

# FASD/Neurodiversity Building on Strengths

Week 1 – Activity: Breathing Beads

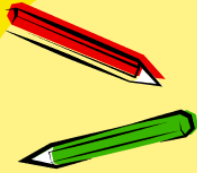
Week 2 – Activity: Calming Bottle

Week 3 – Sensory Bag

Week 4 – Making Fluff

Week 5 – Mocktails

Week 6 – Kits



 **MAAMWESYING**  
NORTH SHORE COMMUNITY HEALTH SERVICES INC.

WITH FRAN PINE-SABKESHIINH  
PROGRAM COORDINATOR

**DATES: April 12,19,26  
& May 3,10,17**

**TIME: 12:00pm -1:00pm**

## ZOOM Meeting

Limited to 5 families. Kits & lunch provided. Please call Christine Owl @ 705-356-1621 x 2254 by March 9/21 to finalize arrangements.