISTERS
NO MORE STOLEN SISTERS
NO MORE STOLEN SISTERS
STOLEN SISTERS
TOLEN SISTERS**

RED DRESS DAY

MAY 5 2025



Join us Thursday and Friday
afternoon at the Education
building

- Drop in May 1-2 from 1:00-4:30
- Every skill level welcome
- Take home your finished pin!
- Raising awareness for Missing and Murdered Indigenous Women, Girls, and 2-Spirited

A BOWL OF SOUP, A SIDE OF COMMUNITY



SOUP SOCIAL

SOUP, SOCIALIZE, REPEAT

MARK YOUR CALENDAR

**WEDNESDAY
MAY 14, 21, & 28, 2025
12:00PM - 1:00PM**



148 Village Rd



705-356-1621 Ext 2247



Melissamorningstar@mississauga.com



ANISHINAABEMOWIN

A BEGINNER'S OJIBWAY LANGUAGE COURSE

COURSE MATERIAL BY: BARBARA NOLAN

FUNDED BY ONTARIO NATIVE LITERACY COALITION

Instructor: Donnelley Trudeau

**Monday Nights Supper Club
language program**

DATES

Tuesday May 20, 2025

Monday May 26, 2025

June 9, 16, 23 & 30

TIME

5:00pm to 8:00om

JOIN US

Space is limited registration is needed
contact Melissa Morningstar



705-356-1621 Ext 2247


daniin

Miigwech



BEADING

with Donnelley &
Melissa



Date

**May 15th evening only,
22, 29th, 2025**



TIME

**11.00AM-Noon
6.00PM-8:00PM**



Address

148 Village Road

**ALL SKILL LEVEL ARE
WELCOMED**

- ✓ Patience and Perseverance
- ✓ Problem-Solving
- ✓ Creativity and Self-Expression
- ✓ Concentration and Focus
- ✓ Sense of Accomplishment

REGISTER NOW!

**LIMITED
SPOTS!**



Registration is needed! Please Contact Melissa Morningstar @
705-356-1621 Ext 2247

CELEBRATE WITH US



Narcotics Anonymous®

Meetings are every Monday @ 7pm

132 OLD TRUCK RD,
BLIND RIVER

NEW TO NA? NOT SURE WHERE TO START? HAVE QUESTIONS? JOIN US
FOR A BRIEF INTRODUCTORY MEETING.
WE WILL GO OVER THE BASICS AND ANSWER ANY QUESTIONS
YOU MIGHT HAVE



SAVE THE DATE

DAY CAMP **REGISTRATION**

May 20, 2025

Ages 6 to 11

Sports Complex

4:00PM to 6:00PM

Registration will be available online and in-person

For the online registration link or for questions about the program contact...

Jade Fox - Youth Coordinator

E. youthcoordinator@mississauga1.com

P. 705 356 1621 ext 2357



YOUTH **VOLLEYBALL** **NIGHTS**



Everyone
Welcome!

13+

Open
Volleyball!

6:30-8PM

Register Today!

Skill Building +
Team Building

May 7
May 14
May 21
May 28

Sports Complex
Gymnasium

To register contact Jade Fox
E. youthcoordinator@mississauga.com | P. 705 356 1621 ext. 2357

MISSISSAUGA FIRST NATION

YOUTH OPEN HOUSE

Join both the Child and Youth Worker and Youth Coordinator at the Youth Centre to share your ideas on...

- Upcoming Programing Ideas
- Programming Space Renovations
- Updating the Youth Centre Space

HELP US MAKE THIS SPACE YOURS!

MAY 5, 2025

Sports Complex / Upstairs

5:00-8:00PM

Dinner + Refreshments

CHILD & YOUTH PROGRAM - AGES 7 TO 12 YEARS

Jennifer Jensen

cyworker@mississaugi.com | 705 356 3455

YOUTH COORDINATOR - AGES 13 TO 18 YEARS

Jade Fox

youthcoordinator@mississaugi.com | 705 356 1621 ext 2357

HELP US NAME OUR YOUTH CENTER!

WINNER WILL RECEIVE A \$100.00 GIFT CARD

DOOR PRIZES | EVERYONE WELCOME

For questions call Jennifer or Jade

Babysitting + Home Alone Course

**Limited Spots
for each session.**

BABYSITTING COURSE - AGES 10+

Includes First Aid/CPR. The Revamped and revised Babysitting Course places a strong emphasis on First Aid Skills. The Babysitter Program will prepare you to be a fantastic babysitter!



HOME ALONE COURSE - AGES 9+

This updated curriculum also provides improved learning when it comes to giving kids the knowledge, skills and the confidence on how to be Home Alone and to know what to do in case of an emergency.

BABYSITTING COURSE
SATURDAY, MAY 24
10:30AM TO 4:00PM

HOME ALONE COURSE
SUNDAY, MAY 25
10:30AM TO 1:30PM

Mississauga First Nation
Sports Complex

Lunch Provided for each
session

Certificates provided to each
participant upon completion
of course.



**REGISTER
TODAY!
LIMITED
SPOTS LEFT**

To register please contact
Jade Fox - Youth Coordinator
youthcoordinator@mississaugi.com
705 356 1621 ext 2357

MFN CHILD AND YOUTH PROGRAM

LAST VOLLEYBALL NIGHT

VOLLEYBALL NIGHT 2025



**EXCLUSIVE TO ON AND OFF RESERVE BAND
MEMBERS ONLY**

WEDNESDAY MAY 30TH 2025

WHAT TO EXPECT

- Adults with volleyball experience
- Skill development
- Team building, sportsmanship
- Fitness & FUN!!!
- Friendly Play

AGE GROUP

**9-12
YEARS OLD**

TIME 5:30-6:30



SPORTSCOMPLEX

Mississauga First Nations



cyworker@mississauga1.com

Call or text 705-356-3455



create FANCY your SHAWL

Register by Friday April 25th
@4pm

Dates: Tuesday May 6th and
Wednesday May 7th

Starts at 5pm

Held upstairs at the Sports
Complex

*Supper
Included!*

*If you have colour ideas please
email or text me

CHILD AND YOUTH WORKER 7TO 12YRS

(705) 356-3455

cyworker@mississauga.com

FANCY SHAWL *Dancing*



WITH
Farrah

**CHILD AND YOUTH
PROGRAM 7-12YRS**

STARTING APRIL 28 TO MAY 1ST

MONDAY 4:30-5:30PM

TUESDAY 4:30-5:30PM

WEDNESDAY 4:30-5:30PM

THURSDAY 4:30-5:30PM

**HELD AT THE SPORTS
COMPLEX**

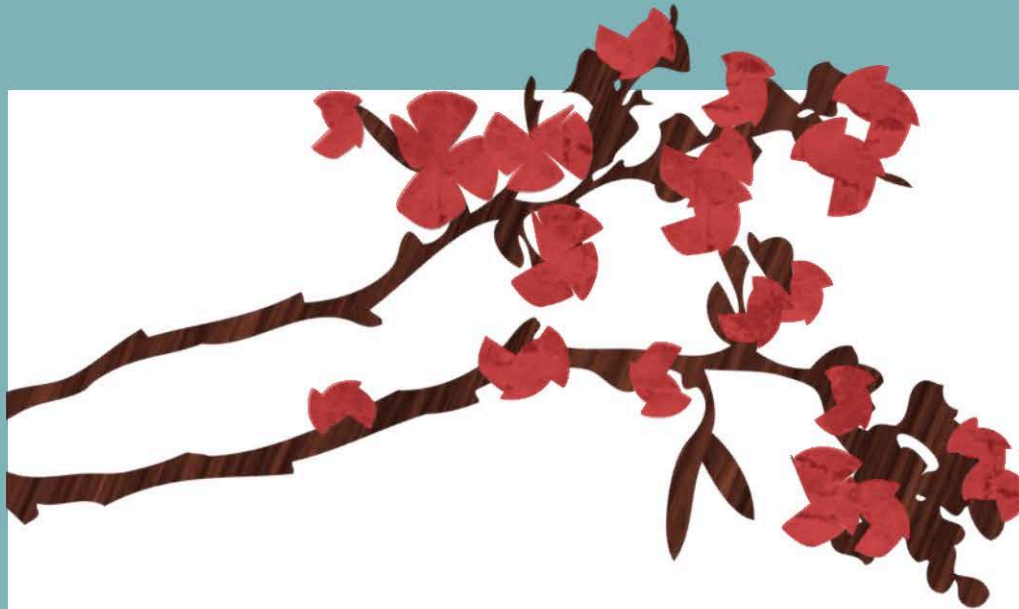
**HEALTHY SNACKS WILL BE
PROVIDED**

CHILD AND YOUTH WORKER 7-12YRS

JENNIFER

CYWORKER@MISSISSAUGI.COM

CELL: 705-356-3455



MFN ANNUAL HEALTH FAIR – 2025



“SPRING INTO HEALTH”

DATE: THURSDAY MAY 15, 2025

TIME: 11:00 A.M. – 3:30 P.M.

**MFN SPORTS COMPLEX
46 PARK ROAD**

**MFN HEALTH SERVICES INVITES YOU TO JOIN IN OUR ANNUAL
HEALTH FAIR -2025. COME JOIN IN THE FESTIVITIES AND MAKE
IT ANOTHER SUCCESSFUL CELEBRATION**

CONTACT FOR INFORMATION: HSADMINASSISTANT@MISSISSAUGI.COM

REQUEST FOR CATERING BIDS

DEADLINE DATE: May 1st, 2025

Date required: Thursday May 15th, 2025

Time: 11:00 a.m. – 2:00 p.m.

Location: Sports Complex

Event Title: MFN Health Fair – 2025

Please send or drop off your “SEALED” quote/bid to:

Health Services Department

Attention: Email/phone: hsadminassistant@mississauga.com

705-356-1621 ext: 2262

Menu description	Amount
<p>Hot dogs and hamburgers (health will supply bbq's) Green salad & pasta salad</p> <p>Drinks: water, drink boxes & tea</p> <ul style="list-style-type: none">• For 200 people (set-up, serve and clean-up included)• Must send a copy of food handling certificate along with bid <p>70% - May 7th, 2025, and 30% at end of catering job</p> <p>Must supply utensils, napkins, plates, cups, condiments, etc..</p>	



office hours

Monday's 11:00-3:00 / 5:00-8:00

Tuesday's 9:00-1:00/5:00-8:00

Wednesday's 11:00- 3:00 / 5:00-8:00

Thursday's 9:00-1:00/ 5:00-8:00

Friday's 9:00-3:00

For more information or to make an
appointment for a membership

E: communityhealthactivator@mississauga.com

T: 1.705.356.1621 ext.2216

7 week weight management program

for 18 years +

Whether you want to maintain, lose or gain weight join us for a 7-week program with a chance to win a Sports Chek gift card worth \$200!

Starting April 2025

Assistance with goal setting

1 on 1 appointments with the dietician

Weekly check ins with the nurse for weight ins, waist circumference & vitals

1 on 1 with Diabetic nurse educator if interested

Weight management support groups

Free style libre device if participants interested for monitoring blood glucose levels

Tips for exercise and access to the local gym

To register please call

705-356-1621 x 2231

or e-mail

krystasawyer@mississauga.com

LIMITED SPOTS AVAILABLE

If you need a ride to appointments
please let us know





Come on out and flex your shoes for
Mental Health Awareness Week!
Walk towards a lucky hand to win a prize!

Lunch from 12-1pm

2025 Theme: Unmasking Mental Health

FRIDAY MAY 9th, 2025

11:00AM - 1:30PM

LUNCH: 12:00-1:00

LOCATION: DREAMCATCHERS COMPLEX

Contact:

stephaniecollins@mississauga.com

mhfcounsellor@mississauga.com

2025

Indigenous Rookie League



League
**June 23rd
to July 28**

Register with:

Atikameksheng, Sagamok, Serpent River,
Mississaugi, Thessalon, Garden River,
Batchewana

YOUTH AGE

**JR 8-11
SR 12-15**



Final Tournament
August 9th



MORE INFO
lisa-marie.naponse@nmninoeyaa.ca

www.maamwesying.ca

2025

Indigenous Rookie League

Register with:

Atikameksheng Kelly Nootchtai
physical.activities@wfn.com

Sagamok Laura McMeekin-Clark
physicalwellnessworker@sagamok.ca

Serpent River Sarah Kozeyah
sarah.kozeyah@serpentrivernfn.com

Mississaugi Rhonda Peltier
rhondapeltier@mississaugi.com

Thessalon Brooke Landrie
brooke.landrie@thessalonfirstnation.ca

Batchewana Joey Sewel
jsewell@batchewana.ca

Garden River Roy Billingsley
rbillingsley@grfnrec.com

League
June 23rd to
July 28

YOUTH AGES

8-11
12-15

www.maamwesying.ca

MORE INFO
lisa-marie.naponse@nmninoeyaa.ca





“Fostering Emergence of the Good Mind”

With

Diane Hill

(Director, Owner & Operator of a private Healing Lodge & Learning Center)

1on1 Appointments:

- **Tuesday, May 6th, 2025;**
- **Wednesday, May 7th, 2025; &**
- **Thursday, May 8th, 2025.**

5 Spots per day

8:45 a.m. – 10:00 a.m.

10:15 a.m. – 11:30 a.m.

11:45 a.m. – 1:00 p.m.

LUNCH (1:00 p.m.-1:30 p.m.)

1:45 p.m. – 3:00 p.m.

3:15 p.m. – 4:30 p.m.

Special 3 Hour Workshop Presentation:

Friday, May 9, 2025 from 10:00 a.m. – 1:00 p.m.

“Connecting to Creator or Source Energy”

For an appointment time, please email:

communitywellnessworker@mississauga.com

And or call (705)356-1621, ext.2226

Must Register by: Friday, May 2nd at 12:00 noon.





UPCOMING
FULL MOON CEREMONY
With Evelyn Niganobe
Waawaaskone-Giizis
(Flower Moon)

May 12th-2025
(7:00 P.M. – 9:00 P.M.)

LOCATION:
Cultural Building

TO REGISTER, please call the Community Wellness
Coordinator at (705)356-1621, ext.2226

Bring your Drums/Shakers & Dress Protocol

Protocols:

- Ribbon Skirt



JOIN US ON THE BREAST SCREENING BUS



MONDAY MAY 26/2025 IN SUDBURY

The Ontario Breast Screening Program
recommends women ages 50 - 74 get
screened with mammography every 2 years.
Screening can start at 40 years of age.

If you are due and
would like to take the
bus please call
705-356-1621 x 2231
or email
krystasawyer@mississauga.com



DEADLINE TO REGISTER MAY 16/2025

Book your vaccines now!

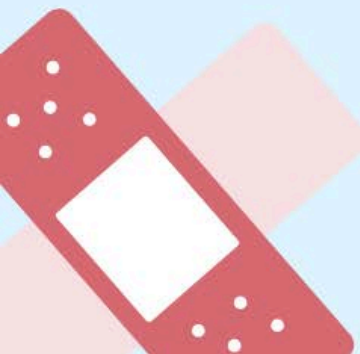
Protect yourself
against
Spring time COVID

CLINIC DATE:
May 1/2025
APPOINTMENTS AVAILABLE
from 9:30 - 4 p.m.

**For more information call
705-356-1621 x 2231**

**Call 705-356-1621 x 2224
to book an appointment**

IF YOU NEED A RIDE LET US KNOW



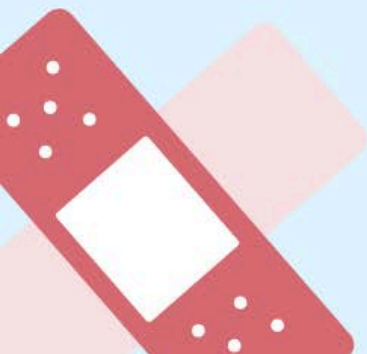
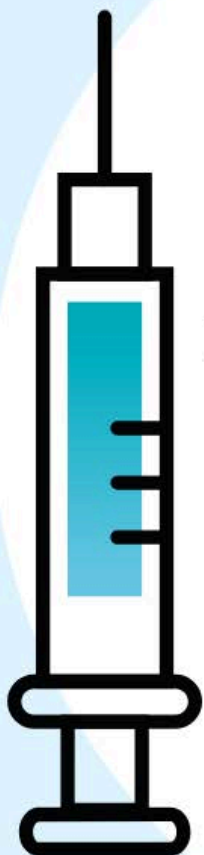
Measles update

How do we get **COMMUNITY IMMUNITY?**

Research shows that if 95% of the population is vaccinated with measles, it will prevent community outbreaks.

With the recent case of Measles in the Algoma region it is importance to check your vaccination status.

If you require vaccination or aren't sure of your vaccination status you can call 705-356-1621 x 2231 for more information.



MISSISSAUGA FIRST NATION
HEALTH SERVICES

MONTHLY DIABETIC CLINIC

If you are diabetic, and would like to book an appointment with the team, we are offering 1 on 1 appointments

Nurse Practitioner
Community Health Nurse
Diabetic Nurse Educator
Registered Dietitian

NEXT CLINIC DATE: May 21/2025

FROM: 9AM-3PM

MISSISSAUGA HEALTH CENTER

Please email the Health Educator -
healtheducator@mississaugi.com
or call 705-356-1621 x 2224 to book your appointment

Don't forget to join us for lunch, for the monthly Diabetic Support Group in the Activity room 12 - 1 p.m. this months topic:
Gestational diabetes

IF YOU NEED A RIDE
LET US KNOW



**HELP PREVENT AN OPIOD
OVERDOSE BY LEARNING HOW
TO USE NARCAN
FOR ALL COMMUNITY & STAFF**



DATE: MAY 29/2025

**NARCAN TRAINING LUNCH & LEARN
FROM 12 - 1 IN THE ACTIVITY ROOM**

DOOR PRIZE TO BE WON!

**REGISTER BY CALLING 705-356-1621 X 2231
WALK INS WELCOME**

IF YOU NEED A RIDE LET US KNOW



Weekly Walking Group

for all ages

Every Tuesday 11 – 1 p.m.

at the Sports Complex Gym

Lunch will be served at 12 p.m.

Join us for 5 walks and receive a gift card

- Strengthens muscles
- Controls cholesterol levels
- Regulates blood pressure
- Reduces stress
- Delays aging
- Boosts immunity
- Improves heart health
- Burns fat

To register call 705-356-1621 x 2231
or email krystasawyer@mississauga.com

**LET US KNOW IF YOU NEED A RIDE.
BLOOD PRESSURE AND BLOOD SUGAR CHECKS AVAILABLE.**

MAY 2025



SERVICE SCHEDULE Mississauga First Nation

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 DR DEVERELL CCC MHC COHI NP Virtual	2 No Maamwesying Services Today	3	4
5 Nurse Practitioner CCC Trad. Practitioner	6 Nurse Practitioner CCC	7 Nurse Practitioner CCC DNE RD	8 DR DEVERELL CCC MHC NP Virtual	9 CCC	10	11
12 Nurse Practitioner CCC	13 Nurse Practitioner CCC	14 Nurse Practitioner CCC DNE RD	15 CCC MHC COHI	16 CCC	17	18
19 Victoria Day Office Closed	20 Nurse Practitioner CCC	21 Nurse Practitioner CCC RD	22 DR DEVERELL CCC MHC NP Virtual	23 CCC	24	25
26 Nurse Practitioner CCC Foot Care	27 Nurse Practitioner CCC	28 Nurse Practitioner CCC RD DNE	29 DR DEVERELL CCC MHC NP Virtual	30 CCC Foot Care	31	

Physician- MD

Nurse Practitioner- NP

Diabetes Nurse Educator- DNE

Registered Dietician- RD

Children's Oral Health Initiative- COHI

Mental Health Counsellor- MHC – 1-844-864-0523

Traditional Practitioner- Trad Prac

Client Care Coordinator, Jennifer Osborne - CCC

Appointments with Physicians, NPs, Trad. Practitioner, Dietitian, and DNE can be made through MFN's Health Centre: 705-356-1621 ext. 2224

Please contact Maamwesying's Head Office: 1-705-844-2021 if you are looking for information on how to book an appointment with another service provider listed here.