

NIIGAANIIN

Client and Community Newsletter

July 6, 2023



SUMMER HOURS

Mon-Thurs 8:30-4:30 - Fridays 9:00-12:30

FOR OUR CLIENTS STATEMENTS DUE JULY 16TH

AANISH NAA GENAADMOWIT

AMBER NIGANOBE

(705)923-7123

amber@niigaaniin.com

Services

- **Mental Health and Addictions Counselling**
- **Endaayaan Endazi-takookiiyaan**
 - **Advocacy Services**
 - **Specialized Group Programs**
- **Treatment preparation & Readiness**

OESP PROGRAM

CHECK YOUR HYDRO BILL FOR OESP EXPIRE

RENEWAL YEARLY

CALL CHRISTINA JACKPINE

705 356 1621 Ext 2236

INFORMATION

NIIGAANIIN

SERVICE ONTARIO TRAILER HERE ON

JULY 17TH 10:30-3:30

JULY 31ST 10:30-3:30

NIIGAANIIN WOULD LIKE TO WELCOME

NEW LMI COORDINATOR

KRISTEN JACKPINE

LABOUR MARKET INITIATIVE SURVEY

LMI COORDINATOR @MISSISSAUGI.COM

705 356 1621 EXT 2355

"QUOTE OF THE WEEK"

" YOU ONLY FAIL WHEN YOU STOP TRYING"

ODSP FN WORKER

STACEY ARMSTRONG

(705) 356 1621 - EXT 2352

FAX 705-356 0728

Mississauga First Nations

LOCAL AREA - JOB OPPORTUNITIES		
Position	Employer/Location	Closing date
Various positions available	Mississauga FN - check community flyer	until filled
Various Positions Available	Garden River FN	until filled
Various Positions Available	Serpant River FN	until filled
Various Positions Available	Sagamok FN	until filled
Various Positions Available	NOG/check website	until filled
Social Worker	Huron Shores Health Team	8/1/23
Cashier	Mitchells Pharmacy	7/14/23
General Labourer	Milltown Motors/Blind River	7/10/23
Receptionist	Algoma Chrysler/Spragge	7/21/23
Cook	The Pier/Blind River	7/31/23
Child and Youth Worker Assist-	The Well	7/31/23
Crossing Guards(3)	The Town of Blind River	8/31/23
Bus Driver	AJ Bus Lines/Blind River	9/30/23
Admin Support Clerk	MCCS/Sudbury	7/18/23
Behavioural Therapist	NOG/SRFN/Sagamok	7/18/23
Family Well-Being Worker	NOG/SSM	7/18/23
Children's Support Worker	NOG/Sudbury	7/18/23

Other Websites for job postings: Indeed; LinkedIn; Google jobs; Job-Bank.gc.ca; employment solutions

Also: Gas Attendants/Cashiers / Casual Parttime - Broken Canoe /ask for Jacquie

- **If you are on OW or EI or not working or need training ISETP's can offer you the following: Apprenticeships; Employment Supports/Startup; wage subsidies; Mobility/relocation assistance; Skills enhancement/Direct Course Purchase; Youth Work Experience; Student Employment; Career and Educational development: Self Employment Assistance ***

If you need help or assistance, you can call Rob our employment Counsellor at 705-356-1621 ext.2237 but please do not wait for the last minute. Call and make an appointment.

When applying for any position/job the process involved is: Where do you apply; in person; mail; fax; email or phone. Before applying, please read and follow all the instructions that is required from the employer, or you may be screened out and not get that interview.





Position: Native Student Support Mentor

Accountability: Education Director and BRPS Principal

Salary: \$47,889 - \$54,412

Employment Status: Full Time (1 year)

Hours of Work: 32 hrs

Preferences: MFN Band Members

Circulation Level: Level I

The Native Student Support Mentor will:

- Teaching either individuals or small groups of pupils within, or outside the class;
- Developing and adapting conventional teaching methods to meet the individual needs of pupils;
- Using special equipment and facilities, such as audiovisual materials and computers to stimulate interest in learning;
- Collaborating with the classroom teacher to define appropriate activities for the pupils in relation to the curriculum;
- Assisting other professionals, such as social workers, speech and language therapists, physiotherapists and educational psychologists; Working closely with parents and guardians;
- Organizing learning outside the classroom in activities such as community visits, school outings or sporting events;
- Assisting in severely disabled pupils' personal care/medical needs; Behaviour management.
- Advocate on behalf of students in the education system;
- Assist students with improving communication skills, interpersonal skills, social skills, life skills, conflict resolution skills and leadership skills; Promote the importance of education to students and parents;
- Promote awareness of academic and behavioral expectations required to succeed.
- Develop and deliver Seven Grandfather teachings to the school community;
- Provide culturally relevant activities in the school for student participation and to promote cultural awareness to the whole school community;
- Participate in local and regional committees in support of education and cultural service
- Participate in the Education Staff Team meetings and other internal communities/groups in support of education and cultural services to the community;
- Maintain liaison with the community to promote elementary school services; attend school staff meetings as requested.
- Prepare reports and correspondence as required; Prepare an annual work plan and monthly reports to supervisor;
- Establish work priorities and ensure deadlines are met and procedures are followed

The Native Student Support Mentor will possess the following qualifications, skills, experiences, and attributes:

- Post-Secondary Diploma in the Social Work Field;
- One (1) year experience in a counselling role with a First Nation or Aboriginal organization;
- Experience coordinating and facilitating workshops;
- Must have experience and knowledge regarding traditional Anishinaabe teachings, Aboriginal history, and understanding of traditional ceremonies; Anishinaabemowin fluency or willing to learn is considered an asset;
- Access to Vehicle and valid driver's license as some travel will be required
- Able to provide a Criminal Reference Check/Vulnerable Sector Check
- Knowledge of age-appropriate teaching techniques and clear understanding of immersion philosophy and language

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview.** Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation
P.O. Box 1299 Blind River, Ontario P0R1B0
Attention: Human Resources Department
Marked: **CONFIDENTIAL**
EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740
Deadline: July 11, 2023

Thank you to all applicants; however, only those selected for an interview will be contacted.

WALKING IN BALANCE

A socially and culturally healthy community where individuals have the opportunity to prosper and to achieve their full potential spiritually, emotionally, mentally, and physically through generous and unselfish support for one another, while pursuing balance and harmony within, with each other, and with Mother Earth.



Position: Mental Health Family Counsellor

Salary: TDB

Hours of Work: 32 hours per week

Circulation Level: Level I

Accountability: Mental Health Counsellor

Employment Status: 2 years contract

Preferences: MFN Band Members

The Mental Health Family Counsellor will perform the following duties:

- Provide clinical assessment and counselling to clients which includes one-on-one & group counselling services of a supportive, educational and skills building nature to individuals, children, youth and families.
- Assist clients in locating and accessing services in the community that will assist in addressing their wellness related needs (physical, emotional, spiritual, mental).
- Assist in system navigation, support, and complete referrals based on individual/family needs.
- Aid in the development of treatment and safety plans as determined and signed off by the Mental Health Counsellor.
- Provide education to clients, families, significant others, and community.
- Conduct on-site risk assessment and mental status examinations.
- Review client information files on a regular basis to keep up to date with any changes.
- Support members in addressing a variety of presenting life circumstances which may include but is not limited to trauma, grief and loss, depression, anxiety, self-harm, suicidal ideation, substance use, individual & community crisis, domestic violence, stress, etc.
- Actively participate in intake and case review meetings; Attend team supervision meetings as required.
- Collect client and program information and provide reports to the Mental Health Counsellor as requested.
- Provide information and consultation to other agencies and community about mental health related issues.
- Participate in other inter-agency meetings or projects that will improve client services as directed by the Mental Health Counsellor.
- Identify gaps in resources/services, and where appropriate, assist in efforts to meet the needs.
- Facilitate community mental health promotion and education.
- Maintain up to date, accurate and confidential electronic case records and statistical data as required.
- Complete and submit all relevant reports (monthly, training, newsletter, etc.) as directed by supervisor.
- Network with external agencies that have an impact or could enhance client care or general mental health programming.

The Mental Health Family Counsellor will possess the following qualifications, skills, experiences, and attributes:

- Degree or Diploma related to the area of Social Work, Indigenous Services, Native Child & Family Services, Social Services Worker **and** minimum 3 years' experience in the clinical counselling setting of social work with Indigenous Children, adolescents, youth and/or families in a social services field; Previous experience working with First Nations communities.
- Valid Ontario Driver's License; First Aid and CPR Certification.
- Must provide a clear criminal reference check/vulnerable sector check (annually).
- Excellent assessment, interviewing and counselling skills.
- Experience in mental health and substance abuse areas preferred; Demonstrated experience working with concurrent disorders; Demonstrated experience working with clients who identify as LGBTQ+.

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be in person. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation Attention: Human Resources Department

P.O. Box 1299 Blind River, Ontario P0R1B0

Marked: **CONFIDENTIAL**

EMAIL: hradvisor@mississaugi.com **FAX:** 705-356-1740

Deadline: July 12, 2023

Thank you to all applicants; however, only those selected for an interview will be contacted.

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Position: Back-Up Receptionist
(Admin & Health Dept)

Accountability: Finance Director

Salary: \$22.55 hourly

Employment Status: Casual

Hours of Work: As needed

Preferences: MFN Band Members

Circulation Level: Level I

The Back-Up Receptionist will:

- Receive all incoming telephone calls and visits in person and direct all inquiries and persons appropriately and with courtesy.
- To receive and record all incoming and outgoing mail, open and distribute it to the appropriate staff, affix appropriate postage and ensure proper handling, photocopying of mail as needed.
- Be aware of and as required and requested to provide information about all staff employees' whereabouts.
- As needed and requested, order appropriate storage, distribution, and use of office supplies (i.e., pens, writing pads, staplers/staples, 3-hole punch) stationery and standard agency forms.
- Maintain booking schedule for Council Chambers using Outlook monitoring, community hall rental, van and bus rental, cultural center.
- Perform secretarial and clerical duties of photocopying, faxing, typing, and telephoning.
- Make travel arrangements and maintain travel itineraries for all staff, when required.
- Responsible for drafting letters and any other correspondence related to office administration.
- Ensure confidentiality and safekeeping of all the organization's records, forms, and documents.
- Assist Housing and Property Manager with receipt of rent monies when required.
- Update employee telephone and email listing for all staff and Chief and Council.
- Receive money, prepare invoices, and log payments for photocopying/ facsimile transmissions for public and forward to Finance Clerk and place in safe.
- Responsible for and maintaining Visitor Logbook; Employee Sign In / Out Daily logbook.
- Conduct themselves in a professionally appropriate manner; and any other duties are required.

The Back-Up Receptionist will possess the following qualifications, skills, experiences, and attributes:

- Certificate and/or diploma in secretarial and office services with minimum of two (2) year related experience.
- Experience working with aboriginal people, organizations, and communities.
- Must provide a clear Criminal Records Check.
- Knowledge of Mississauga First Nation programs and services; understanding of Aboriginal culture and traditions.
- Knowledge of the Occupational Health and Safety Act and the Canada Labour Code as it applies to the worker.
- Good interpersonal skills; good public relations; good communication/ organizational skills.
- Excellent time management skills; excellent computer skills with MS Office including Excel, Word, Access.
- Ability to work independently and within a team environment; and ability to pay attention to detail and ensure accuracy with work.

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview.** Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation
P.O. Box 1299 Blind River, Ontario P0R1B0
Attention: Human Resources Clerk
Marked: **CONFIDENTIAL**
EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740
Deadline: Until position is filled

Thank you to all applicants; however, only those selected for an interview will be contacted.

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NOW RECRUITING IN SAULT STE. MARIE

Indigenous Software Tester Training Program

PLATO

**Are you a naturally curious person?
Do you like figuring out how things
work?**

Join our **training program** to become a
software tester.

Graduates will become full-time software
testers with paid vacation and full benefits.

Requirements:

- Desire to learn and start a new career
- Interest in technology
- Indigenous heritage
- High school diploma, GED 12, and/or work experience

**THIS PROGRAM IS FOR
PEOPLE WHO ARE:**



Critical Thinkers



Problem Solvers



Detail Oriented



Motivated to Learn

Location
Sault Ste. Marie,
Ontario

Start Date
September
11, 2023

Apply by August 20, 2023

For more info and to apply:

www.platotech.com/ssm



ILMI PRESENTS

Summer Survey Incentives

**DELUXE PARTY ISLAND - 3 PIECE COOLER BAG -
2 TOWELS - YETI**

**LIVE DRAW WILL BE ON JULY 31, 2023. THOSE
WHO HAVE COMPLETED AN ILMI SURVEY
SINCE MAY 15, 2023 WILL BE ENTERED**

CONTACT KRISTEN JACKPINE

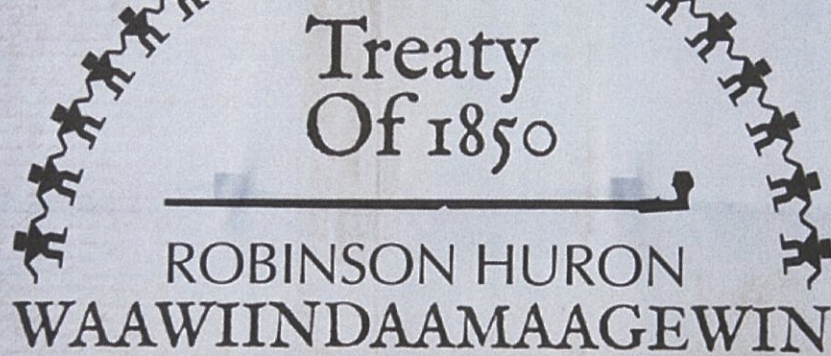


ILMI COORDINATOR

705-356-1621 EXT 2355

lmicoordinator@mississauga.com

STAY TUNED FOR NEXT MONTHS PRIZES



Treaty
Of 1850

ROBINSON HURON
WAAWIINDAAMAAGEWIN

Call out for Elders

ROBINSON HURON TREATY GATHERING 2023



Date - September 7 - 9

MFN is looking for 1 male elder and 1 female elder to attend the RHT gathering in Garden River First Nation and Bawating



Travel, meals and accommodation will be covered for the duration of the gathering.

To apply, please contact the Executive Assistant, Kathleen Lofstrom



photos from <https://www.robinsonhurontreaty1850.com/treatygathering>



Kathleen Lofstrom
cncea@mississauga.com



705-356-1621
Ext. 2212

CALL OUT FOR POW WOW VOLUNTEERS



**WE ARE LOOKING FOR VOLUNTEERS OF ALL AGES FOR OUR
UPCOMING 42ND ANNUAL TRADITIONAL POWWOW (HELD IN
MFN ON JULY 15TH AND 16TH, 2023).**

**FREE EVENT T-SHIRT AND DAILY LUNCH VOUCHER'S
AVAILABLE, PLUS 'VOLUNTEER DINNER' HELD AT PIER 17.**

**HIGHSCHOOL STUDENTS CAN ALSO HAVE THEIR HOURS SIGNED
OFF TOWARDS GRADUATION REQUIREMENTS!**

**ANY INTERESTED VOLUNTEERS CAN REACH OUT TO SARAH
MCGREGOR AT SARAHDAYB37@GMAIL.COM**



IMPORTANT NOTICE FROM THE
MEMBERSHIP OFFICE

The Membership office is currently out of status Cards. A notice will be sent out when the office is able to issue status cards again. Sorry for any inconvenience.

The Membership office will be closed
July 13 to August 9, 2023

As always, please phone ahead to make an appointment for membership services.

ANYONE WISHING TO UPDATE THEIR
CONTACT INFORMATION DURING THIS
TIME CAN DO SO WITH CLAUDETTE BOYER

Email:
claudetteb@mississaugi.com
Phone:
705-356-1621 Ext. 2206

Youth Camp at Mississagi Park

Ages 12-16

August 6 to 13
2023

3 Youth from
Mississauga First Nation

Deadline to register
is July 19, 2023

First Come. First Serve



Events include:

- Hiking/Medicine Walk
- Canoeing
- Drum Making
- Basic Survival Skills
- Story Telling
- Visit to Thunder Mountain



Parents will need
to fill out a waiver
form and photo
release form

Kids will need a
sleeping bag

Contact:
Keith Sayers
keith@mississauga.com



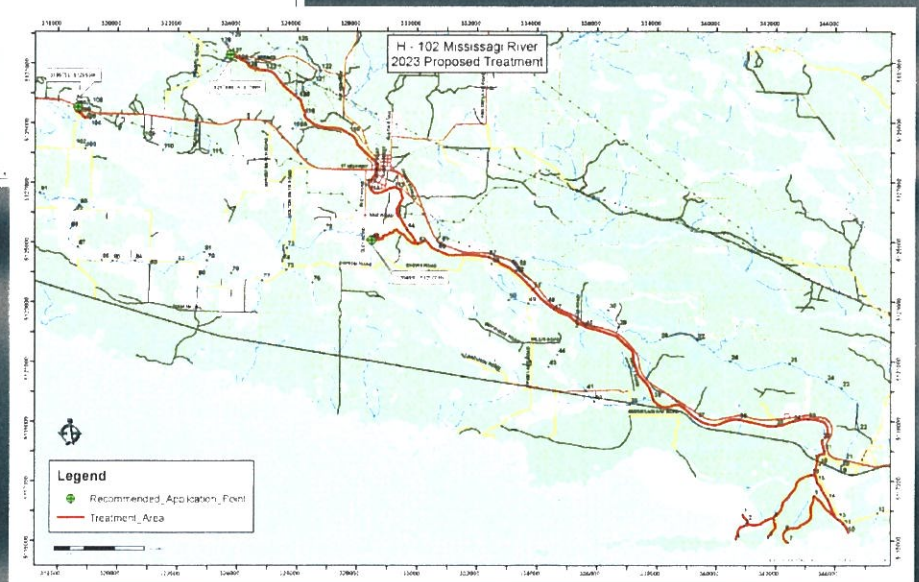
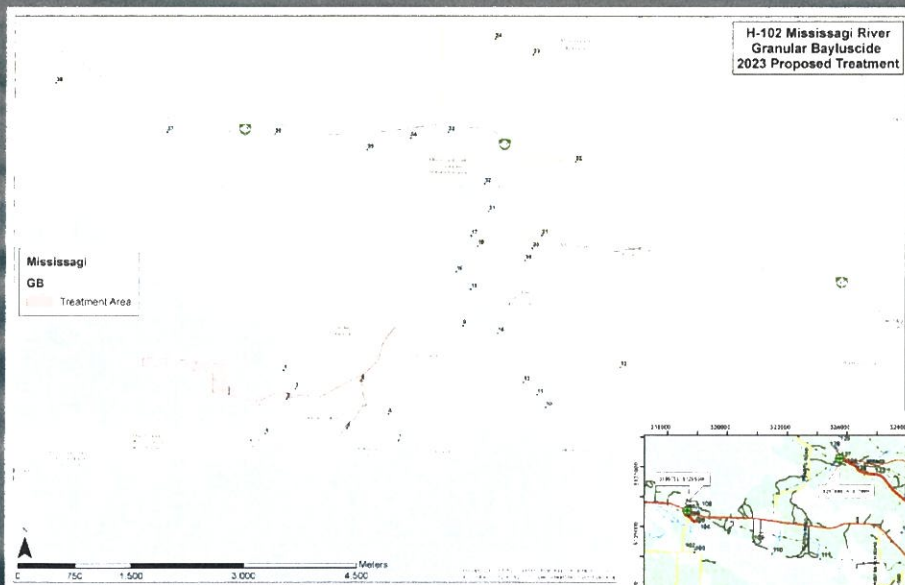
Community Notice

Attention Mississauga Band Members

Please be advised that the Department of Fisheries and Oceans (DFO) along with Sea Lamprey Control Center (SLCC) will be partnering with Mississauga First Nation once again for Sea Lamprey Treatment within the Mississauga First Nation.

Treatment is expected to start on August 11th 2023, and should be completed on August 13th, 2023. As a precaution please avoid treated areas for 24 hours.

If there are any questions please contact the Lands and Resources Department at 705 356 1621





Lands and Resources

Community Notice

Lands and Resources will be reestablishing lot boundaries of recreational land use permits on Mississauga First Nation

This project will be ongoing during the spring and summer months



For more information,
please contact **Lands and
Resources**

REGALIA WORKSHOP



Create & Tune up..

Mississauga Traditional Pow Wow is fast approaching!! Come out and start getting your gear together. Limited supplies available.

WHEN?? Monday, July 10th and Tuesday July 11th

TIME?? 6:00 to 9:00 pm

WHERE?? Education Building

For more information contact:

Lucy Ann Trudeau

Grandmas and Aunties Coordinator

705-356-1621, ext 2247 or lucyantrudeau@mississaugi.com

See You There!!!

RIBBON SKIRTS 2023

If you haven't already made a ribbon skirt with the Grandmas and Aunties program yet, this is the session for you!!

When?? July 5 and 12

Time?? 6:00 pm to 9:00 pm

Where?? Education Building

Limited to 10 participants so please call to reserve your spot.

Light refreshments available.

Call Lucy Ann, Grandmas and Aunties Coordinator @ 705-356-1621, ext 2247 or drop by the Education Building to place your name on the list!!

See you there!!!



Thursday evening Sewcials resume

Thursday, JULY 6th and 13th, 2023

From 6:00 pm to 9:00 pm.

Bring a project, a UFO (unfinished object), or your beads. Pow wow season is around the

corner. For more information, please

contact: Lucy Ann

705-356-1621, ext 2247 or drop by the
Education Building.

See you there!!!

Grandma & Aunties

For more info call Lucy Ann Trudeau @ 705-356-1621, ext 2247, or stop by Education!

July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2	3 BAND OFFICE CLOSED	4	5 RIBBON SKIRTS 6:00 – 9:00 pm	6 Thursday Sewcial 6:00 – 9:00	7	8
9	10 Regalia 6:00 – 9:00 pm	11 LAST CHANCE REGALIA!! 6:00 – 9:00 pm	12 Ribbon Skirts 2.0 6:00 – 9:00 pm	13 Thursday Sewcial 6:00 – 9:00	14	15 MFN POW WOW
16 MFN POW WOW	17	18 CRAFTERNOONS 2:00 PM TO 7:00 PM	19	20 Day Camp Luncheon Thursday Sewcial 6:00 – 9:00	21	22
23	24 Orange Shirt Pins 6:00 – 9:00	25	26 CRAFTERNOONS 2:00 PM TO 7:00 PM	27 Thursday Sewcial 6:00 – 9:00	28	29
30	31					

EVENTS

Pow Wow Ready? Regalia..

Bring your regalia in for updates, and help in design and completion. We have sewing machines and limited supplies. I encourage you to bring in your supplies and fabric.

Thursday Sewcial

Bring your UFO's in for completion, or your projects in for help

All events in the Education Building

Crafternoons

No time in the evening?? Join me for an afternoon of crafting... I have some supplies for beaded earrings, lanyards and dream catchers. Stop on by!!

RED PINE LODGE

***STRAWBERRY
PICKING***

MONDAY JULY 10th

8:30am PICK UP

CALL RPL BY FRIDAY JULY 7th

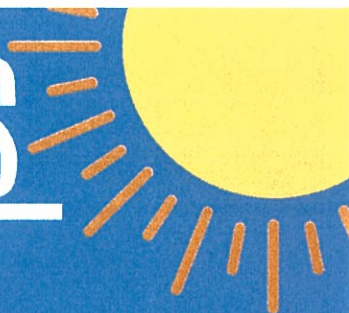
BEFORE 12 NOON

705-356-5578

**IRON BRIDGE STRAWBERRY
FIELD**

TO RESERVE A SEAT ON THE BUS

RPL JULY ACTIVITIES



WEDNESDAY JULY 12TH

YOUTH & ELDERS TEA SOCIAL 1 PM
FOLLOWED BY RPL BINGO AT 1:30PM

THURSDAY JULY 13th

MANITOULIN ISLAND SIGHT SEEING
10AM PICK UP- CALL TO BOOK A SEAT

THURSDAY JULY 20th

BOWLING SAULT STE MARIE
10am Pick up- CALL TO BOOK A SEAT

FRIDAY JULY 28th

GARDEN RIVER BINGO
10am Pick up- CALL TO BOOK A SEAT

RPL BINGOS

Wednesday July 12th 1:30 pm

Wednesday July 26th 1:30pm

HOME & COMMUNITY CARE

JULY

SUN MON TUE WED THU FRI SAT

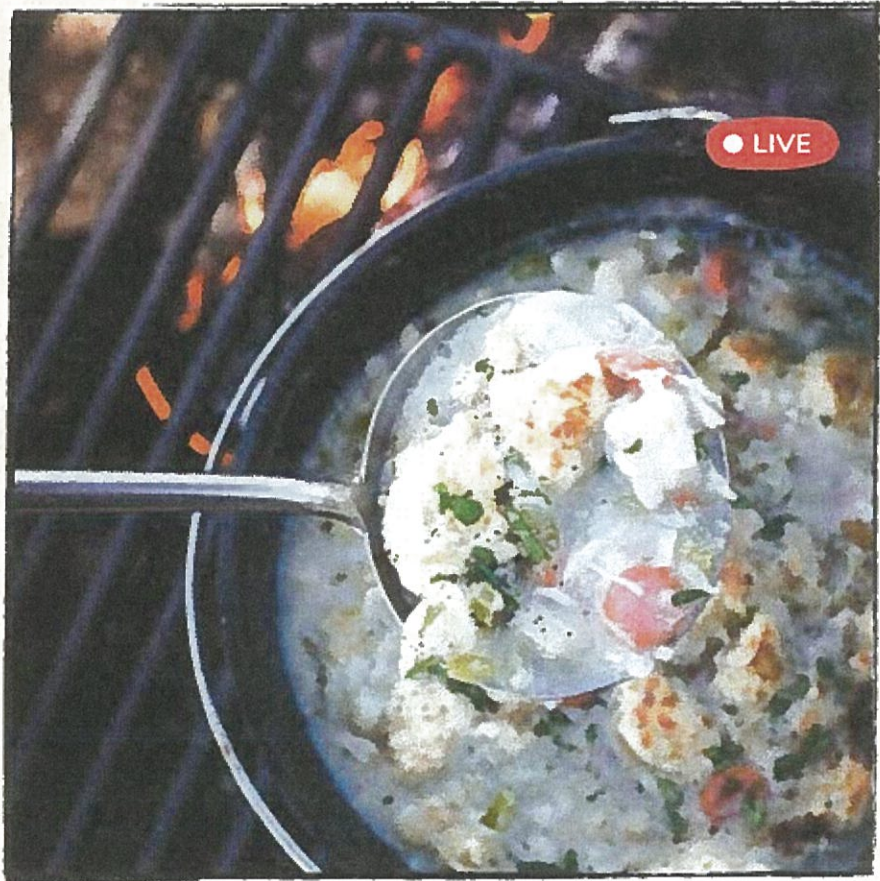
****REMINDER****
 A MIN of 5 people are required for out of town trips
 RPL 705-356-5578

2	3	4	5	6	7	8
	CANADA DAY OFFICE CLOSED		Espo Swim/Shop 10am Supper & Learn 5pm-7pm RPL			
9	10	11	12	13	14	15
			RPL BINGO 1:30pm	Manitoulin Island Sight seeing 10am		MFN POW WOW
16	17	18	19	20	21	22
MFN POW WOW				Bowling SSM 10am		
23	24	25	26	27	28	29
			RPL BINGO 1:30pm		Garden River Bingo 10am	

Family Resource Coordinator
Early Years Worker
Health Educator

COOKING WITH OUR ELDERS

CHICKEN & DUMPLINGS



Event at Chiblow Lake Lodge

Join us for a fun filled day at the Lake. If you need transportation please call Christine at 705-356-1621 ext. 2254

Bring your lawn chairs and sun screen

JULY 18TH | 10 AM TO 1PM

Please call or Email Chrstitne Owl -Family Resource Coordinator at: christine@mississugi.com to participate



Family Resource Coordinator
Health Promotion Worker
North Channel Indigenous
Midwifery



Moss Bags & Bonnets

July 19th 2023

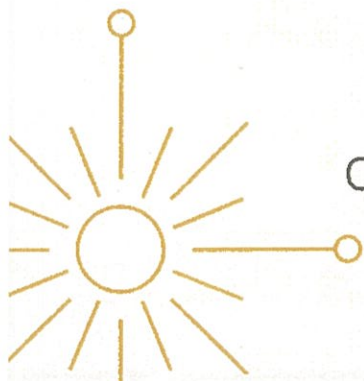
10:00 am - 4:00 pm

Child & Youth Building

all material provided

Lunch and snacks available

for more information please contact
Christine-Family Resource Coordinator at
705-356-1621 ext. 2254 or email
christine@mississaugi.com



MISSISSAUGA FIRST NATION
FAMILY RESOURCE COORDINATOR
HEALTH EDUCATOR

WHAT TO EXPECT WHEN YOU'RE EXPECTING

Diaper Bag Edition

Come on out, ask questions, plan ahead
and
prepare your diaper bag!




WHEN : JULY 25TH, 2023

11:30AM - 1:30PM

WHERE : CHILD AND YOUTH BUILDING

To register email christine@mississaugi.com
or phone 705-356-1621 EXT 2254





Mississauga First Nation
Family Resource Coordinator
Early Years Worker
Community Support Service Worker

Children's Fishing Derby & Beach Bash

Saturday July 29 2023

10:00 AM 3:00 PM

Chiblow Lake Beach

Scone dog lunch







PRIZES

fun

dance

eat

All children must be accompanied by an adult





**REGISTRY
NEEDED**

MFN Sports Complex



TINY TOTS GYM PLAY

**SUNDAY JULY
9TH!**

12 am to 2 pm
Ages 0-6

Activities

Fun Games
Music & Dance
light snacks
And a Lot More...

E:COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM
T:705.356.1621 EXT.2216

FIT FUN

CLASS

JULY 12 & 19TH

NOON & 6PM

- **CARDIO TRAINING**
- **WEIGHTS TRAINING**
- **AEROBIC FITNESS**

REGISTRATION IS NEEDED



MFN SPORTS COMPLEX

E-COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM

T:705.356.1621. EXT 2216

MFN Sports Complex

Fitness classes & programs

July 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Monday's HIIT 6pm

Tuesday's yoga 10am

Thursday's Yoga 10 am /

Cycling 6 pm / Roller 7 pm

Tiny Tots! July 9th @ 12 to 2
pm

Fit Fun! July 12th & 19th @
noon & 6 pm

Registration is need!

E: communityhealthactivator@mississauga.com

T: 705.356.1621 ext. 2216



Aanii Kina Wiya,

Hello, my name is Jennah Ferrigan. I am a proud member of Mississauga First Nation, and I am pleased to be working here on Mississauga First Nation as the Treatment Resources Project Coordinator. The treatment Resource project coordinator will be responsible for developing and exploring various Aftercare treatment needs and options for the community. I will be working closely with the Mississauga first nation AD-HOC committee to create a plan/option for the development of a substance dependency Treatment Aftercare program that provides cultural and family-based treatment services for Mississauga First Nation.

Before coming back home to my community, I was studying at Sault College and graduated from the Social Service's Worker Indigenous Specialization program. I am a registered social service worker with the colleges of Ontario. I have a background in the field of addictions and Mental Health and hope to bring awareness and support to the community. When I am not in the office or working, I enjoy family time, hiking outdoors, kayaking, camping, gardening, and spending time with my labradoodle and partner. I believe that by being on the land and in harmony with creation, we are healing ourselves and our communities.



Warm Regards,

Jennah Ferrigan
Treatment Resources Project Coordinator
trpcoordinator@mississaugi.com

MISSISSAUGA FIRST NATION
HEALTH EDUCATOR
FAMILY RESOURCES COORDINATOR
NORTH CHANNEL
INDIGENOUS MIDWIFERY

Postpartum NUTRITION AND MEAL PREP



FACILITATED BY
JOBY QUIAMBAO,
REGISTERED DIETICIAN

Join us in learning how to
plan ahead, make healthy
meals and prepare yourself
for postpartum

July 12th, 2023

11:30AM - 1:30PM

Child and Youth Building

Register by email sherimacleod@mississauga.com or 705-356-1621 ext 2253

MONTHLY DIABETIC CLINIC

NEW AND IMPROVED!



If you are diabetic, has had recent blood work and would like to book an appointment with the team;

Nurse Practitioner
Community Health Nurse
Diabetic Nurse Educator
Registered Dietitian
Community Health Representative
Health Educator

Please email chelseagrimard@mississauga.com
or call 705-356-1621 extension 2203

We will be offering a different appointment approach.

1 on 1 with Health Team

TAKE CONTROL OF YOUR HEALTH

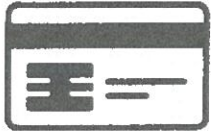
NEXT CLINIC DATE : JULY 19TH, 2023 FROM 10:00AM-3:00PM
BAND OFFICE - HEALTH CENTRE



NUTRITIONAL SUPPLEMENT CARD FOR FAMILIES WITH CHILDREN 0-6 YRS AND PRENATAL

Starting April 2023 changes will be implemented to this program.

*listed is the pick up date, please email the Family Resource Coordinator by the 15th of each month to ensure a card is purchased for that month



Pick up dates:

*July 26th 2023

from 8:00 AM to 2:00 PM including lunch hour

*** As a requirement of the program, receipts will need to be submitted before the next card pick up.**

Please remember it is your responsibility to pick up on date unless other arrangements have been made.

Please note, you can not accumulate cards

Thank you

If you have any questions or concerns please email Christine Owl -
Family Resource Coordinator

email: christine@mississauga.com

Food Bank & Security Program

Food Bank is kindly asking for donations of cardboard boxes, packaging containers with lids such as; Peanut Butter, butter, margarine, mayo, sour cream etc. There will be a labelled bin outside the food bank to put your donations in or, contact me at daniellecada@mississauga.com for pick-up.

Also, a reminder that food bank boxes will remain inside on Thursdays, due to animals and uncontrollable weather conditions. Please knock at the front window and your food box will be handed out to you.

We are also looking for volunteers, if you can spare an hour in the mornings down at the Community Garden. Contact me by email for more information. Please be advised that I do not have a contact number for Food Bank. For inquires and/or concerns I can be reached during work hours, through my work email stated above, thank you.

Box pick-up time is Thursday from 10am- 3pm 😊



Thank you in advance for your kind donations to Food Bank.

Danielle Cada – Food Bank & Security Coordinator



Calling All Men

Come join the Kizhaay program. We will be engaging in:

- Teachings
- Ceremonies
- Setting net, filleting and smoking fish.
- The different traditional medicines in our backyards.
- Mocassin making
- Upon graduation we will be having a Sweat.

Meals and refreshments will be provided

Daily prize draws

Certificate will be available after completion of the program

The program dates are: July 3, 5, 10, 12, 17, 19, 24, 26, 31 and
August 2, 2023

Register with Sky Cada 705-356-1621 ext. 2228 or
email skycada@mississauga.com



MEN'S DROP IN

Come out and join us
Soup and Sandwich lunch will be
provided

AT THE CULTURE
BUILDING FROM 10 TO 2
EVERY THURSDAY, 2023

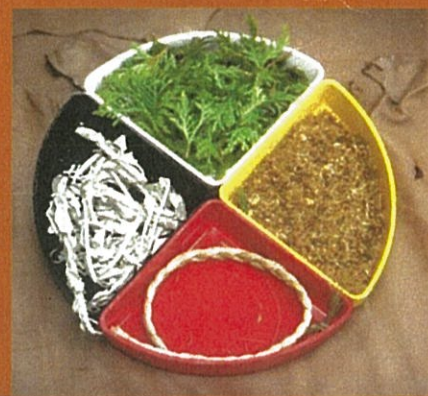


If you have any questions contact
Sky Cada at 705-356-1621 ext 2228

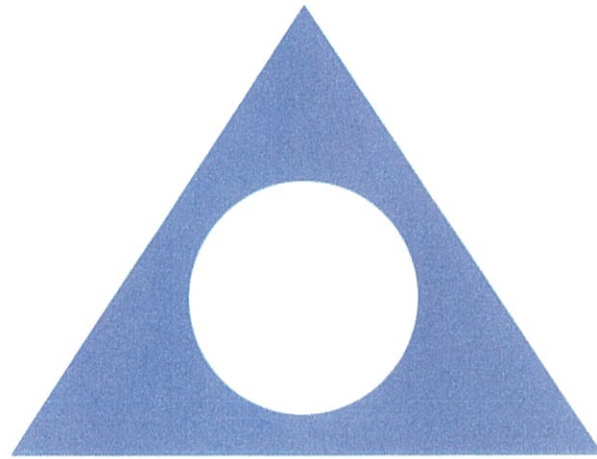
Lighting the Sacred Fire

We will be lighting the Sacred Fire for the MFN community.

Come pray, stay, talk, or just enjoy the fire. Thursday's outside the Culture building. From 9 AM to 3 PM.



For more information call Sky Cada at 705-261-1370 or email skycada@mississauga.com



AL-ANON

for families & friends of alcoholics

****Starting Again****
AL-ANON MEETING

Have you or a family member been affected by another's drinking or drug addiction?

Please come out and join us and find out for yourself what Al Anon can do to help you.

We meet on: Mondays 6:00 p.m.
At: Mississaugi First Nation's
Cultural Center
Park Road

There you will find a fellowship of others who share your same challenges.

We look forward to meeting you!!
Snacks and Refreshments provided



NA Meetings are happening Tuesday
at 7:00 pm in the Culture Centre.
Snacks and refreshments will be provided.
\$20 Tim Hortons Card drawn monthly.

“AT ANY GIVEN MOMENT YOU HAVE
THE POWER TO SAY THIS IS NOT HOW
MY STORY ENDS”

For information please send email to:
skycada@mississaugi.com