

NIIGAANIIN

Client and Community Newsletter

August 22, 2024



Niigaaniin Hours

Mon-Thurs 8:30-4:30 - Fridays 8:30-12:30

Income Statements can be filled out in
office or emailed to

Kristen Jackpine

Niigaaniinreception@mississauga.com

OESP PROGRAM

**CHECK YOUR HYDRO BILL FOR OESP EXPIRE
RENEWAL YEARLY**

**CALL Darrell Jacques
705 356 1621 Ext 2235**

**ODSP FN WORKER
STACEY ARMSTRONG**

Sarmstrong@niigaaniin.com

(249)-377-6825

LMI COORDINATOR

KRISTEN JACKPINE

LABOUR MARKET INITIATIVE SURVEY

LMI COORDINATOR @MISSISSAUGI.COM

705 356 1621 EXT 2351

~OW Clients~

Direct Deposit Hits August 30, 2024

"QUOTE OF THE WEEK"

Say what you mean.

Mean what you say.

Don't say it mean.

~Unknown~

**Niigaaniin computer lab open come in to
apply for jobs, birth certificate, EI, update
resume!**

Mississauga First Nations

LOCAL AREA - JOB OPPORTUNITIES

Position	Employer/Location	Closing date
Various Positions Available	Garden River FN	until filled
Various Positions Available	Serpant River FN	until filled
Various Positions Available	Sagamok FN	until filled
Various positions	NOG/various communities	until filled
Youth Advocacy Worker	MFN/Blind River	08/20/24
Fleet Coordinator/Trainer	Town of Blind River	08/23/24
Concession Server	Town of Blind River/Arena	08/26/24
Sales Person	NAPA/Blind River	08/30/24
Electrician	NorthShore Power Group	08/30/24
Grounds man Labourer	Arbor Barber/Thessalon	08/30/24
Electrician	Northshore Power Group	08/30/24
Labourer	Midway Lumber	09/17/24
PSW	North Shore Health Network	09/30/24

Other Websites for job postings: Indeed; Linkedin; Google jobs; Job-Bank.gc.ca; employment solutions

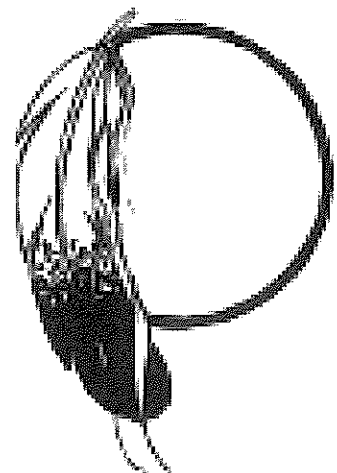
Also: Gas Attendants/Cashiers / Casual Parttime - Broken Canoe /ask for Jacquie

- If you are on OW or EI or not working or need training ISETP's can offer you the following: Apprenticeships; Employment Supports/Startup; wage subsidies; Mobility/relocation assistance; Skills enhancement/Direct Course Purchase; Youth Work Experience; Student Employment; Career and Educational development: Self Employment Assistance *

When applying for any position/job the process involved is: Where do you apply; in person; mail; fax; email or phone. Before applying, please read and follow all the instructions that is required from the employer, or you may be screened out and not get that interview.

If you need help or assistance, you can call Rob our employment Counsellor at 705-356-1621 ext.2237 but please do not wait for the last minute. Call and make an appointment.

Enjoy your summer and be safe !





Position: Community Wellness Coordinator

Salary: \$40,601-\$44,362

Hours of Work: 32 hrs

Circulation Level: Level I

Accountability: Health Services Manager

Employment Status: Full-time (2-year contract)

Preferences: MFN Band Members

The Community Wellness Coordinator will perform the following functions:

- Provide effective programming client-based services related to family violence to assist clients in peer counselling, accessing services, advocacy, crisis intervention and referrals to engage community and staff.
- Research and present cultural participant-based activities and Traditional Participant-Based activities services related to reducing family violence. programming using a variety of media and communication outlets
- Plan workshops, information sessions, public presentations, public awareness and education, activities accordingly for the seasons that include and/or focus on Youth, Men, Women, Elder's, and ceremonies.
- Meet with other band staff who provide wellness programming to ensure no overlapping of services, identify gaps in programming that can be focused on.
- Financial Management, prepare and submit quarterly and annual reports of activities utilizing the electronic system
- Prepare and submit annual work plans
- Prepare and submit statistical program and activity reports utilizing the electronic system
- Prepare and submit regular, related reports and/or articles as required for distribution in flyers
- Attend appropriate staff or team meetings

The successful candidate will possess the following qualifications, skills, experiences, and attributes:

- Post-Secondary Diploma in one of the helping disciplines, i.e., psychology, nursing, etc. Native Human Services, Native Studies.
- Knowledge and experience and appreciation of Traditional teachings and healing practices
- Good understanding of political, social, and economic issues of Aboriginal people both on and off the First Nation.
- Working knowledge of systems theory and holistic healing.
- Experience organizing and facilitating workshops.
- Experience working with Aboriginal people, organizations, and communities.
- Experience in cultural programming.
- Ability to integrate knowledge and practices in the development, implementation, and referral of a variety of interventions
- Good verbal and written skills
- Working knowledge of systems theory and holistic healing
- Experience organizing and facilitating workshops

Other Qualifications:

- Must have valid Ontario Class "G" and have access to a vehicle
- Must have Standard First Aid and CPR/AED
- Mental Health First Aid / CPR (an asset)
- Able to provide a Vulnerable Sector Check (CPIC)
- Must be able to work flexible hours, on-call, and shift work, including weekends, evenings and holidays
- Willingness and ability to travel within region and/or between sites and to activities as needed

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview.** Please note that all interviews will be **in person**. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation

P.O. Box 1299 Blind River, Ontario P0R1B0

Attention: Human Resources Department

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740

Deadline: September 4, 2024

Thank you to all applicants; however, only those selected for an interview will be contacted.



Position: Treatment Resources Project Coordinator

Salary: \$49,753 - \$56,542

Hours of Work: 32 hrs

Circulation Level: Level I

Accountability: Health Services Manager

Employment Status: 2-year Full Time Contract

Preferences: MFN Band Members

The **Treatment Resources Project Coordinator** will:

- Explore existing Indigenous and non-Indigenous public and privately funded Substance Dependency Detox/Withdrawal Management, treatment and after care programs/models within the local area and produce a detailed description report on the findings. Specify the current land-based programs and identify what Treatment facilities/programs are being planned and/or developed within the local North Shore Tribal Council Member First Nations
- Explore existing Treatment programs and facilities within the province to produce a required report.
- Work with partnered organizations and committees to access resources for community members as well as the exploration of co-development and co-management opportunities in the creation of a treatment program.
- Coordinate with the MFN Drug and Alcohol Addictions Worker to provide Community education sessions.
- Conduct a community needs assessment to the current community need and identify the gaps in treatment service
- Conduct a feasibility study to develop estimate budgets and staffing requirements along with the estimated need of the community.
- Establish the selected Treatment Program option that MFN has agreed upon and develop capital, start up and maintenance and operational budgets to implement the treatment program; include staffing requirements and job descriptions. Include a description of client and family services provided at the facility, the service delivery model and the facility's evaluation plan and tools.
- Seek out specific Indigenous federal and provincial capital and operational funding opportunities to implement the program including any proposals previously submitted by MFN
- Ensure confidentiality and safekeeping of all MFN's documents and records.
- Develop and maintain accurate, up-to-date, and concise work files.
- Ensure detailed records and statistics of all meetings related to the project are maintained.
- Prepare and submit monthly reports, attendance records and travel expense claims.
- Follow the Agency's human resources, finance and other policies and procedures in the performance of duties
- Other duties as required and assigned

The **Treatment Resources Project Coordinator** will possess the following education, experience, and skill qualifications:

- Mississauga First Nation Band Member or a person of Aboriginal decent is preferred
- Formal education and/or experience in Social Services
- Knowledge of Microsoft Office Suite software programs
- Experience working with Aboriginal people, public organizations, and communities
- Proven ability to establish and maintain respectful relationships with co-workers and the public
- Knowledge of First Nation programs and services and operating regulations
- Knowledge and understanding of Mississauga First Nation, traditional territories, and aboriginal traditions & culture
- Excellent communication, motivation, leadership, and interpersonal skills.
- Must provide or ability to obtain a valid Class "G" Ontario Driver's License
- Must be able to work flexible hours

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job posting. If you are a member of MFN or of Indigenous descent, please include this information in your cover letter. We rely on the information you provide to us in your application during screening. **Successful candidates** who receive interviews **must** provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

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Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com

FAX: 705-356-1740

Deadline: September 4, 2024

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Position: Maintenance Custodian

Salary: \$30,446 –\$34,606

Hours of Work: 25 hrs (Part-time)

Circulation Level: Level I

Accountability: Women's Shelter Manager

Employment Status: 2 years contract

Preferences: MFN Band Members

The Maintenance Custodian will perform the following duties:

- Clean, sweeps, mops, scrubs, waxes and polishes floors by hand or machine; cleans carpets, upholstery, and furniture.
- Washes windows, screens, sills, woodwork, doors, desks, walls, and ceilings.
- Dusts all furniture, fixtures and surfaces as required, including door handles, phone handsets and taps.
- Cleans and sanitizes rest rooms.
- Cleans and sanitizes kitchens: sinks, counters, dishes, refrigerators, freezers, dishwashers, and stoves.
- Monitor building security and safety by performing such tasks as locking doors and windows and checking electrical appliances use to ensure that hazards are not created.
- Collects and disposes of waste and recyclables.
- Shovel snow, maintains outside walkways, applies sand/salt as necessary and assists in keeping outside premises in an orderly condition.
- Perform some repairs and maintenance of buildings by patching walls and doors, painting walls and trim, replaces fixtures and partitions, and replaces damages ceiling and floors tiles, repairs carpet.
- Ensures maintenance of shelter equipment including vehicles; Maintains logbooks and inspection manuals where required.
- Set up, arrange, or remove decorations, tables, chairs, ladders to prepare facilities for classes, programs, and events.
- Maintain strict confidentiality and adhere to Personnel policies and procedures.
- Maintain level of job requirements by attending training, workshops, seminars, certified programs, and team meetings.
- Performs other duties as assigned which are unplanned and of a transient nature and are consistent with the above job summary and duties.

The Maintenance Custodian will possess the following qualifications, skills, experiences, and attributes:

- Grade 12 or equivalent.
- Experience in custodial, building maintenance or as a general labourer.
- Must provide clear Vulnerable Reference Check from the Canadian Police Information Center (CPIC).
- Knowledge of Occupational Health and Safety Act, as it applies to the worker.
- Knowledge of the Workplace Hazardous Materials Information System.
- Knowledge and sensitive to cultural practices and traditions in the workplace, i.e., smudging.
- Ability to handle stressful situations; strong organizational, time management skills.
- Ability to take initiative and work independently; ability to meet deadlines and work flexible hours.
- Effective verbal and communication skills; good time management skills; ability to work with little or no supervision.

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WALKING IN BALANCE

A socially and culturally healthy community where individuals have the opportunity to prosper and to achieve their full potential spiritually, emotionally, mentally, and physically through generous and unselfish support for one another, while pursuing balance and harmony within, with each other, and with Mother Earth.



Position: Cook (Daycare)

Wage: \$30,446 - \$34,606

Hours of Work: 25hrs/week

Circulation Level: Level I

Accountability: Daycare Manager

Employment Status: Part Time (2 year Contract)

Preferences: MFN Band Members

The Cook will perform the following duties:

- Plan interesting and nutritional menus for young children within the Canada Food Guide
- Plan monthly menus as well as plan menus for display. Approve all changes in menus
- Maintain an inventory of kitchen equipment, supplies and food on hand
- Purchase, store, prepare, and serve food to retain nutritional value
- Set up lunch carts and serve to each room
- Prepare morning snack, lunch and afternoon snack
- Ensure that proper procedures are followed for food storage and safe food handling practices
- Maintain all necessary records (e.g. special diets or food allergies)
- Clear carts and wash lunch dishes. Disinfect sinks, cupboards, shelves, floors, clean fridge and inspect for damage. On a monthly basis, check operation of and clean all electrical equipment including fridge, stove, fans, exhaust systems and toaster
- Defrost freezers before bulk order food arrives. Ensure that food supplies are ordered in bulk when necessary and available
- Collect and wash all items needing to be laundered
- Report any defects found immediately for repairs or service
- Keep kitchen clean and orderly at all times

The Cook will possess the following qualifications, skills, experiences, and attributes:

- Grade 12 (OSSD) or equivalent
- Experience in production or commercial cooking
- Experience with the Canada Food Guide guidelines requirements; Safe Food Handling
- Knowledge of Early Childhood nutrition/ Canada Food Guide requirements and portion size
- Knowledge of the Occupational Health and Safety Act as it applies to the worker
- Knowledge of the Workplace Hazardous Materials Information System
- Must be sensitive, responsive to the needs of children, and able to show kindness to children on a daily basis
- Excellent oral and written communication skills
- Excellent time management skills and organizational skills
- Ability to work independently and within a team environment
- Must be able to perform physical activities such as, but not limited to, lifting heavy items (up to 50 lbs. unassisted), bending, standing, climbing or walking
- Must provide Criminal Record Check and Vulnerable Sector Check from the Canadian Police Information Center
- Must have a valid Class "G" Ontario Driver's License and use of a vehicle.

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview.** Please note that all interviews will be **in person**. **Please do not submit resumes through Social Media.** If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation

P.O. Box 1299 Blind River, Ontario P0R1B0

Attention: Human Resources Clerk

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740

Deadline: September 4 2024



Position: Daycare Teacher (RECE qualified)

Wage: \$53,640 - \$60,960

Hours of Work: 34.5 /35 hours

Circulation Level: Level I

Accountability: Daycare Manager

Employment Status: Full-time (2 year)

Preferences: MFN Band Members

The Daycare Teacher will:

- To supervise the children in free play, in designated programming areas and to guide them in their physical, social, cultural, mental, and emotional development in accordance with the Program Statement of the Mississauga Day Care.
- To search out materials to eliminate a situation when dealing with a child in your care.
- Work with children in groups while retaining sensitivity to each child's individual needs and allowing them to find solutions and alternate ways to explore.
- Carry out programming for the children using How Does Learning Happen, Think, Feel, Act and ELECT documents as the guide.
- To be responsible for the preparation of play areas and daily playground check and provide open ended play materials for explorations; Maintain appropriate day to day liaison with parents as often and possible.
- To attend staff and general meetings and other meetings such as education meetings, if required.
- Keep Program Manager advised of any pertinent information regarding parents, children, or any other issues of concern.
- To be responsible for general duties such as tidying cupboards, checking washroom supplies, washing, and sterilizing equipment
- To be familiar with and follow the Mississauga Day Care Program Statement and the Childcare and Early Years Act 2014.
- To be able to plan to use the "How Does Learning Happen" and other Ministry of Education literature to enhance play and learning experiences.
- To assist the children with Native Culture such as singing, drumming, dancing, and smudging.
- Must be sensitive and responsive to the needs of children, parents, and staff from all cultural backgrounds.
- Must act in a professional manner when carrying out the described job duties.
- Must take all reasonable measures to uphold the regulations and standards as they are outlined in by the College of E.C.E. and Childcare and Early Years Act, Program Statement, Child Abuse Policy, Playground Policy, and the Personnel Policies and Procedures as well as sign off annual policies.
- Must have the skills, knowledge, and experiences to ensure that the objectives and goals of all programs are being implemented.

The Daycare Teacher will possess the following qualifications, skills, experiences, and attributes:

- Post-Secondary Early Childhood Educator Diploma (Registered and in good standing with College of E.C.E)
- Minimum of two (2) years work experience in a Daycare setting would be an asset.
- Must provide Criminal Records Check and Vulnerable Sector Check
- Must have current First Aid and CPR – Infant, Child, Adult Certification
- Must provide a copy of immunization.
- Must be able to lift a minimum of 30 lbs.
- Knowledge of Mississauga First Nation programs and services
- Must have the knowledge of the, "How Does Learning Happen," Think, Feel, Act and ELECT documents.
- Knowledge of Aboriginal culture and traditions
- Knowledge of Occupational Health and Safety Act as it applies to the worker.
- Knowledge of the Workplace Hazardous Materials Information System
- Excellent interpersonal, communication, and organizational skills.
- Ability to work independently and within a team environment.
- **Caring, dependable, reliable, and patient.**
- Must be in good physical and mental health.


TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job posting. If you are a member of MFN or of Indigenous descent, please include this information in your cover letter. We rely on the information you provide to us in your application during screening. **Successful candidates** who receive interviews **must** provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

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It is with a heavy heart that I share the following message to our community and its members:

I have resigned from my elected position as Councillor for Mississauga First Nation effective Friday, August 16, 2024.

It was my sincere pleasure, honour, and privilege to have worked with and for, our community over the past 30 years.

I have worked tirelessly with so many amazing community members, elders, staff, councils and individuals who have taught me so much.

I will always cherish our community and our regional organizations and the work we have achieved together.

Chi Miigwech to the Community for your years of support, friendship and kindness.

Respectfully.
Gloria Daybutch





MFN WILL BE RETURNING TO REGULAR OFFICE HOURS BEGINNING:

SEPTEMBER, 3RD
2024

MONDAY - THURSDAY
9:00 - 12:00 • 1:00 - 4:30

FRIDAY
9:00 - 12:00 • 1:00 - 4:00



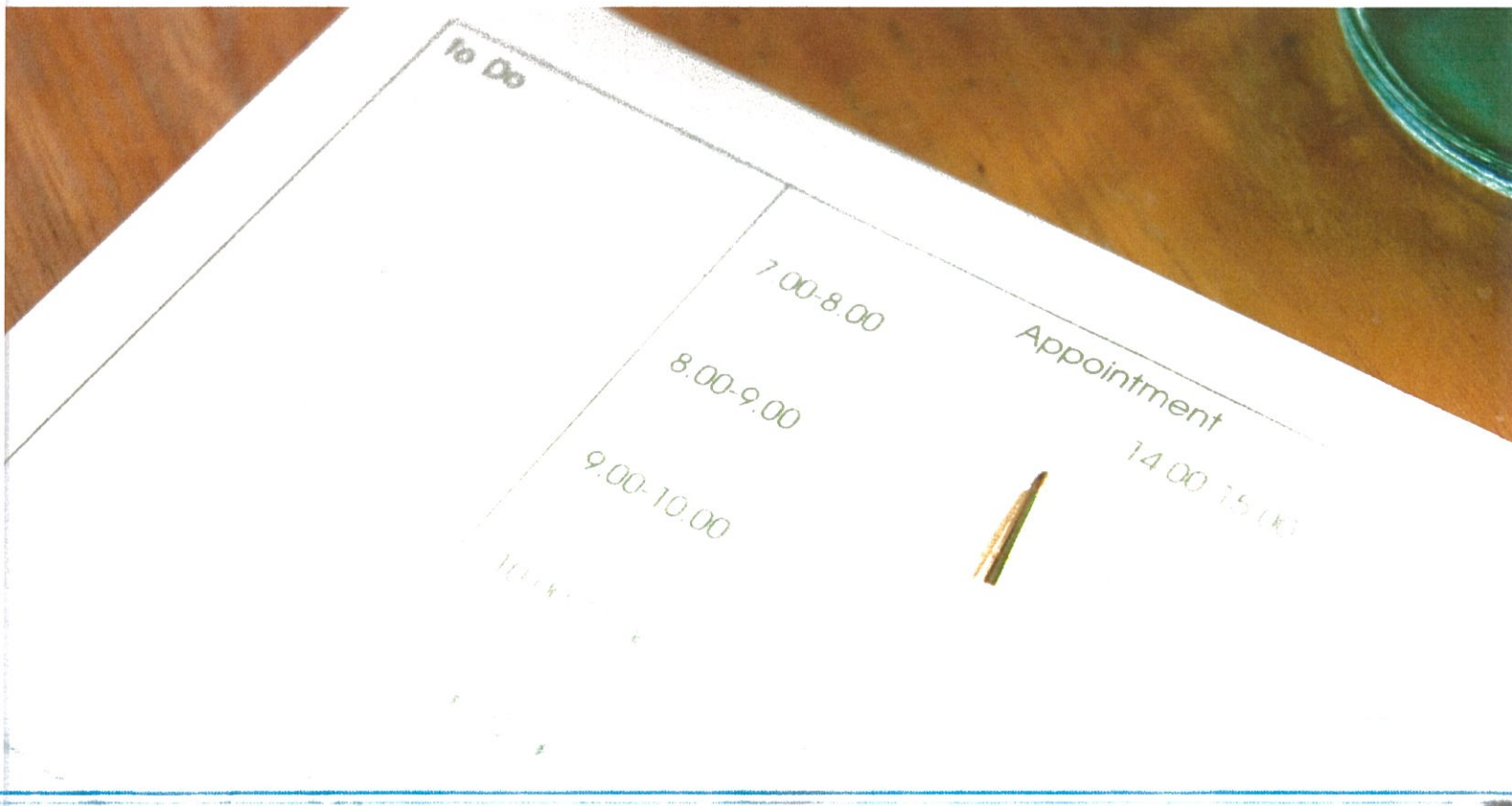


This Mississauga First Nation Administration
is requesting individuals to begin making
appointments to ensure the employee you
are coming to see is available.

This can be done by contacting the following
number:

705-356-1621

Thank you for your cooperation.



Northeast Power Line and Northshore Link

Indigenous Archaeological Monitoring Training Opportunity



Hydro One, in collaboration with Waasmoowin Energy Inc., are proud to offer **Indigenous Archaeological Monitor training opportunities** for interested Partner band members.

The training program will be offered by archaeologists Sarah Hazell, an Anishnawbe Kwe from Nipissing First Nation, and Jake Cousineau. The training is designed to offer foundational modules in archaeology enabling participants to apply for monitoring and technician positions for stage 2 archaeological assessments for both the Northeast Power Line and Northshore Link projects.

Training will involve 5 days in classroom on the basics of archaeological techniques, and one day for field training in the methodology of archaeological survey. Training will be offered at Mississauga First Nation, in Blind River from September 16-21.

What will you learn:

- Introduction to archaeology
- Identification of artifacts and bones
- Ontario archaeological legislation and Ministry of Citizenship and Multiculturalism's Standards and Guidelines for Consultant Archaeologists
- Indigenous occupation of Ontario and more

Qualifications:

No experience is required, however interest in cultural heritage, the outdoors and archaeology are essential.

Other requirements include:

- Maintain good communication and professional courtesy with clients, staff, management, contractor, regulators, communities and landowners
- Willingness and ability to perform physically demanding tasks (e.g. hand shoveling, trowelling, carrying buckets of dirt, screening soil)
- Filling out required paperwork such as site forms and recording artifact recoveries
- Must have tolerance for working in outdoor environments, prolonged walking, standing on various terrain and working in a wide range of weather conditions
- Excellent work ethic and team-player attitude as well as the ability to work independently.

Northshore Link: <https://www.hydroone.com/NSL>

Northeast Power Line: <https://www.hydroone.com/NortheastPowerLine>

INTERESTED IN PARTICIPATING?

Scan the QR code to complete a survey by **August 26th**.





Notice to Community

THERE WILL BE NO MEMBERSHIP
SERVICES FOR THE FOLLOWING
DATES:

August 26 to 30, 2024

Attending meetings for Lands
Advisory Board

There will be no Membership services
during this time. Please remember that
Membership runs by appointment only. I
can be contacted at

Phone: 705 356 1621 ext. 2239

or

stacyb@mississaugi.com

MIIGWETCH



CATERER NEEDED

September 16 - 21
6 Days

35 people

No nuts

No coconuts

Request:
Morning snacks
Coffee
Lunch

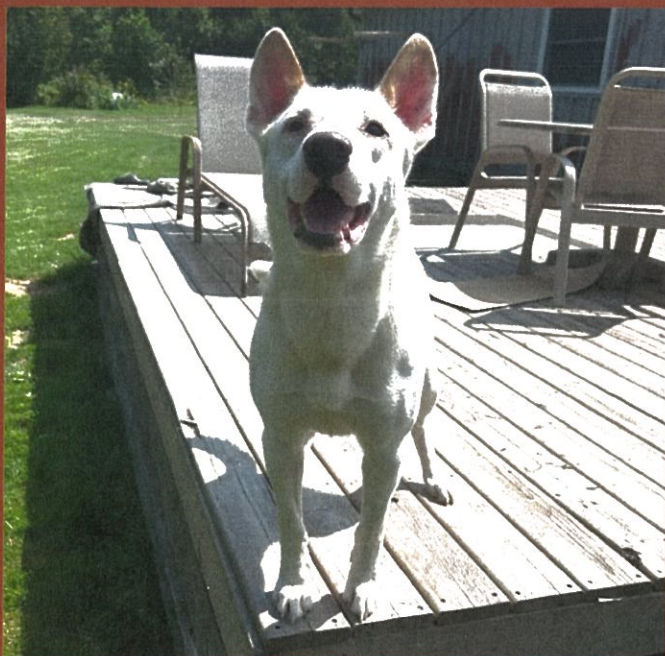


Location: Community Hall

Please submit to Stacey Bissiallon or
drop off at reception by September 3
@ 4:00 PM

stacyb@mississauga.com

Available for Adoption



Hi! My name is Bolt and I am two years old!
I am a white bull terrier husky mix, intact
male.

I potentially have Discoid Lupus and will
need medical and medicine treatment daily.
Also I need protection from UV Rays.

If interested, please contact my good friend
Scott Richer, Mississauga First Nation Bylaw
Officer at

705-261-0259

scottricher@mississauga.com

Vet Reference is **REQUIRED**

Available for Adoption



Hi! My name is Bex and I'm between 6-7 years of age!
I am a Collie Mix, intact male.

I may be a senior, but it would be best if I found a home with no children.

If interested, please contact my good friend Scott Richer,
Mississauga First Nation Bylaw Officer at
705-261-0259
scottricher@mississaugi.com

Vet Reference is REQUIRED

Available for Adoption



Hi, my name is Borrow and I am 8 years old!

I am a pure bred Golden Retriever, intact male.



My owner had recently passed and my good friend Scott is helping me out.

I do need vet care as my oral health isn't the greatest which may require dental surgery, also, I need to be neutered. Could you be that someone special to help me?

If interested, please contact my good friend Scott Richer,
Mississauga First Nation Bylaw Officer at
705-261-0259
scottricher@mississaugi.com

Vet Reference is REQUIRED

Third and final Call out!



CONTACT: JON CADA, COMMUNITY EDO
JONCADA@MISSISSAUGI.COM



SAVE THE DATE

BACK TO SCHOOL

Wednesday, August 28

SCHOOL
SUPPLIES

3:00 – 6:00 PM

BACKPACKS

SUPPER WILL BE SERVED

MORE DETAILS TO FOLLOW



Smart Finance, Bright Futures

FINANCIAL BASICS

ENJIIKEDAASANG HAS PLENTY OF GREAT RESOURCES ON FINANCIAL LITERACY WITH INDEPENDENT STUDY, ONE-ONE TRAINING, ON-LINE COURSES AND INTERACTIVE WORKSHOPS!

Learn the techniques of budgeting, saving and investing, and securing your financial future. Our friendly staff will guide you through the essentials in a fun and beginner-friendly environment.

WHAT TO EXPECT FROM THE RESOURCES:

- Understand the fundamentals of creating a budget tailored to your lifestyle.
- Discover entry-level investment strategies and how to make your money work for you.
- Learn how to create an emergency fund and secure your financial future.

CALL US TODAY!

705-356-1621 Ext 2247

WE ARE OPEN

9 AM - 3 PM

148 Village Rd

**TAKE
CONTROL OF
YOUR
FINANCIAL
FUTURE!**



YOU'RE INVITED

Elder's

TEA
WITH
EDUCATION
STAFF

*Indulge in the
Charm of
Tradition and
Elegance!*

Featuring:

**ANISHINABEMOWIN
BINGO**

**TUESDAY,
AUGUST 27, 2024**

**AT RED PINE LODGE
11:00AM - 2:00PM**

Lunch is provided



Call Red Pine Lodge to Register
705-356-5578





DRUMMING AT

POW WOW GROUNDS



JUNE - ~~28~~
JULY - ~~12~~, ~~26~~
AUGUST - ~~2~~, ~~9~~, ~~16~~,
23, 30

Join us for hand drumming



pow wow
grounds

*Bring you drums
and shakers!*

10:00 AM-
12:00 PM

danaboyer@mississauga.com

MFN'S 4TH ANNUAL YOUTH CULTURE LEADERSHIP CAMP & CANOE TRIP

CHIBLOW LAKE

ADVENTURE | GAMES | CANOEING

AUGUST 23, 24 & 25

YOUTH 13-18



JOIN US FOR A WEEKEND OF CULTURAL
ACTIVITIES, GAMES & OUTDOOR ADVENTURES

“CULTIVATING CULTURAL CONNECTIONS OUTDOORS”

REGISTER NOW

FOR MORE INFORMATION / REGISTRATION CONTACT DILLON OMINIKA
YOUTHCOORDINATOR@MISSISSAUGI.COM 705-918-7261

YOUTH FORUM

2024

August 26,27,28



Sudbury Hilton Garden inn

MFN YOUTH AGE 15-18

WHAT TO EXPECT:
UPDATE RESUME/COVER LETTER
SKILLS FOR SUCCESS

POST SECONDARY WORKSHOP

SELF-IMAGING

POSTPONED FROM ORIGINAL
DATE TO AUGUST. WILL HONOUR
ALL CURRENT REGISTREES.

FOR REGISTRATION, PLEASE CALL OR
EMAIL-705-918-7261

MUST HAVE THEIR SIN NUMBER

15 SPOTS AVAILABLE

YOUTHCOORDINATOR@MISSISSAUGI.COM

PERMISSION FORM MUST BE SIGNED




Provided by:
ISETP's program
Image North Consulting
Mississauga youth
Coordinator





AFTER SCHOOL PROGRAM

Registration
Ages 6-12



Come see us at our
booth at the Back to
School Clinic on August
28th!



If you don't get a chance to catch
us at our booth you can contact
Madison Cada to register
aspcordinator@mississauga.com
(705) 356-1621 ext. 2308





HOSTING

WEN DO

WOMEN'S SELF DEFENCE

door prizes!!!

WHEN SEPT. 14TH
& 15TH

ABOUT WEN-DO

50 plus years

more then 5000 courses

Over 100,000 women and girls

PRE REGISTER
20\$ per person
reimbursed on Sept 15



Heather Howe

A social worker and psychotherapist
who has a personal and professional
dedication to working with survivors of
gender-based violence.

Contact Jennifer or Jade

Child and Youth Worker Ages 7-12
cyworker@mississaugi.com

Jade

cssworker@mississaugi.com
Community Support Service Worker
Stephanie and Jenna
Mental Health Services



BACK TO SCHOOL

SHOPPING TRIP - SUDBURY

**AUGUST 29, 2024
8:30AM TO 4:30PM**

LIMITED SPOTS AVAILABLE

TO REGISTER CONTACT

**JADE FOX - COMMUNITY SUPPORT SERVICE WORKER
705 356 1621 EXT 2357**





COMMUNITY SUPPORT SERVICE PROGRAM

DUMP & GO

BACK TO SCHOOL MEAL PREP NIGHT



TWO SESSIONS:

DAYTIME SESSION
AUGUST 27, 2024
11:00AM-1:00PM

EVENING SESSION
SEPT 4, 2024
5:00PM-7:00PM

**MAKE THE TRANSITION TO
BACK TO SCHOOL
SMOOTHER WITH 4 EASY
CROCK-POT MEALS**

**PARTICIPANTS MUST REGISTER
LIMITED TO 4 PARTICIPANTS/SESSION**

CONTACT JADE FOX - COMMUNITY SUPPORT SERVICE WORKER
CSSWORKER@MISSISSAUGA.CA | 705 356 1621 EXT 2357



PRIZES!

Nutrition Bingo

**September 10, 2024 | 6-7pm |
Community Hall**

**Open to all Mississaugi First Nation
community members**

**Prizes will include a healthy meal/snack
recipe with ingredients**

**To register, please contact
Jade Fox - Community Support Service
P. 705-356-1621 ext. 2357
E. cssworker@mississaugi.com**

INTERNATIONAL OVERDOSE AWARENESS DAY

CANDLELIGHT VIGIL OF REMEMBERANCE

August 29th, 2024

**Join us as we light a candle to give hope to those
struggling, honor loved ones lost to overdose and
celebrate those living a life of recovery**

LOCATION CHANGED: COMMUNITY HALL

Time: 1:00-3:00

Candle lighting ceremony starts: 1:30

Candles will be provided

Refreshments and snacks to follow

**please contact the family mental health conunsellor
for any other information at
705-356-1621 EXT 2310**



International Overdose



Awareness Day

Date: August 29TH, 2024

Time: 1:00-3:00

Location: MFN Community Hall

1:00 Opening with prayer and song

- Open with a prayer - Chief
- community member to sing song
- Councilors words

1:30 Candle Lighting

2:00 speaker
speaker

3:00 Closing with song and prayer

Refreshments to follow

Onsite support Addictions and Mental
Health

Sacred Fire

Tee-shirts given to first 60 participants

ELDERS

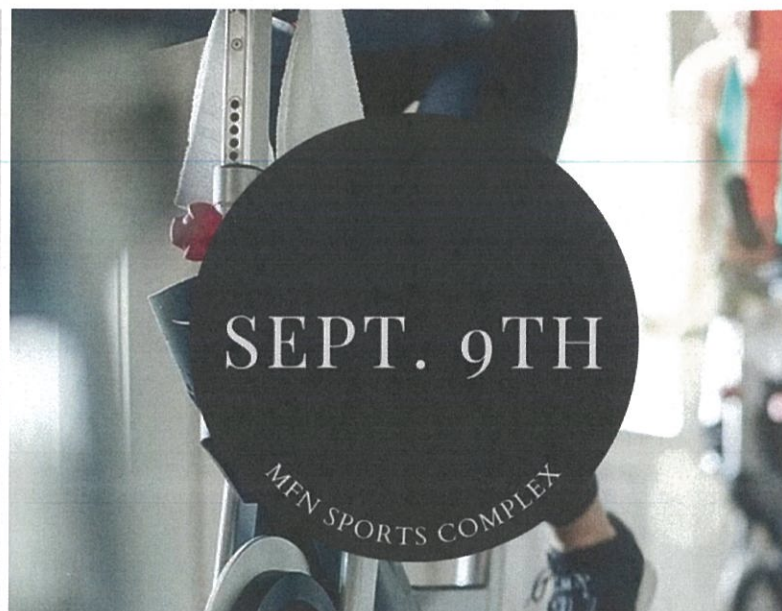
CHAIR FIT

is an excellent way to build strength and improve flexibility without putting too much strain on your body. Chair exercises also improve mobility by increasing blood flow and lubricating your joints.

Mondays of the Month @Noon
Sports Complex.

Registration is needed!

T:356.1621 ext.2216
Community Health Activator



Spin class & roller release!

Monday's @ 6pm

Registration is needed.

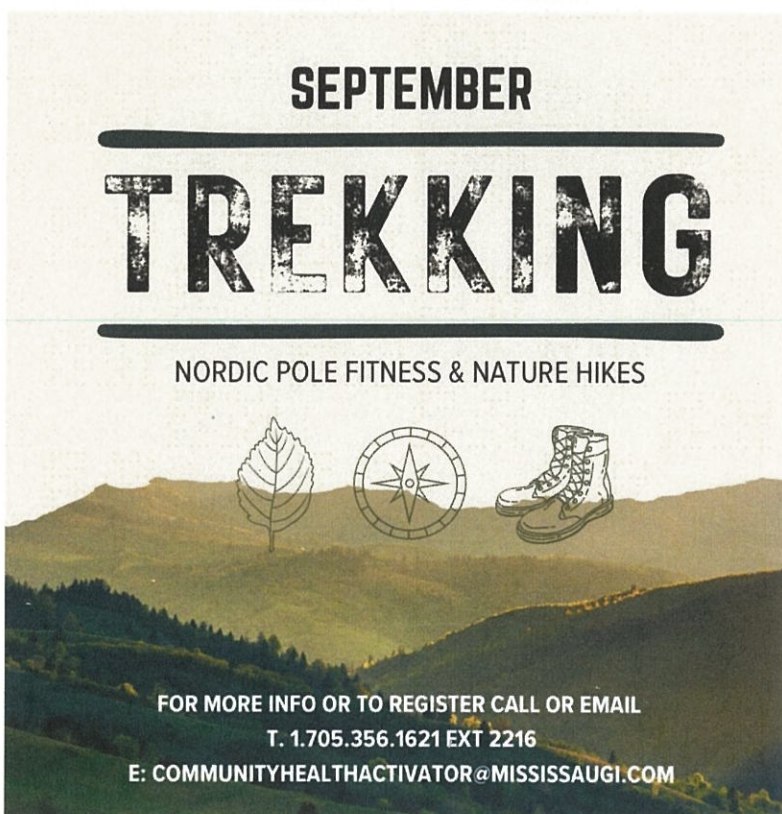
Communityhealthactivator@mississauga.com
or call 1.705.356.1621 ext 2216



YOGA CLASS

**Tuesdays
&
Thursdays**

10 am



SEPTEMBER

TREKKING

NORDIC POLE FITNESS & NATURE HIKES



**FOR MORE INFO OR TO REGISTER CALL OR EMAIL
T. 1.705.356.1621 EXT 2216**

E: COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM

EN SPORTS COMPLEX



Strength training for runners!

- Decrease risk of injuries
- correct muscle imbalance
- Improve muscle activation
- Enhance running biomechanics

**September Fitness
Challenge!**

E: communityhealthactivator@mississauga.com

T: 356.1621 ext.2216

*Soulful
Sunday*

YOGA WITH GUIDED MEDITATION
&
SELF-CARE

SEPTEMBER 15TH @ 1PM

REGISTRATION IS NEEDED!
COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM
1.705.356.1621 EXT 2216

**TINY
TOTS**

GMV PLAY & LEARN



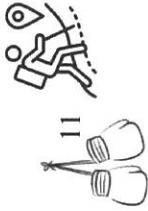




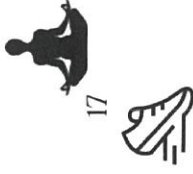
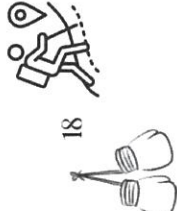





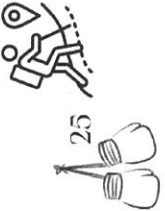




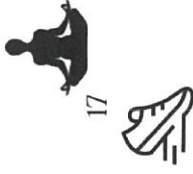
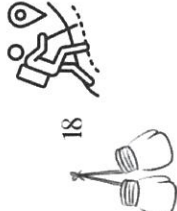




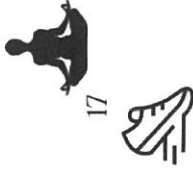
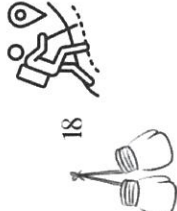




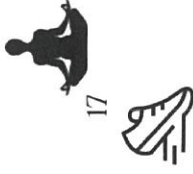
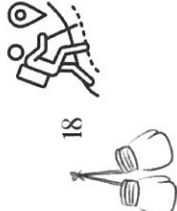




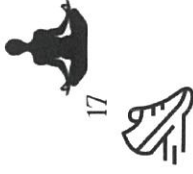
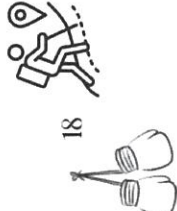




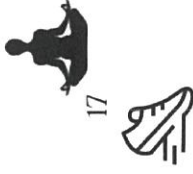
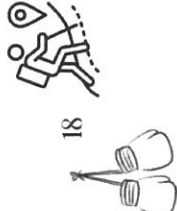




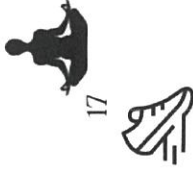
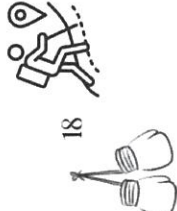




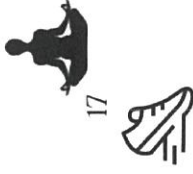
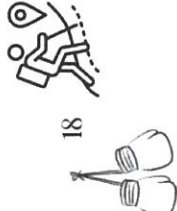




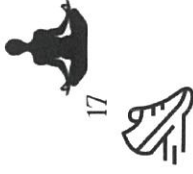
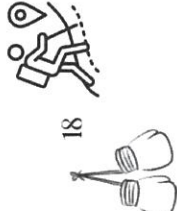




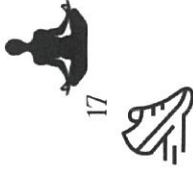
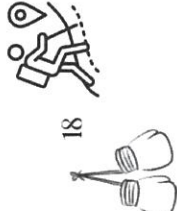




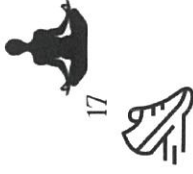
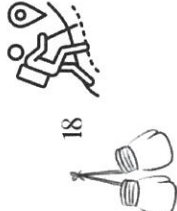




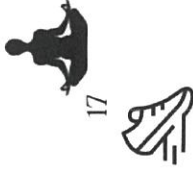
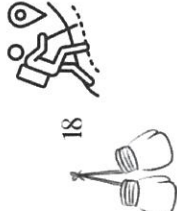




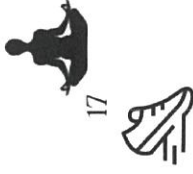
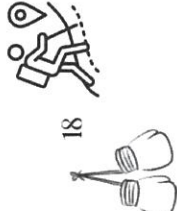




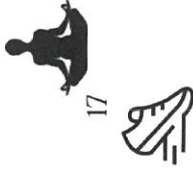
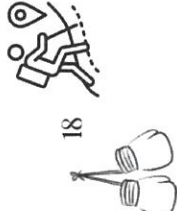




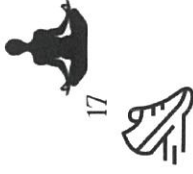
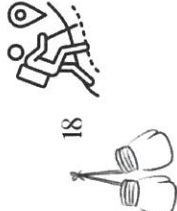




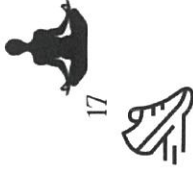
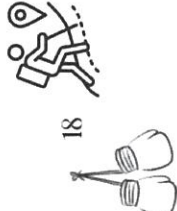




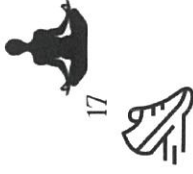
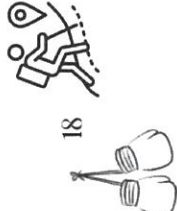




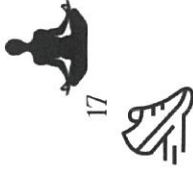
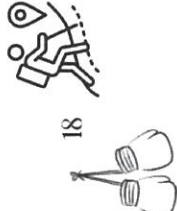




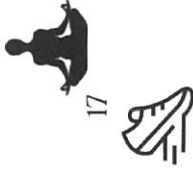
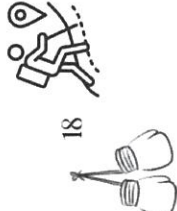




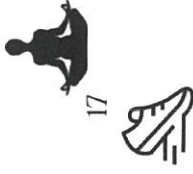
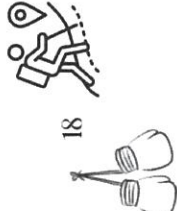




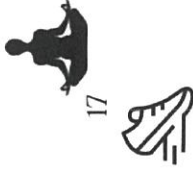
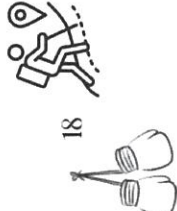




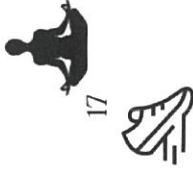
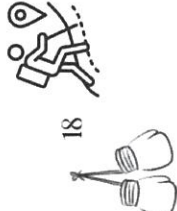




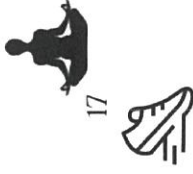
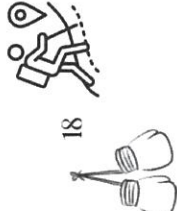




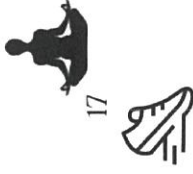
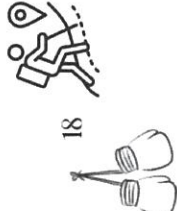




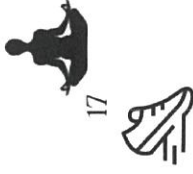
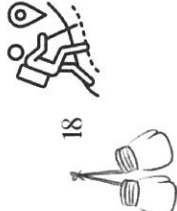




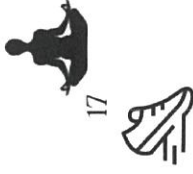
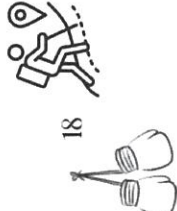




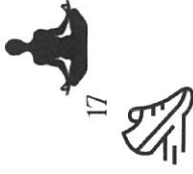
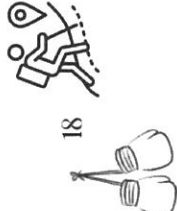




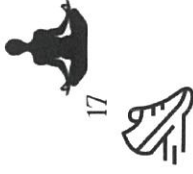
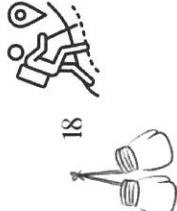




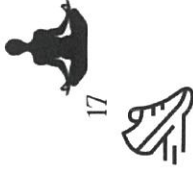
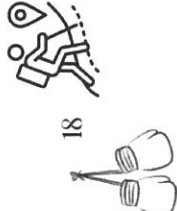




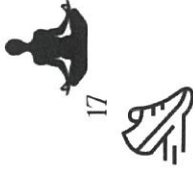
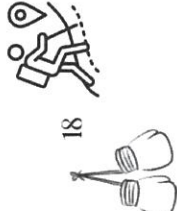




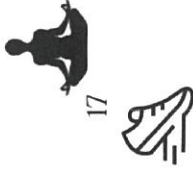
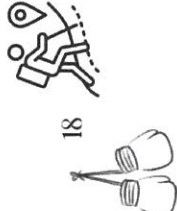




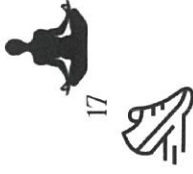
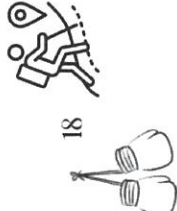




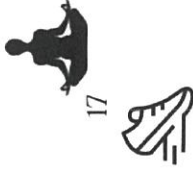
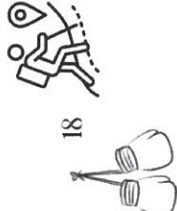




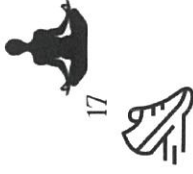
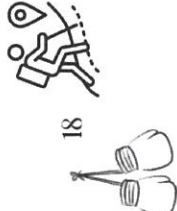




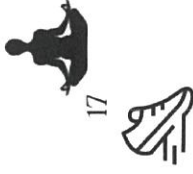
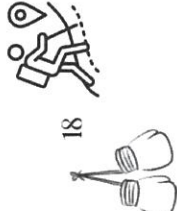




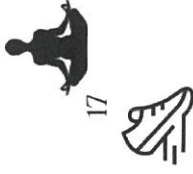
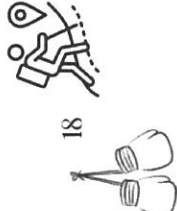




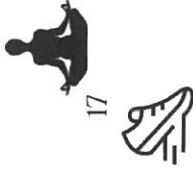
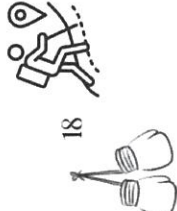




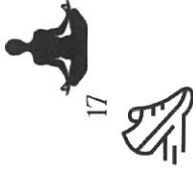
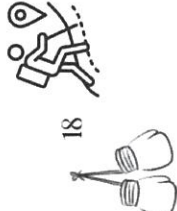




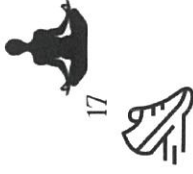
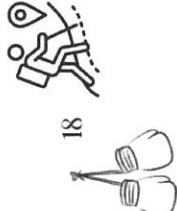




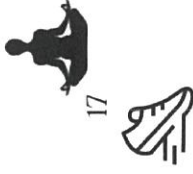
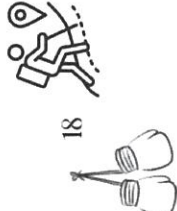




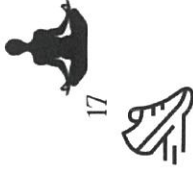
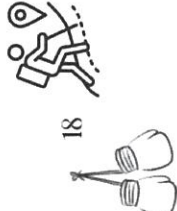




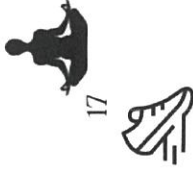
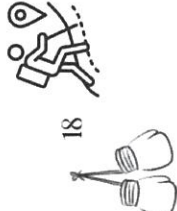




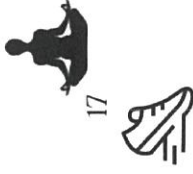
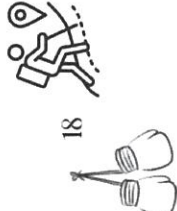




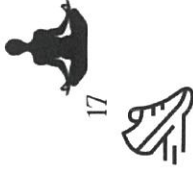
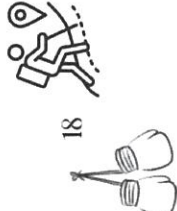




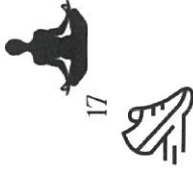
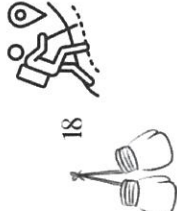




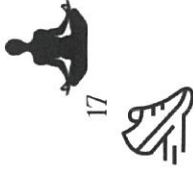
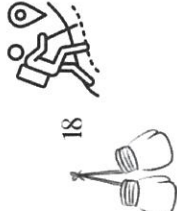




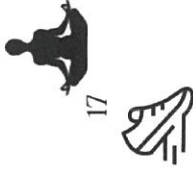
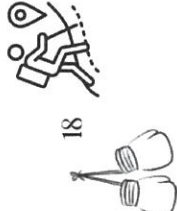




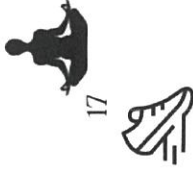
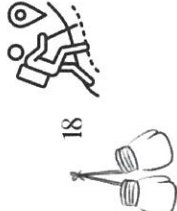




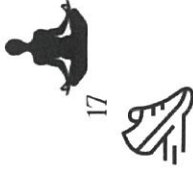
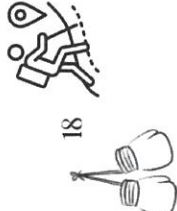




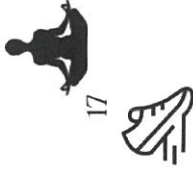
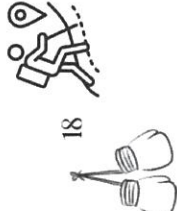




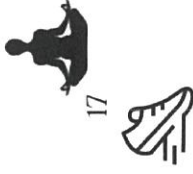
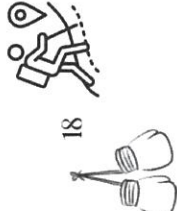




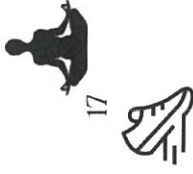
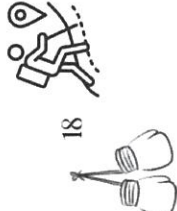
SUNDAY
SEPTEMBER 22ND
12:00-2:00 PM



SEPTEMBER 2024

MON TUE WED THUR FRI SAT SUN

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Overdose Awareness



Lunch n Learn
Aug. 27/24 @ 12 pm
Activity Room



Overview of:
Good Samaritan Act
Harm reduction
Naloxone



To register or for more information
contact 705-356-1621 ext. 2253
or by email at
healtheducator@mississauga.com

31 AUGUST

—
INTERNATIONAL OVERDOSE
AWARENESS DAY

OVERDOSE
DEATH IS
PREVENTABLE.
KNOW WHAT
TO DO.

31 AUGUST

—
INTERNATIONAL OVERDOSE
AWARENESS DAY

DRUGS +
ALCOHOL =
OVERDOSE RISK.

TIME TO
REMEMBER.
TIME TO ACT.  International Overdose
Awareness Day

A Penington Institute Initiative

31 AUGUST

—
INTERNATIONAL OVERDOSE
AWARENESS DAY

PRESCRIPTION
DOES NOT
EQUAL SAFE.

TIME TO
REMEMBER.
TIME TO ACT.



International Overdose
Awareness Day

A Penington Institute Initiative

SUSPECT AN
OVERDOSE? CALL
EMERGENCY HELP.

TIME TO
REMEMBER.
TIME TO ACT.



International Overdose
Awareness Day

A Penington Institute Initiative



MISSISSAUGA FIRST NATION OFFERS HARM REDUCTION SERVICES

- MFN has two Needle drop boxes in 2 locations within the community 1) Near the community center and 2) near the tennis courts down the hill.
- Harm reduction supplies (clean needles/pipes) can be picked up at the clinic.
- Naloxone kits and training can be done at the clinic.
- Needle exchange program at the clinic, bring in your full Sharps container and we will give you a new one.
- Referrals to Mental health support.
- Referrals and assistance to find treatment locations/centers to meet your needs.



**FOR MORE INFORMATION
PLEASE CALL
705-356-1621 X 2231**



WELLNESS THURSDAYS

August At the Cultural Building.

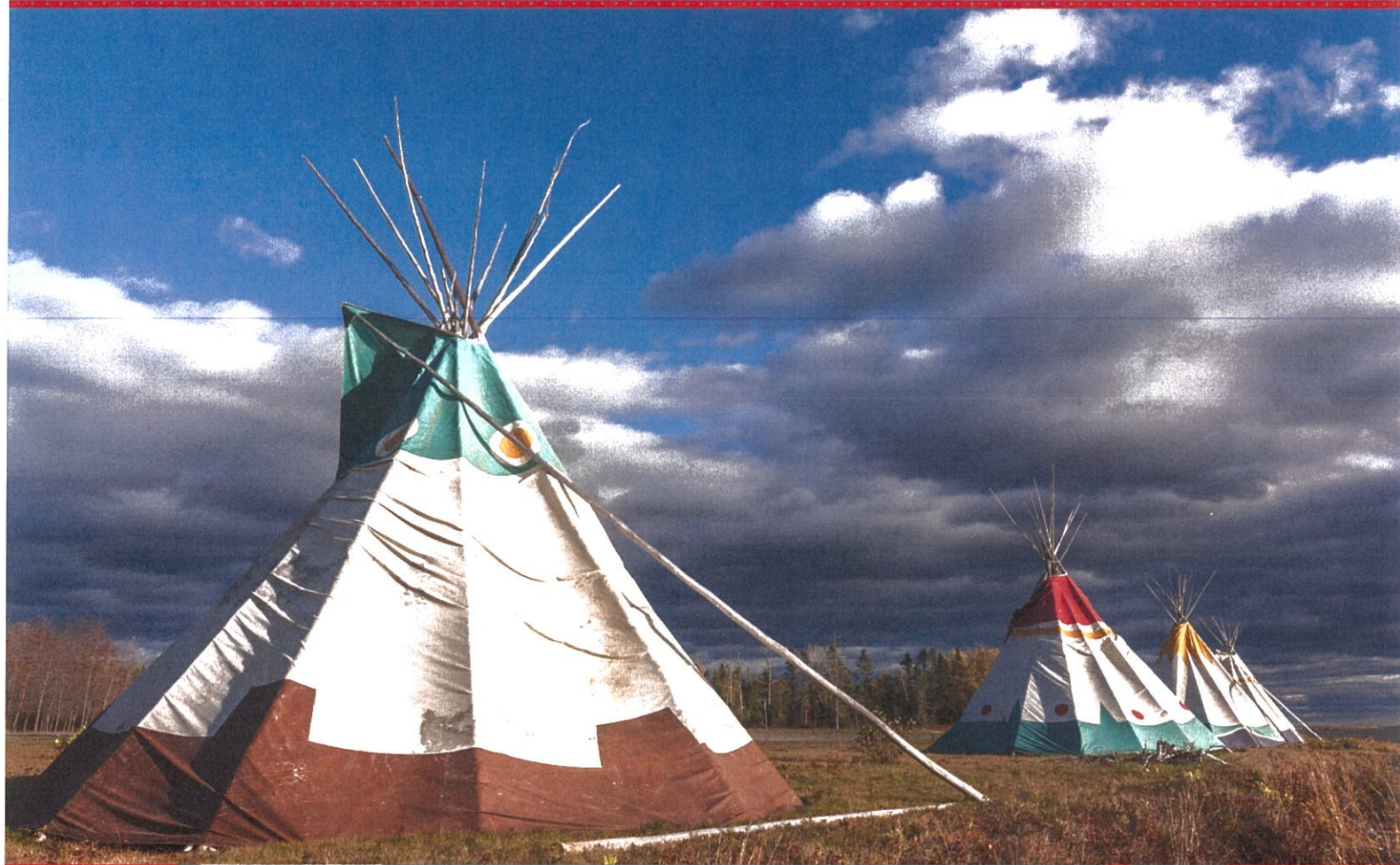
12:00 p.m.— 1:00 p.m.



EVERYONE IS WELCOME

**(Soup & Sandwiches will be provided in the Teaching
Lodge)**

**On behalf of the Drug & Alcohol
Addictions Program.**



SACRED FIRE FRIDAY

(9:30 a.m. – 12:30)

- **Friday, August 23, 2024**
- **Friday, August 30, 2024**

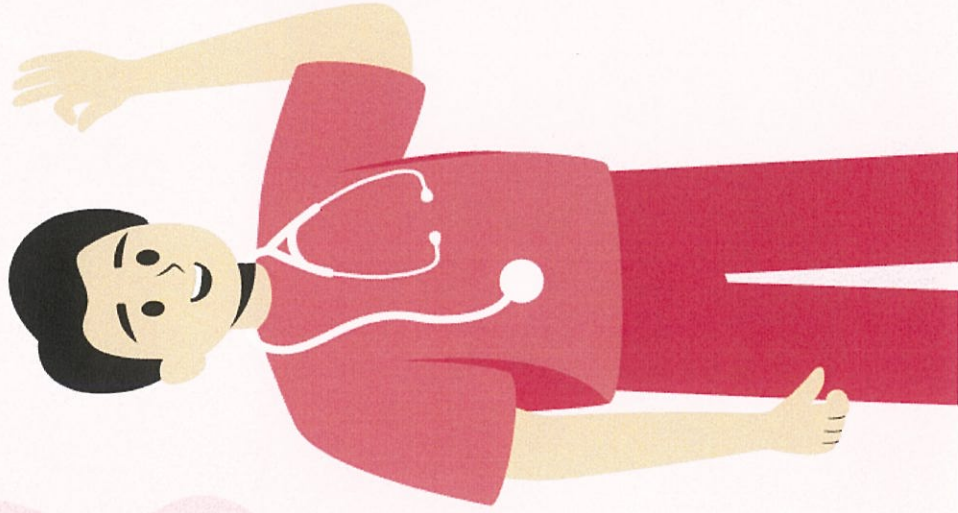
**@ TEEPEE behind band office
ALL STAFF WELCOME**

For more information, please call (705)356-1621, Ext. 2262

**MEEGWETCH on BEHALF
Of
COMMUNITY WELLNESS PROGRAM**



PUBLIC HEALTH UPDATE



There have been cases of blastomycosis and West Nile reported in the Algoma region.

Blastomycosis symptoms:

- fever
- cough
- muscle aches
- tired

Prevention:

Blastomycosis is a fungus found in the soil and rotten wood near lakes and rivers, try to avoid these areas if you are immunocompromised, avoid over turning and playing in soil near these areas.

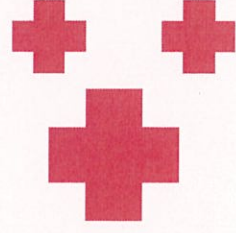
West Nile symptoms:

- fever
- headache
- rash
- body aches
- swollen lymph glands

Prevention:

West Nile is a disease carried by mosquitos therefore the best way to prevent West Nile is to avoid mosquito bites by wearing repellent, long and loose pants and shirts, avoid areas near standing water where mosquitos live.

If you are feeling unwell or have questions please contact us at 705-356-1621 x 2231.



Food Bank Application Form

Details

Name: _____ Date: _____

Address: _____

Phone Number: _____

Number of family members: _____

How many Children: _____

Additional Notes

Food Bank Application Forms must be completed and submitted before Thursday. No late submissions will be accepted, no delivery services available unless Nutrition Support Workers program criteria is met.

We are accepting donations of boxes and containers with lids, please call Danielle Cada if you have any at: 705-261-0673

Bi-Weekly Dates of Services

August 1, 2024 – Open 9am to 12noon

August 15, 2024 – Open 9am to 12noon

August 29, 2024 – Open 9am to 12noon

September 12, 2024 – Open 9am to 12noon

September 26, 2024 – Open 9am to 12noon

October 10, 2024 – Open 9am to 12noon

October 24, 2024 – Open 9am to 12noon