



**Position:** Fire Prevention & Public Works  
Technician

**Accountability:** Infrastructure Director

**Salary:** \$42,468.00 - \$47,936.00

**Employment Status:** Full-time (2 years)

**Hours of Work:** 34.5 hrs

**Preferences:** MFN Band Members

**Circulation Level:** Level I

**The Fire Prevention & Public Works Technician will:**

- Recruit and coordinate training for volunteer fire fighters
- Maintain fire hall, fire equipment, and fire truck to ensure that they are always in a ready state
- Extinguish fires and respond to fire emergencies
- Assist with post fire investigations and all relevant reports
- Follow, monitor, and implement safety measures
- Order equipment and supplies for fire department
- Collaborate with Blind River Fire Department and network with other fire departments
- Participate in regular fire fighter practices to upgrade and maintain firefighting techniques
- Conduct annual tests of fire alarms, smoke detectors and fire extinguishers
- Develop fire safety information and distribute to the community (Website, flyer, social media etc.)
- Safely operate heavy equipment to maintain roads and water systems
- Prepare lots for new housing construction when required
- Prepare cemetery lots for burials through removal and replacement of fill
- Remove and replace fill for septic systems when required
- Maintain heavy equipment and ensure repairs and service is conducted.
- Brush ditches along roads to maintain clear right of way
- Clear and sand roads during winter or ice conditions
- Maintain road systems through filling of potholes, grading roads, installing, changing culverts, and maintaining shoulders
- Maintain community signs and signage
- Conduct weekly collection of household sanitation and recycling
- Remove and/or dispose of nuisance bears or other wildlife
- Assist with annual Pow Wow through relocation of picnic tables, equipment, and site preparation
- Set up, arrange, or remove tables, chairs, ladders, venue tents, portable washroom facilities, to prepare facilities and outdoor spaces for events
- Follow safe work practices and procedures, utilizing all required personal protective equipment
- Prepare, maintain, and keep records of actions taken, including logbooks of maintenance and repair work and inspection manuals where required

**The Fire Prevention & Public Works Technician will possess the following qualifications, education, and experience:**

- Some post-secondary education with a minimum of Grade 12 Secondary Diploma or equivalent
- A minimum of two (2) years of heavy equipment operation
- Previous supervisor experience is an asset
- Certification as a Fire Fighter is an asset

**TO APPLY:** Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job posting. If you are a member of MFN or of Indigenous descent, please include this information in your cover letter. We rely on the information you provide to us in your application during screening. **Successful candidates** who receive interviews **must** provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation  
P.O. Box 1299 Blind River, Ontario P0R1B0  
Attention: Human Resources Department  
Marked: **CONFIDENTIAL**  
**EMAIL:** [hrclerk@mississaugi.com](mailto:hrclerk@mississaugi.com) **FAX:** 705-356-1740  
**Deadline: December 7, 2022**

*Thank you to all applicants; however, only those selected for an interview will be contacted.*



**Position:** Health Services Director

**Salary:** \$71,300 - \$84,100

**Hours of Work:** 32 hrs

**Circulation Level:** Level I

**Accountability:** Director of Operations

**Employment Status:** Fulltime (2 years)

**Preferences:** MFN Band Members

**The Health Services Director will:**

- Coordinate the development and implementation of the Community Health Plan and development of staff work plans to achieve its' objectives.
- Coordinate programs and services to meet the goals and objectives of the Unit.
- Ensure ongoing coordination, monitoring and evaluation of services including support services.
- Develop, negotiate, and monitor approved health agreements.
- Ensure maintenance of the Pandemic Plan; Coordinate annual desktop exercises of the Pandemic Plan with staff.
- Manage effective resolution of service complaints.
- Maintain and implement the confidentiality policy within the Unit.
- Monitor changes to health legislation and evaluate if changes required to programs and services.
- Engage the community in the development and assessment of programs and services.
- Supervise, coach and direct health services managers.
- Support team building within the unit with focus on trust, communication, accountability, collaboration, respect, and conflict resolution.
- Build positive communication within team; Coordinate managers team meetings; Coordinate development of managers work plans.
- Monitor manager performance and conduct performance reviews; Monitor attendance and address any issues.
- Participate on Hiring Committees when applicable.
- Follow personnel policies in administration of staff issues.
- Develop and execute a recruitment and retention strategy for health service staff.
- Facilitate and maintain a collaborative and safe work environment.
- Develop annual Unit budgets with input from Unit staff.
- Monitor budgets and develop system to track expenses.
- Follow finance policy in administration of department finances.
- Ensure fiscal responsibility of Unit.
- Negotiate with government and nongovernmental agencies in collaboration with Director of Operations.
- Develop Health Services policies and procedures for approval and implementation in collaboration with the Social Service Director.
- Monitor policies and procedures to ensure compliance; Revise policies and procedures when required.
- Prepare and submit proposals for funding and/or enhanced services.
- Coordinate the Health and Social Services Committee meetings in collaboration with the Social Service Director.
- Provide advice and assistance to the Health and Social Service Committee.
- Actively participate in local, regional or committees/ groups in support of health service to Mississauga First Nation.
- Actively participate on the Program Management Team, Finance Committee, and other internal committees/ groups in support of health services to the community.
- Collaborate with internal and external agencies to provide quality programs and services to the community including evaluations and reports.
- Maintain liaison with the community to promote services, policies, and procedures and to secure feedback on programs and services.
- Develop, maintain, and facilitate liaison visiting health professionals and their supervising organization.
- Sit on the board of Director's for Maamwesying's Ontario Health Team
- Ensure completion of administration tasks as required; Prepare reports, briefing notes and correspondence as required.
- Prepared an annual work plan and monthly report to supervisor.
- Establish work priorities, delegate work when applicable and ensure deadlines are met and procedures are followed

**The Health Services Director will possess the following education, experience, and skill qualifications:**

- Post-secondary degree in Public Health, Health Administration or Human Services field.
- Three (5) year experience with a First Nation or Aboriginal organization managing programs, finances, and human resources

- Experience writing proposals, policies, procedures, and reports.
- Experience working with Aboriginal people, organizations and communities, management, and financial accounting experience.
- Knowledge of government departments/ agencies dealing with First Nation health and social services.
- Knowledge of health issues at the First Nation and Regional level.
- Knowledge of Mississauga First Nation programs and services.
- Knowledge and understanding of Aboriginal cultural and traditions.
- Knowledge of Occupational Health and Safety legislation, standards, and best practices.
- Knowledge of the Workplace Hazardous Materials Information System.
- Must provide a clear Criminal Records Check from the Canadian Police Information Center (CPIC).
- Must have Class “G” Ontario Driver’s License in good standing and be able to travel.
- Must be able to meet deadlines, work flexible hours and or attend emergency situations.
- Strong leadership and management skills.
- Excellent interpersonal skills.
- Excellent conflict resolution, problem-solving, time management, and organizational skills.
- Excellent oral and written communication skills.
- Excellent computer skills with MS Office software.
- Ability to manage multiple priorities.
- Ability to facilitate and manage a multi-disciplinary team environment.
- Ability to take initiative, meet deadlines and work flexible hours.
- An effective leader.
- Strong interpersonal and influencing/negotiation.
- Be honest, trustworthy, and respectful.
- Possess cultural awareness and sensitivity.
- Possess a calm demeanor in responding to customers.
- Demonstrate sound work ethics.

**TO APPLY:** Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job posting. If you are a member of MFN or of Indigenous descent, please include this information in your cover letter. We rely on the information you provide to us in your application during screening. **Successful candidates** who receive interviews **must** provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation  
P.O. Box 1299 Blind River, Ontario P0R1B0  
Attention: Human Resources Department  
Marked: **CONFIDENTIAL**  
**EMAIL:** [hrclerk@mississaugi.com](mailto:hrclerk@mississaugi.com)      **FAX:** 705-356-1740  
**Deadline: December 9, 2022**

***Thank you to all applicants; however, only those selected for an interview will be contacted.***



**Position:** Back-Up Receptionist  
(Admin & Health Dept)

**Accountability:** Finance Director

**Salary:** \$17.50 hourly

**Employment Status:** Casual

**Hours of Work:** As needed

**Preferences:** MFN Band Members

**Circulation Level:** Level I

**The Back-Up Receptionist will:**

- Receive all incoming telephone calls and visits in person and to direct all inquiries and persons appropriately and with courtesy.
- To receive and record all incoming and outgoing mail, open and distribute it to the appropriate staff, affix appropriate postage and ensure proper handling, photocopying of mail as needed.
- Be aware of and as required and requested to provide information about all staff employees whereabouts.
- As needed and requested, order appropriate storage, distribution, and use of office supplies (i.e. pens, writing pads, staplers/staples, 3-hole punch) stationary and standard agency forms.
- Maintain booking schedule for Council Chambers using Outlook monitoring, community hall rental, van and bus rental, cultural center.
- Perform secretarial and clerical duties of photocopying, faxing, typing and telephoning.
- Make travel arrangements and maintain travel itineraries for all staff, when required.
- Responsible for drafting letters and any other correspondence related to office administration.
- Ensure confidentiality and safekeeping of all of the organization's records, forms and documents.
- Assist Housing and Property Manager with receipting rent monies when required.
- Update employee telephone and email listing for all staff and Chief and Council.
- Coordinate and compile Weekly Community Flyers; prepare cheque requisitions for weekly Flyer delivery;
- Receive money, prepare invoices and log payments for photocopying/ facsimile transmissions for general public and forward to Finance Clerk and place in safe.
- Responsible for and maintain Visitor Log Book; Employee Sign In / Out Daily log Book.
- Conduct themselves in a professionally appropriate manner; and any other duties are required.

**The Back-Up Receptionist will possess the following qualifications, skills, experiences, and attributes:**

- Certificate and/or diploma in secretarial and office services with minimum of two (2) year related experience.
- Experience working with aboriginal people, organizations and communities.
- Must provide a clear Criminal Records Check.
- Knowledge of Mississauga First Nation programs and services; understanding of Aboriginal culture and traditions.
- Knowledge of the Occupational Health and Safety Act and the Canada Labour Code as it applies to the worker.
- Good interpersonal skills; good public relations; good communication/ organizational skills.
- Excellent time management skills; excellent computer skills with MS Office including Excel, Word, Access.
- Ability to work independently and within a team environment; and ability to pay attention to detail and ensure accuracy with work.

**TO APPLY:** Customize your cover letter and resume to the duties, experience, expectations and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview.** Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation  
P.O. Box 1299 Blind River, Ontario P0R1B0  
Attention: Human Resources Clerk  
Marked: **CONFIDENTIAL**  
**EMAIL:** hrclerk@mississaugi.com **FAX:** 705-356-1740  
**Deadline: Until position is filled**

*Thank you to all applicants; however, only those selected for an interview will be contacted.*

# THANK YOU

I just want to thank everyone who helped out with National Addictions Awareness Week, we had a lot of people come out and show their support. I'd like to thank Chiblow Lake Lodge, Huron Pines Golf & Country Club, The Pier, Broken Canoe and Niigaaniin for the generous donations that we were able to use for our prize draws during the sessions. I'd like to thank Bev Gauthier for going above and beyond bringing in one of our guest speakers and the 13 O.P.P. officers who put on another great presentation. I would also like to thank councilors Gloria Daybutch, Joan Daybutch and Peyton Pitawanakwat for coming out and showing their support. A big Chi-Miigwetch goes out to our Ogimaa Bob Chiblow for not only bringing in our guest speaker Graeme Bonar who put on an amazing presentation but for taking the time to come out and put on a delicious Fish Fry for the community.

NAAW is important because it helps bring awareness to the many addictions that we face such as Drug Dependency, Alcohol Abuse, and Gambling, amongst others. It brings to light how real these problems are, what are loved one's face and how we can learn to change the ways we interact or the things we say which might trigger them. Love and support are the most important things we can give our loved ones who suffer from addiction.

All in all, it was a great week and the vision for next year is that it can only get better. I look forward to the coming year and what it brings. If you have ideas of what you feel will help our community with this plague of addictions, feel free to stop by the Culture Building and let me know.



 **annual**  
*community*  
**feast**

THURSDAY DECEMBER 8



**4:30 PM**

FIRST COME FIRST SERVED  
DRIVE-THRU PICK-UP AT THE  
**SPORTS COMPLEX**



**QUESTIONS?**

MONICA@MISSISSAUGI.COM

**DEADLINE  
EXTENDED!!**

## ATTENTION COMMUNITY MEMBERS!

The Lands Department is currently looking to fill **9 vacancies** on the Lands and Resources committee for the **2023 -2027 term**. Interested community members must submit a letter of interest to the Lands & Resources Department for Council appointment.

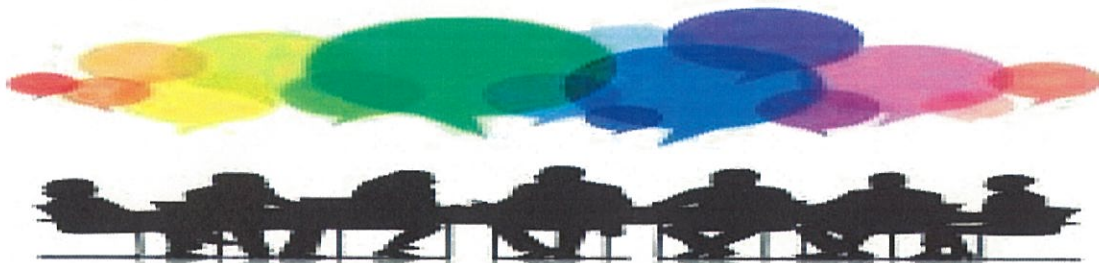
The Lands Committee meets the first Monday of each month. to address the following.

- a) Assist with the development of the Lands administration
- b) Advise the Council and its staff on matter respecting Mississauga First Nation land.
- c) Recommend laws, resolutions policies and practices respecting the management of Mississauga First Nation land to the Council
- d) Hold Regular and special meetings of members to discuss land issues and make recommendations to Council on the resolution of these issues.
- e) To assist in the flow of information on land issues between members and the Council; and
- f) Oversee community approvals under this land code

### **DEADLINE FOR LETTERS OF INTREST IS**

*New Deadline* → **DECEMBER 2, 2022 @ NOON!!**

In your letter, please indicate any Lands & Resources experience and how this will benefit the Committees recommendations. You can submit your letter at the Band Office or by e-mail to [stacyb@mississaugi.com](mailto:stacyb@mississaugi.com)





**WINTERTIME FOR DOGS, MEANS IF IT'S TOO COLD FOR YOU.**

**IT'S TOO COLD FOR THEM!!!**

**PLEASE BRING IN YOUR FURRY FRIENDS FOR THE WINTER.**

**JUST A FRIENDLY REMINDER TO PROTECT THEM, LIKE THEY PROTECT YOU.**

**IF YOU NEED ASSISTANCE OF ANY KIND WITH YOUR PETS THIS WINTER?**

**PLEASE CALL**

**SCOTT RICHER**

**YOUR FRIENDLY NEIGHBORHOOD BYLAW OFFICER**

**@- 705 356 1621 EXT #2259**





# Mississauga First Nation Lands Access Policy

*As Stated in MFN Land Code.*

The Mississauga First Nation Land Code states that residency and Access Rights exist for the following persons as per Section 37 (Rights of Access).

## Section 37.2

- a) a Lessee and his or her invitees. (Lessee = Status member who is renting property from MFN)
- b) Permittees and those granted a right of access under the permit – (**Currently not available**)
- c) Mississauga First Nation members and their spouses and children
- d) A person who is authorized by a government body or any other public body, established by or under an enactment of MFN, Parliament, or the province to establish, operate or administer a public service. To construct or operate a public institution or to conduct a technical survey,
- e) a person authorized in writing by the council or by MFN law.

**Access Rights DO NOT** include, equate or constitute **Harvesting rights**, or access to Natural Resources on Mississauga FN Territory.

**Access Rights** only pertain to the ability to access the land. This is in reference to MFN Trespassing Laws.

## Harvesting Rights, Natural resource access are solely for:

1. Status Indians of the Mississauga First Nation or their Invitees of whom they are hosting.
2. Status Indians of the Robinson Huron Treaty, with permission.

## Non-Band members are not permitted to hunt moose on MFN at any time!!!

**Non-Status Spouses, or children without Status living on MFN Territory, wishing to harvest resources on MFN Territory are obligated to comply with the following requirements.**

- **have the Status Member with them, (immediately in their vicinity)**
- **be in possession of a valid provincial license to harvest Game or resources from the land code territory.**
- **Comply with all provincial and federal rules and regulations**

Please forward any questions and concerns to the Mississauga FN Lands Department Manager, Keith Sayers @ 705-356-1621 x. 2236

## Caterer Needed!

Chi-Naakinagewin Coordinator is requesting for a  
Caterer for an evening meeting

**Meeting Date: December 13th, 2022**

**Time: 5pm Council Chambers**

**Number of People: 15**

Send submission to Amanda Sayers by December  
07, 2022 @ 12:00pm

Please submit an email to  
[amandasayers@mississauga.com](mailto:amandasayers@mississauga.com)

Please include Menu, Dessert & Drinks. Please  
ensure there is a vegetarian option.

Please include your Safe Handling Food Certification  
for verification.

\*Please note, to be more environmentally friendly,  
the Chi-Naakinagewin Coordinator encourages  
minimal use of plastic cutlery or Styrofoam  
products.

Miigwetch!! 😊

# December 2022



# SERVICE SCHEDULE

## Mississauga First Nation

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Mark Deverell-MD clinic AM Laurie-CCC Carla B.-COHI	2	3	4
5 Cheri- CCC Patricia T.- Traditional Practitioner Judy- NP clinic	6 Laurie-CCC Judy- NP clinic WOS PM ORT Cheyenne-MHC	7 Cheri-CCC	8 Cheri-CCC Mark Deverell-MD clinic AM	9 Footcare	10	11
12 Judy – NP Clinic Cheri- CCC	13 ORT Cheri-CCC Judy – NP Clinic Cheyenne-MHC	14 Cheri-CCC Jessica- DNE Joby-RD	15 Laurie- CCC Mark Deverell-MD clinic AM	16	17	18
19 Cheri-CCC Judy-NP Clinic	20 Christmas Closure	21 Christmas Closure	22 Christmas Closure	23 Christmas Closure	24	25
25 Christmas Closure	27 Christmas Closure	28 Christmas Closure	29 Christmas Closure	30 Christmas Closure	31	

**Appointments with Physicians, NPs, Dietitian, and DNE can be made through MFN's Health Centre: 705-356-1621 ext. 2224**

Please contact Maamwesying's Head Office: 1-705-844-2021 if you are looking for information on how to book an appointment with another service provider listed here.

Dr. Mark Deverell – Physician  
Judy Gillingham – Nurse Practitioner

# MFN – HSSU Activities/Events – November/December 2022 (28<sup>th</sup> – 8<sup>th</sup>)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>28</b></p> <p><b>DAAW</b> – Al-Anon (5:45-7:15) Cultural.  <b>CHR</b> – Nordic Pole Walk (1-2) SC/RPL  <b>CHA</b> – Yoga for Athletes (6-7) SC  <b>ASP</b> – Gym (3:30-5:30) SC</p>	<p><b>29</b></p> <p><b>DAAW</b> – NA Meeting (6:45-8:15) Cultural Bldg.  <b>CHA</b> – Yoga (10-11) SC  <b>CHA</b> – Cycling (6-7) SC  <b>CHA</b> – Roller Release (8-9) SC  <b>ASP</b> – X-Mas Gift Making (3:30-5:30) SC</p>	<p><b>30</b></p> <p><b>DAAW</b> – Drumming (6:00-8:00) Cultural Bldg.  <b>ASP</b> – X-Mas Gift Making (3:30-5:30) SC</p>	<p><b>1</b></p> <p><b>CSW</b>-Food Security Program (9:30-1:00) Child Yth. Bldg.  <b>DAAW</b> -Lighting Sacred Fire (8:30-3:00) Cultural Building  <b>FRC</b> – Diaper Prgm (9-10) CYB  <b>FRC</b> – Lending Prgm (9-10) CYB  <b>FRC</b> – Home Visit (9-10) CYB  <b>ASP</b> – Culture w/ NOG (3:30-5:30) SC  <b>CHA</b> – Holiday Hustle (5-6) SC  <b>FRC</b> – New moms and babies (11-1) CYB</p>	<p><b>2</b></p> <p><b>ASP</b> – Outdoor Activity (3:30-5) SC  <b>YC</b> – Soo greyhounds (4-11:30) Sault</p>	<p><b>3</b></p>	<p><b>4</b></p>
<p><b>5</b></p> <p><b>DAAW</b> – Al-Anon (5:45-7:15) Cultural.  <b>ASP</b> – Gym &amp; Crafts (3:30-5:30) SC  <b>CWC</b> – Lunch &amp; Learn (11:45-1:45) Cultural Bldg.</p>	<p><b>6</b></p> <p><b>DAAW</b> – NA Meeting (6:45-8:15) Cultural Bldg.  <b>ASP</b> – Xmas Gift Making (3:30-5:30) SC  <b>YC</b> – Xmas sign making (6-7:30) SC</p>	<p><b>7</b></p> <p><b>DAAW</b> – Drumming (6:00-8:00) Cultural Bldg.  <b>ASP</b> – Xmas Gift Making (3:30-5:30) SC  <b>YC</b> – Mental Health Support (6-8) SC</p>	<p><b>8</b></p> <p><b>CSW</b>-Food Security Program (9:30-1:00) Child Yth. Bldg.  <b>DAAW</b> -Lighting Sacred Fire (8:30-3:00) Cultural Building  <b>FRC</b> – Daycare Xmas Craft (9:30-11) Daycare  <b>ASP</b> – Culture Review/outdoor play (3:30-5:30) SC</p>	<p><b>9</b></p> <p><b>ASP</b> – Gym &amp; Crafts (3:30-5:30) SC  <b>YC</b> – BRPS Formal (8-10pm) BRPS</p>	<p><b>10</b></p> <p><b>CSSW</b> – Xmas craft show (10-2) SC</p>	<p><b>11</b></p> <p><b>YC</b> – Pancakes &amp; PJS (11-1) SC</p>
<p><b>COVID REMINDER</b></p> <p>PLEASE PRACTICE PHYSICAL DISTANCING OF 6 FEET/2 METERS            HAND WASHING/HAND SANITIZATION            WEAR A MASK IF YOU MUST GO OUT            AVOID GATHERINGS            IF YOU HAVE SYMPTOMS, GET TESTED AND STAY HOME</p>						
<p><b>Mississauga First Nation</b>            Stephanie Collins – Mental Health Counsellor – Ext. 2234  <b>Medical Transportation</b>            Mary-Ellen Morningstar – Med. Trans. Coord. – Ext. 2201  <b>Appointments with Physicians, NPs, Dietitian, and DNE can be made through MFN's Health Centre: 705-356-1621 ext. 2224</b></p>						
<p><b>YEW</b> - Early Years Worker- Sheri Macdonald - Ext.2253  <b>ASP</b> – After School Program - Racheal Glover - Ext.2308  <b>CHA</b> – Com. Health Activator - Janey Morningstar – Ext.2216  <b>G&amp;A</b> – Grandma and Auntie Program – Lucy Ann Trudeau - Ext. 2247  <b>Band Rep.</b> - Brent Niganobe – Ext.2245  <b>Band Rep.</b> - Laurie Jacques – Ext.2243  <b>HSSD</b> – Health Services Director – Nikki MacDonald Ext. 2227  <b>SSM</b> – Social Service Manager – Kelly Daybutch Ext 2240</p>						
<p><b>CHN</b> – Com. Health Nurse -Krysta Sawyer – Ext.2231  <b>CHR</b> – Com. Health Rep. - Chelsea Grimard – Ext.2203  <b>DAAW</b> - Drug &amp; Alcohol Addictions- Sky Cada - Ext.2228  <b>CWW</b> – Com. Wellness Coord. – Vacant – Ext.2226  <b>FRC</b> – Family Resource Coord. Christine Owl – Ext.2254  <b>CSW</b> – Com. Support Worker - Vacant – Ext.2242  <b>HSM</b> – Health Services Manager – Rhonda Peltier – Ext 2230  <b>FPW</b> – Family preservation Worker – Erin Chiblow – Ext 2240</p>						

COVID Vaccine Clinic  
Walk-ins welcome  
“Bivalent doses”  
Ages 12 +

When: December 7/2022

Time: 10-4 pm

Location: Activity room

*Get your booster before the holidays!*

If you have any questions or concerns, please call  
705-356-1621 x 2231 or  
e-mail: [krystasawyer@mississauga.com](mailto:krystasawyer@mississauga.com)



JORDAN'S PRINCIPLE PROGRAM

# Christmas Mystery Box

BAKING CHALLENGE



DECEMBER 6TH, 2022

5:30-7:30

CHILD AND YOUTH BUILDING

FOR FAMILIES WITH CHILDREN 0-18 YEARS OLD

TO REGISTER CONTACT JADE FOX  
JORDAN'S PRINCIPLE COORDINATOR @  
705 356 1621 EXT 2357 OR  
[JORDANSPRINCIPLECOORDINATOR@MISSISSAUGI.COM](mailto:JORDANSPRINCIPLECOORDINATOR@MISSISSAUGI.COM)

LIMIT TO 4 FAMILIES



# *Medicines and Diabetes*

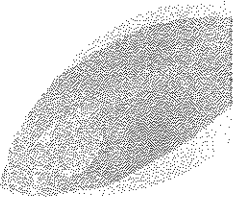


with Patricia Toulouse  
Monday December 5th

12:00- 1:00 p.m.

Council Chambers

Contact Chelsea to sign up at 356-1621 ext. 2203 or  
[chelseagrimard@mississauga.com](mailto:chelseagrimard@mississauga.com)





# ELDERS CHRISTMAS TREE

TUESDAY DECEMBER 6TH AT 11:00 A.M, MUST  
COME PICK OUT TREES. BUS WILL BE DOING PICK  
UP

DELIVERY WILL BE DECEMBER 8TH.

PLEASE REGISTER BEFORE DECEMBER 2

CALL CHELSEA AT 356-1621 EXT.2203 TO  
REGISTER

*Chelseagrimard@mississauga.com*



**WERE BACK!**

**SENIORS  
WALKING  
GROUP**

**WEDNESDAY DECEMBER 7**

**11:00-12:00**

**SPORTS COMPLEX**

**LIGHT SNACKS PROVIDED**

**BRING YOUR WATER**


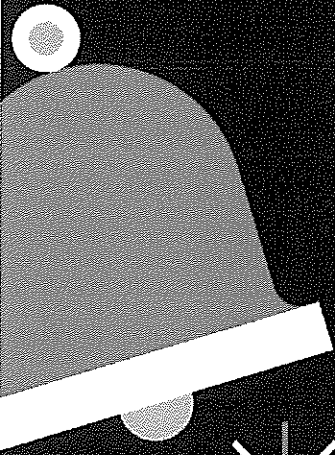
**TO REGISTER CONTACT CHELSEA**

**AT 356-1621 EXT. 2203**

*Chelseagr@mard@mississauga.com*



# ADVENTURES IN BAKING



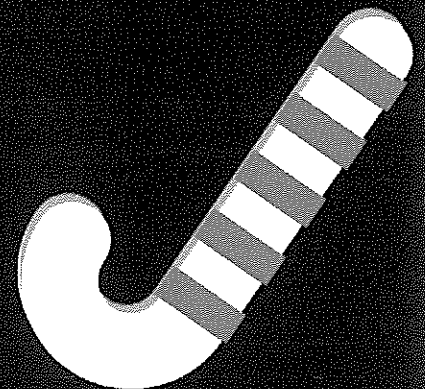
Thursday December 8th  
Red Pine Lodge  
10:00 a.m.- 1:00 p.m.



Cookie exchange edition



To register contact Chelsea  
at  
705-356-1621 ext. 2203





# FOOTCARE



DECEMBER 9th, 2022

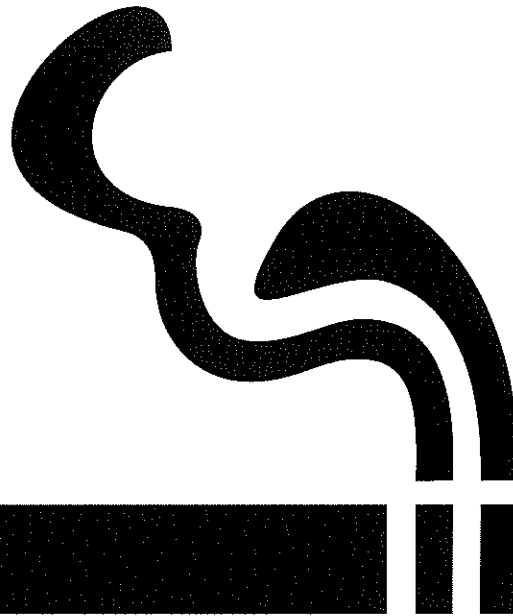
RED PINE LODGE

9:00 - 4:00 P.M.

PLEASE CONTACT CHELSEA TO  
BOOK AT 705-356-1621 EXT. 2203

*Chelseagrimard@mississauga.com*





# **STOP SMOKING** & GET BACK CONTROL

Monthly meet up for people who want to quit,  
reduce their use, or maintain their smoke free  
lifestyle!

***Wednesday December 14th***  
***Council Chambers***  
***12:00pm***

For more information contact:  
Chelsea Grimard, Community  
Health Representative  
[chelseagrimard@mississauga.com](mailto:chelseagrimard@mississauga.com)





Youth Coordinator

Youth ages 11-21

# Christmas Sign Making

Make a sign for a loved one or keep it for yourself!

December 6th 2022

6:00pm-8:00pm

Dinner & supplies provided

Please register for this program to ensure materials will  
provided.

Register by December 1st

Contact [PatriciaNiganobe@mississauga.com](mailto:PatriciaNiganobe@mississauga.com)



# Mental Health Support Circle w. Stephanie Collins

YOUTH AGES 12 - 21

**December 7th, 2022**

Youth Center- Sports Complex

5:30pm-7:00pm

Supper and refreshments will be  
provided



FOR ANYMORE INFORMATION, CONTACT  
PATRICIA NIGANOBE @  
PATRICIANIGANOBE@MISSISSAUGI.COM  
PHONE: 705-356-1621  
EXT.2229



# PANCAKES & PAJAMAS



SUNDAY, DECEMBER 11TH



COME & JOIN US!  
CHILDREN & FAMILIES 0-12

SANTA  
APPERANCE

PANCAKE  
BREAKFAST  
STARTING @ 11AM

TAKE HOME  
COOKIE KITS

Photos with Santa by Jen Kelly

COMMUNITY HALL- MFN  
COME N GO EVENT

11AM-1PM

GAMES, CRAFTS, DRAWS, HOT  
COCA SUPREMES & MORE!



YOUTH COORDINATOR

*Christmas Baking*  
*Youth 12-21*

December 13th, 2022

6:00pm-8:00pm

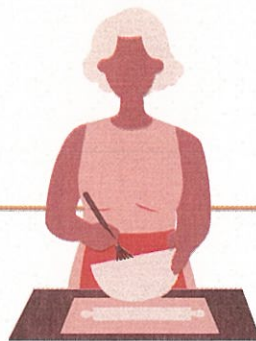
Sports Complex Kitchen

Make a special treat to take home for your family!

Participants must register for this program by December 9th, 2022.

Contact

PatriciaNiganobe@mississaugi.com to register for this program!





*Youth Ages 12-21*

# Christmas Ornament Making

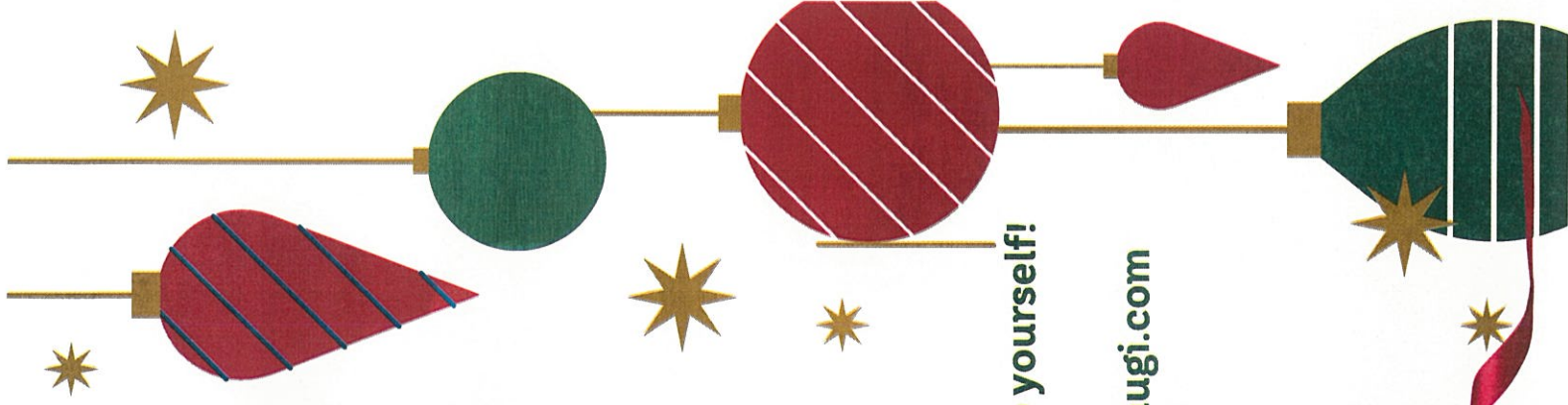
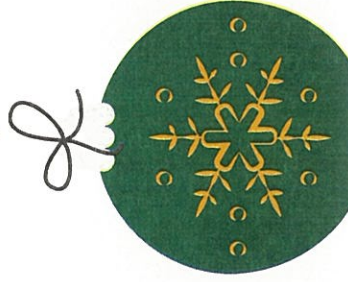
DECEMBER 14TH 2022  
6PM-730PM  
YOUTH CENTER

Make a gift for a loved one or keep yourself!

To register for this program-

Email: [PatriciaNiganobe@mississauga.com](mailto:PatriciaNiganobe@mississauga.com)

Telephone: 705-356-1621 ext 2229





MFN Youth Ages 12-21  
*Christmas Dinner @*

*17 Restaurant*

December 15th, 2022

5:00pm-7:00pm

Transportation provided from  
Sports Complex @ 5:00pm sharp  
Returning back to Sports Complex  
at 7:00pm.

Please contact Patricia Niganobe at  
[PatriciaNiganobe@mississauga.com](mailto:PatriciaNiganobe@mississauga.com)  
to register for this program by

**December 9th, 2022**



**MFN Food Security Program**

Date: \_\_\_\_\_

Pick up only

Name: \_\_\_\_\_

# of children \_\_\_\_\_ #of adults \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

**Please submit your Forms by Wednesday no late submissions will be accepted**

***Please note that if items are not in your box, it's because we are out of stock or unable to provide it.***

<p><b>Cereals (1 only):</b> Cold Cereal    Porridge    Pancake Mix Cream of Wheat</p> <p><b>Breads (1 only):</b> White Bread    Brown Bread    Flour</p>	<p><b>Meats (2 choices):</b> Hamburger    Chicken    Bacon</p> <p><b>Canned Meats: (1 only):</b> Tuna    Salmon    Chicken</p>
<p><b>Pasta or Rice (1 only):</b> Macaroni Rotini Spaghetti Lasagna Rice Fettucine</p>	<p><b>Dairy Products (2 only):</b> Canned milk Powder Milk Cheese slices Margarine</p>
<p><b>Canned Soups (3 only):</b> Mushroom Chicken Noodle Tomato Vegetable</p>	<p><b>School aged children only: ( 2 choices)</b> Pudding Fruit Cups Cookies</p>
<p><b>Other Canned Products:</b> Kidney Beans    or    Tomato paste Spaghetti Sauce    or    Diced tomatoes Canned Chickpeas    or    Canned Navy Beans Tomato Paste    2.84 L Vegetarian Beans Green Beans 2.84 L or    Canned vegetables</p> <p><b>Other Products (3 items only):</b> White sugar    Brown sugar Peanut butter    Pancake syrup Coffee/Instant Coffee    Tea Crackers    Ketchup Mustard    Crisco Lard</p> <p><b>Vegetable Oil (1 per month)</b> <b>Jam (1/once a month)</b></p>	<p><b>Hygiene Products:</b> Toilet Paper Hand Sanitizer</p> <p><b>One every 3<sup>rd</sup> months:</b> Javex All Purpose Cleaner Floor Cleaner</p>

Revised September 8, 2022

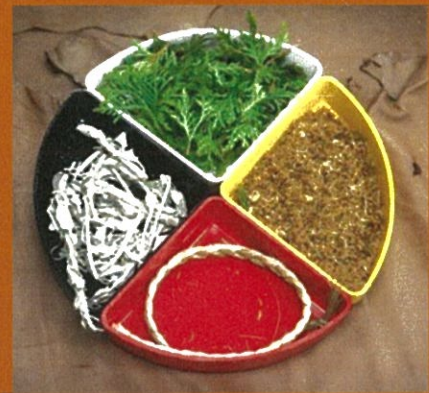
# December 2022 H&CC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Elder Calendar</b>						
4 Beaver Game SSM/John Rhode Pick up 11am	5	6	7 Christmas Food Bingo 1:30	8 Cooking food exchange with Chelsea	9 Christmas dinner at 17 restaurant 5pm	10
11	12 Grocery Shopping Elliot Lake 10am	13	14 Christmas Prize Bingo 1:30	15 Social tea with Santa 1pm	16 Office closed for Christmas at noon Return Jan 3, 2023	17
18	19	20	21	22	23	24
25	26	27	28	29 Tentative Garden River Bingo 10am	30	31

# Lighting the Sacred Fire

We will be lighting the Sacred Fire for the MFN community.

Come pray, stay, talk, or just enjoy the fire. Thursday's outside the Culture building. From 9 AM to 3 PM.



For more information call Sky Cada at 705-261-1370 or email [skycada@mississauga.com](mailto:skycada@mississauga.com)



## **AL-ANON MEETING**

Have you or a family member been affected by another's drinking or drug addiction?

Please come out and join us and find out for yourself what Al Anon can do to help you.

We meet on: Mondays 6:00 p.m.  
At: Mississauga First Nation's  
Cultural Center  
Park Road

There you will find a fellowship of others who share your same challenges.

We look forward to meeting you!!



Come out to a meeting and find out what it's about.  
Meetings happen every Tuesday in the Culture  
Building from 7 to 8 PM.

### What to Know About Attending Narcotics Anonymous

- Meetings are available daily all over the world
- Meetings are either open or closed to members only
- There is no religious affiliation, but spirituality is welcomed
- There is no cost
- NA doesn't focus on one specific drug addiction
- What is discussed in meetings will always remain anonymous

verywell