

# NIIGAANIIN

Client and Community Newsletter

October 3, 2024



## *Niigaaniin Hours*

**Mon-Thurs 9:00-4:30 - Fridays 9:00-4:00**

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Income Statements can be filled out in  
office or emailed by the 16th of the month  
to

Kristen Jackpine

[Niigaaniinreception@mississaugi.com](mailto:Niigaaniinreception@mississaugi.com)

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## **OESP PROGRAM**

**CHECK YOUR HYDRO BILL FOR OESP EXPIRE  
RENEWAL YEARLY**

**CALL Darrell Jacques**

**705 356 1621 Ext 2235**

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**ODSP FN WORKER**

**STACEY ARMSTRONG**

**[Sarmstrong@niigaaniin.com](mailto:Sarmstrong@niigaaniin.com)**

**(249)-377-6825**

\*\*\*\*\*

**LMI COORDINATOR**

**KRISTEN JACKPINE**

**LABOUR MARKET INITIATIVE SURVEY**

**LMI COORDINATOR @MISSISSAUGI.COM**

**705 356 1621 EXT 2351**

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## **"QUOTE OF THE WEEK"**

***"Say what you mean,***

***Mean what you say,***

***Don't say it mean"***

***~Unknown~***

\*\*\*\*\*

***Niigaaniin computer lab open come in to  
apply for jobs, birth certificate, EI, update  
resume!***





**Position:** Community Wellness Coordinator

**Salary:** \$40,601-\$44,362

**Hours of Work:** 32 hrs

**Circulation Level:** Level I

**Accountability:** Health Services Manager

**Employment Status:** Full-time (2-year contract)

**Preferences:** MFN Band Members

**The Community Wellness Coordinator will perform the following functions:**

- Provide effective programming client-based services related to family violence to assist clients in peer counselling, accessing services, advocacy, crisis intervention and referrals to engage community and staff.
- Research and present cultural participant-based activities and Traditional Participant-Based activities services related to reducing family violence. programming using a variety of media and communication outlets
- Plan workshops, information sessions, public presentations, public awareness and education, activities accordingly for the seasons that include and/or focus on Youth, Men, Women, Elder's, and ceremonies.
- Meet with other band staff who provide wellness programming to ensure no overlapping of services, identify gaps in programming that can be focused on.
- Financial Management, prepare and submit quarterly and annual reports of activities utilizing the electronic system
- Prepare and submit annual work plans
- Prepare and submit statistical program and activity reports utilizing the electronic system
- Prepare and submit regular, related reports and/or articles as required for distribution in flyers
- Attend appropriate staff or team meetings

**The successful candidate will possess the following qualifications, skills, experiences, and attributes:**

- Post-Secondary Diploma in one of the helping disciplines, i.e., psychology, nursing, etc. Native Human Services, Native Studies.
- Knowledge and experience and appreciation of Traditional teachings and healing practices
- Good understanding of political, social, and economic issues of Aboriginal people both on and off the First Nation.
- Working knowledge of systems theory and holistic healing.
- Experience organizing and facilitating workshops.
- Experience working with Aboriginal people, organizations, and communities.
- Experience in cultural programming.
- Ability to integrate knowledge and practices in the development, implementation, and referral of a variety of interventions
- Good verbal and written skills
- Working knowledge of systems theory and holistic healing
- Experience organizing and facilitating workshops

**Other Qualifications:**

- Must have valid Ontario Class "G" and have access to a vehicle
- Must have Standard First Aid and CPR/AED
- Mental Health First Aid / CPR (an asset)
- Able to provide a Vulnerable Sector Check (CPIC)
- Must be able to work flexible hours, on-call, and shift work, including weekends, evenings and holidays
- Willingness and ability to travel within region and/or between sites and to activities as needed

**TO APPLY:** Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview.** Please note that all interviews will be **in person**. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation

P.O. Box 1299 Blind River, Ontario P0R1B0

Attention: Human Resources Department

Marked: **CONFIDENTIAL**

**EMAIL:** [hrclerk@mississaugi.com](mailto:hrclerk@mississaugi.com) **FAX:** 705-356-1740

**Deadline: October 3, 2024**

*Thank you to all applicants; however, only those selected for an interview will be contacted.*



**Position:** Post Secondary Administrator

**Accountability:** Education Director

**Salary:** \$ 49,753 - \$56,542

**Employment Status:** 2 years contract

**Hours of Work:** 32 hours/ Week

**Preferences:** MFN Band Members

**Circulation Level:** Level I

**The Post Secondary Administrator will perform the following duties:**

- Implement, manage, plan and coordinate the Post-Secondary program for approximately 60-75 students following the approved Post-Secondary Policies and Procedures;
- Deliver services to eligible Mississauga First Nation members residing on and off reserve;
- Ensure Anishnabek culture is practiced within the delivery of programs and services;
- Participate in networking opportunities with various institutions, other First Nations, professionals and the Ontario Native Education Administrators Association (ONECA);
- Operate computer software relevant to program;
- Ensure student records and files are maintained and kept confidential;
- Communicate regularly with students;
- Apply policies and procedures, as well as reviewing and recommending needed changes to policies;
- Reporting for nominal roll for post-secondary students and elementary/secondary students.
- Manage monthly cheque requisitions for sponsored students;
- Ensure education institution inquiries and letters of sponsorship are responded to in a timely manner;
- Monitor and flag monthly budget variances, adjust and report as necessary;
- Develop and provide reports to the Education Committee, student progress, statistics
- Participate on committees both internal and external;
- Maintain financial administration of the Post-Secondary budget.

**The Post Secondary Administrator will possess the following qualifications, skills, experiences, and attributes:**

- Preferred College Diploma in Business and/or University Degree – Bachelor of Arts and/or others considered;
- Three years related experience in administration of Education programs and services;
- Diploma in Social Service Worker or Native Education Training Certificate;
- Must be a member or be willing to register with the Ontario Native Education Administrators Association.
- Able to provide a Criminal Records Check from the Canadian Police Information Center (CPIC).
- Able to provide a Vulnerable Sector Check from the Canadian Police Information Center (CPIC).
- Must possess a Valid Ontario Driver's License and must be willing to travel.

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**WALKING IN BALANCE**

A socially and culturally healthy community where individuals have the opportunity to prosper and to achieve their full potential spiritually, emotionally, mentally, and physically through generous and unselfish support for one another, while pursuing balance and harmony within, with each other, and with Mother Earth.





**Position:** Training, Program and Special Projects Coordinator

**Salary:** \$49,753 - \$56,542

**Hours of Work:** 32hrs/week (Flexible)

**Circulation Level:** Level I

**Accountability:** Social Services Director

**Employment Status:** 2 years contract

**Preferences:** MFN Band Members

**The Training, Program and Special Projects Coordinator will perform the following duties:**

- Assist the Social Services Director to develop, deliver and/or oversee the training needs of employees according to the program funding criteria, individual skills, cultural competencies, performance, and knowledge to achieve organizational and program delivery outcomes while focusing on meeting the individual and collective health and social needs of infants, children, youth, and families.
- Maintain and update individual and organizational training workplans, based on work performance and performance appraisals.
- Research training initiatives and opportunities that are relevant to the organization as well as the individual employees, such as child welfare legislation, laws, and regulations, cultural training, program software and hardware updates and program evaluation and outcome measurements.
- Schedule agreed upon training sessions and book facility.
- Coordinate facilitator, training facilities, meals, snacks, accommodations, travel, resources as well as managing participant registrations and other requirements.
- Maintain knowledge of industry standards, legislative changes, training trends, techniques, and methodologies and address deficiencies through needs assessments and ongoing training.
- Research, review and develop standard program evaluation and measurement tools and processes for the Social Services Department.
- Maintain an inventory of formal and informal needs-based curriculum/programs that can be delivered to appropriate age groups and individually within homes.
- Work closely with front line program workers to review, revise existing programs and services and identify new programs and services that can be delivered on-site.
- Develop a comprehensive profile of the First Nation (demographics, buildings, houses, family compositions, public areas, infrastructure, programs and services, location, political affiliations, etc).
- Seek out and/or respond to existing funding opportunities that align with required resources identified by management.
- Oversee special projects to ensure followed through activities are completed with proper project management, funding reports including financial reporting and solutions are remedied where challenges arise.
- Be committed to the development of an effective working relationship with First Nations, government agencies and organizations who are networking with Mississauga First Nation.

**The Training, Program and Special Projects Coordinator will possess the following qualifications, experience, and skills:**

- A College Diploma in Social Services or a social service-related field and two (2) years relevant to the job experience within a social services organization.
- Experience facilitating training or information sessions with a demonstrated comfort level presenting to an audience.
- Experience developing training curriculum and lesson plans, an asset.
- Experience in researching and preparing proposals and accessing various funding applications.
- Experience in developing evaluation tools and applying various evaluation methodologies.
- Must possess current First Aid and CPR certificate.
- Driver's license, insurance and access to a vehicle required.
- Clear Vulnerable Sector Check (VSC/CPIC)
- Knowledge of cultural practices and teachings.
- Must have some experience working within a multi team environment.
- Excellent communication skills, interpersonal skills, organizational and time management skills.

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**Position:** Daycare Teacher (2- RECE qualified)

**Wage:** \$53,640 - \$60,960

**Hours of Work:** 34.5 /35 hours

**Circulation Level:** Level I

**Accountability:** Daycare Manager

**Employment Status:** Full-time (2 year)

**Preferences:** MFN Band Members

**The Daycare Teacher will:**

- To supervise the children in free play, in designated programming areas and to guide them in their physical, social, cultural, mental, and emotional development in accordance with the Program Statement of the Mississauga Day Care.
- To search out materials to eliminate a situation when dealing with a child in your care.
- Work with children in groups while retaining sensitivity to each child's individual needs and allowing them to find solutions and alternate ways to explore.
- Carry out programming for the children using How Does Learning Happen, Think, Feel, Act and ELECT documents as the guide.
- To be responsible for the preparation of play areas and daily playground check and provide open ended play materials for explorations; Maintain appropriate day to day liaison with parents as often and possible.
- To attend staff and general meetings and other meetings such as education meetings, if required.
- Keep Program Manager advised of any pertinent information regarding parents, children, or any other issues of concern.
- To be responsible for general duties such as tidying cupboards, checking washroom supplies, washing, and sterilizing equipment
- To be familiar with and follow the Mississauga Day Care Program Statement and the Childcare and Early Years Act 2014.
- To be able to plan to use the "How Does Learning Happen" and other Ministry of Education literature to enhance play and learning experiences.
- To assist the children with Native Culture such as singing, drumming, dancing, and smudging.
- Must be sensitive and responsive to the needs of children, parents, and staff from all cultural backgrounds.
- Must act in a professional manner when carrying out the described job duties.
- Must take all reasonable measures to uphold the regulations and standards as they are outlined in by the College of E.C.E. and Childcare and Early Years Act, Program Statement, Child Abuse Policy, Playground Policy, and the Personnel Policies and Procedures as well as sign off annual policies.
- Must have the skills, knowledge, and experiences to ensure that the objectives and goals of all programs are being implemented.

**The Daycare Teacher will possess the following qualifications, skills, experiences, and attributes:**

- Post-Secondary Early Childhood Educator Diploma (Registered and in good standing with College of E.C.E)
- Minimum of two (2) years work experience in a Daycare setting would be an asset.
- Must provide Criminal Records Check and Vulnerable Sector Check
- Must have current First Aid and CPR – Infant, Child, Adult Certification
- Must provide a copy of immunization.
- Must be able to lift a minimum of 30 lbs.
- Knowledge of Mississauga First Nation programs and services
- Must have the knowledge of the, "How Does Learning Happen," Think, Feel, Act and ELECT documents.
- Knowledge of Aboriginal culture and traditions
- Knowledge of Occupational Health and Safety Act as it applies to the worker.
- Knowledge of the Workplace Hazardous Materials Information System
- Excellent interpersonal, communication, and organizational skills.
- Ability to work independently and within a team environment.
- **Caring, dependable, reliable, and patient.**
- Must be in good physical and mental health.

**TO APPLY:** Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job posting. If you are a member of MFN or of Indigenous descent, please include this information in your cover letter. We rely on the information you provide to us in your application during screening. **Successful candidates** who receive interviews **must** provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

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Attention: Human Resources Department  
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**EMAIL:** [hrclerk@mississaugi.com](mailto:hrclerk@mississaugi.com) **FAX:** 705-356-1740  
**Deadline: October 3, 2024**

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**Position:** Senior Financial Analyst

**Salary:** \$69,255 - \$78,707

**Hours of Work:** 32 hours

**Circulation Level:** Level I

**Accountability:** Social Service Director/Finance Director

**Employment Status:** 2 years contract

**Preferences:** MFN Band Members

**The Senior Financial Analyst will perform the following duties:**

- Provide financial expertise to ensure effective allocation of resources for Band Representative Services.
- Ensure compliance with funding requirements for Band Representative Services.
- Support financial planning and reporting for activities related to Band Representative Services, including engagement with child and family services providers and participation in child and family service matters.
- Develop and maintain financial models to support strategic planning, budgeting, and forecasting processes.
- Analyze financial data and trends to provide insights and recommendations to senior management for decision-making.
- Monitor and evaluate financial performance against budget and forecast, identifying areas for improvement and risk mitigation.
- Prepare accurate and timely financial reports, including monthly, quarterly, and annual statements, for internal and external stakeholders.
- Ensure compliance with accounting standards, regulations, and reporting requirements.
- Review and analyze financial statements to ensure accuracy and integrity of financial data.
- Collaborate with Social Services Director to develop annual operating budgets and long-term financial plans.
- Monitor budget performance, variance analysis, and provide guidance to stakeholders on budget management and cost control measures.
- Identify opportunities for cost savings and process improvements to enhance operational efficiency.
- Manage cash flow and liquidity to support operational needs and strategic initiatives.
- Forecast cash requirements and optimize cash management strategies, including investment decisions and financing arrangements.
- Assess financial risks and implement risk mitigation strategies to safeguard the organization's assets and financial interests.
- Ensure compliance with relevant laws, regulations, and internal policies.
- Coordinate with external auditors and regulatory agencies during audits and examinations.
- Lead and mentor the Social Services Finance Officer(s), fostering a culture of accountability, collaboration, and continuous learning.
- Provide guidance and support to team members, facilitating their professional growth and development.

**The Senior Financial Analyst will possess the following qualifications, skills, experiences, and attributes:**

- Bachelor of Accounting, Business Administration or Commerce Degree
- Designation as a Chartered Professional Accountant (CPA) preferred
- Designation as a Certified Aboriginal Financial Manager (CAFM) preferred
- Five (5) years' experience in financial reporting, budgeting and forecasting is preferred
- Experience conducting financial analysis and risk management
- Experience working with Band Representative Services or similar programs is highly desirable.

**TO APPLY:** Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be in person. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

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**EMAIL:** [hrclerk@mississauga.com](mailto:hrclerk@mississauga.com) **FAX:** 705-356-1740

**Deadline: October 4, 2024**

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**Position:** Maintenance Custodian

**Salary:** \$30,446 –\$34,606

**Hours of Work:** 25 hrs (Part-time)

**Circulation Level:** Level I

**Accountability:** Women's Shelter Manager

**Employment Status:** 2 years contract

**Preferences:** MFN Band Members

**The Maintenance Custodian will perform the following duties:**

- Clean, sweeps, mops, scrubs, waxes and polishes floors by hand or machine; cleans carpets, upholstery, and furniture.
- Washes windows, screens, sills, woodwork, doors, desks, walls, and ceilings.
- Dusts all furniture, fixtures and surfaces as required, including door handles, phone handsets and taps.
- Cleans and sanitizes rest rooms.
- Cleans and sanitizes kitchens: sinks, counters, dishes, refrigerators, freezers, dishwashers, and stoves.
- Monitor building security and safety by performing such tasks as locking doors and windows and checking electrical appliances use to ensure that hazards are not created.
- Collects and disposes of waste and recyclables.
- Shovel snow, maintains outside walkways, applies sand/salt as necessary and assists in keeping outside premises in an orderly condition.
- Perform some repairs and maintenance of buildings by patching walls and doors, painting walls and trim, replaces fixtures and partitions, and replaces damages ceiling and floors tiles, repairs carpet.
- Ensures maintenance of shelter equipment including vehicles; Maintains logbooks and inspection manuals where required.
- Set up, arrange, or remove decorations, tables, chairs, ladders to prepare facilities for classes, programs, and events.
- Maintain strict confidentiality and adhere to Personnel policies and procedures.
- Maintain level of job requirements by attending training, workshops, seminars, certified programs, and team meetings.
- Performs other duties as assigned which are unplanned and of a transient nature and are consistent with the above job summary and duties.

**The Maintenance Custodian will possess the following qualifications, skills, experiences, and attributes:**

- Grade 12 or equivalent.
- Experience in custodial, building maintenance or as a general labourer.
- Must provide clear Vulnerable Reference Check from the Canadian Police Information Center (CPIC).
- Knowledge of Occupational Health and Safety Act, as it applies to the worker.
- Knowledge of the Workplace Hazardous Materials Information System.
- Knowledge and sensitive to cultural practices and traditions in the workplace, i.e., smudging.
- Ability to handle stressful situations; strong organizational, time management skills.
- Ability to take initiative and work independently; ability to meet deadlines and work flexible hours.
- Effective verbal and communication skills; good time management skills; ability to work with little or no supervision.

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**EMAIL:** [hrclerk@mississaugi.com](mailto:hrclerk@mississaugi.com)

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**Deadline: October 16, 2024**

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**Position:** Back-Up Receptionist  
(Admin & Health Dept)

**Salary:** \$17.50 hourly

**Hours of Work:** As needed

**Circulation Level:** Level I

**Accountability:** Finance Director

**Employment Status:** Casual

**Preferences:** MFN Band Members

**The Back-Up Receptionist will:**

- Receive all incoming telephone calls and visits in person and to direct all inquiries and persons appropriately and with courtesy.
- To receive and record all incoming and outgoing mail, open and distribute it to the appropriate staff, affix appropriate postage and ensure proper handling, photocopying of mail as needed.
- Be aware of and as required and requested to provide information about all staff employees whereabouts.
- As needed and requested, order appropriate storage, distribution, and use of office supplies (i.e. pens, writing pads, staplers/staples, 3-hole punch) stationary and standard agency forms.
- Maintain booking schedule for Council Chambers using Outlook monitoring, community hall rental, van and bus rental, cultural center.
- Perform secretarial and clerical duties of photocopying, faxing, typing and telephoning.
- Make travel arrangements and maintain travel itineraries for all staff, when required.
- Responsible for drafting letters and any other correspondence related to office administration.
- Ensure confidentiality and safekeeping of all of the organization's records, forms and documents.
- Assist Housing and Property Manager with receipting rent monies when required.
- Update employee telephone and email listing for all staff and Chief and Council.
- Coordinate and compile Weekly Community Flyers; prepare cheque requisitions for weekly Flyer delivery;
- Receive money, prepare invoices and log payments for photocopying/ facsimile transmissions for general public and forward to Finance Clerk and place in safe.
- Responsible for and maintain Visitor Log Book; Employee Sign In / Out Daily log Book.
- Conduct themselves in a professionally appropriate manner; and any other duties are required.

**The Back-Up Receptionist will possess the following qualifications, skills, experiences, and attributes:**

- Certificate and/or diploma in secretarial and office services with minimum of two (2) year related experience.
- Experience working with aboriginal people, organizations and communities.
- Must provide a clear Criminal Records Check.
- Knowledge of Mississauga First Nation programs and services; understanding of Aboriginal culture and traditions.
- Knowledge of the Occupational Health and Safety Act and the Canada Labour Code as it applies to the worker.
- Good interpersonal skills; good public relations; good communication/ organizational skills.
- Excellent time management skills; excellent computer skills with MS Office including Excel, Word, Access.
- Ability to work independently and within a team environment; and ability to pay attention to detail and ensure accuracy with work.

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**EMAIL:** hrclerk@mississaugi.com **FAX:** 705-356-1740  
**Deadline: Until position is filled**

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# MISSISSAUGA FIRST NATION

## Fall Cultural Days

OCTOBER 7TH - 10TH 2024

	Monday	Tuesday	Wednesday	Thursday
Location	Chiblow Lake/ Community	Chiblow Lake/ Community	Community	Community
Morning	Welcome Baby Crafting Beaded Poppy Making	Crock Pot Apple Sauce Making Fish Harvesting + Smoking Archaeology with Jake Archery with Scott	ATV Poker Run 11:00 AM - 3:00 PM Community Hall start	World Mental Health Day Scavenger Hunt Nature Wellness Collage MFN Membership Drive
Lunch	Fish Fry		Indian Tacos 12:00 - 1:00 Community Hall	
Afternoon	2:30 PM Repatriation Ceremony at Cultural Building	Morning Activities Continued... Elders Bingo 1:00 - 2:00	Michi Saagiig Connections: Family Tree Making 1:00 PM - 6:00 PM Community Hall	Community Handprint Tree at Sports Complex (All Week)
Evening	Movie Night @ Chiblow Lake	Game Night (18+) Dry Event Community Hall 6:30 pm registration	Movie Night @ Sports Complex	Community Feast Drum Social Sports Complex 5:00 PM

**SOME ACTIVITES SUBJECT TO CHANGE**

FOR UP-TO-DATE INFO, PLEASE VISIT:

[HTTPS://TINYURL.COM/YR6HNFDJ](https://tinyurl.com/YR6HNFDJ)

NEED A RIDE? CONTACT:

MEAGAN WILSON 705-356-1621 EXT. 2360





# Chi-Naakinagewin CONSTITUTION COMMITTEE

Posting is now closed.

Chi-Miigwetch to those whom applied!

*Currently have two vacant spots.*

*If interested in sitting on the committee,  
please send a letter of interest to Naakinagewin Enaagadoot.*

*[amandasayers@mississaugi.com](mailto:amandasayers@mississaugi.com)*

Miigwetch!





# FAMILY TREE

Chi-Naakinagewin would like to invite you and your family to participate in creating family trees for our community.

**DATE:**

October 9th, 2024

**TIME:**

1:00 - 6:00 PM

**LOCATION:**

Community Hall

**FEATURING:**

Chad Cowie

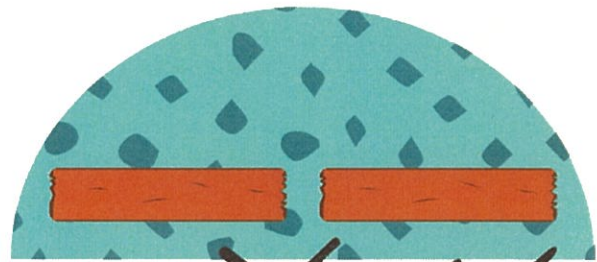
Special guest

Mississauga Nation Researcher


*Topic:*

Michi Saagiig

Family Connections







SNACKS AND  
REFRESHMENTS  
PROVIDED

LITERACY

LEARNING CENTRE

# OPEN HOUSE

*Welcome Back*

Come in and see what courses we have to offer!

Complete a quick questionnaire for a chance to win the door prize

Stop in and meet the new LBS Instructor

OCTOBER 10, 2024

6:00PM - 8:00PM

148 VILLAGE RD

FOR MORE INFO; CONTACT  
MELISSA @ 705-356-1621  
EXT 2247



# ENJIKENDAASANG BOOK CLUB

## THE KNOWING

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**TANYA TALAGA**

Author of the national bestseller *Seven Fallen Feathers*

**Tuesday, October  
15, 2024  
6-8pm  
@ Education  
Building**

**2 Spots  
available !**

### Description

From Tanya Talaga, the critically acclaimed and award-winning author of *Seven Fallen Feathers*, comes a riveting exploration of her family's story and a retelling of the history of the country we now call Canada

For generations, Indigenous People have known that their family members disappeared, many of them after being sent to residential schools, "Indian hospitals" and asylums through a coordinated system designed to destroy who the First Nations, Métis and Inuit people are. This is one of Canada's greatest open secrets, an unhealed wound that until recently lay hidden by shame and abandonment.

*The Knowing* is the unfolding of Canadian history unlike anything we have ever read before. Award-winning and bestselling Anishinaabe author Tanya Talaga retells the history of this country as only she can—through an Indigenous lens, beginning with the life of her great-great grandmother Annie

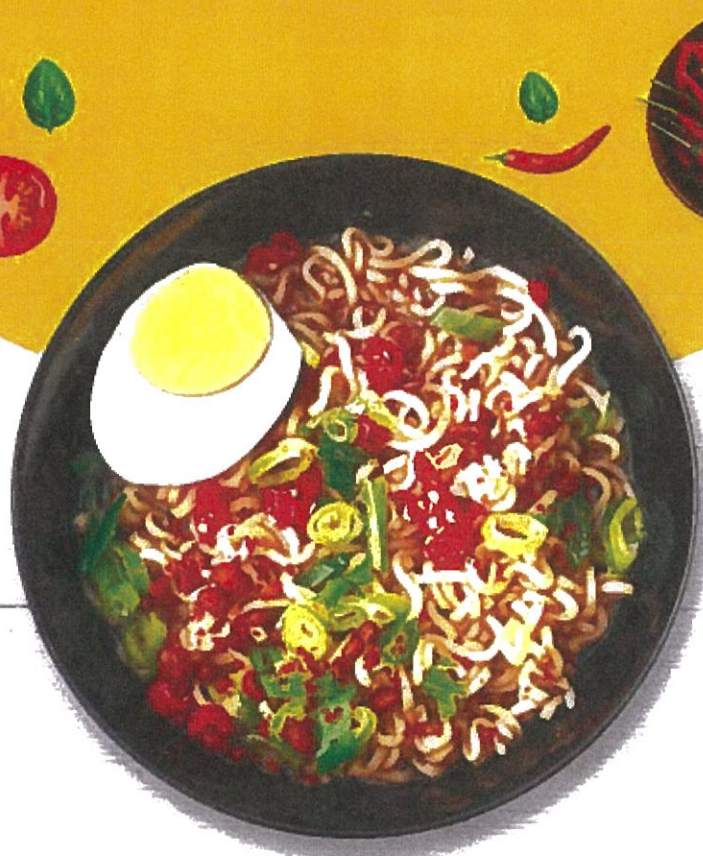
Carpenter and her family as they experienced decades of government- and Church-sanctioned enfranchisement and genocide.

Deeply personal and meticulously researched, *The Knowing* is a seminal unravelling of the centuries-long oppression of Indigenous People that continues to reverberate in these communities today. This book contains 4 interior section openers; black and white map.

**CALL today to register!  
contact Melissa  
@ 705-356-1621 Ext 2247**



# ARE YOU HUNGRY?



## WEDNESDAYS SOUP SOCIAL

**IS BACK!**

**OCTOBER  
23, 2024**



148 Village Rd



705-356-1621 Ext 2247



[Melissamorningstar@mississauga.com](mailto:Melissamorningstar@mississauga.com)





LITERACY  
BASIC  
SKILLS

# DIGITAL LITERACY

Let's learn about technology  
Please register as space is limited

## SERVICE WE OFFER:

- Mobile Mastery: Learn how to navigate your smart phone like a pro!
- Vocabulary Boost: Understand tech terms without the jargon
- On-line Safety: Stay safe while surfing the web
- Digital Skill Building: Boost your computer know-how, from sending emails to online shopping.
- Build Confidence: Practice makes perfect. Get hands-on and watch your confidence soar



[melissamorningstar@mississauga.com](mailto:melissamorningstar@mississauga.com)



705-356-1621 Ext2247





# **Discover the healing Power of Hand Drumming**



**October 3, 10 & 17th  
@ the Pow-Wow Grounds  
10:00am - 12:00pm**

**Contact Dana Boyer for more info:  
705-356-1621 EXt 2257**



# Creative Natives



Explore, Create, and Have Fun!

✓ Painting

✓ Crafting

✓ Drawing

October  
4, 11, 18, 25  
1:00-4:00  
6:00-9:00

**EDUCATION BUILDING**

705-356-1621 Ext 2257  
Dana Boyer



# BACK YARD

## MEDICINE WITH DANA!

Explore the Healing Power of Nature in Your Own Yard!

Join us for an interactive and informative workshops where you'll discover:

- Edible and medicinal plants growing in your backyard
- How to identify and harvest plants safely
- Natural remedies for common ailments
- DIY herbal medicine-making techniques

**OCTOBER 8, 22 & 29, 2024**

**9:30AM - 12:00PM**



Herbal Medicine



Plant Identification



Hands On Learning



Call Us  
705-356-1621  
Ext 2557



[danaboyer@mississauga.com](mailto:danaboyer@mississauga.com)



Our Location  
148 Village Rd



# **PUBLIC SKATING CHILD AND YOUTH PROGRAM 7-12YRS**

**SKATE INTO THE WINTER SEASON!**

Let's go skating!

When: Friday October 4th and 18th

Where: Blind River Community Center

Time: 4:40pm to 6:50pm

Transportation provided if needed please email or text me or meet at the area for 4:30pm

**ADMISSION PROVIDED**

1 canteen item of your choice

**MARK THE DATES!**

**OCT. 4TH &  
OCT. 18TH**

**CHILD AND YOUTH WORKER  
JENNIFER**

**CYWORKER@MISSISSAUGI.COM**

**CELL: 705-356-3455**





# **FALL CULTURAL DAYS ATV POKER RIDE!!!**

**PRIZE  
TO THE  
WINNER!!**



Wednesday October 9th, 2024

Time: 10-3

Meet at the Community Hall

Brady loop ride, bring lunch and let's have fun!!

**KELLY DAYBUTCH**  
SOCIAL SERVICE DEPARTMENT



# PREP TODAY'S LUNCH

for tomorrow's day!

**Registration  
for program**



PLEASE BRING YOUR BENTO  
BOX OR CONTAINERS AND  
RESUABLE  
WATER BOTTLE



**OCTOBER 1ST, 15TH,  
29TH**

**TUESDAY LIFE SKILLS WILL BE  
YOUTH LUNCH PREP**

**YOUTH 7-9YRS  
5-6PM**

**AFTER**

**YOUTH 9-12YRS  
6-7PM  
CYB DOWNSTAIRS**

**ATTENDANCE PRIZE  
CHOICE OF YETI OR STANLEY  
TUMBLER**

**MUST ATTEND  
3 LIFE SKILLS HEALTHY LUNCH  
PROGRAM**

**Child and Youth Program 7-12yrs**

**JENNIFER**

**CYWORKER@MISSISSAUGI.COM  
CELL: 705-356-3455**



# Nutritional Supplement cards

*For Families with children  
0-6 yrs, and prenatal*



Date: October 16 2024

Time: 9:00-3:00

Where: **Child & Youth Building**

Listed is the pick up date

All receipts must be handed in at or before the  
next card pick up date

Pick up time is from 9:00 am to 3:00 PM including  
Lunch Hour

Please remember it is your responsibility to pick up on  
the date of issue unless other arrangements are made.  
Please note, you can not accumulate cards. Thank you

If you have any questions please email Christine Owl- Family  
Resource Coordinator at [christine@mississauga.com](mailto:christine@mississauga.com) or call  
705-356-1621 ext. 2254



Family Resource Coordinator  
Early Years Worker

For families prenatal and 0 to 6 yrs.

**Crockpot or oven ready take  
home meal, you take it home and  
cook it :)**



PICK UP DAY IS THURSDAY  
OCTOBER 17TH BETWEEN  
12:00-4:30  
AT CHILD & YOUTH BUILDING

PLEASE CONFIRM PARTICIPATION BY TUESDAY  
OCTOBER 15 SO WE CAN MAKE ARRANGEMENTS

CALL OR EMAIL

christine@mississauga.com or 705-356-1621 ext 2254





FAMILY RESOURCE COORDINATOR  
EARLY YEARS WORKER  
FOR  
PRENATAL AND FAMILIES WITH  
CHILDREN 0 TO 6 YRS.

# LUNCH & PRIZE BINGO 7 REGULAR GAMES

Join us for lunch and bingo! thrill of the win at Bingo games! Get your daubers ready and mark your calendars for a lunch hour filled with anticipation and fun

## PRIZE | FOOD | FUN



Friday October 18 2024  
12:00-1:00



Child & Youth  
Building

contact Christine Owl for information at 705-356-1621 ext. 2254 or email: [christine@mississauga.com](mailto:christine@mississauga.com)





# **FAMILY SWIM**

**Espanola Recreation Centre**

**Sunday October 20, 2024**

**3:00-4:00 PM**

***Supper provided after swim***

***if you require transportation contact Christine***

**contact Christine Owl at 705-356-1621ext. 2254  
or email [christine@mississauga.com](mailto:christine@mississauga.com)**





Family Resource Coordinator  
Community Health Nurse  
October Lunch & Learn -  
Well baby  
prenatal - 0-6 yrs.

# When your little one is unwell – RSV/FLU

## Beat the Flu & RSV This Season

Protect yourself and your little ones.

- **Recognize the Symptoms**

Fever, cough, sore throat, body  
aches?

- **Community Health Nurse available for questions**

Date: October 30th 2024.

Time: 12:00-1:00

At: Child & Youth Centre



[christine@mississauga.com](mailto:christine@mississauga.com)



705-356-1621 ext. 2254







Let's talk about

# PINK OCTOBER

BREAST CANCER  
AWARENESS MONTH

OCTOBER 9 2024

12 PM

ACTIVITY ROOM  
DREAMCATCHER  
COMPLEX  
MFN

You are braver than you believe, stronger than you seem, smarter than you think, and twice as beautiful as you'd ever imagined. Don't let cancer cause you to sell yourself short or forget your worth.

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FOR MORE INFORMATION OR TO  
REGISTER PLEASE CONTACT CHERI  
BOYER HEALTH EDUCATOR  
HEALTHEDUCATOR@MISSISSAUGI.COM  
705-356-1621 EXT. 2253



# World Mental Health Day

Information on Mental Health Wellness  
and tips to stay well

Join us for an evening of painting  
Guidance and painting tips  
with Conrad Bobiwash

**October 10/24**

**5pm–8pm**

**Activity room in**

**Dreamcatcher Complex**

**LIMITED SPOTS AVAILABLE!**

For more information or to register please  
contact Cheri Boyer Health Educator  
[healtheducator@mississauga.com](mailto:healtheducator@mississauga.com)

705-356-1621 Ext. 2253





# Diabetes Support Group

Join us once a month at 12 p.m. in  
the Activity Room of 64 Park  
Road.

- Everyone welcome
- Will discuss diabetes related topics
- Light snacks and refreshments provided

For more information or to  
register please call  
705-356-1621 x 2231 or e-mail:  
[krystasawyer@mississauga.com](mailto:krystasawyer@mississauga.com)



**Next meeting:  
October 16/2024**



MISSISSAUGA FIRST NATION  
HEALTH SERVICES

# MONTHLY DIABETIC CLINIC

If you are diabetic, and would like to book an appointment with the team;

*We are offering 1 on 1 appointments with the Health Staff*

Nurse Practitioner  
Community Health Nurse  
Diabetic Nurse Educator  
Registered Dietitian

**NEXT CLINIC DATE: October 16/2024**

**FROM: 9AM-3PM**

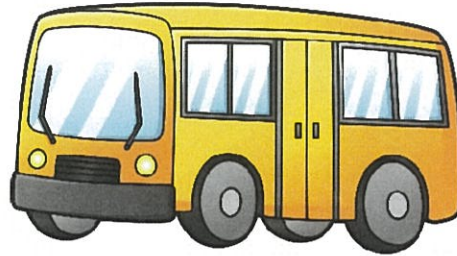
**MISSISSAUGA HEALTH CENTRE**

Please email Chelsea Grimard - [chelseagrimard@mississaugi.com](mailto:chelseagrimard@mississaugi.com)  
or call 705-356-1621 EXT 2203 or Krysta Sawyer -  
[krystasawyer@mississaugi.com](mailto:krystasawyer@mississaugi.com) or call 705-356-1621 x 2231 to book  
your appointment





# JOIN US ON THE BREAST CANCER SCREENING BUS



The Ontario Breast Screening Program recommends that women ages 50 to 74 get screened with mammography every 2 years.

If you are due for a mammogram and would like to take a bus for screening, please contact the Health Educator or Community Health Nurse at 705-356-1621 x 2231 or by e-mail:

[healtheducator@mississauga.com](mailto:healtheducator@mississauga.com) or  
[krystasawyer@mississauga.com](mailto:krystasawyer@mississauga.com)

- We can only take 8 people
- The deadline to book is October 18/2024
- We will be going on October 29/2024
  - Lunch provided






**MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY** **SATURDAY** **SUNDAY**

Appointments with Physicians, NPs, Dietitian, and DNE can be made through MFN's Health Centre: 705-356-1621 ext. 2224



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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14	 <b>CHA</b> – Barre Burn Fitness (6-7) SC <b>CHR/CHN/H.E.</b> – Sr. Walking Grp. (11-1) SC <b>CHA</b> – Dance Class (5-9) SC <b>CHA</b> – Yoga (10-11) SC	15	16	17	18	19	20
21	<b>CHA</b> – Small Grp Fitness (6-7) SC	22	23	24	25	26	27
<b>Appointments with Physicians, NPs, Dietitian, and DNE can be made through MFN's Health Centre: 705-356-1621 ext. 2224</b>							
<b>CHN</b> – Com. Health Nurse - Ext.2231 <b>CHR</b> – Com. Health Representative - Ext.2203 <b>DAAW</b> - Drug & Alcohol Additions- <b>VACANT</b> - Ext.2228 <b>CWC</b> – Com. Wellness Coord. – <b>VACANT</b> – Ext.2226 <b>CHA</b> – Com. Health Activator - Ext.2216 <b>HE</b> – Health Educator – Ext 2231				<b>HSSD</b> – Health Services Director – Ext. 2227 <b>HSM</b> – Health Services Manager – Ext 2230 <b>MHC</b> - Mental Health Counsellor – Ext. 2234 <b>MTC</b> - Medical Transportation Coordinator - Ext. 2201 <b>TRPC</b> – Treatment Resource Project Coordinator – <b>VACANT</b> – Ext. 2262			



# Food Bank Application Form

## Details

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Number of family members: \_\_\_\_\_

How many Children: \_\_\_\_\_

## Additional Notes

Food Bank Application Forms must be completed and submitted before Thursday. No late submissions will be accepted, no delivery services available unless Nutrition Support Workers program criteria is met.

We are accepting donations of boxes and containers with lids, please call Danielle Cada if you have any at: 705-261-0673

## Bi-Weekly Dates of Services

August 1, 2024 – Open 9am to 12noon

August 15, 2024 – Open 9am to 12noon

August 29, 2024 – Open 9am to 12noon

September 12, 2024 – Open 9am to 12noon

September 26, 2024 – Open 9am to 12noon

October 10, 2024 – Open 9am to 12noon

October 24, 2024 – Open 9am to 12noon