

NIIGAANIIN

Client and Community Newsletter

March 21, 2024



Niigaaniin Hours

Mon-Thurs 9:00-4:30 - Fridays 9:00-4:00

**Direct Deposit Day March 28,
2024**

OESP PROGRAM

***CHECK YOUR HYDRO BILL FOR OESP EXPIRE
RENEWAL YEARLY***

***CALL Darrell Jacques
705 356 1621 Ext 2235***

ODSP FN WORKER
STACEY ARMSTRONG

Sarmstrong@niigaaniin.com

(705) 356 1621 - EXT 2352

FAX 705-356 0728

Closed for Easter

Good Friday March 29, 2024

Easter Monday April 1, 2024

LMI COORDINATOR

KRISTEN JACKPINE

***LABOUR MARKET INITIATIVE SURVEY
LMI COORDINATOR @MISSISSAUGI.COM***

705 356 1621 EXT 2351

"QUOTE OF THE WEEK"

***"To share your weakness is to make yourself vul-
nerable; to make yourself vulnerable is to show
your strength***

~"Criss Jami"~

Ontario Works Clients!

***Please hand in Income State-
ments ASAP***

IF YOU WERE A CLIENT IN 2023

T 5007 Forms are ready for pick-up

See Kristen at Niigaaniin

Mississauga First Nations

LOCAL AREA - JOB OPPORTUNITIES

| Position | Employer/Location | Closing date |
|--|---|--------------|
| Various Positions Available | Garden River FN | until filled |
| Various Positions Available | Serpant River FN | until filled |
| Various Positions Available | Sagamok FN | until filled |
| Various positions | Huron Pines Golf Course/Blind River | 3/31/24 |
| Help Desk Technican | NSHN/Blind River/Thessalon/Richards Landing | 3/31/24 |
| Food Stability Program Director - The Well/Blind River | | 3/31/24 |
| Taxi Drivers | Blind River Taxi/Blind River | 3/31/24 |
| Various positions | Algoma Chrysler/Spragge | 3/31/24 |
| Resource Worker | MFN Afterschool Program | 4/4/24 |
| Bus Cleaner | AJ Bus Lines/Blind River | 4/15/24 |
| Education Assistant | ADSB/Northshore communities | 4/30/24 |
| General Labourer | Midway Lumber/Thessalon | 4/30/24 |
| AZ Truck Driver | L.A. Trucking | 4/23/24 |
| Labourer | Jacs Masonry | 4/30/24 |
| Bricklayer | Jacs Masonry | 4/30/24 |
| Various position | MelWel Lodge/Thessalon | 5/30/24 |
| Summer Student | Canadian Food Inspection/Gov.of Canada/St. Catharines – May to Sept | |
| Various positions | NOG/various communities | until filled |
| Various positions | Northshore Health Network | until filled |

Other Websites for job postings: Indeed; LinkedIn; Google jobs; Job-Bank.gc.ca; employment solutions

Also: Gas Attendants/Cashiers / Casual Parttime - Broken Canoe /ask for Jacquie

- If you are on OW or EI or not working or need training ISETP's can offer you the following: Apprenticeships; Employment Supports/Startup; wage subsidies; Mobility/relocation assistance; Skills enhancement/Direct Course Purchase; Youth Work Experience; Student Employment; Career and Educational development: Self Employment Assistance *

Summer Students – If you like working with Kids and want to share your skills then check with Muskokawoods.com.

If you need help or assistance, you can call Rob our employment Counsellor at 705-356-1621 ext.2237 but please do not wait for the last minute. Call and make an appointment.

When applying for any position/job the process involved is: Where do you apply; in person; mail; fax; email or phone. Before applying, please read and follow all the instructions that is required from the employer, or you may be screened out and not get that interview.





Notice

Ontario Works Clients

Niigaaniin Program Clients

As you know we are now on direct deposit payments, to ensure that this process goes smoothly, and you receive your funds on time, INCOME STATEMENTS need to be in early as possible.

Late INCOME STATEMENTS will be met with late payments, as direct deposit takes two days to process.

Kristen Jackpine Niigaaniin Reception 705-356-1621 EXT
2351 niigaaniinrecption@mississaugi.com



Position: Junior Archaeological Field & Lab Technician

Accountability: Lands and Resources Director

Salary: TBD

Employment Status: 2 years contract

Hours of Work: 32 hours

Preferences: MFN Band Members

Circulation Level: Level I

The Junior Archaeological Field & Lab Technician will perform the following duties:

- Works with Data Management Technician to identify and protect Mississauga First Nation archaeological sites, resources, and areas of high potential.
- Conduct archaeological excavations and assessments.
- Act as a community liaison for archaeological assessment conducted on MFN's traditional territory.
- Complete accurate, detailed, and comprehensive field documentation.
- Assist in writing reports, public outreach articles/community updates and digitizing field notes.
- Process artifacts by washing, identifying, cataloguing, and storing them.
- Conduct background research by reading historical documents and interviewing Elders and knowledge keepers.
- Assist in developing a zooarchaeological and archaeobotanical comparative collection – processing animal remains and collecting seeds and wood samples.
- Assist in managing and caring for archaeological artifacts.

The Junior Archaeological Field & Lab Technician will possess the following qualifications, skills, experiences, and attributes:

- Secondary School Diploma (Grade 12 or equivalent)
- Valid driver's license and the ability to operate a boat, ATV, and side-by-side.
- Perform extensive manual labour, including shoveling and moving buckets filled with dirt.
- Be physically able, with or without accommodation, to perform for extensive periods work involving bending, kneeling, standing, lifting, and carrying objects up to 50 lbs.
- Tolerance for working in outdoor environments, prolonged walking and standing on various terrains in a wide range of weather conditions,
- Exhibit strong attention to detail, with a proven ability to follow specific instructions.
- Ability to learn and identify plants and animals.
- Familiar with the use of modern digital devices (iPads, computers, cameras, and GPS devices)
- Familiarity with or willingness to learn how to use microscopes, total station, aerial and submersible drones, 3d scanners and printers.
- Familiar or willing to learn the following software: Microsoft Access, Word, excel, GIS, and 3d modelling software.
- Familiar with or willing to learn the history of the Mississauga First Nation, Anishinabek people (pre- and post-contact), and the Algoma region.

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be in person. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation Attention: Human Resources Department
P.O. Box 1299 Blind River, Ontario P0R1B0

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740

Deadline: April 2, 2024

Thank you to all applicants; however, only those selected for an interview will be contacted.

WALKING IN BALANCE

A socially and culturally healthy community where individuals have the opportunity to prosper and to achieve their full potential spiritually, emotionally, mentally, and physically through generous and unselfish support for one another, while pursuing balance and harmony within, with each other, and with Mother Earth.



Position: Training, Program and Special Projects Coordinator

Accountability: Social Services Director

Salary: TBD

Employment Status: 2 years contract

Hours of Work: 32hrs/week (Flexible)

Preferences: MFN Band Members

Circulation Level: Level I

The Training, Program and Special Projects Coordinator will perform the following duties:

- Assist the Social Services Director to develop, deliver and/or oversee the training needs of employees according to the program funding criteria, individual skills, cultural competencies, performance, and knowledge to achieve organizational and program delivery outcomes while focusing on meeting the individual and collective health and social needs of infants, children, youth, and families.
- Maintain and update individual and organizational training workplans, based on work performance and performance appraisals.
- Research training initiatives and opportunities that are relevant to the organization as well as the individual employees, such as child welfare legislation, laws, and regulations, cultural training, program software and hardware updates and program evaluation and outcome measurements.
- Schedule agreed upon training sessions and book facility.
- Coordinate facilitator, training facilities, meals, snacks, accommodations, travel, resources as well as managing participant registrations and other requirements.
- Maintain knowledge of industry standards, legislative changes, training trends, techniques, and methodologies and address deficiencies through needs assessments and ongoing training.
- Research, review and develop standard program evaluation and measurement tools and processes for the Social Services Department.
- Maintain an inventory of formal and informal needs-based curriculum/programs that can be delivered to appropriate age groups and individually within homes.
- Work closely with front line program workers to review, revise existing programs and services and identify new programs and services that can be delivered on-site.
- Develop a comprehensive profile of the First Nation (demographics, buildings, houses, family compositions, public areas, infrastructure, programs and services, location, political affiliations, etc).
- Seek out and/or respond to existing funding opportunities that align with required resources identified by management.
- Oversee special projects to ensure followed through activities are completed with proper project management, funding reports including financial reporting and solutions are remedied where challenges arise.
- Be committed to the development of an effective working relationship with First Nations, government agencies and organizations who are networking with Mississauga First Nation.

The Training, Program and Special Projects Coordinator will possess the following qualifications, experience, and skills:

- A College Diploma in Social Services or a social service-related field and two (2) years relevant to the job experience within a social services organization.
- Experience facilitating training or information sessions with a demonstrated comfort level presenting to an audience.
- Experience developing training curriculum and lesson plans, an asset.
- Experience in researching and preparing proposals and accessing various funding applications.
- Experience in developing evaluation tools and applying various evaluation methodologies.
- Must possess current First Aid and CPR certificate.
- Driver's license, insurance and access to a vehicle required.
- Clear Vulnerable Sector Check (VSC/CPIC)
- Knowledge of cultural practices and teachings.
- Must have some experience working within a multi team environment.
- Excellent communication skills, interpersonal skills, organizational and time management skills.

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provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be in person. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

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Position: Director of Operations

Salary: \$98,725 - \$112,186

Hours of Work: 32 hours

Circulation Level: Level I

Accountability: Chief and Council

Employment Status: 2 years contract

Preferences: MFN Band Members

The Director of Operations will perform the following duties:

- Participates in financial resources and policy negotiations with provincial and /or federal and /or municipal departments, ministries and agencies as directed.
- Maintains regular contact with external financial advisors and auditors.
- Oversees finance and administration attendance for hours for payroll.
- Continuously monitors expenditures against the approved budget and recommends budget modifications to Chief and Council as appropriate.
- Provides regular and mandatory reporting on a monthly and annual basis to Chief and Council and Government agencies.
- Ensures that required financial reports respecting external government grants and contributions are prepared and submitted.
- Meets with and consults with Senior Management team on a regular basis collectively and individually.
- Meets with and consults with staff on a regular basis collectively, and individually.
- The Director of Operations shall participate with Chief and Council in developing a vision and strategic plan to guide the Mississauga First Nation in achieving successful results of the overall budgets and financial situations of the Mississauga Band.
- Provide direction and assistance to senior managers regarding human resource issues.
- Conducts employee performance appraisals on senior management, executive assistants on an annual basis.
- Responsible for administration of personnel in accordance with personnel policy/ procedures including monitoring relevant labour laws, drafting of policy amendments, supervisions of personnel records system, and related recommendations to council on recruitment, appeals, compensation, evaluation, and discipline of employees.
- Acts as a role model to other staff in the day-to-day execution of responsibilities of the position.
- Meets with and advises Chief and Council as directed.
- Represents Mississauga First Nation at conferences and forums as directed.
- Meets with and consults with federal and provincial officers responsible for funding as directed.
- Network and develop positive relationships with all levels of government and private sectors to ensure the optimum level of services is being provided to the Mississauga First Nation Band.

The Director of Operations will possess the following qualifications, skills, experiences, and attributes:

- Post-secondary graduate of Business Administration or Public Administration.
- Five (5) years of strong finance and management experience.
- Must provide a clear Criminal Reference Check from the Canadian Police Information Center (CPIC) and bondable.
- Must have Class "G" Ontario Driver's License in good standing and be able to travel.
- Must be able to meet deadlines, work flexible hours and/or attend emergency situations.
- Generally accepted auditing standards, principles, and practices.
- Business and audit related software applications and tools, including Microsoft Office.
- Must have knowledge of the Ojibway culture and traditions and significant characteristics of the social structures of Mississauga First Nation.
- Financial management and analysis; An understanding of relevant legislation, governance, policies, and procedures.
- An understanding of the northern and first nation economic, cultural, and political environment.
- Knowledge of Occupational Health and Safety legislation, standards, and best practices.
- Knowledge of the Workplace Hazardous Materials Information System.
- Leading or conducting assessments of complex business processes and operations.
- Relate effectively and supervise staff as a diplomatic and flexible team player.
- Must be able to exercise supervisory responsibility for all staff in a team environment.
- Project management skills that support strategic and operational planning/implementation.
- Experience conducting strategic audits and developing advisory plans.

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- Experience conducting audit projects, preparing audit reports, and providing advice to others.
- Change management skills to introduce innovative approaches to current practices.
- Relationship management skills to maintain relationships with clients and stakeholders, internal and external.
- Express ideas clearly and prepare technical reports and recommendations.
- Must work effectively with management and staff of other programs and/ agencies.
- Provide direction and assistance to all employees through the approved chain of command.
- Ability to oversee department staff and provide guidance, direction, and mentorship.
- Identify areas of improvement and resolve issues in a timely manner.
- Presentation skills to provide explanation of complex issues and strategies.
- An effective leader.
- Strong interpersonal and influencing/negotiation.
- Be honest, trustworthy, and respectful.
- Possess cultural awareness and sensitivity.
- Possess a calm demeanor in responding to customers.
- Demonstrate sound work ethics.

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Deadline: Until position filled.

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MEMBER PORTAL

6 STEP GUIDE TO GET THE APP



STEP 1

OPEN CAMERA ON DEVICE

STEP 2



STEP 3

DOWNLOAD APP
'Hawk Communications'



STEP 4 *IMPORTANT STEP!*

OPEN APP & GRANT
NOTIFICATION PERMISSIONS

STEP 5

REQUEST AN ACCOUNT

STEP 6

WAIT FOR CONFIRMATION EMAIL
ONCE RECEIVED - SIGN INTO APP

FOR ASSISTANCE CONTACT
Cheyenne Corbiere, Communications Coordinator
Wiindamaagewin@Mississauga.com
705-261-1104

**MISSISSAUGI FIRST NATION
43RD
ANNUAL TRADITIONAL
POWWOW**



**SAVE THE
DATE**
JULY 20-21, 2024



For more info :
monica@mississaugi.com
705.356.1621 ext. 2217

NORTH SHORE FIREFIGHTER CHALLENGE 2024



**SATURDAY,
APRIL 27TH
IRON BRIDGE
ARENA**

8 AM- 5PM

COME ON OUT AND SUPPORT MFN'S FIRE DEPARTMENT!

ENTRY IS A CANNED DONATION TO SUPPORT THEIR LOCAL
FOOD BANK. NOT PICTURED: ADAM BISSIALLION, JOSH
BOYER, RICKI FERRIGAN, KRISTEN JACKPINE.



March 1, 2024

NOTICE TO VOTE – TRUSTEE ELECTION (2024-2027 TERM) + PROPOSAL

ADVANCE POLL: Thursday, May 16, 2024

Sports Complex – 43 Park Rd 9:00 a.m. – 2:30 p.m.

Council Chambers – 64 Park Rd 2:30 p.m. – 8:00 p.m.

**MISSISSAUGA FIRST NATION – COUNCIL CHAMBERS
Saturday, May 25, 2024 9:00 A.M. – 8:00 P.M.**

PROPOSAL QUESTION: Do you approve the amendment to Section 13.6, Buying Land of the Trust Agreement, that currently states:

“The Trustees shall buy land, the total purchase price of which is over **\$100,000.00** and which is not Little Chiblow Private Land or Other Private Land, using money from the Capital Account and the total purchase price is more than **\$100,000.00**, only if the purchase of the land has been approved in the same manner as projects or proposals are approved pursuant to Article 5.

YES ☐

TO

“The Trustees shall buy land, the total purchase price of which is over, **\$350,000.00** and which is not Little Chiblow Private Land or Other Private Land, using money from the Capital Account and the total purchase price is more than **\$350,000.00**, only if the purchase of the land has been approved in the same manner as projects or proposals are approved pursuant to Article 5.

NO ☐

The Ratification Officer for this proposal vote is Claudette Boyer, who can be reached at the Mississauga Trust Office (64 Park Road, Blind River, ON) at 705-356-1621 ext.2206 or claudetteb@mississauga.com.

For more information on The Mississauga Trust, please visit mississauga.com/mississauga-trust.html



NOTICE

2024 MISSISSAGI TRUST – TRUSTEES ELECTIONS

Notice is hereby given that the Mississagi Trust will move to fill four trustee positions that will be vacant as of May 15, 2024.

Trustee Nominations will be held on **Saturday, March 23, 2024** in the **Council Chambers of the Dreamcatcher's Complex**, 64 Park Road, Mississauga First Nation, between the hours of **10:00 a.m. to 4:00 p.m.**

An advance poll will be held on **Thursday, May 16, 2024** between the hours of **9:00 a.m. to 2:30 p.m.** at the **Sports Complex**, 43 Park Road, Mississauga First Nation; and from **2:30 p.m. to 8:00 p.m.** in the **Council Chambers of the Dreamcatcher's Complex**, 64 Park Road, Mississauga First Nation.

The Trustees election, will be held on **Saturday, May 25, 2024** between the hours of **9:00 a.m. to 8:00 p.m.** The voting will take place in the **Council Chambers of the Dreamcatcher's Complex**, 64 Park Road, Mississauga First Nation.

PLEASE NOTE: AS PER ARTICLE 8.6 OF THE TRUST AGREEMENT:

- Four of the Trustees shall be Band Members.
At least three of the Trustees shall reside on the Reserve.
- Each Trustee must be over the age of thirty at the time he or she becomes a Trustee.
- There is no provision in the Trust Agreement that states one Trustee must be off-Reserve. The four (4) candidates with the highest number of votes, which three of must reside on the Reserve, shall be elected as Trustees for a three-year term.

Mail in ballots will be sent to our off –reserve membership whose address we have on file.

Please contact the Trust Office, ASAP, to update your address.
705-356-1621 ext.2206 or claudetteb@mississaugi.com.

Claudette Boyer
Electoral Officer
March 1, 2024





Membership Committee

Are you looking for ways to get involved with the community?

Are you interested in the history of MFN?

Would you like to know more about registration?

Would you like to share your knowledge of MFN?

If you answered YES! to any of these questions then submit your name for the Membership Committee.

Requirements to join the membership committee

- Must be a Registered Band Member
- Must be 18 or over
- NO previous experience on a committee required
- Able to commit to a few hours every other month to attend meetings
- Have a working email address and ability to check it

DEADLINE TO APPLY - APRIL 3RD, 2024

If you would like to Join the Membership Committee please submit your name and contact info to stacyb@mississaugi.com or (705) 356-1621 ext. 2239.

**Looking to fill 6 vacancies for the
2023 – 2026 term**

Preventative Maintenance is Key.

There is a lot of precipitation that is expected over the next couple of weeks.

Please inspect that your sump pump in proper working order.



Regular maintenance on your sump pump can save you from costly repairs and replacement.

We highly recommend that you inspect your sump pump to ensure that it is functioning properly and efficiently.

Take action now to avoid any extra expenses in the future.



What to do if your home is flooded?

- If water rises near your electrical outlets, baseboard heaters or furnace, or electrical panel, call 1-800-434-1235 to have your power disconnected.
- If any water damage to electrical equipment occurs, a Licensed Electrical Contractor needs to conduct an evaluation and make any necessary repairs before Hydro One can restore power.
- Be sure to keep your emergency kit in a backpack and make sure everyone in your home knows where to find it. See below for what to include.



HydroOne.com/Safety



1.888.664.9376

Customer Care Centre
Weekdays 7:30am – 8pm



1.800.434.1235

Emergencies and Power Outages
24/7

Emergency preparedness kit



Water
(recommend 2L
per person/day)



Canned or
dried food
that won't spoil



A manual
can opener



Cash



Windup or
battery powered
flashlight



Windup or
battery powered
radio



Extra
batteries



Any medical
items you
require



First aid kit



Blankets



Candles and matches.
Remember to never leave a
burning candle unattended



At least one corded phone; a cordless
phone will not work in a power outage



Fully charged cell-phone and
portable power bank chargers



Hydro One's emergency
power outage hotline

1.800.434.1235

WASTE AND RECYCLING TRANSFER STATION

**MONDAY: 8AM-6PM
WEDNESDAY: 8AM-6PM
SATURDAY: 9AM-3PM**

COMMUNITY GARBAGE & RECYCLING PICK-UP

EVERY MONDAY: 8AM-11AM

Please have garbage and recyclables out to the road side in proper containers.

We Recycle: Cans, plastic containers, cardboard, and paper

*With the exception of holidays when the Band Office is closed, the operations of the transfer station and pick-up will resume on the day after the Monday Holiday

**FOR ANY INQUIRIES, COMMENTS OR CONCERNS
PLEASE CALL 705-261-0846**





Waste Management

Waste and Recycling Transfer Station

Monday: 8am-6pm

Wednesday: 8am-6pm

Saturday: 9am-3pm



REDUCE



Cardboard



Paper & Magazines

PASS



Plastics (1-7)



Metal Cans Rinsed

Community Garbage & Recycling Pick-Up

Every Monday: 8am-11am

Please have garbage and recyclables out to the roadside in proper containers.

We Recycle: Cans; Plastic containers; Cardboard; and Paper

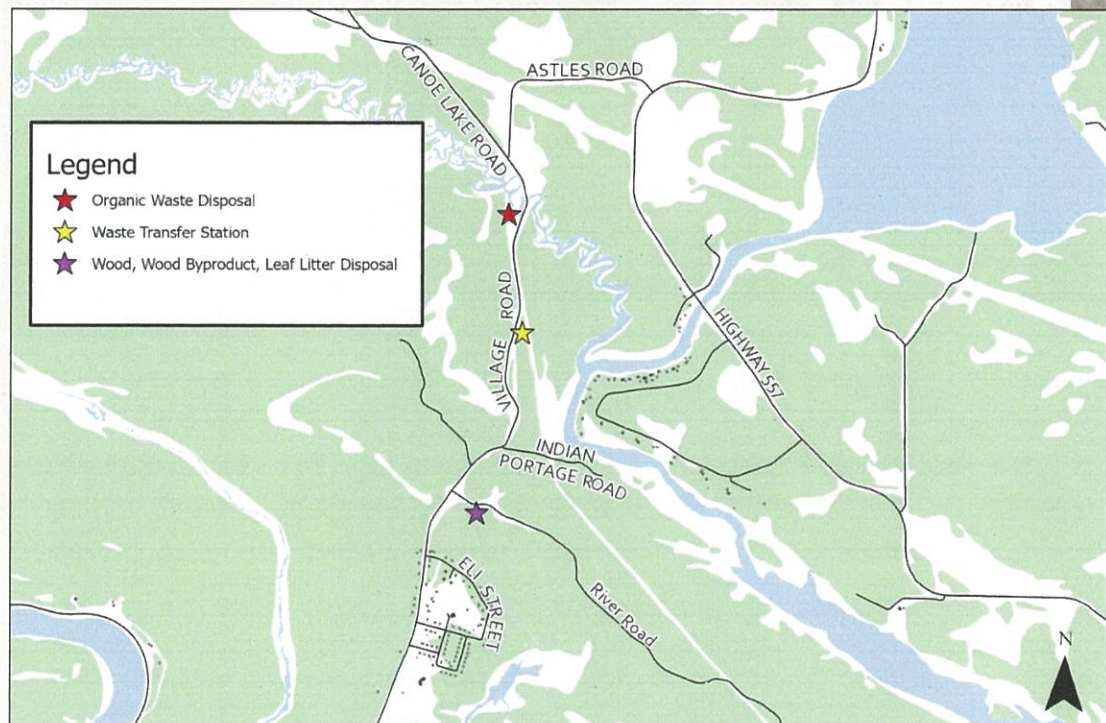


REUSE



RECYCLE

Landfill sites for Mississauga



Legend

- ★ Organic Waste Disposal
- ★ Waste Transfer Station
- ★ Wood, Wood Byproduct, Leaf Litter Disposal



Styrofoam



Plastic Bags*



Utensils



Aluminum Foil

TRASH

Transfer station:

- Hazard Waste
- Household Trash
- Appliances
- Recyclables

Organic Dump:

- Animal waste
- Compost

Leaf and Wood Waste:

- Leaves
- Wood without nails or screws

Reminder to clean your Blue boxes regularly

Please include glass with Regular refuse

Transfer station no longer accepts glass as recyclable articles



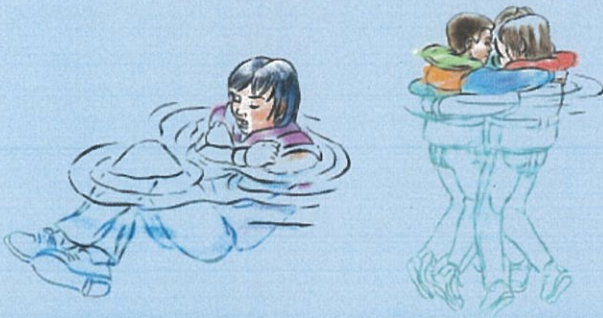
HYPOTHERMIA INFORMATION for SPRING FISHING SEASON

Hypothermia is a drop of body temperature below normal (37°C) that results from a prolonged exposure to frigid water. The signs and symptoms of the 3 different stages of hypothermia are:

- **First stage: shivering, reduced circulation**
- **Second stage: slow, weak pulse, slowed breathing, lack of coordination, irritability, confusion and sleepy behavior**
- **Advanced stage: slow, weak or absent respiration and pulse. The person may lose consciousness.**

Should you find yourself in the water it is essential to do everything possible to conserve your energy and body heat. To lengthen your survival time, the following is important:

- **Wear your personal flotation device or lifejacket. This will help you to stay afloat and keep your head out of the water without wasting your energy**
- **Swim only if you can join others or reach a safe shelter. Do not swim to keep yourself warm, this will only increase your loss of body heat.**
- **if possible climb on top of a floating object (such as your craft) to keep as much of your body as possible out of the water. Frigid water will lower your body temperature faster than air (25x faster)**



- **Assume the fetal position, or if you are not alone, huddle together**
- **Remove the wet clothing of anyone who has fallen into the water and warm them with dry clothes.**

Please direct questions or concerns to MFN Lands and Resources department @ (705) 356-1621 ext. 2236
or MFN Bylaw Officer @ ext. 2259



SAFETY REMINDERS for SPRING FISHING SEASON

Safety gear required for each vessel



Life Jackets
(Must fit the person wearing it)



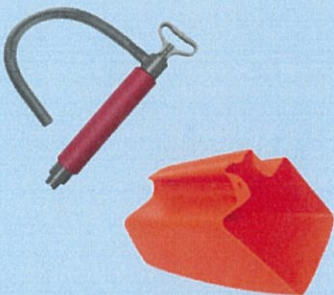
Sound Signaling Device



Manual propelling device and anchor



A waterproof flashlight



Bailor or Hand Pump



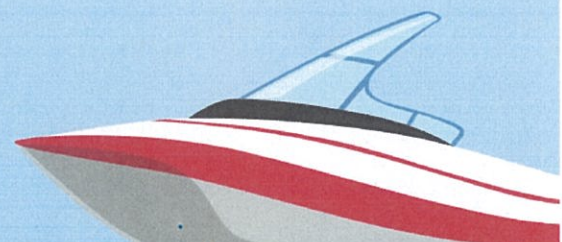
15m of rope



A fire extinguisher for any craft



Navigation lights mandatory for vessels operating between sunset and sunrise.





BEAR SAFETY INFORMATION



Awake and Hungry.

Spring is here and the bears are awake. While the weather is starting to get nicer please take the time to do a thorough spring cleanup of your living space and yard. **You will want to remove all sources of natural and non-natural food attractants from your yard.**

Non-Natural Sources

- BBQ grease and drippings
- Bird feeders
- Garbage - Keep garbage indoors until garbage pick up day
- Pet food



Natural Sources

- Berries
- Fruit trees
- Flowers/clovers/weeds



Managing Bears Issues takes the efforts of the community to succeed.
Let us have a successful spring and summer 2023



*MFN Bylaw Officer - (705) 356-1621
ext. 2259*

*Animal Control Reporting and Services
(705) 261-0259*



CREATIVE NATIVE



MARCH - 22
APRIL - 12, 19, 26
MAY - 10, 17, 24, 31



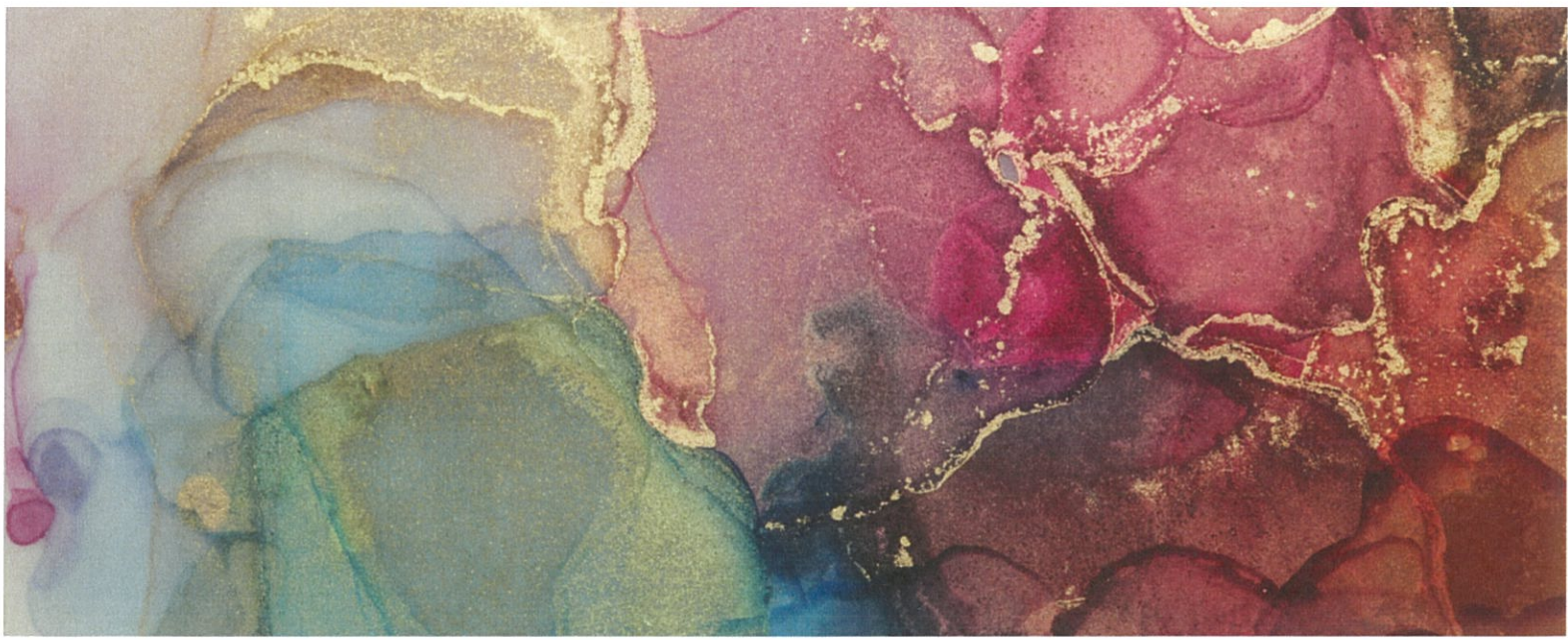
Education
Building

6:00 - 9:00 PM

Come out to the Education building
and create

*Painting, dreamcatchers,
medicine pouch making,
card making and a
variety of other seasonal
activities*

danaboyer@mississauga.com



GARDENING

101



APRIL 10, 2024

Learn about:



*Education
Building*

10:00 AM – 12:00 PM

or

6:00 – 8:00 PM

Different soil types,
seedlings, repotting,
transplanting,
maintenance and care

danaboyer@mississauga.com



Apply now for **POST-SECONDARY EDUCATION FUNDING**

**NEW STUDENT APPLICATION
DEADLINE: APRIL 15TH**

Late or incomplete applications will not be eligible for review.

ABOUT THE PROGRAM

The Mississauga First Nation (MFN) Education Department provides financial and academic supports for all MFN Band Members who are seeking post-secondary education.

The objective of the Post-Secondary Program is to assist MFN Students to gain a post-secondary education and to graduate with the qualifications & skills necessary to pursue successful and meaningful individual careers.

Eligibility for financial assistance will be based on available funds for the different levels of programming leading to a College Certificate or Diploma, University Undergraduate Degree, Professional Degree, Graduate Degree, Masters or a Doctorate (Ph.D.).



CONTACT

Denise Payette (She/Her)
Post-Secondary Administrator
denisepayette@mississaugi.com



PRE-APPLICATION *Checklist*



SELECTING A POST-SECONDARY INSTITUTION

Research your chosen degree, diploma or certificate granting programs & institutions. Program must be 1 year (8months) in length or more. Confirm that the institution is on approved list of 'eligible institutions' for the Post-Secondary Student Support Program (PSSSP) funding through Indigenous Services Canada (ISC).



APPLYING FOR CHOSEN PROGRAM

Can apply to public institutions using OntarioColleges.ca, the Ontario Universities' Application Centre (ouac.on.ca) or directly through chosen institution.

Confirm that chosen program meets the requirements of the MFN Policies & PSSSP funding.



REVIEW POLICIES & BEGIN FUNDING APPLICATION

Take the time to review MFN Post-Secondary Policies and Procedures which outlines limited funding, eligibility, types of financial assistance available and deadline dates etc.

Must be a Registered Band Member and on Membership list as of the year applying for funding.

**MFN Post-Secondary Policies and Procedures
available at www.mississaugi.com/post-secondary.**



How to apply for **POST-SECONDARY EDUCATION FUNDING**



Applications Available Online

The '*New Student Application Form*' and Post-Secondary Policies & Procedures are available at:

www.mississauga.com/post-secondary



Applications Checklist

- 1) Completed application
- 2) Copy of most recent transcripts
- 3) Copy of Status Card
- 4) Confirmation of Acceptance
- 5) Banking Information (Void Cheque)



Applications Due April 15th

The '*New Student Application Form*' and all required documentation are to be submitted via email to:

postsecondarystudents@mississauga.com

Mnookmi Kidwinan

| | |
|-------------|----------------------|
| Mnookmi | Spring |
| Baakwang | Easter |
| Waabooz | Rabbit |
| Waawan | Egg |
| Waabigwan | Flower |
| Waaskone | Flower |
| Gimiwan | Rain |
| Gitigan | Garden |
| Giizis | Sun |
| Ngwaagan | Rainbow |
| Waabnong | East |
| Noodnooswan | A little bit of wind |
| Biisbiisaan | A gentle sprinkle |

Mnookmi Ezhiwebak
What happens in spring time

Mino giizhigad nongwa
It's nice out today

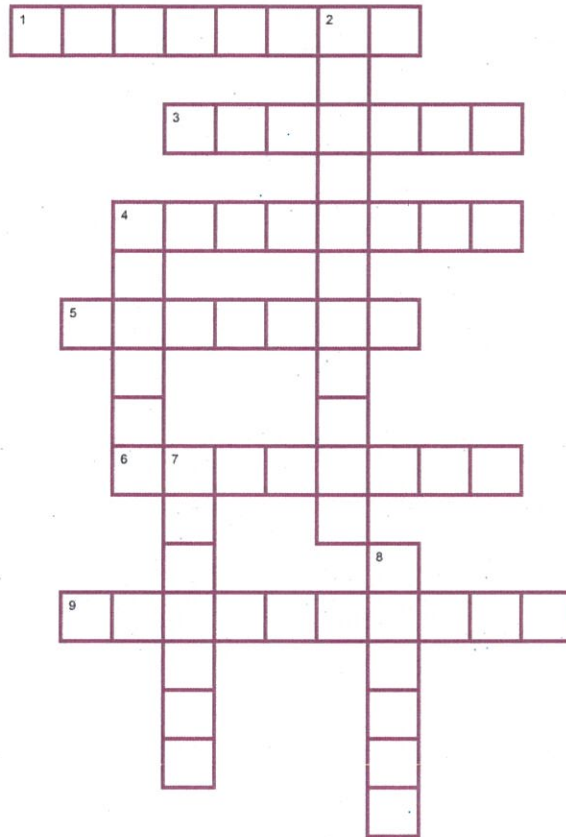
Niibiishan zhaashkwaandeenoon
The leaves are turning green

Bneshiinsag ngamwag
The birds are singing

Waaskonen zaakiinoon
The flowers are coming out

Pane gimiwan
It rains a lot

Mnookmi Kidwinan



Across

1. Flower
3. Spring
4. East
5. Rabbit
6. Rainbow
9. A gentle sprinkle

Down

2. A soft breeze
4. Egg
7. Rain
8. Sun

Mnookmi Kidwinan

| | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| G | I | W | A | W | D | K | I | Z | H | E | P | B | I | I | S | B | I |
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| H | H | O | K | A | O | I | D | I | A | G | Z | H | A | A | M | I | S |
| A | A | T | E | B | I | I | S | B | I | I | S | A | N | K | I | K | A |
| J | A | E | D | I | D | Z | H | O | O | B | M | N | O | O | K | M | I |
| C | W | B | Z | G | I | I | Z | I | K | W | E | O | N | I | I | G | B |
| H | A | N | H | W | W | S | I | W | A | A | B | O | O | Z | A | A | J |
| A | A | I | I | A | G | I | I | B | Z | I | I | D | I | Y | I | O | O |
| E | W | A | M | N | A | G | I | M | I | W | A | N | A | A | G | S | O |
| S | O | B | N | O | O | N | W | W | E | Y | A | O | N | H | E | H | N |
| G | O | D | O | O | N | S | A | T | A | Y | P | O | N | S | W | W | W |
| B | N | E | O | M | B | C | A | W | W | A | A | S | K | O | N | E | E |
| S | H | K | W | A | A | H | B | A | B | S | P | W | H | E | E | S | I |
| N | G | W | A | A | G | A | N | M | N | S | E | A | G | G | O | D | I |
| I | I | N | A | M | A | T | O | W | E | N | J | N | I | M | O | O | M |
| S | I | S | K | W | E | T | N | G | S | B | E | Z | H | I | I | K | I |
| B | A | A | K | W | A | N | G | W | E | O | D | E | M | I | I | N | N |

Mnookmi
Waabigwan
Gitigan
Waabnong

Baakwang
Waaskone
Giizis
Noodnooswan

Waabooz
Gimiwan
Ngwaagan
Biisbiisaan

WHAT IS FASTING?

Fasting is a traditional ceremony to self discover your own purpose by sitting on the land and going without the comforts of home.

REASONS FOR FASTING:

- Seek direction in your life
- Emotional, mental, and spiritual cleansing and healing
- Learn more about our ways and about Creation
- To reconnect with shkakamikwe (mother earth)

You have a purpose when you choose to fast. Whatever your purpose is, you prepare beforehand through prayer and tobacco.

CONDUCTING FASTS:

- We have a location for your fast
- You will have a conductor
- Teachings will be provided to prepare you for your fast
- Fasting period will take up to 1-4 days
- Fasts will take place during spring and fall.

CONTACT:

Want to learn more? Do not hesitate to reach out! Ask for Evelyn or Cedar at 705-356-1621 ext. 2354

FASTING DATES TO BE DETERMINED

Mississauga First Nation
Family Resource Coordinator

COME OUT AND MAKE YOUR LITTLE ONE
SOME MOCCASIN 0-6 YRS

NEW DATE
March 27 2024
Child & Youth Building
10:00-2:00

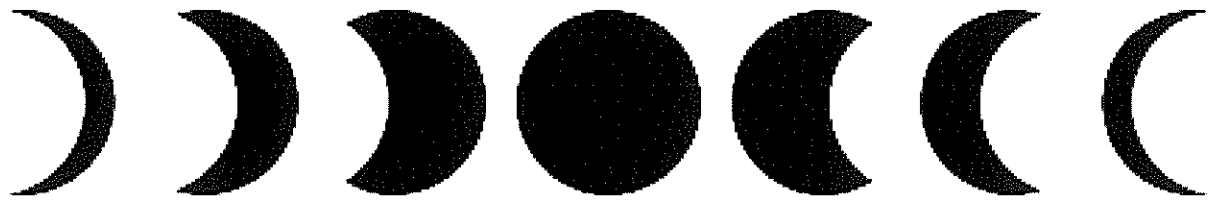


Sally will be there to
assist every step of the
way. You will be going
home with your
moccasins

all material supplied

Lunch and refreshments provided

To participate please call or email Christine Owl at: 705-356-1621 ext. 2254
or email: christine@mississaugi.com



Cultural Support Services

**ANISHINAABEKWE
FEASTING OUR
BUNDLES AND
FULL MOON
CEREMONY**

March 27, 2024 | 6 pm
Cultural Building

It's time to feast our drums, shakers,
and feathers! Birthing drums also

**This month we are honouring the
Snowcrust Moon, Naabdin Giizis**

Pot Luck Style To Share

please call Evelyn or Cedar
at 705-356-1621 ext. 2354

.....



*Family Resource Coordinator
Community Health Nurse*

TRADITIONAL GARDENING

Monthly Well Baby Topic

Date: April 3rd 2024

Time: 12:00-1:00

Where: Child & Youth Building

**April is the time to start your
garden**

**Grow your own fresh produce
starter kits to take home**

To participate please call Christine so we
can plan and purchase supplies
call 705-356-1621 ext. 2254 or email
christine@mississauga.com



Cultural Support Services

Cedar Bath

APRIL 5TH

Cedar Bath Ceremony is a powerful but gentle ceremony for those who have experienced trauma. The ceremony is done in a quiet room, where the space and ceremony bundle has been smudged. Evelyn will be conducting the ceremony. She will provide information about what will happen during the ceremony, to ensure the body sovereignty and consent will be confirmed throughout the ceremony.

If you're interested in this service, please call Evelyn or Cedar at 705-356-1621 ext. 2354

KIDS COOKING CLASS

With Chef Meagan

Tuesday March 26th, 2024

4:30pm to 6:00pm

Child and Youth Center

RSVP Jennifer cyworker@mississauga.com

Child and Youth Program ages 7-12





Art Workshop

MONDAY MARCH 25TH, 2024

CHILD AND YOUTH BUILDING

6:00PM TO 7:00PM

SEVEN GRANDFATHER TEACHING


PAINT NIGHT

AGES 7 TO 12

JENNIFER

CYWORKER@MISSISSAUGI.COM

See you there!



MISSISSAUGA FIRST NATION DRUM SOCIAL

**HOSTED BY HEALTH AND SOCIAL
SERVICES**

**Potluck Style Dinner Bring your Favourite
Traditional Dish or Favourite Dish to share.
Food will be provided for all**

Where: Mississauga First Nation Sports Complex

When: Friday March 29

Time: 5:00-8:00PM

**Children under 12 years old must be accompanied
by an adult.**

Questions, Please Call 705-356-1621 EXT:2228





We now have a talking circle
addictions support group.
Come sit, talk and give your
support Let's help raise each
other up.

Tuesdays from 7-8PM

Inside the Culture building
Snack and refreshments will be
available.

Contact
skycada@mississauga.com
for more info.



MISSISSAUGA MICHIGAN

DRUMMING

5:30 - 6:30PM

FEB

08, 22

MAR

7, 21

APR

4, 18

MAY

2, 16, 30

JUN

13, 27

For more information email:
skycada@mississauga.com



LIGHTING THE
**SACRED
FIRE**

WE WILL BE
LIGHTING THE
SACRED FIRE FOR
MFN COMMUNITY.

COME PRAY, STAY,
TALK OR JUST
ENJOY THE FIRE.

THURSDAYS
OUTSIDE THE
CULTURE BUILDING
- 96 PARK ROAD

9:00 AM TO 3:00
PM

MORE INFORMATION

SKY CADA - 705-261-1370
SKYCADA@MISSISSAUGI.COM



WELLNESS THURSDAY'S

Starting Thursday, January 25th, we will be starting a 7-week Luncheon session on The Seven Grandfather Teachings. Roger Daybutch will facilitate the sessions. Happening in the Culture building @ 12 PM

EVERYONE IS WELCOME

If you have any questions contact Sky Cada at 705-356-1621 ext 2228 or email skycada@mississauga.com



AL-ANON

AL- ANON meeting

Have you or a family member been
affected by another's drinking or drug
addiction?

Please come out and join us at the
Cultural Building - 96 Park Road - to find
out what AL-ANON can do to help you.

Meeting Day/Time:

Monday - 6:00 - 7:00 PM

There you will find a fellowship of others
who share your same challenges

Light Refreshments provided

FAMILY FITNESS

CHALLENGE

EASTER EGG

SCAVENGER

HUNT

MARCH 28TH TO APRIL 2ND

call or email to register
and receive printable
scavenger hunt clues that
will take you around the
community.

T: 1.705.356.1621 EXT 2216

E: COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM



SMALL GROUP FITNESS

TUESDAY'S
@ 6PM

REGISTRATION IS NEEDED

MFN SPORTS COMPLE

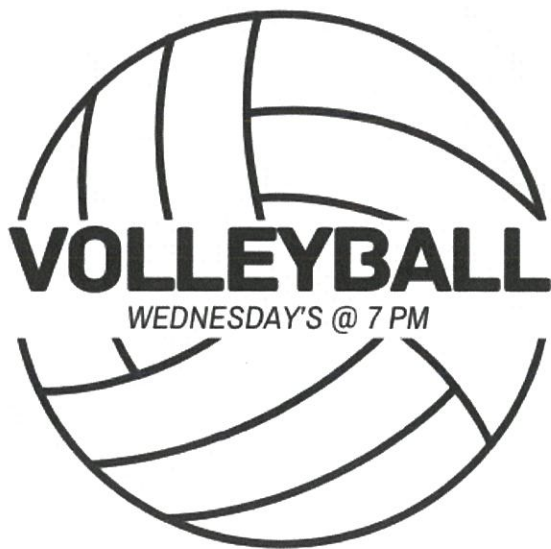
E-COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM
T:705.356.1621. EXT 2216

Roller Release

Benefits are myofascial release, increasing circulation, providing pain relief for sore muscles, & improving range of motion.



Wednesday's at
6:50pm
registration is
needed!

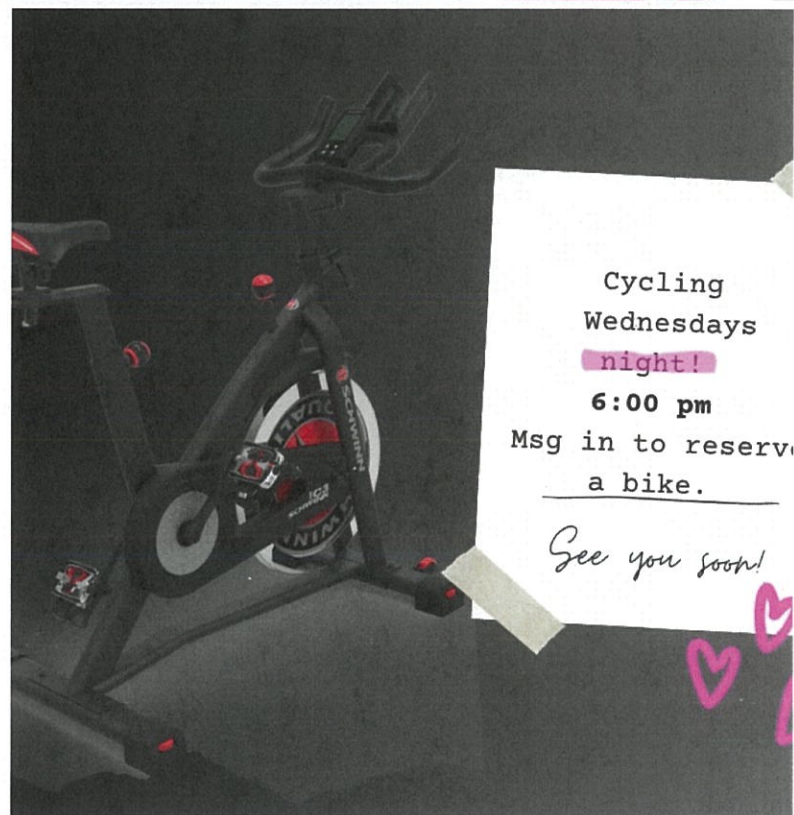


Cycling
Wednesdays
night!

6:00 pm

Msg in to reserve
a bike.

See you soon!



C.H.A PROGRAMS

MONDAY - NORDIC POLE FITNESS - 12:00 / KNITTING 6PM

TUESDAY- YOGA - 10 AM / SM GROUP FITNESS - 6 PM

WEDNESDAY - CYCLING 6 PM / ROLLER RELEASE -6:45 PM / VOLLEYBALL
7 PM

THURSDAY- YOGA 10 AM / CIRCUIT NIGHT 8 GENTLE YOGA -6 PM
(CHECK DATES FOR CLASSES ON CAL)

TINY TOTS MARCH 24TH @ 12-2 PM

REGISTRATION IS NEED!

T. 705.356.1621 EXT. 2216

E: COMMUNITYHEALTHACTIVATOR@MISISSAUGI.COM
OR MSG US ON OUR FACEBOOK PAGE!

MARCH 2024

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

MISSISSAUGA FIRST NATION
HEALTH SERVICES

MONTHLY DIABETIC CLINIC

If you are diabetic, and would like to book an appointment with the team;

We are offering 1 on 1 appointments with the Health Staff

Nurse Practitioner
Community Health Nurse
Diabetic Nurse Educator
Registered Dietitian

NEXT CLINIC DATE - MARCH 27, 2024

FROM: 10AM-3PM

MISSISSAUGA HEALTH CENTRE

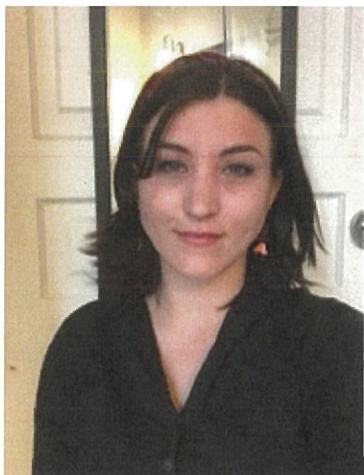
Please email Chelsea Grimard - chelseagrimard@mississauga.com
or call 705-356-1621 EXT 2203 to book your appointment





WELCOME NOSM U
STUDENTS

Mississauga First Nation would like to welcome Katona and Jules for a community placement starting April 29 – May 24/2024, if you see them around make sure to say Aanii 😊



Katona Files

I was raised in Bracebridge, Ontario, I enjoy rock climbing, crochet, and backcountry camping. I am interested in becoming a Family Doctor and practicing in Northern Ontario.

I am working on improving my physical examination skills, and I would like some more experience in emergency medicine. I would like to learn about charting and billing in small healthcare centers.



Jules Byberg

My name is Julia Byberg, but most people call me Jules. I was raised in New Liskeard, Ontario. During my free time, I consider myself a very artistic person. I like to draw and complete DIY projects around the house. Currently, I am still exploring my options, but I am mainly interested in Family Medicine and Psychiatry.

I hope to take this opportunity to learn about the culture and community I will be immersed in. Also, I hope to observe the everyday functioning of a small healthcare center and the role of a physician in these settings.



To: All Community Members

RE: Medical Transportation

Please note that **appointments must be called in as soon as possible**, we will not be responsible for any last minute appointments being called in, unless it is an Urgent Emergency Appointment.

Local medical appointments must be called in as well before accessing a taxi, unless it is after hours.



Prescription pick by cab is not a NIHB Benefit therefore we cannot approve any cab to pick up Prescriptions.

Verifications must be stamped along with time of appointment, band number and date of birth.

For those trips to Sault Ste Marie, we have the Medical Van which is fully operational, clients are to access medical van.

Under NO circumstances, will alcohol/drugs be permitted on the medical van.

All trips to Sudbury, Espanola, Toronto, out side our Catchment Area, require a Prior Approval, Information regarding appointment must be faxed to 705 356 3608.

If you have any questions, please feel free to contact me @ 705 356 1621 Ext # 2201.

Thank you

Mary Ellen Morningstar

Medical Transportation Coord.

MISSISSAUGA FIRST NATION

Friendly Reminder

ATTENTION

**ALL APPOINTMENTS IN SUDBURY MUST HAVE
A PRIOR APPROVAL SUBMITTED TO NIHB.**

**THIS ALSO INCLUDES, ESPANOLA,
TORONTO, LONDON, (anything outside our
Catchment Area)**

**APPOINTMENT INFORMATION MUST BE
FAXED TO 705 356 3608 or**

Email to maryellen@mississaugi.com

ASAP

**THANK YOU
MARY ELLEN**



NUTRITIONAL SUPPLEMENT CARD FOR FAMILIES WITH CHILDREN 0-6 YRS AND PRENATAL

*listed is the pick up date, please email the Family Resource Coordinator by the 7 of this month to ensure a card is purchased for that month

Pick up dates:



April 24 2024

from 9:00 AM to 3:00 PM including lunch hour

*** As a requirement of the program, receipts will need to be submitted before the next card pick up.**

Please remember it is your responsibility to pick up on date unless other arrangements have been made.

Please note, you can not accumulate cards

Thank you

If you have any questions or concerns please email Christine Owl -
Family Resource Coordinator

email: christine@mississauga.com

MFN Food Security Program

Date: _____ Pick up only # children _____ # adults _____ # elders _____

Names of all household Members: _____

Address: _____

Phone Number: _____

Please submit your forms before 4:30 Wednesday

Pick up is Thursday from 10:00am - 3:00pm

***Please note that if items are not in your box, it is because we are out of stock, on back order or not able to purchase from distributor. Also, make sure to fill out your correct information, so that we may properly serve you and your family.**

| | |
|---|---|
| Cereals (1 only): Cold Cereal Cooking Oats Cream of Wheat | Meats (2 only-one of each) Hamburger Chicken |
| Breads (1 only): White Bread Brown Bread Flour | Canned Meats (1 only): Tuna Salmon |
| Pasta & Rice (1 only): Penne Rice Macaroni | Dairy Products (2 only): Powdered Milk Canned Milk Margarine Eggs |
| Soups (3 only): Chicken Noodle Tomato Vegetable | School Aged Children Only (2 Choices): Pudding Cookies Wagon Wheels |
| Hygiene Products: Toilet Paper Hand Sanitizer | Children & Elders Only (2 Choices): Mr. Noodles Chicken Mr. Noodles Beef Frozen Berries |
| Other Products (3 only): White Sugar Brown Sugar Peanut Butter Ketchup Crackers Tea Mustard Decaf Coffee Pepper Instant Coffee Salt | Other Products (3 only): Kidney Beans Tomato Paste Diced Tomatoes Spaghetti Sauce Canned Navy Beans Canned Chick Peas Red Lentils Frozen Vegetables Green Lentils |
| Other (Once A Month): Icing Sugar Vinegar | |

Please bring in, or call (705)261-0673 for pick-up of any containers with lids, or boxes you may have.

Thank you 😊 Revised for March 2024