

Mississauga First Nations

LOCAL AREA - JOB OPPORTUNITIES

Position	Employer/Location	Closing date
Various Positions Available	Garden River FN	until filled
Various Positions Available	Serpant River FN	until filled
Various Positions Available	Sagamok FN	until filled
Office Worker	Midway Lumber/Thessalon	4/23/24
Projects and Communications	Giyak-Mishkawzid-Shkagmikwe	until filled
Concrete Batch Plant Operator	Rainbow Concrete	4/26/24
Truck Driver	Rainbow Concrete	4/26/24
Education Assistant	ADSB/Northshore communities	4/30/24
General Labourer	Midway Lumber/Thessalon	4/30/24
AZ Truck Driver	L.A. Trucking	4/23/24
Labourer	Jacs Masonry	4/30/24
Bricklayer	Jacs Masonry	4/30/24
Dz Driver	Leroy Construction/Blind River	4/30/24
Various positions	Melwel Lodge	4/30/24
Various Positions	Algoma Chrysler/Spragge	4/30/24
Various position	MelWel Lodge/Thessalon	5/30/24
Summer Student	Canadian Food Inspection/Gov.of Canada/St. Catharines – May to Sept	
Various positions	NOG/various communities	until filled
Various positions	Northshore Health Network	until filled

Other Websites for job postings: Indeed; LinkedIn; Google jobs; Job-Bank.gc.ca; employment solutions

Also: Gas Attendants/Cashiers / Casual Parttime - Broken Canoe /ask for Jacquie

- If you are on OW or EI or not working or need training ISETP's can offer you the following: Apprenticeships; Employment Supports/Startup; wage subsidies; Mobility/relocation assistance; Skills enhancement/Direct Course Purchase; Youth Work Experience; Student Employment; Career and Educational development: Self Employment Assistance *

Summer Students – If you like working with Kids and want to share your skills then check with Muskokawoods.com.

If you need help or assistance, you can call Rob our employment Counsellor at 705-356-1621 ext.2237 but please do not wait for the last minute. Call and make an appointment.

When applying for any position/job the process involved is: Where do you apply; in person; mail; fax; email or phone. Before applying, please read and follow all the instructions that is required from the employer, or you may be screened out and not get that interview.





Position: Infrastructure Director

Salary: \$78,424 - \$89,123

Hours of Work: 32 hours per week

Circulation Level: Level I

Accountability: Director of Operations

Employment Status: Full time (2 year)

Preferences: MFN Band Members

The **Infrastructure Director** will:

Plan, direct, administer, organize and evaluate all operating divisions of the Public Works Department to ensure quality delivery of public services in a safe, reliable and efficient manner; Provide technical direction and assistance in construction and maintenance of roads, bridges, culverts, drainage, garbage collection, streetlights, water works, housing projects, fire department and building maintenance and equipment; Ensure maintenance of roads and water systems on Mississauga First Nation and conduct other maintenance duties as required; Manage the capital assets of the First Nation.

Program Management

- Order materials and supplies for operations
- Prepare tenders and contracts for various public works and housing projects
- Provide on-site supervision of significant projects to ensure safety and adherence to applicable standards
- Plan, schedule and direct work activities of public works crews and maintenance employees
- Develop and maintain maintenance management schedule
- Follow and implement health & safety guidelines and ensure crews work safely
- Conduct inspections and prepare reports as required
- Develop and maintain an inventory of assets
- Review construction sites and development plans for compliance with applicable standards
- Recommend requirements for infrastructure needs and continuously evaluate and analyze service delivery
- Implement feasible, practical, and effective cost-saving service improvement programs
- Manage the overall development and implementation of Mississauga First Nation's capital plan
- Administer projects with work plans, flowcharts, and budgets
- Coordinate projects with contractors and staff

Human Resources

- Supervise, coach and direct department staff
- Coordinate staff team meetings and development of staff work plans
- Monitor employee performance and attendance and conduct performance reviews
- Coordinate staff development and address staff training needs including Health & Safety requirements
- Participate on Hiring Committees when applicable and ensure orientation of new staff
- Follow Personnel Policies in administration of staff issues

Financial Management

- Develop annual public works and housing budgets with input from department staff
- Monitor budgets and develop system to track expenses
- Follow finance policy in administration of department finances
- In collaboration with the Director of Operations, negotiate with government agencies for funding

Policy Development and Proposal Writing

- Develop departmental policies and procedures for approval and implementation
- Monitor policies and procedures to ensure compliance and revise them when required
- Prepare and submit proposals for funding and/or enhanced services

Interagency Participation

- Actively participate in local, regional or committees/groups in support of infrastructure services to MFN
- Actively participate on the Program Management Team, Finance Committee, and other internal committees
- Maintain liaison with the community to promote policies & procedures and to secure feedback on programs & services
- Responds to inquiries and investigates complaints from the public

Administration/Reporting

- Prepare reports, briefing notes and correspondence as required
- Prepare an annual work plan and monthly report to supervisor

WALKING IN BALANCE

A socially and culturally healthy community where individuals have the opportunity to prosper and to achieve their full potential spiritually, emotionally, mentally, and physically through generous and unselfish support for one another, while pursuing balance and harmony within, with each other, and with Mother Earth.

- Establish work priorities, delegate work when applicable and ensure deadlines are met and procedures are followed

Water Plant System Maintenance & Operation

- Ensure operation of water plant on a rotating basis with other certified operators
- Ensure the collection, logging and reporting of water samples following standard operating procedures for the plant
- Ensure water system is safely treated through application of chlorination, de-chlorination and other chemicals to water system as required
- Ensure equipment is maintained and ensure scheduled maintenance checks are conducted of the water operations
- Ensure water plant is operating within required guidelines and standards
- Ensure cleanliness and safety of facilities and operations
- Respond to alarms and emergencies in the plant and troubleshoot system
- Document and log all aspects of plant operations as required
- Install and maintain water mains and fire hydrants when required
- Repair water lines and hydrants
- Conduct flushing of water lines when required

Other Duties

- Follow safe practices and uses appropriate Personal Protective Equipment
- Other duties as required and assigned

The **Infrastructure Director** will possess the following qualifications and knowledge:

Minimum Education

- Diploma or Degree in Civil Engineering or related engineering field
- Diploma or Degree in Public Administration would be an asset
- Class II Water Plant Operator Certification would be an asset

Minimum Experience

- Three (3) years experience managing programs, finances, and human resources
- Management experience in project development, public works, maintenance, construction, water plant operations and housing

Knowledge Requirements

- Knowledge of government departments/agencies dealing with First Nation infrastructure services and the applicable regulations and legislation
- Knowledge of Occupational Health & Safety legislation, standards, and best practices
- Knowledge of professional business and organizational practices and general maintenance techniques
- Knowledge of Mississauga First Nation programs and services
- Extensive knowledge of First Nation water systems, housing, roads, equipment, and infrastructure

Other Requirements

- Must have a Class 'G' Ontario Driver's License and be able to travel
- Must have WHMIS, First Aid and CPR Certification
- Ability to work flexible hours and be available to be on call

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview.** Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation
P.O. Box 1299 Blind River, Ontario P0R1B0
Attention: Human Resources Department
Marked: **CONFIDENTIAL**
EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740
Deadline: April 26, 2024

Thank you to all applicants; however, only those selected for an interview will be contacted.

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Position: Band Representative

Salary: \$60,719 – \$69,006

Hours of Work: 32 hrs

Circulation Level: Level I

Accountability: Social Services Manager

Employment Status: 2 years

Preferences: MFN Band Members

The Band Representative will:

- Work flexible hours, prepare and complete daily activity programming reporting in database.
- Ensure program requirements/records for all paperwork completed completely and accurately.
- Confirm membership eligible to be registered for membership with the Mississauga First Nation; and assist the child in registration for membership, if necessary.
- Receive and review all notifications from child welfare agencies involving a child member of the Band.
- Inform MFN on the role/responsibilities/duties of Band Rep and Child Protection Agency involvement
- Assist families and the Nogdawindamin Family and Children Services in the intervention (apprehension) process.
- Ensure release of information are attained by authorized persons.
- Evaluate, research and prepare cases, determine next steps if a decision is made to become a party in the proceedings, through collaboration with the Nogdawindamin (NOG)
- Attend appropriate case conferences/meetings to ensure the interests of the MFN (Plan of Care); and negotiate with parties or develop an Alternate Plan considering the needs of the child(ren) and the resources available
- Attend all court dates or commission a lawyer/other worker as a representative to attend all court dates
- Consult with the Band Lawyer on complex court cases and/or complete, prepare/serve and file necessary court documents
- Notify supervisor of adoption notices and respond to all adoption notices immediately
- Initiate own training to broaden the scope of legal procedural knowledge
- Maintain accurate records and submit quarterly/annual reports/statistics and activity reports
- Attend appropriate staff or team meetings
- Prepare and submit annual work plans
- Provide orientation of job for replacement staff
- Promote a team approach through cooperation and effective communication with colleagues, clients and other organizations

The Band Representative will possess the following qualifications, skills, experiences, and attributes:

- Post Secondary diploma in Human Services and minimum of two years of experience working with families and groups.
- Knowledge of the Child Welfare Laws and demonstrated proven commitment to supporting and helping Native families
- Communicate effectively/ make sound decisions/give clear direction (written and oral communication skills)
- Applicant must be willing to serve as a positive role model and balance outside interests and influences so as not to jeopardize professional credibility, judgment or competency shall be included in the contract agreement and used in the probationary period and the annual performance appraisal.
- Driver's license, insurance and access to a vehicle required
- Provide and maintain clear Vulnerable Sector Check (CPIK)

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview. Do not apply through social media.** Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

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P.O. Box 1299 Blind River, Ontario P0R1B0
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Deadline: April 26, 2024

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Position: Receptionist/Admin Assistant

Salary: \$44,628 – \$50,702

Hours of Work: 32 hrs/week

Circulation Level: Level I

Accountability: Child & Family Services Manager

Employment Status: 2 years contract

Preferences: MFN Band Members

The Receptionist/Administrative Assistant will perform the following duties:

- Develop and implement a confidential filing system and maintain all files.
- Prepare and modify documents including correspondence, expense claims, reports, drafts, memos, briefing notes, power points, timesheets, and emails.
- Create, input data, and maintain excel spreadsheets and/or a data base system as required.
- Assist in the preparation of reports for stakeholders i.e. Chief and Council, Community, Funding Sources.
- Organize Team meetings and Committee meetings by drafting and circulating notices and agendas. Arrange for room set-up, refreshments, and equipment, if required.
- Attend, participate, prepare, record, and distribute meeting minutes when required.
- Coordinate travel and accommodations.
- Create, update and/or make amendments to all relevant policies.
- Perform general office duties including answering incoming calls, providing general information on request, faxing, copying, scanning, distributing mail and other duties when needed.
- Ensure proper functioning of all office equipment, supplies and vehicles. Make appropriate arrangements for repairs and/or maintenance.
- Obtain price quotations from catalogues and/or suppliers and complete a purchase order and submit for authorization by appropriate personnel; Contact suppliers to resolve shortages, missed deliveries and/or other problems.
- Participate in supervisory meetings, performance appraisals and self-evaluation.
- Assist with orientation of new department staff, organize office space, and supplies as required in conjunction with Social Services Director and Band Representatives.
- Welcoming and directing visitors, by greeting them in person or on the telephone, using discretion in providing requested information.
- Answering general inquiries and making referrals as required and/or take messages.
- Maintaining a safe and clean reception area and maintaining office equipment.
- Receiving, sorting, and distributing all incoming and outgoing mail to the appropriate personnel.
- Monitoring fax machine for incoming faxes and sends outgoing faxes as needed.
- Ensuring office is locked up before leaving for the day, maintaining an information bulletin board.
- Being aware of location of staff, home visits, office meetings and other events.
- Participating in ongoing development and team activities.
- Performing other related duties as may be required and assigned.

The Receptionist/Administrative Assistant will possess the following qualifications, skills, experiences, and attributes:

- A College Diploma in Social Services or Health related field and/or two (2) years clerical experience in social services and health with a strong administrative background.
- Must possess current First Aid and CPR certificate
- Driver's license, insurance and access to a vehicle required
- Clear Vulnerable Sector Check (CPIC)
- Ability to work flexible hours
- Knowledge of cultural practices and teachings.
- Must possess demonstrated Advanced Excel is requirement for this position.
- Knowledge of bookkeeping is essential for this position.
- Excellent communication skills, organizational and time management skills. Excellent interpersonal skills.
- Budgeting skills.
- Must possess demonstrated skills in computer programs, databases and applications for document sharing, power point presentations, e-communication, social media, etc.

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P.O. Box 1299 Blind River, Ontario P0R1B0

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississauga.com **FAX:** 705-356-1740

Deadline: April 26, 2024

Location: Blind River Office

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Position: Back-Up Receptionist
(Admin & Health Dept)

Accountability: Finance Director

Salary: \$23.42 hourly

Employment Status: Casual

Hours of Work: As needed

Preferences: MFN Band Members

Circulation Level: Level I

The Back-Up Receptionist will:

- Receive all incoming telephone calls and visits in person and direct all inquiries and persons appropriately and with courtesy.
- To receive and record all incoming and outgoing mail, open and distribute it to the appropriate staff, affix appropriate postage and ensure proper handling, photocopying of mail as needed.
- Be aware of and as required and requested to provide information about all staff employees' whereabouts.
- As needed and requested, order appropriate storage, distribution, and use of office supplies (i.e., pens, writing pads, staplers/staples, 3-hole punch) stationery and standard agency forms.
- Maintain booking schedule for Council Chambers using Outlook monitoring, community hall rental, van and bus rental, cultural center.
- Perform secretarial and clerical duties of photocopying, faxing, typing, and telephoning.
- Make travel arrangements and maintain travel itineraries for all staff, when required.
- Responsible for drafting letters and any other correspondence related to office administration.
- Ensure confidentiality and safekeeping of all the organization's records, forms, and documents.
- Assist Housing and Property Manager with receipt of rent monies when required.
- Update employee telephone and email listing for all staff and Chief and Council.
- Receive money, prepare invoices, and log payments for photocopying/ facsimile transmissions for public and forward to Finance Clerk and place in safe.
- Responsible for and maintaining Visitor Logbook; Employee Sign In / Out Daily logbook.
- Conduct themselves in a professionally appropriate manner; and any other duties are required.

The Back-Up Receptionist will possess the following qualifications, skills, experiences, and attributes:

- Certificate and/or diploma in secretarial and office services with minimum of two (2) year related experience.
- Experience working with aboriginal people, organizations, and communities.
- Must provide a clear Criminal Records Check.
- Knowledge of Mississauga First Nation programs and services; understanding of Aboriginal culture and traditions.
- Knowledge of the Occupational Health and Safety Act and the Canada Labour Code as it applies to the worker.
- Good interpersonal skills; good public relations; good communication/ organizational skills.
- Excellent time management skills; excellent computer skills with MS Office including Excel, Word, Access.
- Ability to work independently and within a team environment; and ability to pay attention to detail and ensure accuracy with work.

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Marked: **CONFIDENTIAL**
EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740
Deadline: Until position is filled

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LIGHT REFRESHMENTS



DOOR PRIZE

COMMUNITY ENGAGEMENT CONTINUED

CHI-NAAKINAGWIN PRESENTS

Join us for informative presentations regarding the Comprehensive Community Plan for Mississauga First Nation. This is to gain ideas for updates to the 2024 - 2034 Community Strategic Plan.

Date: April 22nd, 2024

Location: Community Hall

Time: 1:00 - 4:00 PM

and

5:00 - 8:00 PM

AGENDA

The agenda will remain the same for both afternoon and evening session.

Introduction

Chi-Naakinagewin

Economic Development

Food Security

Break

Debaakinagewin

Mississagi Trust

Membership

For childcare from 5:00 - 8:00 PM, please contact:

Cheyenne Corbiere at 705-261-1104 or

wiindamaagewin@mississaugi.com

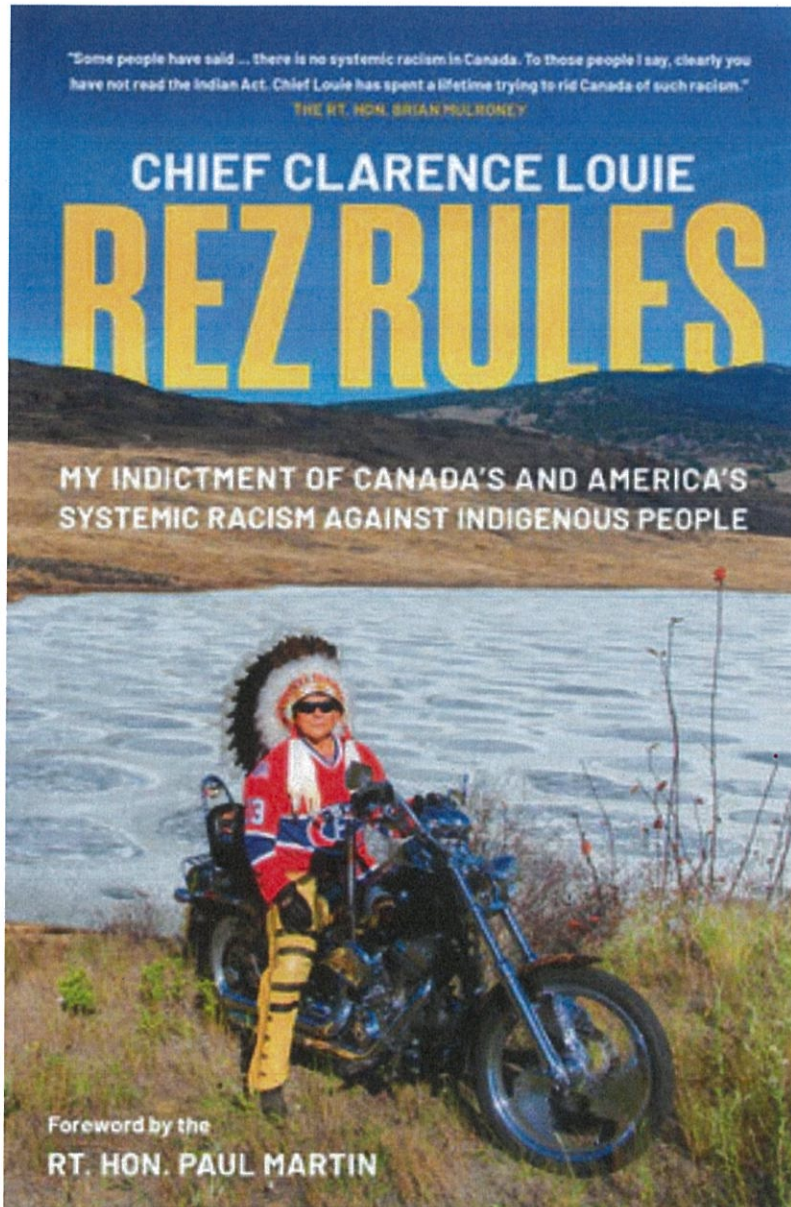


April 18 & 19, 2024
9:00 - 12:00 PM
1:00 - 4:00 PM

Free dog food giveaway
MFN Band Members only
Kind Earth insect recipe
High protein, high nutrition
Planer building, 25 Sawmill Road



APRIL 2024



BOOK CLUB



APRIL 23, 2024

Starting at 6:00 pm - 8:00 pm

EDUCATION BUILDING

Call Melissa TODAY to register @

705-356-1621 Ext 2247

NEVER STOP READING

**THIS IS A GREAT WAY TO
MEET PEOPLE!**



LUNCHEON PRIZE BINGO

Play for grocery prizes and learn Basic Anishinaabemowin
at the same time.

***** **NOTICE*******

**SPACE IS LIMITED TO 12 PARTICIPANTS
PLEASE CALL MELISSA TO REGISTER**

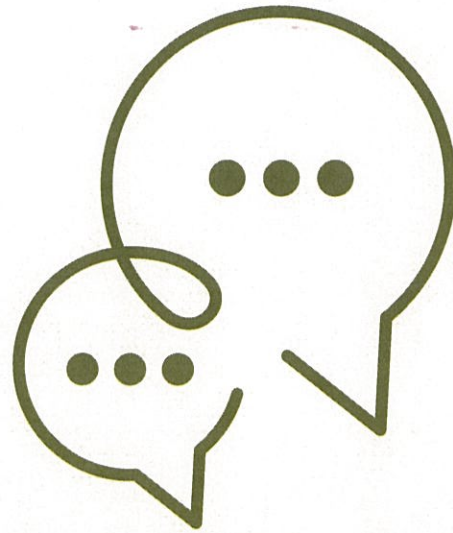
Bakinaage!

**Zaagaadonaa
Anishinaabemowin
“Love our Language”**

CONTACT US:

Melissa Morningstar@
705-356-1621 Ext 2247
to learn more stop in at the
Education Building @
148 Village Rd

**Aambe gagwe-gikendandaa
ji-anishinaabemoyang
April 25th 2024**



Anishinaabemowin Language Table

COMMUNITY ENGAGEMENT

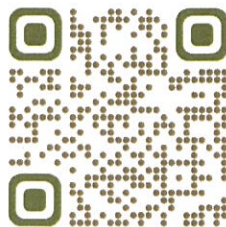
05.02.24 • 6-9PM

EDUCATION BUILDING / ADULT ED



Are you interested in more Anishinaabemowin learning opportunities in the community? Join us Thursday evening for an informal, come-and-go information session to talk about what kind of programs you want to see!

Can't make it out in-person? Check out the engagement survey at:
<https://forms.gle/wXdUcu6JfaWkJceXA>
or check the QR code below!



d.trudeau@mississauga.com

Light Refreshments Provided

MISSING AND MURDERED INDIGENOUS WOMEN

NATIONAL DAY OF AWARENESS



POETRY CONTEST

Deadline: May 3, 2024

Prizes : 1st, 2nd & 3rd

Open to Everyone

please submit to Melissa
@ the Education Building



NO MORE STOLEN SISTERS

MAY 5 | WEAR RED



STUDENT SUCCESS STORY

Through BLENDED Learning !

“On March 22, 2024 I went to Espanola, Ontario and wrote my G1 beginner's and I passed! I owe a lot of my gratitude to Enjiekendaasang Learning Centre program in MFN. Melissa offered me a course to prepare myself for the G1 test, the course was online and I worked at my own pace until I was ready to write. I believe this course, as well as the support and encouragement from the staff has made this dream of mine possible.”

Miigwetch MFN

Stephanie Niganobe

CONTACT US:

705-356-1621 Ext 2247

Melissamorningstar@mississaugi.com

To learn more, visit us
at 148 Village Rd



Mnookmi Kidwinan

Mtig	Tree
Mtigoons	Shrub (Little Tree)
Oshkimitigoons	Sapling (New Tree)
Kitigan	Garden
Kitige	To Plant
Gtigewag	People planting, planting season
Swewebnige	Sow seeds, scatter things about
Miinkaanens	Seed
Miinkaanensan	Seeds
Maajiigin	It starts growing

Ga Gnowendaanaa Shkakmikwe
Let's take care of Mother Earth

Shkakmikwe naagdawenmignaa
Mother Earth is taking care of us

Niibiishan zhaashkwaandeenoon
The leaves are turning green

Wiinjiishkokaa wipii
It is really muddy at that time

Ziibiinsan waamjigaandeenoon.
You can see the little streams comes out.

Waaskonen zaakiinon
The flowers are coming out

Nsaabaawdoon niwin zaagkiichiganan, da-bengkiidenoon
giishpin niwin
Water those plants, otherwise they will dry out

Gwii gitige na nongwa mnookmig?
Are you going to plant this spring?



REMINDER

**OUR SOUP
SOCIAL WILL
BE HELD
EVERY
WEDNESDAY**

12 pm - 1 pm

148 Village Road @ the
Education Building

We hope to see you
there!

**JOIN US FOR
FELLOWSHIP AND
CONVERSATION!**

PD DAY YOUTH DROP IN

provide your input
on the future of
youth programming
for age group 13-18
years old



**APRIL 19TH, 2024
9:00 - 4:30 PM
CHILD & YOUTH BUILDING**

**LUNCH & REFRESHMENTS WILL BE PROVIDED
FILL OUT A SURVEY TO WIN A DOOR PRIZE!**

ALL ATTENDEES WILL RECEIVE A GIFT CARD!

**FOR MORE INFORMATION CONTACT
YOUTH COORDINATOR
DILLON OMINIKA
YOUTHCOORDINATOR@MISSISSAUGI.COM
705-356-1621 EXT. 2245**





Dear Youth Community Member,

We are reaching out to gather your input on the types of activities you would like to see in our community. Your feedback will help us plan events and programs that cater to your interests and preferences. Please take a few minutes to complete this survey.

What types of recreational or wellness activities would you like to participate in?

What types of outdoor activities would you enjoy participating in?

What kind of cultural events or activities would you like to see in our community?

Which type of organized trips or excursions would you be interested in the most? (Select all that apply)

Day trips to nearby attractions

Overnight trips to explore new places

Cultural exchange trips with other communities

Other (please specify): _____

What are some of the things you wish you could do or learn about in our community?

Are there any specific skills or topics you would like to develop through a program or activity?

What barriers or challenges do you think young people face when trying to participate in programs or activities? And what type of support or resources do you think would help make programs more accessible and inclusive for youth?

Thank you for taking the time to complete our survey. We deeply value your input and look forward to continuing to work together to meet your needs.



Maple Sugar Bush Teachings

April 19th, 2024



Child and Youth Program 7-12yrs

Happening this Friday

Schedule:

9:30am-10:00am: Pancake and bacon breakfast at the Child and Youth Center

10:00am-1:00pm: Walk to the Teaching Lodge. We will have a presentation by Riel and William traditional Anishinaabe knowledge keepers from Nogdawindamin.

- The Youth will learn how to identify sugar maple trees.
- Learn about our relationship with the land and our responsibility to the land by honor, respect and reciprocity.
- Tree tapping examples, ratios of Maple Syrup and Sweet Water etc.
- Lunch at 12:00 will be provided.

Transportation can be provided
Please register in advance



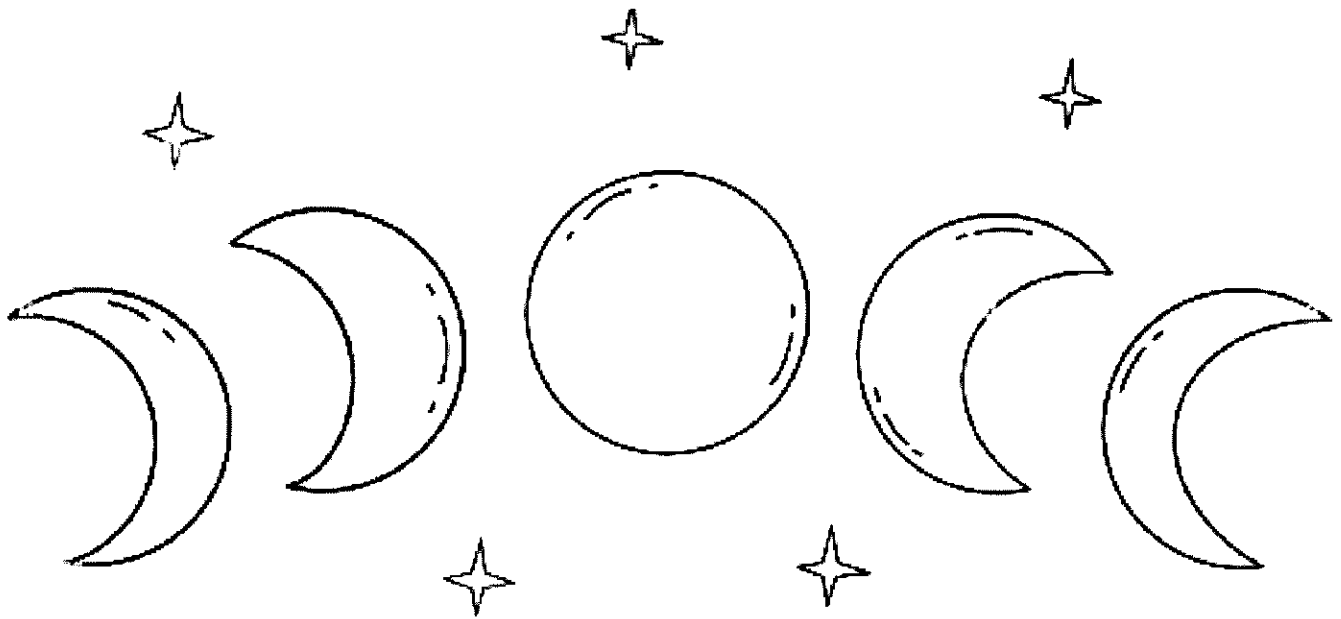
Child and Youth Worker

Jennifer

cyworker@mississaugi.com

Call or text: 705-356-3455

Cultural Support Services



FULL MOON CEREMONY

**APRIL 21, 2024 | 8 PM.
AT THE CULTURAL
BUILDING**

**This month we are honouring the
Sugar Moon, Ziisbaakode Giizis.
Anishinaabekwes come join us! We
hope to see you there!**

Have any questions? Call Evelyn or
Cedar at 705-356-1621 ext. 2243



Cultural Support Services

CREATOR'S LAW

with Mike Bisson

April 24 • Wednesday • 5 - 8 PM

The Cultural Building

Join us for Anishinaabe Teachings

Dinner will be Provided

Bring a Cushion and Blanket!

We hope to see you there!

Have any questions? Call Evelyn or Cedar
at 705-356-1621 ext. 2243





NUTRITIONAL SUPPLEMENT CARD FOR FAMILIES WITH CHILDREN 0-6 YRS AND PRENATAL

*listed is the pick up date, please email the Family Resource Coordinator by the 7 of this month to ensure a card is purchased for that month

Pick up dates:



April 24 2024

from 9:00 AM to 3:00 PM including lunch hour

*** As a requirement of the program, receipts will need to be submitted before the next card pick up.**

Please remember it is your responsibility to pick up on date unless other arrangements have been made.

Please note, you can not accumulate cards

Thank you

If you have any questions or concerns please email Christine Owl -
Family Resource Coordinator

email: christine@mississauga.com



YOUTH ADVOCACY WORKER PRESENTS

Vision Boards

APRIL 24, 2025

4PM-6PM

DOWNSTAIRS CYB

AGES 18-26

See you there!

To register, please call or email
Dillon Ominika -
youthcoordinator@mississaugi.com
705-356-1621 ext. 2245

SHORELINE FISHING

MEET AT THE CHILD YOUTH BUILDING

4:30-6:00

LET GO FISHING!

APRIL 25TH

MAY 2,9,16,23,30

FISHING TACKLE AND ROD PROVIDED

MFN SOCIAL SERVICES
YOUTH PROGRAMMING
AGES 13-18





MFN SOCIAL SERVICES
YOUTH ADVOCACY WORKER PRESENTS

MONEY MANAGEMENT

\$\$\$

AGES 18-26

APRIL 25, 2024
5PM-7PM

TO REGISTER PLEASE CONTACT CARISSA DAYBUTCH
YOUTHADVOCATEWORKER@MISSISSAUGI.COM
(705) 356-1621 EXT. 2245

REFRESHMENTS PROVIDED
PARTICIPANTS WILL RECEIVE BUDGET PLANNERS, PIGGY
BANKS & \$20 TIMS CARD

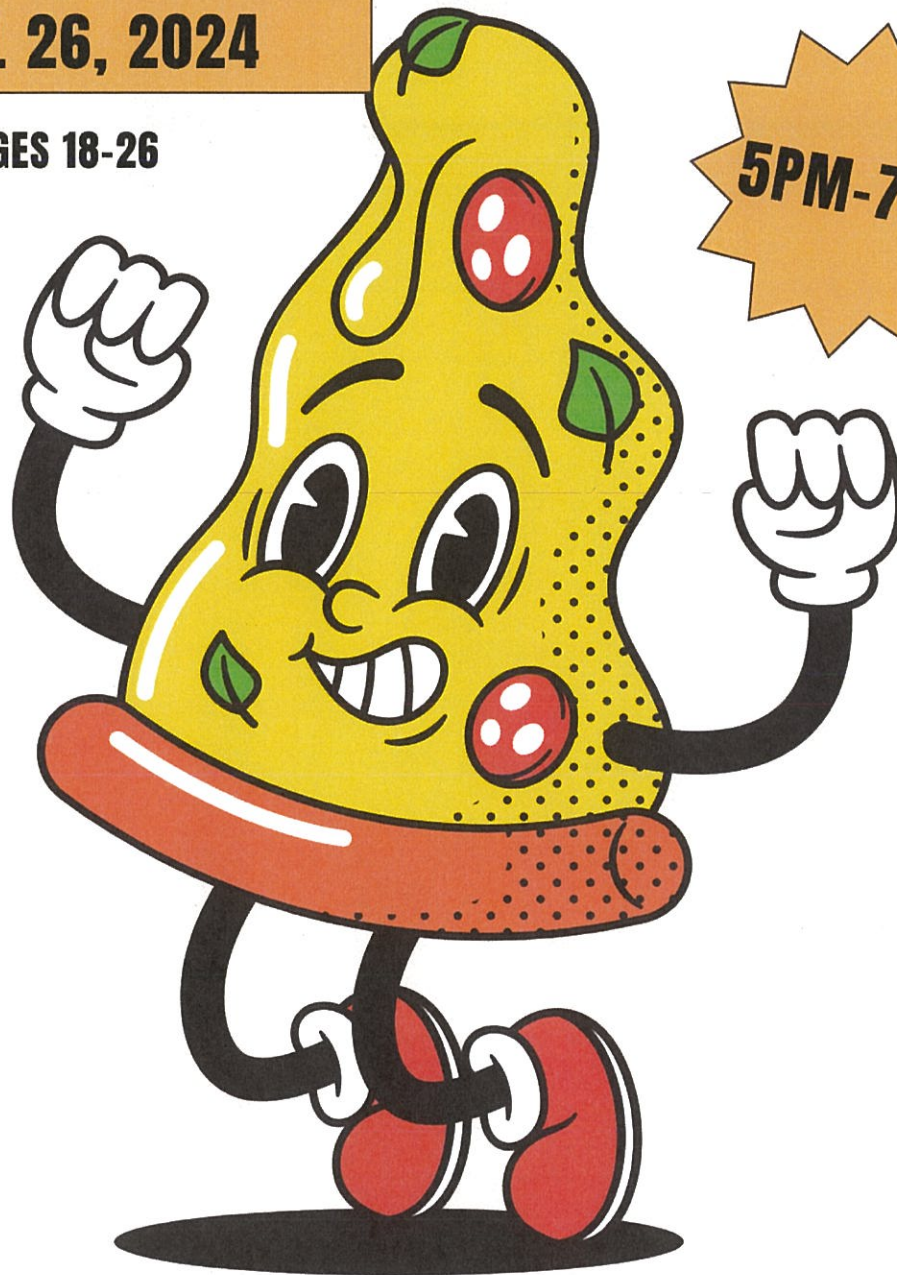
YOUTH ADVOCACY WORKER PRESENTS

PIZZA NIGHT

APRIL 26, 2024

AGES 18-26

5PM-7PM



DOWNSTAIRS CYB 44 PARK RD - PIZZA KITS PROVIDED



YOUTH ADVOCACY WORKER
PRESENTS

PAINT NIGHT



AGES 18-26

APRIL 29, 2024
DOWNSTAIRS CYB 44 PARK RD - 4PM TO 6PM

**FOOD AND BEVERAGES WILL BE PROVIDED
CANVAS AND PAINTS LIMITED, REGISTER TO SECURE YOUR SPOT!**

**CARISSA DAYBUTCH (705) 356-1621 EXT. 2245
YOUTHADVOCATEWORKER@MISSISSAUGI.COM**

Cultural Support Services

Myofascial
Session
with
Nadia
Carriere

**MAY 2 AND 16
6:30PM - 8:00PM
CYB ACTIVITY
ROOM**

**10 SPOTS AVAILABLE
REGISTER NOW**

705-356-1621 ext. 2243



Cultural Support Services

Cedar Bath

MAY 3RD

Cedar Bath Ceremony is a powerful but gentle ceremony for those who have experienced trauma. The ceremony is done in a quiet room, where the space and ceremony bundle has been smudged. Evelyn will be conducting the ceremony. She will provide information about what will happen during the ceremony, to ensure the body sovereignty and consent will be confirmed throughout the ceremony.

**If you're interested in this service, please call Evelyn at 705-356-1621 ext. 2243
limited spots available**



Annual Mother's Day Outing Sault Ste Marie Shopping & Casino

Date: Saturday May 4, 2024

Time: 11:00 am - 6:00 pm

Depart from Band Office



A \$20.00 deposit is required to save your seat
(non refundable)

Agenda to follow

Please call Christine at 705-356-1621 ext. 2254 or email
christine@mississaugi.com

*must confirm your attendance by April 30th 2024 so
arrangements can be made



CULTURAL SUPPORT SERVICES

LET'S ALL BE SAFE

- 9:00am - 12:00pm
presentation from Lisa
Osawamick
- 1:00pm - 4:00pm
presentation from Marie
Eshkibok
- lunch will be provided
- red dress beading activity
- red dress painting activity

MAY 6, 2024 | 9:00 AM
AT THE COMMUNITY HALL

You have questions? Don't hesitate to reach out
at 705-356-1621 ext. 2243

Cultural Programming

Upcoming Activities for Child and youth 7-12 years

Week 1- Drum Teachings May 8th 5:30-7:30

Week 2- Drum Making May 22nd 5:30-7:30

Week 3- Pow Wow/Regalia Teachings, learning songs, regalia teachings, dance styles and feasting drum. Saturday May 2nd 1:00-4:00pm

Week 4- Social evening practice songs, date and time will be determined

Week 5- Social evening practice songs, date and time will be determined

Please RSVP to reserve your spot only **10 available**

Jennifer cyworker@mississauga.com

Child and Youth Program with Nogdawindamin will be hosting the workshop.





CULTURAL SUPPORT SERVICES

7 STAGES OF LIFE

with Mike Bisson

MAY 8, 2024 | 5-8 P.M.
THE CULTURAL BUILDING

Join us for a night of Anishinaabe Teachings. Dinner will be provided. We encourage you to bring a cushion for comfortable seating. We hope to see you there!

You have questions? Don't hesitate to reach out at 705-356-1621 ext. 2243



- CULTURAL SUPPORT SERVICES -

FASTING DATES



MAY
8 - 10

If you are needing to
fast, call Evelyn at
705-356-1621 ext.

2243

BOATING LICENSE & SAFETY COURSE



MFN SOCIAL SERVICES YOUTH PROGRAMMING



Monday - May 13th 2024



4:30 PM - 6:30 PM



Council Chambers



WHAT YOU WILL LEARN

- Navigation
- Boating Regulation
- Personal Safety
- Safe Boating Use
- Tips for Safe Use of Life Jacket

**FREE TO MFN YOUTH
PRIORITY REGISTRATION FOR
YOUTH AGES 13-18**

DINNER PROVIDED

FOR REGISTRATION, PLEASE CALL OR EMAIL
DILLON OMINIKA -
YOUTHCOORDINATOR@MISSISSAUGI.COM
705-356-1621 EXT. 2245



Come out to our 3rd Drum Social!



CALLING ALL DRUMMERS

Join us Friday April 19



In the Sports Complex

Potluck Dinner starts at 5PM





Culture Night

April 24, 2024

6:00 PM – 8:00 PM

Teepee behind Band Office

Everyone Welcome

For more information call Roger

(705)356-1621, ext.2226

Email: rdaybutch@mississaugi.com

KNOWLEDGE IS POWER



MAAMWESYING

NORTH SHORE COMMUNITY HEALTH SERVICES INC.

FIND OUT IF YOU HAVE PERIPHERAL ARTERY DISEASE (PAD)!

**GET TESTED &
NAME GOES INTO A
DRAW
TO WIN A PRIZE!**

WHAT IS PERIPHERAL ARTERY DISEASE?
PERIPHERAL ARTERY DISEASE IS A BLOCKAGE TO THE VESSELS THAT CARRY BLOOD FROM THE HEART TO THE LEGS. IF A BLOCKAGE OCCURS IT CAN LEAD TO ULCERS, INFECTION, AND GANGRENE.

YOU MIGHT BE AT RISK FOR PERIPHERAL ARTERY DISEASE IF YOU?

- SMOKE
- HAVE THICKENING OR HARDENING OF ARTERIES (ATHEROSCLEROSIS)
 - HIGH BLOOD PRESSURE
 - DIABETES
 - HIGH CHOLESTEROL
 - OVER THE AGE OF 60

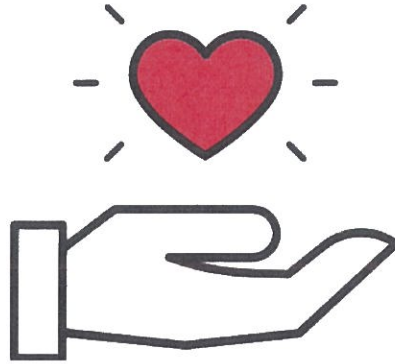
HOW TO DIAGNOSE PAD?

ANKLE BRACHIAL INDEX (ABI) IS A NON-INVASIVE TEST USED TO DIAGNOSE PERIPHERAL ARTERY DISEASE.

**ABI TESTING CLINIC
APRIL 22 & 25/2024
9 - 4 PM**

FOR MORE INFORMATION OR TO BOOK AN APPOINTMENT
CALL 705-356-1621 X 2231.





HEALTH SERVICES

ANNUAL HEALTH FAIR

**You cant enjoy wealth if your not in
good health**

Lunch Provided

THURSDAY, MAY 16TH, 2024

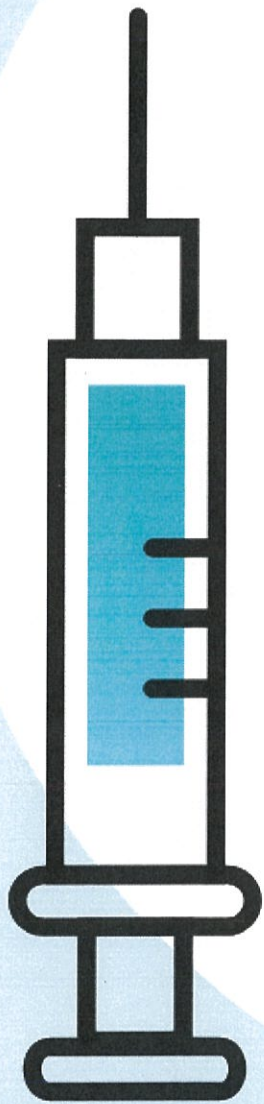
11 AM - 3 PM

SPORTS COMPLEX GYM

MEAGANWILSON@MISSISSAUGI.COM

(705) 356-1621 EXT 2262

INDIGENOUS SERVICES CANADA BASED ON ONTARIO GUIDELINES RECOMMENDS THAT THOSE 55 YEARS AND OLDER WHO ARE FIRST NATION, INUIT OR METIS AND NON-INDIGENOUS HOUSEHOLD MEMBERS, ANYONE 6 MONTHS AND OLDER WHO ARE IMMUNOCOMPROMISED, INDIVIDUALS WHO LIVE IN CONGREGATE SETTINGS FOR SENIORS, AND THOSE 65 AND OLDER RECEIVE A COVID VACCINE 6 MONTHS FROM THEIR LAST DOSE TO HELP PROTECT THOSE FROM SERIOUS ILLNESS RELATED TO COVID 19.



COVID Vaccine Clinic

**MAY 17/2024
10 - 1 PM
RED PINE LODGE**

**Call 705-356-1621 x 2231
to book an appointment**

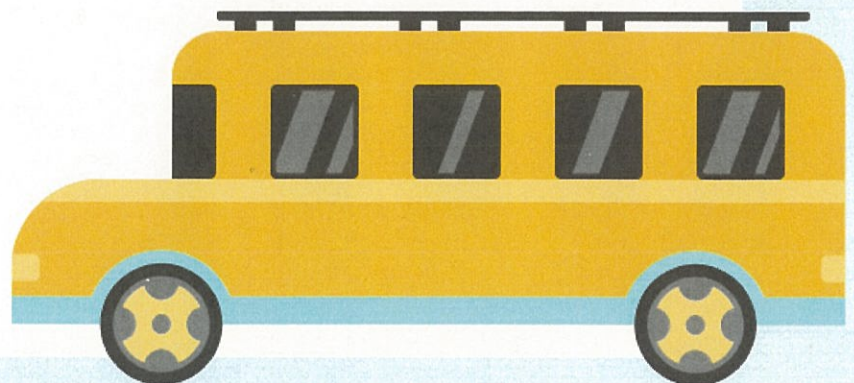
JOIN US ON THE BREAST SCREENING BUS

MONDAY MAY 27/2024 IN SUDBURY



The Ontario Breast Screening Program recommends women ages 50 - 74 get screened with mammography every 2 years.

If you are due and would like to take the bus please call 705-356-1621 x 2231 or email krystasawyer@mississaugi.com



DEADLINE TO REGISTER MAY 17/2024

knitting Club

learn how to knit socks starting April 8th.



SMALL GROUP FITNESS

TUESDAY'S @ 6PM

FULL BODY WORKOUT

MFN SPORTS CO

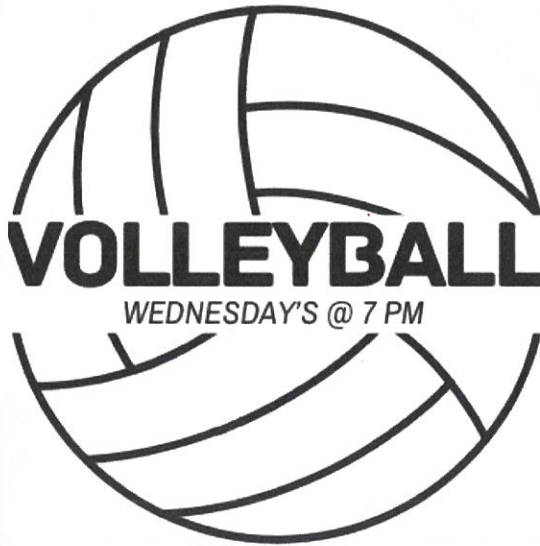
E-COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM
T:705.356.1921. EXT 2216

Cycling
Wednesdays
night!

6:00 pm

Msg in to reserve
a bike.

See you soon!



Gentle Yoga

Thursday evenings @ 6:00 pm!
April 4th, 18th & 24th.

Registration needed.



April

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

C.H.A Programs

MONDAY CHAIR FITNESS 12:00 / KNITTING 6PM

TUESDAY YOGA 10 AM / SM GROUP FITNESS 6 PM

WEDNESDAY - CYCLING 6 PM / ROLLER RELEASE 6:45 PM / VOLLEYBALL 7 PM

THURSDAY - YOGA 10 AM / GENTLE FLOW YOGA WITH ESSENTIAL OILS 6PM

Soulful sunday April 21st @ 1 pm

ThyTots April 28th @ 12 pm

REGISTRATION IS NEEDED!

T. 705.556.6921 EXT. 2216

E: COMMITTYHEALTHACTIVITY@MISSISSAUGA.COM





We now have a talking circle
addictions support group.
Come sit, talk and give your
support Let's help raise each
other up.

Tuesdays from 7-8PM

Inside the Culture building
Snack and refreshments will be
available.

Contact
skycada@mississaugi.com
for more info.



**MISSISSAUGA MEGAZINE'S AG
DRUMMING**

DRUMMING

5:30 - 6:30PM

FEB

08, 22

MAR

7, 21

APR

4, 18

MAY

2, 16, 30

JUN

13, 27

**For more information email:
skycada@mississauga.com**



LIGHTING THE
**SACRED
FIRE**

WE WILL BE
LIGHTING THE
SACRED FIRE FOR
MFN COMMUNITY.

COME PRAY, STAY,
TALK OR JUST
ENJOY THE FIRE.

THURSDAYS
OUTSIDE THE
CULTURE BUILDING
- 96 PARK ROAD

9:00 AM TO 3:00
PM

MORE INFORMATION

SKY CADA - 705-261-1370
SKYCADA@MISSISSAUGI.COM



WELLNESS THURSDAY'S

Starting Thursday, January 25th, we will be starting a 7-week Luncheon session on The Seven Grandfather Teachings. Roger Daybutch will facilitate the sessions. Happening in the Culture building @ 12 PM

EVERYONE IS WELCOME

If you have any questions contact Sky Cada at 705-356-1621 ext 2228 or email skycada@mississaugi.com



AL-ANON

AL- ANON meeting

Have you or a family member been affected by another's drinking or drug addiction?

Please come out and join us at the Cultural Building - 96 Park Road - to find out what AL-ANON can do to help you.

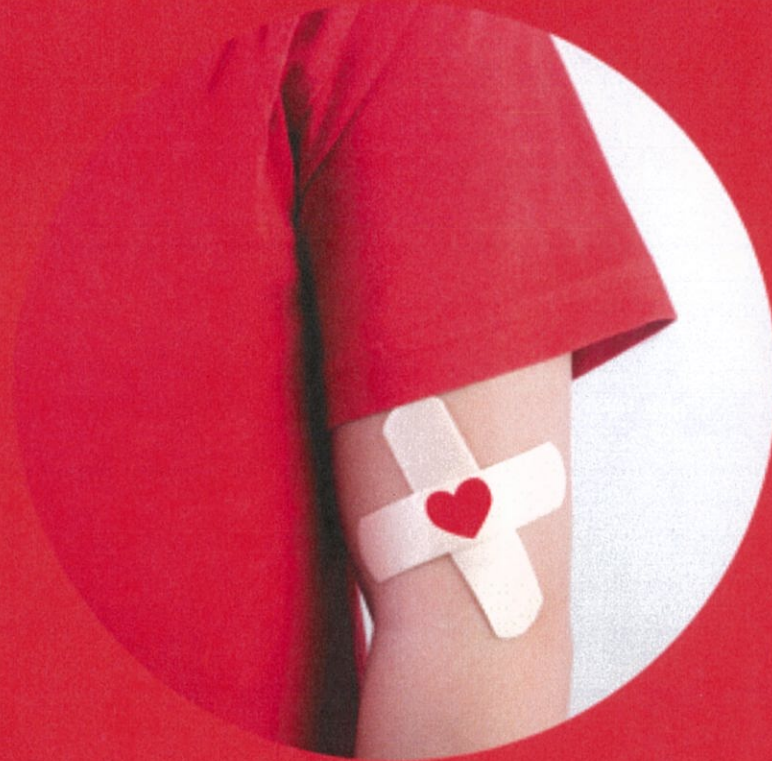
Meeting Day/Time:

Monday - 6:00 - 7:00 PM

There you will find a fellowship of others who share your same challenges

Light Refreshments provided

**Reminder to call and book
your blood work 1-2 weeks
before your medical
appointments.**



**Book by calling
705-356-1621 x 2231
or x 2224**



WELCOME NOSM U
STUDENTS

Mississauga First Nation would like to welcome Katona and Jules for a community placement starting April 29 – May 24/2024, if you see them around make sure to say Aanii 😊



Katona Files

I was raised in Bracebridge, Ontario, I enjoy rock climbing, crochet, and backcountry camping. I am interested in becoming a Family Doctor and practicing in Northern Ontario.

I am working on improving my physical examination skills, and I would like some more experience in emergency medicine. I would like to learn about charting and billing in small healthcare centers.



Jules Byberg

My name is Julia Byberg, but most people call me Jules. I was raised in New Liskeard, Ontario. During my free time, I consider myself a very artistic person. I like to draw and complete DIY projects around the house. Currently, I am still exploring my options, but I am mainly interested in Family Medicine and Psychiatry.

I hope to take this opportunity to learn about the culture and community I will be immersed in. Also, I hope to observe the everyday functioning of a small healthcare center and the role of a physician in these settings.

