

COMMUNITY UPDATE

SURROUNDING CORONAVIRUS (COVID-19)

- The Band office is **closed until April 6, 2020**, we will let the community know once services resume
- Public Works will continue to be available contact Ken at 261-2483
- Finance will process cheques and all cheques will be mailed out
- ORT will continue to run Tuesdays, screening will occur at the doors
- Clients that have booked appointments with Health professionals will receive a phone call from Maamwesying as appointments will be changed to virtual care please see attached notice
- Cheri or Krysta will call you if you need blood work done during this time and make an appointment
- If you have health concerns, you can call Krysta Sawyer (Community Health Nurse) at 705-919-2001
- Christine Elliot is available for Mental health counselling services at 705-208-8977
- Tanya Bates will be assisting with the elders care and arranging groceries, medications, services, etc.
- Mitchell's Pharmacy is still open, with handwashing at the door

If you have a fever, cough and difficulty breathing
AND travelled outside of Canada in the last 14 days

OR have been in contact with someone in the last 14 days that has travelled outside of Canada
You can call your local health unit at 705-356-2551 or Telehealth Ontario at 1-866-797-0000 for
further direction

North Shore Health Network is also providing screening, call first at 705-356-2265

If you have an emergency call 911

Important tips to protect everyone:

- If you are sick, stay home and let family and friends know to stay away
- Arrange for them to deliver item to your house and leave them outside the door
- Stay away from the elderly, or immunocompromised persons
- If you are living with someone who is sick, do not share bathrooms, stay in separate rooms, wash your hands and clean surfaces often
- It is important to socialize so call friends and family instead of visiting until this pandemic is over

- If you must go out for food wash your hands before leaving, wear a mask, cough into your elbow, and wash your hands, stay 2-3 meters away from others, and wash your hands when you get home, wipe down your groceries with a cleaner/ disinfectant

Community Support Services Program: Important Notice Regarding "Food Bank" Services.

The food bank will only be taking applications by **phone** on Thursday 1:00 pm to 3:30 pm.

705-356-1621 ext: 2242

We will **deliver** once the application is completed to those in need of emergency food only!

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