

NIIGAANIIN

Client and Community Newsletter

MAY 25, 2023



REGULAR HOURS

Mon-Thurs 9:00-4:30 - Fridays 9:00-4:00

OW CLIENTS

OW CHEQUE DAY

JUNE 1, 2023

AANISH NAA GENAADMOWIT

AMBER NIGANOBE

(705)923-7123

amber@niigaaniin.com

Services

- Mental Health and Addictions Counselling
- Endaayaan Endazi-takookiiyaan
 - Advocacy Services
- Specialized Group Programs
- Treatment preparation & Readiness

OESP PROGRAM

CHECK YOUR HYDRO BILL FOR OESP EXPIRE

RENEWAL YEARLY

CALL CHRISTINE JACKPINE

705 356 1621 Ext 2236

INFORMATION

WINNERS OF DOOR PRIZES

HEALTH FAIR

TARA LINKLATOR

MATTHEW ARMSTRONG

NIIGAANIIN WOULD LIKE TO WELCOME

NEW LMI COORDINATOR

KRISTEN JACKPINE

LABOUR MARKET INICIATIVE SURVEY

LMI COORDINATOR @MISSISSAUGI.COM

705 356 1621 EXT 2355

“QUOTE OF THE WEEK”

“ BELIEVE YOU CAN AND YOU”RE HALF-WAY THERE.”– THEODORE ROOSEVELT.

ODSP FN WORKER

ROBYN RECOLLETT

1-800-825-7593 - EXT 216

FAX 705-253-2090

Mississauga First Nations

LOCAL AREA - JOB OPPORTUNITIES

Position	Employer/Location	Closing date
Various positions available	Mississauga FN - check community flyer	until filled
Various Positions Available	Garden River FN	until filled
Various Positions Available	Serpant River FN	until filled
Various Positions Available	Sagamok FN	until filled
Various Positions Available	NOG/check website	until filled
Admin Support Clerk	Probation and Parole/Sudbury	open
Summer Student	Northshore Health Network	4/30/23
Social Worker	Huron Shores Health Team	8/1/23
Bus Drivers	AJ Bus Lines/Blind River	6/30/23
Labourer	Rouillard Contracting/Blind River	6/2/23
Meat Wrapper	Value Mart / Blind River	5/26/23
Meat Cutter	Value Mart / Blind River	5/26/23
Cook	The Pier/Blind River	5/31/23
General Labourer	GF/Blind River	4/30/23
Summer sales and seasonal	Home Hardware/Blind River	5/15/23
Manager and worker	JR Pizza/Blind River	5/26/23
Office Assistant	ABC Embroidery/Blind River	5/10/23
Small Eng. Mech.	NAPA / Blind River	5/31/23

Other Websites for job postings: Indeed; LinkedIn; Google jobs; Job-Bank.gc.ca; employment solutions

Also: Gas Attendants/Cashiers / Casual Parttime - Broken Canoe /ask for Jacquie

- If you are on OW or EI or not working or need training ISETP's can offer you the following: Apprenticeships; Employment Supports/Startup; wage subsidies; Mobility/relocation assistance; Skills enhancement/Direct Course Purchase; Youth Work Experience; Student Employment; Career and Educational development: Self Employment Assistance *

If you need help or assistance, you can call Rob our employment Counsellor at 705-356-1621 ext.2237 but please do not wait for the last minute. Call and make an appointment.

When applying for any position/job the process involved is: Where do you apply; in person; mail; fax; email or phone. Before applying, please read and follow all the instructions that is required from the employer, or you may be screened out and not get that interview.





**Check in on
your ears.**

Get a **FREE** on-site hearing screening,
it takes less than 5 minutes!

Adults 18+ yrs

**Thursday June 1st
9:00 am to 4:00 pm**

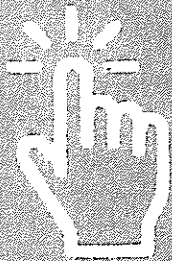
Niigaaniin
15 Sawmill Road

Call 705-356-1621 Ext. 2351 to sign up!

Jennifer Vosper (Audiologist) & Kareena Harding (Hearing Instrument Specialist) will also be available for questions on hearing and hearing aids.

 **HearingLife**

ONLINE POLICE RECORD CHECKS



APPLY NOW

Types of checks:

- ✓ Criminal Record Checks
- ✓ OPP Non-Parent Custody Check (LE213)
- ✓ Criminal Record and Judicial Matters Checks
- ✓ Vulnerable Sector Checks for volunteer or employment purposes

If fingerprinting is required, applicants will be notified online to book an appointment to visit a local OPP detachment.

Fees

Record checks: \$41.00 each
Fingerprints: \$90.00
Volunteer checks: free



POLICE RECORD CHECKS JUST GOT EASIER

NOW ONLINE

- 1 Go to opp.ca/recordchecks
- 2 Complete the entry form and pay the processing fees
- 3 Your results will be securely delivered online*

*Some police record checks will require in-person fingerprinting



Community Safety Services
ONTARIO PROVINCIAL POLICE



Position: Maintenance Custodian

Salary: \$29,315–\$33,306

Hours of Work: 25 hrs (Part-time)

Circulation Level: Level I

Accountability: Women's Shelter Manager

Employment Status: 2 years contract

Preferences: MFN Band Members

The Maintenance Custodian will perform the following duties:

- Clean, sweeps, mops, scrubs, waxes and polishes floors by hand or machine; cleans carpets, upholstery, and furniture.
- Washes windows, screens, sills, woodwork, doors, desks, walls, and ceilings.
- Dusts all furniture, fixtures and surfaces as required, including door handles, phone handsets and taps.
- Cleans and sanitizes rest rooms.
- Cleans and sanitizes kitchens: sinks, counters, dishes, refrigerators, freezers, dishwashers, and stoves.
- Monitor building security and safety by performing such tasks as locking doors and windows and checking electrical appliances use to ensure that hazards are not created.
- Collects and disposes of waste and recyclables.
- Shovel snow, maintains outside walkways, applies sand/salt as necessary and assists in keeping outside premises in an orderly condition.
- Perform some repairs and maintenance of buildings by patching walls and doors, painting walls and trim, replaces fixtures and partitions, and replaces damages ceiling and floors tiles, repairs carpet.
- Ensures maintenance of shelter equipment including vehicles; Maintains logbooks and inspection manuals where required.
- Set up, arrange, or remove decorations, tables, chairs, ladders to prepare facilities for classes, programs, and events.
- Maintain strict confidentiality and adhere to Personnel policies and procedures.
- Maintain level of job requirements by attending training, workshops, seminars, certified programs, and team meetings.
- Performs other duties as assigned which are unplanned and of a transient nature and are consistent with the above job summary and duties.

The Maintenance Custodian will possess the following qualifications, skills, experiences, and attributes:

- Grade 12 or equivalent.
- Experience in custodial, building maintenance or as a general labourer.
- Must provide clear Vulnerable Reference Check from the Canadian Police Information Center (CPIC).
- Knowledge of Occupational Health and Safety Act, as it applies to the worker.
- Knowledge of the Workplace Hazardous Materials Information System.
- Knowledge and sensitive to cultural practices and traditions in the workplace, i.e., smudging.
- Ability to handle stressful situations; strong organizational, time management skills.
- Ability to take initiative and work independently; ability to meet deadlines and work flexible hours.
- Effective verbal and communication skills; good time management skills; ability to work with little or no supervision.

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be in person. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation Attention: Human Resources Department
P.O. Box 1299 Blind River, Ontario P0R1B0

Marked: **CONFIDENTIAL**

EMAIL: hradvisor@mississauga.com **FAX:** 705-356-1740

Deadline: June 1, 2023

Thank you to all applicants; however, only those selected for an interview will be contacted.

WALKING IN BALANCE

A socially and culturally healthy community where individuals have the opportunity to prosper and to achieve their full potential spiritually, emotionally, mentally, and physically through generous and unselfish support for one another, while pursuing balance and harmony within, with each other, and with Mother Earth.



MFN Housing NOW ACCEPTING APPLICATIONS

(see attached APPROVED HOUSING APPLICATION FORM)

7 units (Locations: Emmetts Lane & Richards Lane)

2 - bedroom units (\$380/month) 5 units available

3 - bedroom units (\$435/month) 2 units available

- Tentative move in date: June 30, 2023.
- Applicant(s) must in good standing with MFN.
- Incomplete applications **will not** be accepted.
- 1st and last months rent (security deposit) required.

Applications are available at the Band Office or on the MFN website.

www.mississaugi.com

Deadline to apply: Friday June 16, 2023 @ 4:00 pm

Applicants can mail, email, fax or drop off in person at the Band Office.

Monica McGregor, Housing Manager
PO Box 1299
Blind River, ON

POR 1B0

Mississauga First Nation
Fax: 1-705-356-1740

Email: monica@mississaugi.com

MISSISSAUGA FIRST NATION



MISSISSAUGA FIRST NATION APPLICATION FOR HOUSING (Appendix 2)

LOCATION: Emmetts Lane & Richards Lane (7 units available)

DEADLINE DATE: Friday June 16, 2023 @ 4:00 pm

Please print and fill out all sections of this form. **Incomplete applications will not be accepted.**

SECTION 1: APPLICANT INFORMATION

Name (First):		Name (Last):	
Band Number:		Birthdate (mm/dd/yy):	
Mailing Address:		Unit Number:	
City/Town:	Province:	Postal Code:	
Home #: ()	Cell #: ()	Work #: ()	
Marital Status: <input type="checkbox"/> Married <input type="checkbox"/> Common Law <input type="checkbox"/> Single <input type="checkbox"/> Single w/ children			
E-mail Address:			

SECTION 2: CO-APPLICANT INFORMATION

Name (First):		Name (Last):	
Band Number:		Birth date (mm/dd/yy):	
City/Town:	Province:	Postal Code:	
Home #: ()	Cell #: ()	Work #: ()	

SECTION 3: OTHER HOUSEHOLD MEMBERS (that will also be living in unit)

First Name	Last Name	DOB (m/d/y)	Gender	Relationship to Applicant

SECTION 4: ANNUAL INCOME INFORMATION

Household Member	Type of Income	Amount
Applicant # 1: Employer: _____ <input type="checkbox"/> Full Time <input type="checkbox"/> Part Time <input type="checkbox"/> Seasonal	<input type="checkbox"/> Employed	
	<input type="checkbox"/> Weekly	
	<input type="checkbox"/> Bi-Weekly	
	<input type="checkbox"/> Monthly	
	<input type="checkbox"/> OW (Niigaaniin)	
	<input type="checkbox"/> ODSP (Ontario Disability Support Program)	
	<input type="checkbox"/> EI (Employment Insurance)	
	<input type="checkbox"/> CPP (Canada Pension Plan)	
Co-Applicant # 2: Employer: _____ <input type="checkbox"/> Full Time <input type="checkbox"/> Part Time	<input type="checkbox"/> OAS (Old Age Security)	
	<input type="checkbox"/> OSAP	
	<input type="checkbox"/> Other	
	<input type="checkbox"/> Employed	
	<input type="checkbox"/> OW	
	<input type="checkbox"/> ODSP	
	<input type="checkbox"/> EI	
	<input type="checkbox"/> CPP	

<input type="checkbox"/> Seasonal	<input type="checkbox"/> OAS	
	<input type="checkbox"/> OSAP	
	<input type="checkbox"/> Other	
Total Annual Household Income		\$

SECTION 5: WHAT ARE YOUR CURRENT ACCOMMODATIONS? (PLEASE CHECK)

House Number of Bedrooms: _____ Monthly rent payment \$ _____
 Apartment Number of Bedrooms: _____ Monthly rent payment \$ _____
 Room & Board Monthly rent payment \$ _____
 Shelter
 Extended Family Monthly rent payment \$ _____
 Other (Please specify) _____

Are there any immediate health & safety problems with current accommodation? Yes No
 If "yes", written details must be provided by a physician/inspection with the application.

Current Landlord:
 Name: _____ Telephone: () ___-___-___ Move in: ___ / ___ / ___

Previous Landlord:
 Name: _____ Telephone: () ___-___-___ Move in: ___ / ___ / ___

Personal Reference:
 Name: _____ Telephone: () ___-___-___ Relationship: _____

Note: References from Chief and Council will not be accepted for conflict of interest reasons and to keep the application process unbiased and transparent.

SECTION 6: PREVIOUS MFN HOUSING ALLOCATION

Have you received previous housing on MFN? Yes No
 If yes: Address: _____
 Reason for relocating: _____
 Do you currently have a "Certificate of Ownership" and/or had one issued? Please explain:

SECTION 7: DECLARATION

- The foregoing statements in this application are true to the best of my knowledge and belief.
- If information on this application is incorrect or not true, Mississauga First Nation may cancel my application.
- I authorize Mississauga First Nation to make any inquiries that it deems necessary to verify information given on this form. I authorize any persons, corporation or any social agency having knowledge of any required information to release such information to Mississauga First Nation. x _____ (please initial)
- MFN Housing will no longer allow the non payment of rent and all tenants under community housing are advised that eviction will commence if any tenant(s) are in housing payment default or rent arrears.
- If the applicant(s) have an outstanding account (eg. rental arrears) with MFN Housing, the applicant will be ineligible for a unit until the account has been addressed and/or paid in full.
- Signatures of all household members that are 18 years of age and over are included below.
- When both applicants are band members, both must agree to sign a "Domestic/Cohabitation Contract"
- Are you willing to obtain content insurance within 15 days of accepting the First Nations Housing Allocation offer, if selected. Yes No please explain: _____
- Do you have pets? If so what type & how many: _____
- Is your pet a service animal? Yes Registration #: _____ No

Applicant Signature: _____ Date: _____
 Co-applicant Signature: _____ Date: _____
 Other Applicant Signature: _____ Date: _____

Received BY: _____ **DATE Received:** _____

REQUEST FOR CATERING BIDS

FOR MFN POW WOW FEAST

DEADLINE	4 pm on June 9, 2023
Date Required	July 15, 2023
Time	5 pm
Location	Pow-wow grounds
Mtg/Event Title	Mississauga First Nation Pow Wow 2023

Please send or drop off your "SEALED" quote/bid to:

Department	Education Department
Name	Dana Boyer
Email/Phone	danaboyer@mississaugi.com

For Saturday July 15, 2023. 5 pm service for 250 people

MENU Description	Amount
<p>To Provide BBQ (Two meats, 2 side salads, desserts, refreshments and environmental feast plate.) Also to provide set-up and clean up.</p>	
<p>Please submit Menu (include desserts, refreshments, must supply utensils, napkins, plates, cups, etc. and proof of "Safe Food Handling" certificate)</p>	

CATERER NEEDED

*Chi-Naakinagewin Coordinator is requesting for a Caterer for
an evening meeting*



MEETING DATE: JUNE
13TH, 2023

TIME: 5PM COUNCIL
CHAMBERS

NUMBER OF PEOPLE: 13

*Send submission to Amanda Sayers by June 02nd, 2023 @ 4pm
Please submit an email to amandasayers@mississaugi.com
Please include Menu, Dessert and Drinks. Please ensure there
is a vegetarian option.*

*Please include your Safe Handling Food Certification for
verification.*

**Please note, to be more environmentally friendly, the
Chi-Naakinagewin Coordinator encourages minimal use of
plastic cutlery or Styrofoam products.*

MIIGWETCH!!



CATERER NEEDED!!!

The Lands Department is looking for a caterer for a dinner meeting.

Meeting Date: June 5th, 2023

Time: 5:00 p.m.

For: 16 People

Send submission to Stacy Bissiallon by May 31, 2023 @ 3:00

Please leave your bid at the Band office or submit to email –
stacyb@mississauga.com

Please include Menu, Desert, Drinks.

*Please note in an effort to be more environmentally friendly the Lands Department encourages the use of re-usable plates, cutlery and cups. *

MIIGWETCH 😊





REGISTER NOW >



Community Alert

[HTTPS://MEMBER.EVERBRIDGE.NET/INDEX/1848833097072644](https://member.everbridge.net/index/1848833097072644)



MAMAWESWEN
Emergency Management



Lands and Resources

Community Notice

Lands and Resources will be reestablishing lot boundaries of recreational land use permits on Mississauga First Nation

This project will be ongoing during the spring and summer months



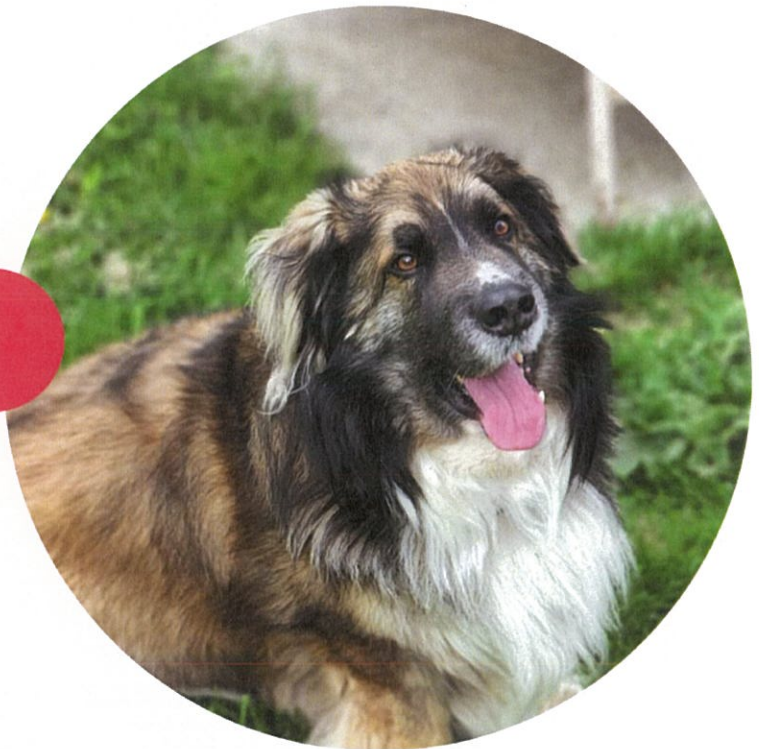
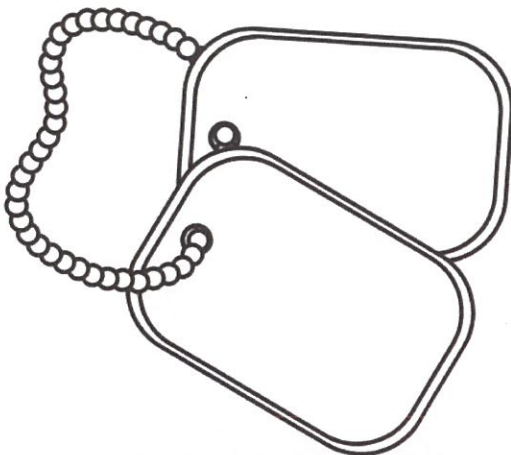
For more information,
please contact Lands and
Resources



DOG REGISTRATION

2023 DOG REGISTRATION FOR MFN DOGS

INCLUDING DOGS
WHO HAVE
ALREADY BEEN
REGISTERED



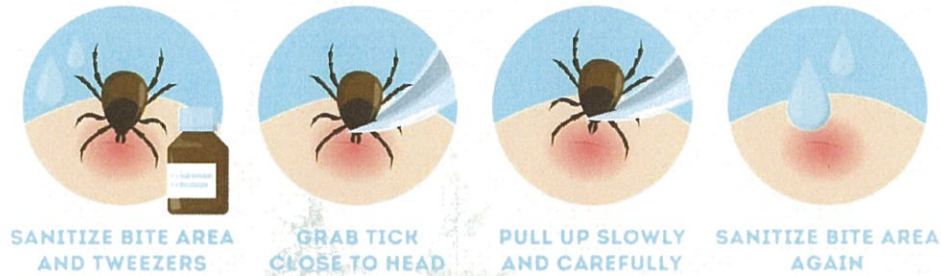
PLEASE CALL THE BYLAW OFFICER AT
705-261-0259 OR 705-356-1621
EXT.2259





TIPS FOR TICK SAFETY

HOW TO REMOVE TICK



How to remove a tick

Removing attached ticks as soon as possible reduces the chance of infection. Infected blacklegged ticks need to be attached for at least 24 hours in order to transmit the bacteria that causes Lyme disease.

If you find an attached tick, follow these instructions to remove it:

1. Use clean, fine-point tweezers to grasp the head as close to the skin as possible and slowly pull straight out.
 - Try not to twist or squeeze the tick. Ticks firmly attach their mouthparts into the skin requiring slow but firm traction to remove them.
2. If the mouthparts break off and remain in the skin, remove them with the tweezers. If you're unable to remove them easily, leave them alone and let the skin heal.
3. Wash the bite area with soap and water or an alcohol-based sanitizer.

Do not try to remove the tick by:

- burning it
- smothering it with:
 - nail polish
 - essential oils
 - petroleum jelly
 - nail polish remover

This can cause the tick to release its stomach contents, which can be infected, into the bite area. This can increase your chance of infection.

Watch for symptoms for 30 Days

Call your healthcare provider if you get any of the following:

- Rash
- Headache
- Fever
- Muscle Pain
- Fatigue
- Joint Swelling and pain

For more information: <https://www.canada.ca/en/public-health/services/diseases/lyme-disease/removing-submitting-ticks-testing.html>



HELMET SAFETY



Helmets

Wearing a helmet can greatly reduce the risk of injury or death if you fall or collide with a car, pedestrian or other cyclists. A bicycle helmet is strongly recommended but not legally required if you are 18 or over.

The best helmet is one that:

- fits properly
- is worn correctly
- has been manufactured to meet strict safety standards

Off Road Vehicles

You must wear a motorcycle helmet, as required by the Highway Traffic Act, whenever you drive or ride on an off-road vehicle or on any vehicle towed by an off-road vehicle. The only exception is when you operate the vehicle on the property of the vehicle owner. The helmet must meet the standards approved for motorcycle helmets, or motor-assisted vehicle helmets, and must be fastened properly under the chin.

Provided by ontario.ca

Additional information: <https://www.ontario.ca/page/bicycle-safety>
<https://www.ontario.ca/page/driving-road-vehicle-orn>

For more information please contact:

Scott Richer - By-Law Officer
scottricher@mississauga.com
(705) 356-1621 ext. 2259





BEAR SAFETY INFORMATION



Awake and Hungry

Spring is here and the bears are awake. While the weather is starting to get nicer please take the time to do a thorough spring cleanup of your living space and yard. **You will want to remove all sources of natural and non-natural food attractants from your yard.**

Non-Natural Sources

- BBQ grease and drippings
- Bird feeders
- Garbage - Keep garbage indoors until garbage pick up day
- Pet food



Natural Sources

- Berries
- Fruit trees
- Flowers/clovers/weeds



Managing Bears Issues takes the efforts of the community to succeed.
Let us have a successful spring and summer 2023



*MFN Bylaw Officer - (705) 356-1621
ext. 2259*

*Animal Control Reporting and Services
(705) 261-0259*



SAFETY REMINDERS for SPRING FISHING SEASON

Safety gear required for each vessel



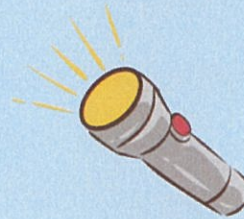
Life Jackets
(Must fit the person wearing it)



Sound Signaling Device



Manual propelling device and anchor



A waterproof flashlight



Bailor or Hand Pump



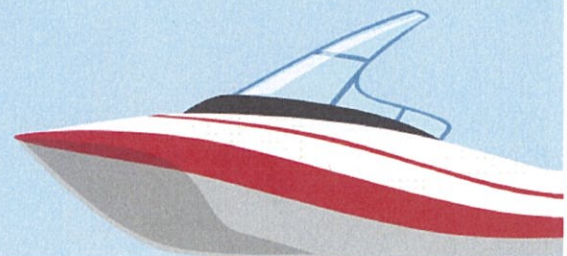
15m of rope



A fire extinguisher for any craft



Navigation lights mandatory for vessels operating between sunset and sunrise.





HYPOTHERMIA INFORMATION

for

SPRING FISHING SEASON

Hypothermia is a drop of body temperature below normal (37°C) that results from a prolonged exposure to frigid water. The signs and symptoms of the 3 different stages of hypothermia are:

- **First stage: shivering, reduced circulation**
- **Second stage: slow, weak pulse, slowed breathing, lack of coordination, irritability, confusion and sleepy behavior**
- **Advanced stage: slow, weak or absent respiration and pulse. The person may lose consciousness.**

Should you find yourself in the water it is essential to do everything possible to conserve your energy and body heat. To lengthen your survival time, the following is important:

- **Wear your personal flotation device or lifejacket. This will help you to stay afloat and keep your head out of the water without wasting your energy**
- **Swim only if you can join others or reach a safe shelter. Do not swim to keep yourself warm, this will only increase your loss of body heat.**
- **if possible climb on top of a floating object (such as your craft) to keep as much of your body as possible out the water. Frigid water will lower your body temperature faster than air (25x faster)**



- **Assume the fetal position, or if you are not alone, huddle together**
- **Remove the wet clothing of anyone who has fallen into the water and warm them with dry clothes.**

Please direct questions or concerns to MFN Lands and Resources department @ (705) 356-1621 ext. 2236
or MFN Bylaw Officer @ ext. 2259

SAVE THE DATE
FOR
ANISHINAABE GIIZHIGAD (DAY)

JUNE 6, 2023

**11-3 AT MFN BAND HALL
COME OUT FOR SOME**

GAMES

FOOD

FUN

DOOR PRIZES

MORE DETAILS IN NEXT FLYER!



**POW WOW COMMITTEE
LOOKING FOR**

DONATIONS

for this year's

POW WOW GIVEAWAY

Handmade or Purchased

Can be dropped off at MFN Band Office or
Education Department MIIGWETCH!!!

Email transfers please use mfn@mississaugi.com



TRAPPER HATS

WHEN: SUNDAY, JUNE 11, 2023

TIME: 11:00 AM TO 5:00 PM

WHERE: EDUCATION BUILDING

Come make a trapper style hat with us!! Limited number of kits available. Please call Lucy Ann at 705-356-1621, ext 2247 or drop by the Education Building to reserve your spot.



Upcoming dates: **Friday May 19, 2023**

Friday, May 26th, 2023

Friday, June 2, 2023

At the Education Building.. If you have a project you are working on and needing some help, come on out! Pow wow is just around the corner, so time to get your gear ready!!

For more information, come see me at Education, or call me at 705-356-1621, ext 2247

Lucy Ann Trudeau
Grandma's and Auntie's Program Coordinator



Thursday evening Sewcials!!

Thursday, May 18 & 25, 2023

Thursday, June 1, 2023

From 6:00 pm to 9:00 pm.

Bring a project, a UFO (unfinished object), or your beads. Pow wow season is around the corner. Time to get your regalia started!!

For more information, please contact:

Lucy Ann

705-356-1621, ext 2247 or drop by the
Education Building.

YARD SALE!

Friday, May 26th

9am-12pm

Child & Youth Building

44 Park Road, MFN



YARD SALE



Band Office Parking Lot
9am - 12 pm
64 Park Road, MFN





YOUTH COORDINATOR
ASP COORDINATOR



SUMMER DAYCAMP OPEN HOUSE- REGISTRATION

MAY 31ST

5:30PM-7:00PM

MFN SPORTS COMPLEX

DAYCAMP WILL RUN FOR 6
CONSECUTIVE WEEKS BEGINNING
JULY 10TH- AUGUST 18TH

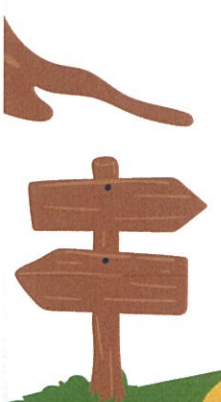
MONDAY & TUESDAY- AGES 6-8


**WEDNESDAY & THURSDAY AGES 9-11
(TENATIVE)**

FRIDAY- AGES 6-11

**Priority for spots will be given
to On-Reserve Band Members**

Limited Spots Available






Youth Drop In
Thursday, June 1st
2023

Youth Center

5:30pm–6:30pm

Come program plan,
play board games or
just hang out!

Snacks and
Refreshments will be
available



YOUTH COORDINATOR

Fishing/Hiking @ Cataract Falls June 8th (4pm-6pm)

BUS WILL LEAVE SPORTS COMPLEX @ 4PM
RETURNING FOR 6PM
PLEASE CONTACT YOUTH COORDINATOR TO
SIGN UP AT
PATRICIANIGANOBE@MISSISSAUGI.COM



A photograph of a tall waterfall cascading down a mossy, rocky cliff face. The water is white and frothy as it falls. The surrounding rock is dark and covered in green moss. The sky is a clear, bright blue.

Youth 12+
**AUBREY FALLS
PROVINCIAL PARK
JUNE 10TH**

10AM-4:30PM

BUS LEAVES SPORTS COMPLEX @ 10AM SHARP

PLEASE DRESS ACCORDINGLY, PACK A LUNCH/WATER

CONTACT PATRICIANIGANOBE@MISSISSAUGI.COM

**PLEASE NOTE YOUTH COORDINATOR IS NOT RESPONSIBLE
FOR ANY INJURIES DURING HIKE.**

MISSISSAUGI FIRST NATION



PRIDE FLAG RAISING

LGBTQ2S+

**JUNE 1, 2023
COUNCIL CHAMBERS
5:00PM**

**OPENING REMARKS
KEYNOTE SPEAKER
DINNER + DOOR PRIZE**

love
wins

For more information contact
Community Support Service Worker
Jade Fox
P. 705 356 1621 x 2357
E. cssworker@mississauga.com

Community Breakfast

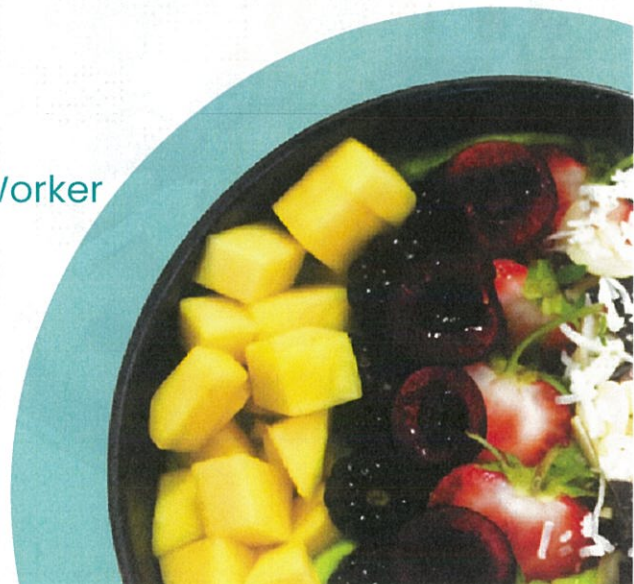
TUESDAY | JUNE 6, 2023

7:00AM - 9:30AM

Child & Youth Building - Downstairs

Bus Transportation for high school and elementary students
provided

For more information contact
Jade Fox - Community Support Service Worker
E. cssworker@mississauga.com
P. 705 356 1621 x 2357



MISSISSAUGA FIRST NATION

1ST ANNUAL

Pride

PARADE

WALK, RIDE & ROLL

June 15, 2023

BBQ @ 5:30

Parade @ 6:00

BEST DRESSED

BEST DECORATED

OUTFITS + CARS

WALKERS, BIKERS, STROLLERS & CARS WELCOME!

BAND OFFICE PARKING LOT



To register contact

Community Support Service Worker - Jade Fox

E. cssworker@mississaugi.com

P. 705 356 1621 x 2357



SMALL ENGINE/MACHINE REPAIR

- hobbyist with 4 years' experience.
- Has own tools
- Offers fair rates

Offered:

- ✓ Lawn Mowers/Riding Lawn Mowers
- ✓ Dirt Bikes
- ✓ ATVs
- ✓ Any small engines

CHASE WILSON

TEXT OR CALL

📞 705-208-8540

MISSISSAUGA FIRST NATION
HEALTH EDUCATOR
COMMUNITY HEALTH NURSE

SMOKING CESSATION

Deciding to Quit?

No one can make this decision but you

Attending the Workshop

WHERE : BAND OFFICE - HEALTH CENTRE

WHEN: WEDNESDAY MAY 31ST, 2023

TWO SESSIONS

12:00PM-1:00PM

AND

5:30PM-6:30PM

Receiving Resources and Support

You will receive smoking cessation tools, resources and on going support from the Community Health Nurse

Register today by emailing
sherimacleod@mississaugi.com



enilakkus

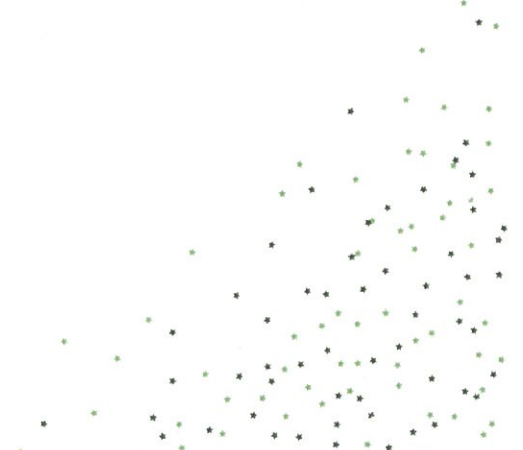


FOOTCARE



MAY 26, 2023
RED PINE LODGE
9:00 - 4:00 P.M.

PLEASE CONTACT CHELSEA TO
BOOK AT 705-356-1621 EXT. 2203





MAAMAWESYING INDIGENOUS ROOKIE LEAGUE

COMMUNITY TOUR



JAYS CARE FOUNDATION
COMMUNITY TOUR

SATURDAY MAY 27TH
4:30 - 6:30 P.M.
MFN SPORTS COMPLEX

DINNER WILL BE PROVIDED
REGISTRATION, INFORMATION AND
GAMES TO FOLLOW

FOR MORE INFORMATION CONTACT CHELSEA AT 356-1621
EXT. 2203 OR EMAIL CHELSEAGRIMARD@MISSISSAUGI.COM

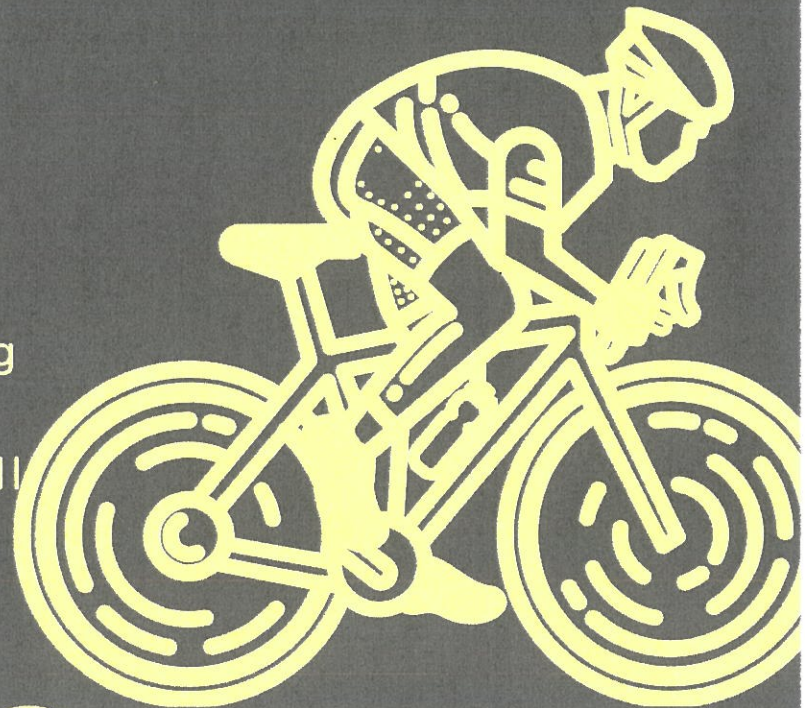
BIKE SAFETY EVENT

TUESDAY JUNE 6TH
BAND OFFICE PARKING LOT
5:00 - 6:30 P.M.



- OPP will be presenting bike safety information
- Obstacle course showing how to do bike safety
- Helmets will be given out on First come, First serve
- Bike prizes
- Bike Tune- ups available for anyone needing (bring your bikes)
- 108 Lifestyle and Sporting goods will be set up
- Music, food and drinks will be available

Ages 1- 16 years old



FOR MORE INFORMATION CONTACT CHELSEA AT 705-356-1621
EXT. 2203

MFN Food Security Program

Date: _____ Pick up only # of children _____ # of adults _____

Names of all household Members: _____

Address: _____

Phone Number: _____

Please submit your forms before Thursday

*Please note that if items are not in your box, it's because we are out of stock, it's on back order or not available from distributor. Make sure to fill out your correct information, so that we may properly serve you and your family.

Cereals (1 only): Cold Cereal Cooking Oats Cream of Wheat	Meats: (2 choices): Hamburger Chicken
Breads (1 only): White Bread Brown Bread Flour	Canned Meats (1 only): Tuna Salmon
Pasta & Rice (1 only): Rotini Macaroni Spaghetti Lasagna Fettucine Rice	Dairy Products (2 only): Powdered Milk Margarine Canned Milk Eggs
Soups (3 only): Vegetable Chicken Noodle Tomato Mushroom Mr. Noodles (Beef) Mr. Noodles (Chicken)	School Aged Children Only: Pudding Fruit Cups Cookies
Hygiene Products: Toilet Paper Hand Sanitizer	Every 3rd Month: Bleach Laundry Soap Dish Soap Pot & Pan Cleaner
Other Products (3 only): White Sugar Brown Sugar Peanut Butter Decaf Coffee Crackers Tea Mustard Ketchup Lard Coffee Pepper Instant Coffee	Other Products: (3 only) Kidney Beans Tomato Paste Spaghetti Sauce Canned Navy Beans Canned Chick Peas Diced Tomatoes Vegetables(frozen only)
Once A Month: Jam Cooking Oil Salt Icing Sugar	

Revised April 2023



NUTRITIONAL SUPPLEMENT CARD FOR FAMILIES WITH CHILDREN 0-6 YRS AND PRENATAL

Starting April 2023 changes will be implemented to this program.

*listed is the pick up date, **please email the Family Resource Coordinator by the 15th of each month to ensure a card is purchase for that month**



Pick up dates:

*May 24th 2023

*June 28th 2023

*July 26th 2023

from 8:00 AM to 2:00 PM including lunch hour

*** As a requirement of the program, receipts will need to be submitted before the next card pick up.**

Please remember it is your responsibility to pick up on date unless other arrangements have been made.

Thank you

If you have any questions or concerns please email Christine Owl -
Family Resource Coordinator

email: christine@mississauga.com

Boys Drumming @Cultural Centre



Preparing for our
annual Mississaugi
Powwow

May 18
June 1, 15, 29
Time: 5:30 – 7:00pm

MISSISSAUGA FIRST NATIONS INVITES YOU TO:



I am a Kind Man is guided by an Indigenous approach to healing that recognizes the distinct histories, unique cultures, and shared traumas of all Indigenous people negatively impacted by colonization. Our approach to healing is wholistic, taking into account all aspects of creation.

Come gain knowledge in teachings, ceremonies, how to set fishing net, filet and smoke fish. Learn about the different traditional medicines in our backyards. Upon graduation we will be having a Sweat.

The program will start up in June, there will be 10 sessions

Register with Sky Cada 705-356-1621 ext. 2228 or email skycada@mississauga.com



MEN'S DROP IN

Come out and join us
Soup and Sandwich lunch will be
provided

AT THE CULTURE
BUILDING FROM 10 TO 2
EVERY THURSDAY, 2023

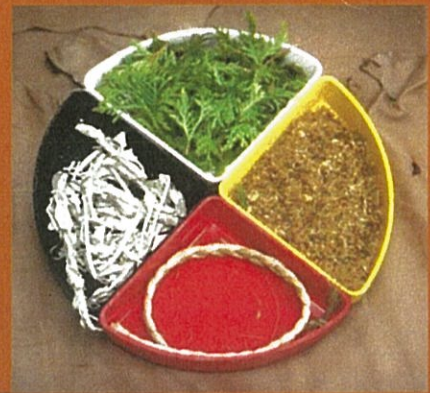


If you have any questions contact
Sky Cada at 705-356-1621 ext 2228

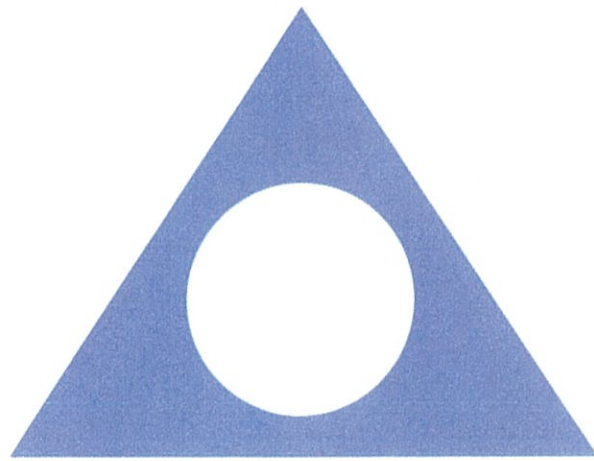
Lighting the Sacred Fire

We will be lighting the Sacred Fire for the MFN community.

Come pray, stay, talk, or just enjoy the fire. Thursday's outside the Culture building. From 9 AM to 3 PM.



For more information call Sky Cada at 705-261-1370 or email skycada@mississauga.com



AL-ANON

for families & friends of alcoholics

****Starting Again****
AL-ANON MEETING

Have you or a family member been affected by another's drinking or drug addiction?

Please come out and join us and find out for yourself what Al Anon can do to help you.

We meet on: Mondays 6:00 p.m.
At: Mississaugi First Nation's
Cultural Center
Park Road

There you will find a fellowship of others who share your same challenges.

We look forward to meeting you!!
Snacks and Refreshments provided



NA Meetings are happening Tuesday
at 7:00 pm in the Culture Centre.
Snacks and refreshments will be provided.
\$20 Tim Hortons Card drawn monthly.

“AT ANY GIVEN MOMENT YOU HAVE
THE POWER TO SAY THIS IS NOT HOW
MY STORY ENDS”

For information please send email to:
skycada@mississaugi.com