

NIIGAANIIN

Client and Community Newsletter

MAY 18, 2023



REGULAR HOURS

Mon-Thurs 9:00-4:30 - Fridays 9:00-4:00

OW CLIENTS
OW CHEQUE DAY
JUNE 1, 2023

AANISH NAA GENAADMOWIT

AMBER NIGANOBE

(705)923-7123

amber@niigaaniin.com

Services

- Mental Health and Addictions Counselling
- Endaayaan Endazi-takookiiyaan
 - Advocacy Services
 - Specialized Group Programs
- Treatment preparation & Readiness

OESP PROGRAM

CHECK YOUR HYDRO BILL FOR OESP EXPIRE

RENEWAL YEARLY

CALL CHRISTINE JACKPINE

705 356 1621 Ext 2236

INFORMATION

OFFICE CLOSED
MONDAY MAY 22, 2023 FOR
VICTORIA DAY

NIIGAANIIN WOULD LIKE TO WELCOME

NEW LMI COORDINATOR

KRISTEN JACKPINE

LABOUR MARKET INICIATIVE SURVEY

LMI COORDINATOR @MISSISSAUGI.COM

705 356 1621 EXT 2355

"QUOTE OF THE WEEK"

" A JOURNEY OF A THOUSAND MILES...

BEGINS WITH A STEP."

ODSP FN WORKER

ROBYN RECOLLETT

1-800-825-7593 - EXT 216

FAX 705-253-2090

Mississauga First Nations

LOCAL AREA - JOB OPPORTUNITIES

Position	Employer/Location	Closing date
Various positions available	Mississauga FN - check community flyer	until filled
Various Positions Available	Garden River FN	until filled
Various Positions Available	Serpant River FN	until filled
Various Positions Available	Sagamok FN	until filled
Various Positions Available	NOG/check website	until filled
Admin Support Clerk	Probation and Parole/Sudbury	open
Summer Student	Northshore Health Network	4/30/23
Social Worker	Huron Shores Health Team	8/1/23
Bus Drivers	AJ Bus Lines/Blind River	6/30/23
Labourer	Rouillard Contracting/Blind River	6/2/23
Meat Wrapper	Value Mart / Blind River	5/26/23
Meat Cutter	Value Mart / Blind River	5/26/23
Cook	The Pier/Blind River	5/31/23
General Labourer	GFL/Blind River	4/30/23
Lumber Sales and Seasonal	Home Hardware/Blind River	5/16/23
Manager and worker	JR Pizza/Blind River	5/26/23
Office Assistant	A&S Embroidery/Blind River	5/18/23
Small Eng. Mech.	NAPA / Blind River	5/31/23

Other Websites for job postings: Indeed; LinkedIn; Google jobs; Job-Bank.gc.ca; employment solutions

Also: Gas Attendants/Cashiers / Casual Parttime - Broken Canoe /ask for Jacquie

- If you are on OW or EI or not working or need training ISETP's can offer you the following: Apprenticeships; Employment Supports/Startup; wage subsidies; Mobility/relocation assistance; Skills enhancement/Direct Course Purchase; Youth Work Experience; Student Employment; Career and Educational development: Self Employment Assistance *

If you need help or assistance, you can call Rob our employment Counsellor at 705-356-1621 ext.2237 but please do not wait for the last minute. Call and make an appointment.

When applying for any position/job the process involved is: Where do you apply; in person; mail; fax; email or phone. Before applying, please read and follow all the instructions that is required from the employer, or you may be screened out and not get that interview.





Aanii,

For those of you who don't know me, my name is Kristen Jackpine. I am a Mississauga First Nation band member. I've worked all over western Canada, Whistler, Northern BC, Saskatchewan, Calgary. I enjoy fishing, hunting, kayaking, campfires. I'm thrilled and excited to have recently joined Niigaaniin as the Indigenous Labor Market Co-Ordinator.

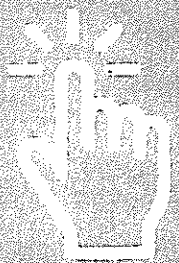
My job is to get band members on and off reserve to take a quick survey, it will be used to gather information regarding our members education, employment, and training. So, if you haven't participated yet, shoot me an email, give me call or stop in and see me, we can do it together!

Miigwetch

Kristen

Kristen Jackpine
Indigenous Labor Market Information Co-Ordinator
64 Park Rd Blind River On, P0R 1B0 Canada
705-356-1621 EXT 2355
lmicoordinator@mississaugi.com

ONLINE POLICE RECORD CHECKS



APPLY NOW

Types of checks:

- Criminal Record Checks
- OPP Non-Parent Custody Check (LE213)
- Criminal Record and Judicial Matters Checks
- Vulnerable Sector Checks for volunteer or employment purposes

If fingerprinting is required, applicants will be notified online to book an appointment to visit a local OPP detachment.

Fees

Record checks: \$41.00 each
Fingerprints: \$90.00
Volunteer checks: free



POLICE RECORD CHECKS JUST GOT EASIER

NOW ONLINE

- 1 Go to opp.ca/recordchecks
- 2 Complete the entry form and pay the processing fees
- 3 Your results will be securely delivered online*

*Some police record checks will require in-person fingerprinting



Community Safety Services
ONTARIO PROVINCIAL POLICE



**Check in on
your ears.**

Get a **FREE** on-site hearing screening,
it takes less than 5 minutes!

Adults 18+ yrs

**Thursday June 1st
9:00 am to 4:00 pm**

Niigaaniin
15 Sawmill Road

Call 705-356-1621 Ext. 2351 to sign up!

Jennifer Vosper (Audiologist) & Kareena Harding (Hearing Instrument Specialist) will also be available for questions on hearing and hearing aids.

 **HearingLife**



Position: Front Line Worker

Salary: \$24.37 hourly

Hours of Work: As needed

Circulation Level: Level I

Accountability: Women's Shelter Manager

Employment Status: Casual Relief

Preferences: MFN Band Members

The Casual Front Line Worker will:

- Prepares and complete daily reports in database; provides advocacy and support to clients and their children in crisis situations both one-on-one and over the telephone; maintains strict confidentiality and adhere to Personnel policies and procedures
- Be supportive and aid those termed as "walk-in" in a manner that is consistent to those who are admitted into the Mississauga Women's Shelter; responds to crisis telephone calls and provide support, information, and intervention according to the request and type of call/caller; assist with meal planning and preparation; conducts general cleaning such as dusting, cleaning windows/ floors and other areas
- Assist clients to set goals, fill in applications for housing, birth certificates, S.I.N, and budgeting etc.; provides education and awareness to women on domestic violence; ensures safety of clients, staff and visitors to the shelter at all times; facilitates and maintain a collaborative and safe work environment; provides in-house orientation to new clients and oversee communal living requirements; creates safety plans with clients and families; ensures windows and doors are locked at all times; completes regular resident status and safety checks
- Contacts appropriate authorities such as the Ontario Provincial Police or child welfare agency when required; provides referrals, support documents and support for discharge; conducts intake and discharge process with clients and their children in crisis
- Maintains level of job requirements by attending training, workshops, seminars, certified programs, and team meetings
- Demonstrates sensitivity to and knowledge of the impacts of woman abuse on women and children; remains to be empathic, non-judgmental, respectful and encourage independent decision making to clientele served; will problem solve in a positive manner

The Casual Front Line Worker will possess the following educational qualifications, skills, experiences, and attributes:

- Minimum of Grade 12 secondary diploma or equivalent. Post-Secondary Diploma in the Social Services or Health preferred
- Experience working with aboriginal people, organizations, and communities; must provide an acceptable Criminal Record Check and Vulnerable Sector Check from the Canadian Police Information Centre (CPIC)
- Class "G" Ontario Driver's License in good standing and be able to travel
- Standard First Aid and CPR/AED; Mental Health 1St Aid (an asset); Life Skills Coach Certification (an asset)
- Must be able to work flexible hours, on-call, and shift work, including weekends, evenings, and holidays
- Excellent verbal and written communication; ability to work in a team environment; ability to effectively analyze situations quickly and apply sound judgement; possess strong conflict resolution and problem-solving skills with the ability to handle stressful situations
- Ability to observe and assess clients, enforce safety regulations and emergency procedures, and apply appropriate behaviour management techniques; maintain confidentiality; be respectful and empathetic; ability to take charge and motivate others; be always professional

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview.** Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation
P.O. Box 1299 Blind River, Ontario P0R1B0
Attention: Human Resources Department
Marked: **CONFIDENTIAL**
EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740
Deadline: May 29, 2023

Thank you to all applicants; however, only those selected for an interview will be contacted.

WALKING IN BALANCE

A socially and culturally healthy community where individuals have the opportunity to prosper and to achieve their full potential spiritually, emotionally, mentally, and physically through generous and unselfish support for one another, while pursuing balance and harmony within, with each other, and with Mother Earth.



Position: After School Program Coordinator

Salary: \$47,889 - \$54,412

Hours of Work: 32 hrs

Circulation Level: Level I

Accountability: Social Services Manager

Employment Status: Maternity Coverage (14 months)

Preferences: MFN Band Members

The After School Program Coordinator will:

- Develop and coordinate the Programs according to funding guidelines and proposal submission
- Coordinate internal and external resources to assist in the delivery of programs and activities
- Purchase program supplies including healthy snacks
- Participate in team meetings and activities to develop working relationships and joint programming
- Develop programs to increase physical activity, to assist students with homework completion, deliver nutritional seminars and promote personal health and wellness with identification of personal goals
- Develop, coordinate, and manage the program registration process;
- Prepare, plan, coordinate and lead workshops and training sessions
- Monitor the After School and Right to Play Program budgets to ensure fiscal responsibility
- Prepare cheque requisitions and purchase orders for approval in accordance with the finance policy
- Prepare and submit all financial reports to any agency providing funding support as required
- Responsible to ensure satisfactory completion of administrative tasks as required.
- Responsible for attending to correspondence, preparing briefing notes and reports as required.
- Prepare an annual work plan and monthly report based on the work plan.
- Establish work priorities, delegate work to staff and ensure deadlines are met and procedures are followed.
- Develop and maintain record keeping system for the program.
- Develop and implement evaluation tools to evaluate the program on a regular basis
- Ensure the Program site buildings are neat, organized, and safe for program delivery
- Secure the cooperation of program staff in the development & maintenance of a cooperative team approach
- Act as a liaison with staff, staff/parents, and students/staff; Supervise, monitor, coach and direct all program staff
- Ensure time sheets and other appropriate forms are submitted as required
- Evaluate staff upon completion of program and/or on an annual basis

The After School Program Coordinator will possess the following education, experience, and skill qualifications:

- Completion of Post-Secondary Education in the Social Services Field (i.e., Social Work, Community or Social Service Worker, Child and Youth Worker etc.). 3-year relevant experience
- Minimum of three (3) years of experience in working with children and youth
- Previous experience supervising staff, experience writing reports and preparing work plans
- Must provide a clear Vulnerable Sector Check from the Canadian Police Information Center (CPIC)
- Must have First Aid and CPR Certification
- Must be able to work flexible hours including evening and weekend hours
- Must have Class 'G' Ontario Driver's License, access to a vehicle and be able to travel
- Knowledge of Canada's Food Guide; Knowledge and understanding of Indigenous culture and traditions

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job posting. If you are a member of MFN or of Indigenous descent, please include this information in your cover letter. We rely on the information you provide to us in your application during screening. **Successful candidates** who receive interviews **must** provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation Attention: Human Resources Department
P.O. Box 1299 Blind River, Ontario P0R1B0

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740

Deadline: June 1, 2023

Thank you to all applicants; only those selected for an interview will be contacted.

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MFN Housing NOW ACCEPTING APPLICATIONS

(see attached APPROVED HOUSING APPLICATION FORM)

7 units (Locations: Emmetts Lane & Richards Lane)

2 - bedroom units (\$380/month) 5 units available

3 - bedroom units (\$435/month) 2 units available

- **Tentative** move in date: June 30, 2023.
- Applicant(s) must in good standing with MFN.
- Incomplete applications **will not** be accepted.
- 1st and last months rent (security deposit) required.

Applications are available at the Band Office or on the MFN website.

www.mississauga.com

Deadline to apply: Friday June 16, 2023 @ 4:00 pm

Applicants can mail, email, fax or drop off in person at the Band Office.

Monica McGregor, Housing Manager

PO Box 1299

Blind River, ON

P0R 1B0

Mississauga First Nation

Fax: 1-705-356-1740

Email: monica@mississauga.com

MISSISSAUGA FIRST NATION



MISSISSAUGA FIRST NATION APPLICATION FOR HOUSING (Appendix 2)

LOCATION: Emmetts Lane & Richards Lane (7 units available)

DEADLINE DATE: Friday June 16, 2023 @ 4:00 pm

Please print and fill out all sections of this form. **Incomplete applications will not be accepted.**

SECTION 1: APPLICANT INFORMATION		
Name (First):		Name (Last):
Band Number:		Birthdate (mm/dd/yy):
Mailing Address:		Unit Number:
City/Town:	Province:	Postal Code:
Home #: ()	Cell #: ()	Work #: ()
Marital Status: <input type="checkbox"/> Married <input type="checkbox"/> Common Law <input type="checkbox"/> Single <input type="checkbox"/> Single w/ children		
E-mail Address: .		

SECTION 2: CO-APPLICANT INFORMATION		
Name (First):		Name (Last):
Band Number:		Birth date (mm/dd/yy):
City/Town:	Province:	Postal Code:
Home #: ()	Cell #: ()	Work #: ()

SECTION 3: OTHER HOUSEHOLD MEMBERS (that will also be living in unit)				
First Name	Last Name	DOB (m/d/y)	Gender	Relationship to Applicant

SECTION 4: ANNUAL INCOME INFORMATION		
Household Member	Type of Income	Amount
Applicant # 1: Employer: _____ <input type="checkbox"/> Full Time <input type="checkbox"/> Part Time <input type="checkbox"/> Seasonal	<input type="checkbox"/> Employed	
	<input type="checkbox"/> Weekly	
	<input type="checkbox"/> Bi-Weekly	
	<input type="checkbox"/> Monthly	
	<input type="checkbox"/> OW (Niigaaniin)	
	<input type="checkbox"/> ODSP (Ontario Disability Support Program)	
	<input type="checkbox"/> EI (Employment Insurance)	
	<input type="checkbox"/> CPP (Canada Pension Plan)	
Co-Applicant # 2: Employer: _____ <input type="checkbox"/> Full Time <input type="checkbox"/> Part Time	<input type="checkbox"/> OAS (Old Age Security)	
	<input type="checkbox"/> OSAP	
	<input type="checkbox"/> Other	
	<input type="checkbox"/> Employed	
	<input type="checkbox"/> OW	
<input type="checkbox"/> ODSP		
<input type="checkbox"/> EI		
<input type="checkbox"/> CPP		

<input type="checkbox"/> Seasonal	<input type="checkbox"/> OAS	
	<input type="checkbox"/> OSAP	
	<input type="checkbox"/> Other	
Total Annual Household Income		\$ _____

SECTION 5: WHAT ARE YOUR CURRENT ACCOMMODATIONS? (PLEASE CHECK)

House Number of Bedrooms: _____ Monthly rent payment \$ _____
 Apartment Number of Bedrooms: _____ Monthly rent payment \$ _____
 Room & Board Monthly rent payment \$ _____
 Shelter
 Extended Family Monthly rent payment \$ _____
 Other (Please specify) _____

Are there any immediate health & safety problems with current accommodation? Yes No
 If "yes", written details must be provided by a physician/inspection with the application.

Current Landlord:

Name: _____ Telephone: () _____ - _____ Move in: ____ / ____ / ____

Previous Landlord:

Name: _____ Telephone: () _____ - _____ Move in: ____ / ____ / ____

Personal Reference:

Name: _____ Telephone: () _____ - _____ Relationship: _____

Note: References from Chief and Council will not be accepted for conflict of interest reasons and to keep the application process unbiased and transparent.

SECTION 6: PREVIOUS MFN HOUSING ALLOCATION

Have you received previous housing on MFN? Yes No

If yes: Address: _____

Reason for relocating: _____

Do you currently have a "Certificate of Ownership" and/or had one issued? Please explain:

SECTION 7: DECLARATION

- The foregoing statements in this application are true to the best of my knowledge and belief.
- If information on this application is incorrect or not true, Mississauga First Nation may cancel my application.
- I authorize Mississauga First Nation to make any inquiries that it deems necessary to verify information given on this form. I authorize any persons, corporation or any social agency having knowledge of any required information to release such information to Mississauga First Nation. x _____ (please initial)
- MFN Housing will no longer allow the non payment of rent and all tenants under community housing are advised that eviction will commence if any tenant(s) are in housing payment default or rent arrears.
- If the applicant(s) have an outstanding account (eg. rental arrears) with MFN Housing, the applicant will be ineligible for a unit until the account has been addressed and/or paid in full.
- Signatures of all household members that are 18 years of age and over are included below.
- When both applicants are band members, both must agree to sign a "Domestic/Cohabitation Contract"
- Are you willing to obtain content insurance within 15 days of accepting the First Nations Housing Allocation offer, if selected. Yes No please explain: _____
- Do you have pets? If so what type & how many: _____
- Is your pet a service animal? Yes Registration #: _____ No

Applicant Signature: _____ Date: _____

Co-applicant Signature: _____ Date: _____

Other Applicant Signature: _____ Date: _____

Received BY: _____ **DATE Received:** _____



Lands and Resources

Community Notice

Lands and Resources will be reestablishing lot boundaries of recreational land use permits on Mississauga First Nation

This project will be ongoing during the spring and summer months



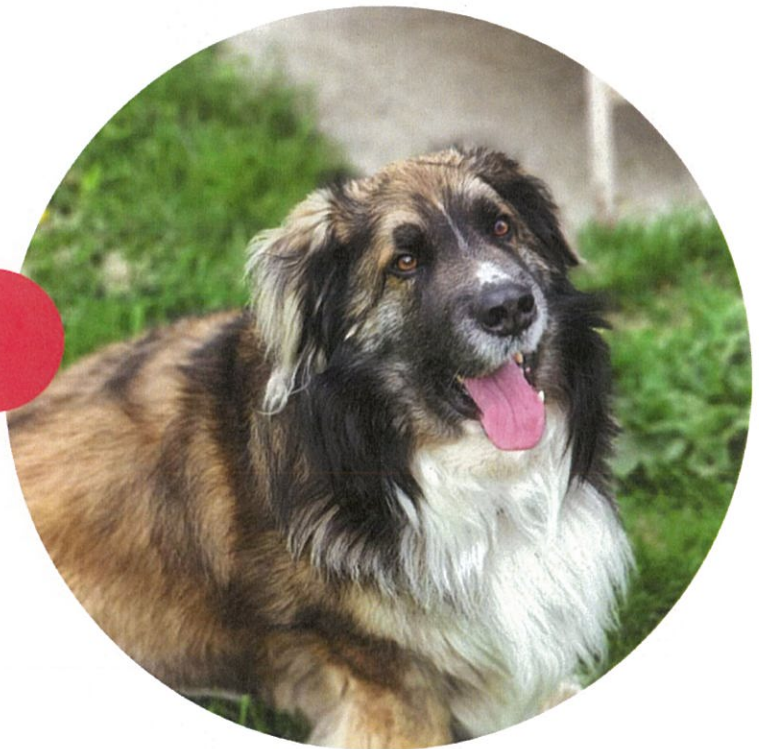
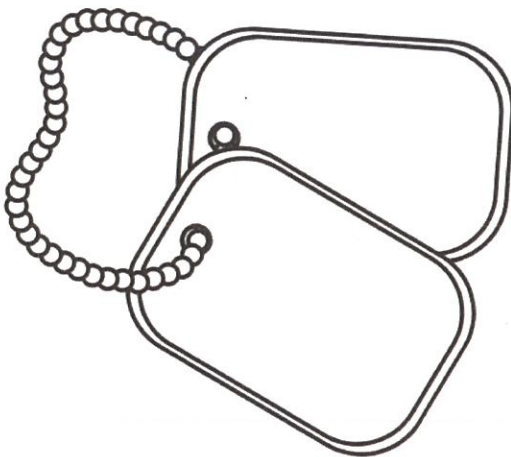
For more information,
please contact Lands and
Resources



DOG REGISTRATION

2023 DOG REGISTRATION FOR MFN DOGS

INCLUDING DOGS
WHO HAVE
ALREADY BEEN
REGISTERED



PLEASE CALL THE BYLAW OFFICER AT
705-261-0259 OR 705-356-1621
EXT.2259





REGISTER NOW >



Community Alert

[HTTPS://MEMBER.EVERBRIDGE.NET/INDEX/1848833097072644](https://member.everbridge.net/index/1848833097072644)



MAMAWESWEN
Emergency Management



HELMET SAFETY



Helmets

Wearing a helmet can greatly reduce the risk of injury or death if you fall or collide with a car, pedestrian or other cyclists. A bicycle helmet is strongly recommended but not legally required if you are 18 or over.

The best helmet is one that:

- fits properly
- is worn correctly
- has been manufactured to meet strict safety standards

Off Road Vehicles

You must wear a motorcycle helmet, as required by the Highway Traffic Act, whenever you drive or ride on an off-road vehicle or on any vehicle towed by an off-road vehicle. The only exception is when you operate the vehicle on the property of the vehicle owner. The helmet must meet the standards approved for motorcycle helmets, or motor-assisted vehicle helmets, and must be fastened properly under the chin.

Provided by ontario.ca

Additional information: <https://www.ontario.ca/page/bicycle-safety>
<https://www.ontario.ca/page/driving-road-vehicle-orn>

For more information please contact:

Scott Richer - By-Law Officer
scottricher@mississauga.com
(705) 356-1621 ext. 2259





BEAR SAFETY INFORMATION



Awake and Hungry

Spring is here and the bears are awake. While the weather is starting to get nicer please take the time to do a thorough spring cleanup of your living space and yard. **You will want to remove all sources of natural and non-natural food attractants from your yard.**

Non-Natural Sources

- BBQ grease and drippings
- Bird feeders
- Garbage - Keep garbage indoors until garbage pick up day
- Pet food



Natural Sources

- Berries
- Fruit trees
- Flowers/clovers/weeds



Managing Bears Issues takes the efforts of the community to succeed.
Let us have a successful spring and summer 2023



*MFN Bylaw Officer - (705) 356-1621
ext. 2259*

*Animal Control Reporting and Services
(705) 261-0259*



SAFETY REMINDERS for SPRING FISHING SEASON

Safety gear required for each vessel



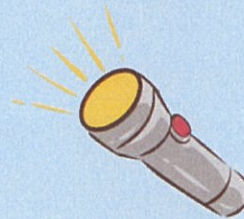
Life Jackets
(Must fit the person wearing it)



Sound Signaling Device



Manual propelling device and anchor



A waterproof flashlight



Bailor or Hand Pump



15m of rope



Navigation lights mandatory for vessels operating between sunset and sunrise.



A fire extinguisher for any craft





HYPOTHERMIA INFORMATION for SPRING FISHING SEASON

Hypothermia is a drop of body temperature below normal (37°C) that results from a prolonged exposure to frigid water. The signs and symptoms of the 3 different stages of hypothermia are:

- **First stage: shivering, reduced circulation**
- **Second stage: slow, weak pulse, slowed breathing, lack of coordination, irritability, confusion and sleepy behavior**
- **Advanced stage: slow, weak or absent respiration and pulse. The person may lose consciousness.**

Should you find yourself in the water it is essential to do everything possible to conserve your energy and body heat. To lengthen your survival time, the following is important:

- **Wear your personal flotation device or lifejacket. This will help you to stay afloat and keep your head out of the water without wasting your energy**
- **Swim only if you can join others or reach a safe shelter. Do not swim to keep yourself warm, this will only increase your loss of body heat.**
- **if possible climb on top of a floating object (such as your craft) to keep as much of your body as possible out the water. Frigid water will lower your body temperature faster than air (25x faster)**



- **Assume the fetal position, or if you are not alone, huddle together**
- **Remove the wet clothing of anyone who has fallen into the water and warm them with dry clothes.**

Please direct questions or concerns to MFN Lands and Resources department @ (705)
356-1621 ext. 2236
or MFN Bylaw Officer @ ext. 2259



**POW WOW COMMITTEE
LOOKING FOR**

DONATIONS

for this year's

POW WOW GIVEAWAY

Handmade or Purchased

**Can be dropped off at MFN Band Office or
Education Department MIIGWETCH!!!**

Email transfers please use mfn@mississaugi.com

MFN EDUCATION DEPARTMENT
PRESENTS

PUMPKIN *Contest* GROWING

**PRIZE FOR
BIGGEST**

**PRIZE FOR
WEIRDEST**

**PRIZE FOR
SMALLEST**

TO REGISTER & PICK UP YOUR STARTER
KITS. STOP BY THE EDUCATION BUILDING

▶ **MAY 24, 2023** ◀

**JUDGING WILL TAKE PLACE
FIRST WEEK IN OCTOBER**

For more information contact Melissa or Dana
@ 705-356-1621 Ext 2303 or 2257

FINACIAL PREPAREDNESS

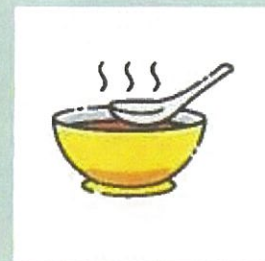
LUNCH AND LEARN

THURSDAY JUNE 1, 2023 @ NOON

**RECEIVING A
LARGE SUM OF
MONEY**



**SOUP AND
SANDWICHES**



**FOR MORE INFORMATION PLEASE CONTACT MELISSA
MORNINGSTAR @ 705-356-1621 EXT 2303**

BACKYARD MEDICINE SERIES

Where: Education Building

When: Wednesday's 6:30-8pm

May 3rd, 10th, 17th, 24th

The Backyard Medicine Workshop Series will be held in repeating sessions, so if you can't make it to one hopefully you can make the other.

Starts Next Week!

danaboyer@mississaugi.com

MMIW



**Miigwech to everyone
who came out and
participated**

For more information contact Dana
Boyer



705-356-1621 EXT 2257

MMIW



Poetry Writing Contest WINNERS

CONGRATULATIONS to
DANA BOYER and HELEN ARNOTT winners
have received a gift card

For more information contact Melissa



705-356-1621 EXT 2303

ANISHINAABE GIIZHIGAD

JUNE 6, 2023

11-3 AT MFN BAND HALL

COME OUT FOR SOME

GAMES

FOOD

FUN

KNOWLEDE SHARING ON THE
CLANS AND GOVERNANCE

Our greatest strength is our Anishinaabe ways: our
language, culture, history, and traditions.

DOOR PRIZES



Mno-waawiindandaa Anishinaabe Giizhigad! Let's celebrate Anishinaabe Day! *June 6*

The Anishinabek Nation is celebrating Anishinaabe Giizhigad on June 6 to honour our past, present, and future. In the simplest terms, we are strengthening our Nation and providing a good future, an Anishinaabe future, for our children.

Our greatest strength is our Anishinaabe ways: our language, culture, history, and traditions. This is how we have survived genocide and this is how we will strengthen our people and ensure our future. We have much to celebrate!

On November 17, 2021, the Anishinabek Nation Leadership Council proclaimed June 6 as Anishinaabe Giizhigad our very own national holiday.

June 6 commemorates the proclamation of the Anishinaabe Chi-Naaknigewin (Anishinabek Nation Constitution) by the Anishinabek Nation Grand Council, held at the Roundhouse in Sheguiandah First Nation on June 6, 2012.

The adoption of the Anishinaabe Chi-Naaknigewin was then confirmed by The Pipe Ceremony and so, it is a sacred commitment to live according to Anishinaabe principles and law. Our principles and laws are expressed in the Preamble of the Anishinaabe Chi-Naaknigewin. The Preamble, Ngo Dwe Waangizid Anishinaabe (One Anishinaabe Family) was guided, created, and gifted to us by our Elders and provides the spirit and intent, and the vision and purpose of the Anishinaabe Chi-Naaknigewin.

Ngo Dwe Waangizid Anishinaabe states:

“Creator placed Anishinaabe on the Earth along with the Gift of Spirituality. Here on Mother Earth, there were Gifts given to Anishinaabe to look after: Fire, Water, Earth, and Air.

The Creator also gave Anishinaabe Seven Sacred Gifts to guide them. They are: Love, Truth, Respect, Wisdom, Humility, To Live a Good Life, and Bravery.

Creator gave us sovereignty to govern ourselves.
We respect and honour the past, present and future.”

To live according to Anishinaabe principles and law, we must acquire and practice Anishinaabemowin (Language) and Anishinaabe Inaadziwin (Culture), always. This is the source of Anishinabek nationhood, identity, and pride.

This is how we provide for future generations. This is why we will celebrate June 6 each year.

“ We should celebrate on June 6th; that is our national holiday, not June 21.”
- The Late Anishinabek Nation Head Getzit Gordon Waindubence Shiikenh-baa





YOUTH COORDINATOR
ASP COORDINATOR



SUMMER DAYCAMP OPEN HOUSE- REGISTRATION

MAY 31ST

5:30PM-7:00PM

MFN SPORTS COMPLEX

DAYCAMP WILL RUN FOR 6
CONSECUTIVE WEEKS BEGINNING

JULY 10TH- AUGUST 18TH

MONDAY & TUESDAY- AGES 6-8

WEDNESDAY & THURSDAY AGES 9-11
(TENATIVE)

FRIDAY- AGES 6-11

Priority for spots will be given
to On-Reserve Band Members

Limited Spots Available



MISSISSAUGA FIRST NATION

1ST ANNUAL

Pride

PARADE

WALK, RIDE & ROLL

June 15, 2023

BBQ @ 5:30

Parade @ 6:00

BEST DRESSED

BEST DECORATED

OUTFITS + CARS

WALKERS, BIKERS, STROLLERS & CARS WELCOME!

BAND OFFICE PARKING LOT



To register contact

Community Support Service Worker - Jade Fox

E. cssworker@mississaugi.com

P. 705 356 1621 x 2357



TINY TOTS

Sports Day

MAY 21ST & 28TH

AGES 0-5

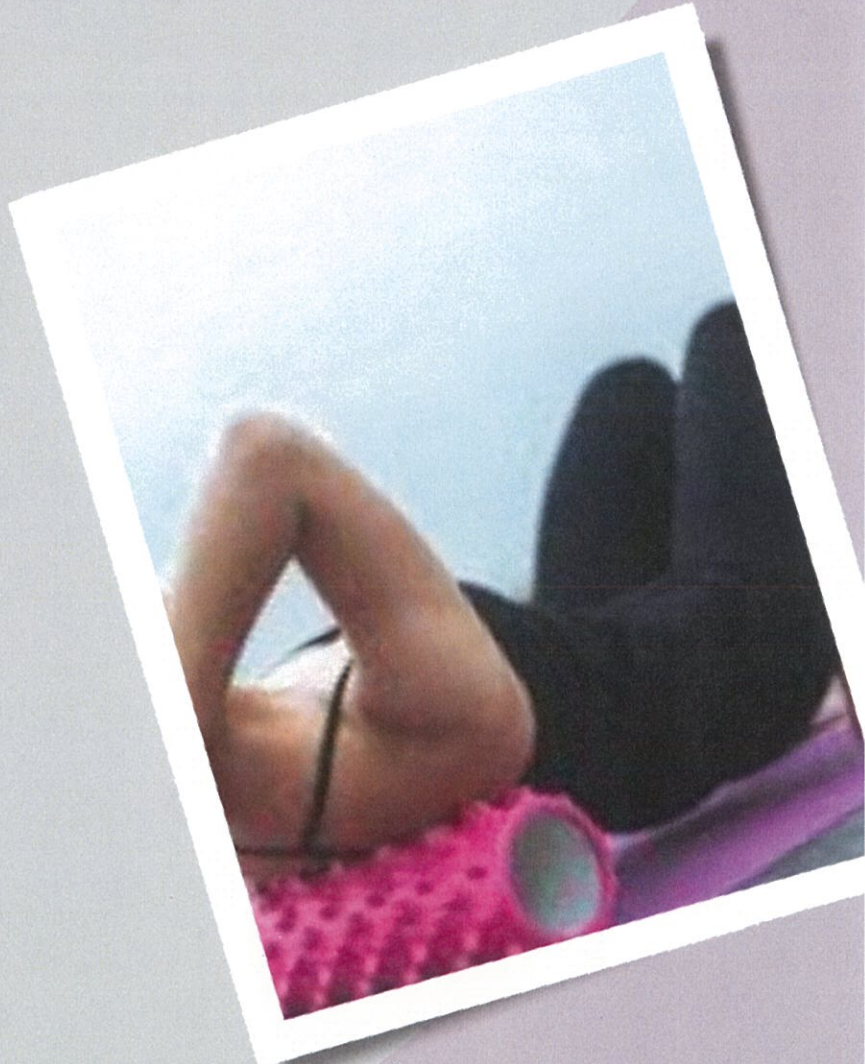
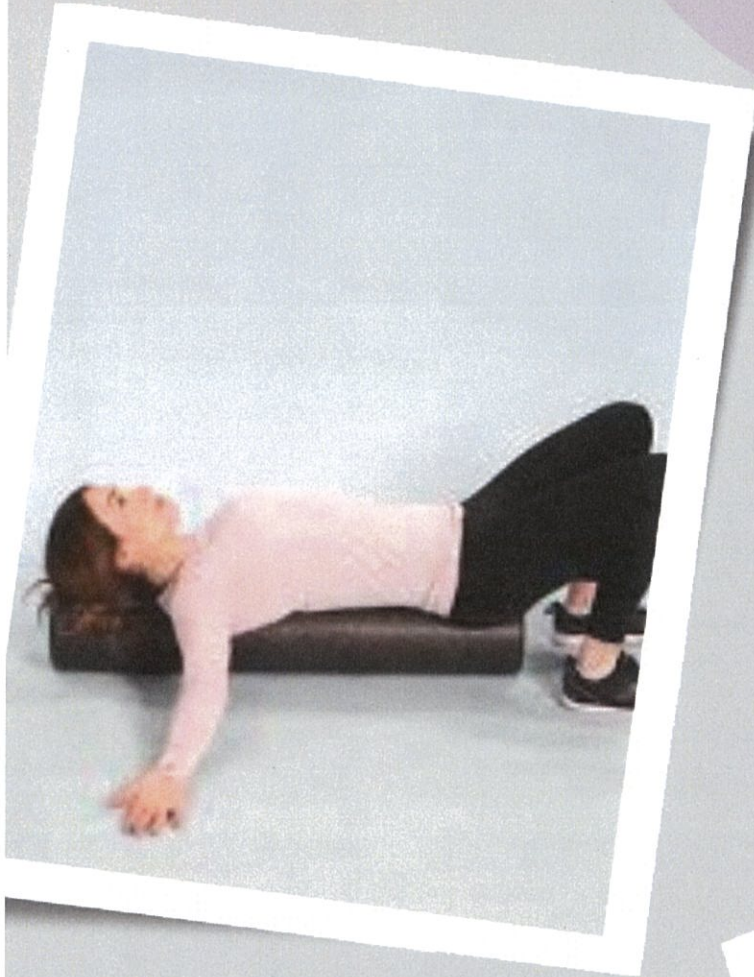
11 AM TO 2 PM

T: 705.356.1621. EXT 2216

E: COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM

Roller Release

Benefits are myofascial release, increasing circulation, , providing pain relief for sore muscles, &improving range of motion.



MFN Sports Complex

Thursday's at 7 pm
registration is needed!

communityhealthactivator@mississauga.com

May 2023

MON	TUE	WED	THU	FRI	SAT	SUN
1 	2 	3 	4 	5	6	7
8 	9 	10 	11 	12	13	14 <i>Mother's Day</i>
15 	16 	17 	18 	19	20	21 
22 	23 	24 	25 	26	27	28 
29 	30 	31 	1	2	3	4

Mondays- 11 am Chair fit / 6 pm HIIT
 Tuesdays- 10 am Yoga /11 am Walking group /
 12:10 om Rookie Ride
 Wednesdays- 7 pm Buti Yoga
 Thursdays- 10 am Yoga / 6 pm Cycling

May 21st & 28th - Tiny Tots Sports Day 11 am -2 pm

Registration is needed for all programming/fitness classes.



MAAMAWESYING INDIGENOUS ROOKIE LEAGUE

COMMUNITY TOUR



JAYS CARE FOUNDATION
COMMUNITY TOUR

SATURDAY MAY 27TH
4:30 - 6:30 P.M.
MFN SPORTS COMPLEX

DINNER WILL BE PROVIDED
REGISTRATION, INFORMATION AND
GAMES TO FOLLOW

FOR MORE INFORMATION CONTACT CHELSEA AT 356-1621
EXT. 2203 OR EMAIL CHELSEAGRIMARD@MISSISSAUGI.COM



SMALL ENGINE/MACHINE REPAIR

- hobbyist with 4 years' experience.
- Has own tools
- Offers fair rates

Offered:

- ✓ Lawn Mowers/Riding Lawn Mowers
- ✓ Dirt Bikes
- ✓ ATVs
- ✓ Any small engines

CHASE WILSON

TEXT OR CALL

 705-208-8540

MINOBIMAADIZING CARE COORDINATOR



TARA LINKLATER, RPN



AANII,

My name is Tara Linklater and a member of Sagamok Anishnawbek, I have just recently joined the Maamwesying team to be part of the Maamwesying Withdrawal Management and Recovery Program. My goal for your community is to bring awareness and education of our program.

OUR PROGRAM:

Maamwesying Minibimaadizing Addiction Recovery Program offers walk in and scheduled treatment for those experiencing addiction. We provide immediate access and support to those seeking medicated assisted therapy. We also treat other substance use disorders including marijuana, alcohol, and stimulants.

SERVICES OFFERED:

- Initial intake
- Urine drug screening
- Addiction/Mental health counselling
- Medical follow up
- After-care programming (i.e. relapse prevention)
- Naloxone kits
- Referrals (treatment programs, Physiotherapists, Traditional Health Practitioners)



CLINIC HOURS

Every Tuesday's From
9:30am – 2pm

I'm looking forward to working in the community and raising awareness of this program. Please don't hesitate to reach out to me if you have any questions.

Cell: (249) 525-6483 Email: tara.linklater@nmninoeyaa.ca

Community

RE-INTRODUCTION



COMMUNITY HEALTH NURSE

Krysta Sawyer, Registered Nurse

- Booking and completing Lab Work/Electrocardiograms
- Acute Walk In Health Issues/Concerns
- Vaccinations throughout the lifespan
- Appointments for General Assessments
- Referrals to different Health Care Providers or Agencies

T: 705-356-1621 Ext 2231

E: krystasawyer@mississauga.com

HEALTH EDUCATOR

Sheri MacLeod, Registered Practical Nurse

- Facilitating, promoting and planning health-based programming throughout the lifespan
- Providing health services resources and direction to community
- Participate in vaccine clinics

T: 705-356-1621 Ext 2231

E: sherimacleod@mississauga.com



COMMUNITY HEALTH REPRESENTATIVE

Chelsea Grimard

- Facilitating promoting and planning healthy active lifestyles throughout the lifespan
- Booking contact for Diabetic Foot Care Program
- Booking contact for Monthly Diabetes Clinic

T: 705-356-1621 Ext 2203

E: chelseagrimard@mississauga.com



HURON SHORES FAMILY HEALTH TEAM AND
NORTH CHANNEL MIDWIFERY PRESENT:

Caregiver
Support Group
for newborns

Drop in Sessions between 930-11am:

Thursday **May 18, 2023**: Walk and Talk *meet at
Boom Camp Clubhouse Parking Lot*

Wednesday **May 31, 2023**: Featuring Sleep Coach,
Carolyn Marshall

Wednesday **June 15, 2023**: Walk and Talk

Huron Shores Family Health Team
527 Causley St
Blind River, ON

MISSISSAUGA FIRST NATION
HEALTH AND SOCIAL SERVICES

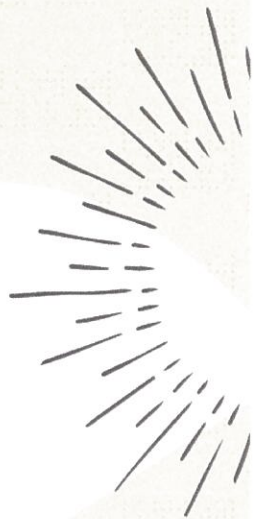
SMOKING DURING PREGNANCY
MONTHLY WELL BABY
Lunch and Learn

WEDNESDAY MAY 24TH 2023

11:30AM-1:00PM

CHILD AND YOUTH BUILDING

Email - sherimacleod@mississaugi.com to register



MFN Food Security Program

Date: _____ Pick up only # of children _____ # of adults _____

Names of all household Members: _____

Address: _____

Phone Number: _____

Please submit your forms before Thursday

*Please note that if items are not in your box, it's because we are out of stock, it's on back order or not available from distributor. Make sure to fill out your correct information, so that we may properly serve you and your family.

Cereals (1 only): Cold Cereal Cooking Oats Cream of Wheat	Meats: (2 choices): Hamburger Chicken
Breads (1 only): White Bread Brown Bread Flour	Canned Meats (1 only): Tuna Salmon
Pasta & Rice (1 only): Rotini Macaroni Spaghetti Lasagna Fettucine Rice	Dairy Products (2 only): Powdered Milk Margarine Canned Milk Eggs
Soups (3 only): Vegetable Chicken Noodle Tomato Mushroom Mr. Noodles (Beef) Mr. Noodles (Chicken)	School Aged Children Only: Pudding Fruit Cups Cookies
Hygiene Products: Toilet Paper Hand Sanitizer	Every 3rd Month: Bleach Laundry Soap Dish Soap Pot & Pan Cleaner
Other Products (3 only): White Sugar Brown Sugar Peanut Butter Decaf Coffee Crackers Tea Mustard Ketchup Lard Coffee Pepper Instant Coffee	Other Products: (3 only) Kidney Beans Tomato Paste Spaghetti Sauce Canned Navy Beans Canned Chick Peas Diced Tomatoes Vegetables(frozen only)
Once A Month: Jam Cooking Oil Salt Icing Sugar	

Revised April 2023



NUTRITIONAL SUPPLEMENT CARD FOR FAMILIES WITH CHILDREN 0-6 YRS AND PRENATAL

Starting April 2023 changes will be implemented to this program.

*listed is the pick up date, **please email the Family Resource Coordinator by the 15th of each month to ensure a card is purchase for that month**



Pick up dates:

*May 24th 2023

*June 28th 2023

*July 26th 2023

from 8:00 AM to 2:00 PM including lunch hour

*** As a requirement of the program, receipts will need to be submitted before the next card pick up.**

Please remember it is your responsibility to pick up on date unless other arrangements have been made.

Thank you

If you have any questions or concerns please email Christine Owl -
Family Resource Coordinator

email: christine@mississauga.com

Boys Drumming @Cultural Centre



Preparing for our
annual Mississaugi
Powwow

May 18
June 1, 15, 29
Time: 5:30 – 7:00pm



MFN NEEDS YOUR HELP

CALLING ALL ARTISTS

We need you to design one of two Anti-Drug billboards. Show us your creativity. Send in your designs for a chance to win 1 of 2 \$200 gift card prizes. Contest will end by May 26, 2023.

For More Info :
Skycada@mississauga.com

MISSISSAUGA FIRST NATIONS INVITES YOU TO:



I am a Kind Man is guided by an Indigenous approach to healing that recognizes the distinct histories, unique cultures, and shared traumas of all Indigenous people negatively impacted by colonization. Our approach to healing is wholistic, taking into account all aspects of creation.

Come gain knowledge in teachings, ceremonies, how to set fishing net, filet and smoke fish. Learn about the different traditional medicines in our backyards. Upon graduation we will be having a Sweat.

The program will start up in June, there will be 10 sessions

Register with Sky Cada 705-356-1621 ext. 2228 or email skycada@mississauga.com



MEN'S DROP IN

**Come out and join us
Soup and Sandwich lunch will be
provided**

AT THE CULTURE
BUILDING FROM 10 TO 2
EVERY THURSDAY, 2023

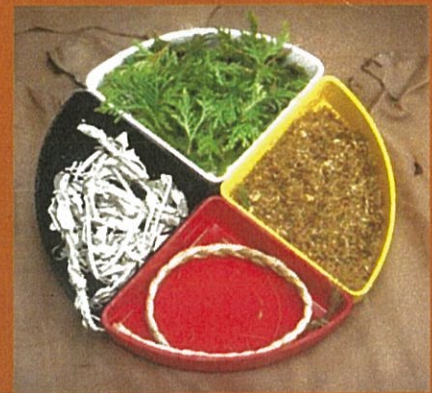


If you have any questions contact
Sky Cada at 705-356-1621 ext 2228

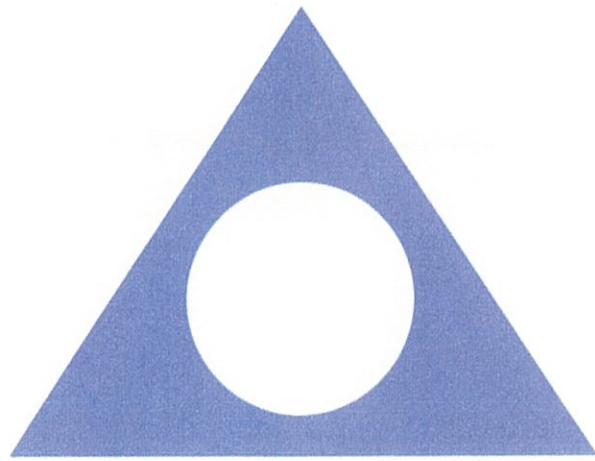
Lighting the Sacred Fire

We will be lighting the Sacred Fire for the MFN community.

Come pray, stay, talk, or just enjoy the fire. Thursday's outside the Culture building. From 9 AM to 3 PM.



For more information call Sky Cada at 705-261-1370 or email skycada@mississauga.com



AL-ANON

for families & friends of alcoholics

****Starting Again****

AL-ANON MEETING

Have you or a family member been affected by another's drinking or drug addiction?

Please come out and join us and find out for yourself what Al Anon can do to help you.

We meet on: Mondays 6:00 p.m.
At: Mississaugi First Nation's
Cultural Center
Park Road

There you will find a fellowship of others who share your same challenges.

We look forward to meeting you!!
Snacks and Refreshments provided



NA Meetings are happening Tuesday
at 7:00 pm in the Culture Centre.
Snacks and refreshments will be provided.
\$20 Tim Hortons Card drawn monthly.

“AT ANY GIVEN MOMENT YOU HAVE
THE POWER TO SAY THIS IS NOT HOW
MY STORY ENDS”

For information please send email to:
skycada@mississauga.com