

NIIGAANIIN

Client and Community Newsletter

November 23, 2023



Niigaaniin Hours

Mon-Thurs 9:00-4:30 - Fridays 9:00-4:00

Cheque day Nov 1, 2023

STATEMENTS DUE Dec 10, 2023

OESP PROGRAM

CHECK YOUR HYDRO BILL FOR OESP EXPIRE
RENEWAL YEARLY

CALL Darrell Jacques
705 356 1621 Ext 2235

ODSP FN WORKER

STACEY ARMSTRONG

Sarmstrong@niigaaniin.com

(705) 356 1621 - EXT 2352

FAX 705-356 0728

INFORMATION

JAN OW CHEQUES PICK UP AT THE
POST OFFICE Dec 28

LMI COORDINATOR

KRISTEN JACKPINE

LABOUR MARKET INITIATIVE SURVEY

LMI COORDINATOR @MISSISSAUGI.COM

705 356 1621 EXT 2351

"QUOTE OF THE WEEK"

" Bravery is being the only one who
knows you're afraid"

~Franklin P. Jones~

**??Riddle me this, Riddle me
that??**

What is always in front of you, but can't be seen?

Answer to Nov 16 Riddle

~An egg~

Mississauga First Nations

LOCAL AREA - JOB OPPORTUNITIES		
Position	Employer/Location	Closing date
Various positions available	Mississauga FN - check community flyer	until filled
Various Positions Available	Garden River FN	until filled
Various Positions Available	Serpant River FN	until filled
Various Positions Available	Sagamok FN	until filled
Auto Glass Tech.	RJ Auto Glass Blind River	12/1/23
Crossing Guard	Town of Blind River	12/1/23
Treasurer	Town of Northshore/Algoma	12/8/23
PSW Pt	NSHN/Blind River	12/12/23
Customer Service Rep.	LCBO/Blind River	12/15/23
General Labourer	Milltown Motors	12/15/23
Child and Youth Worker	The Well/Blind River	12/31/23
Superintendent – HWY Maintenance – LEDCOR	Blind River	12/31/23
Bus Driver	AJ Bus Lines/Blind River	12/31/23
Summer Student	Canadian Food Inspection/Gov.of Canada/St. Catharines – May to Sept	
Various positions	NOG/various communities	until filled
Various positions	Cameco – check their website out	until filled
Various positions	NAPA /Blind River	until filled
Various positions	Northshore Health Network	until filled

Other Websites for job postings: Indeed; LinkedIn; Google jobs; Job-Bank.gc.ca; employment solutions

Also: Gas Attendants/Cashiers / Casual Parttime - Broken Canoe /ask for Jacquie

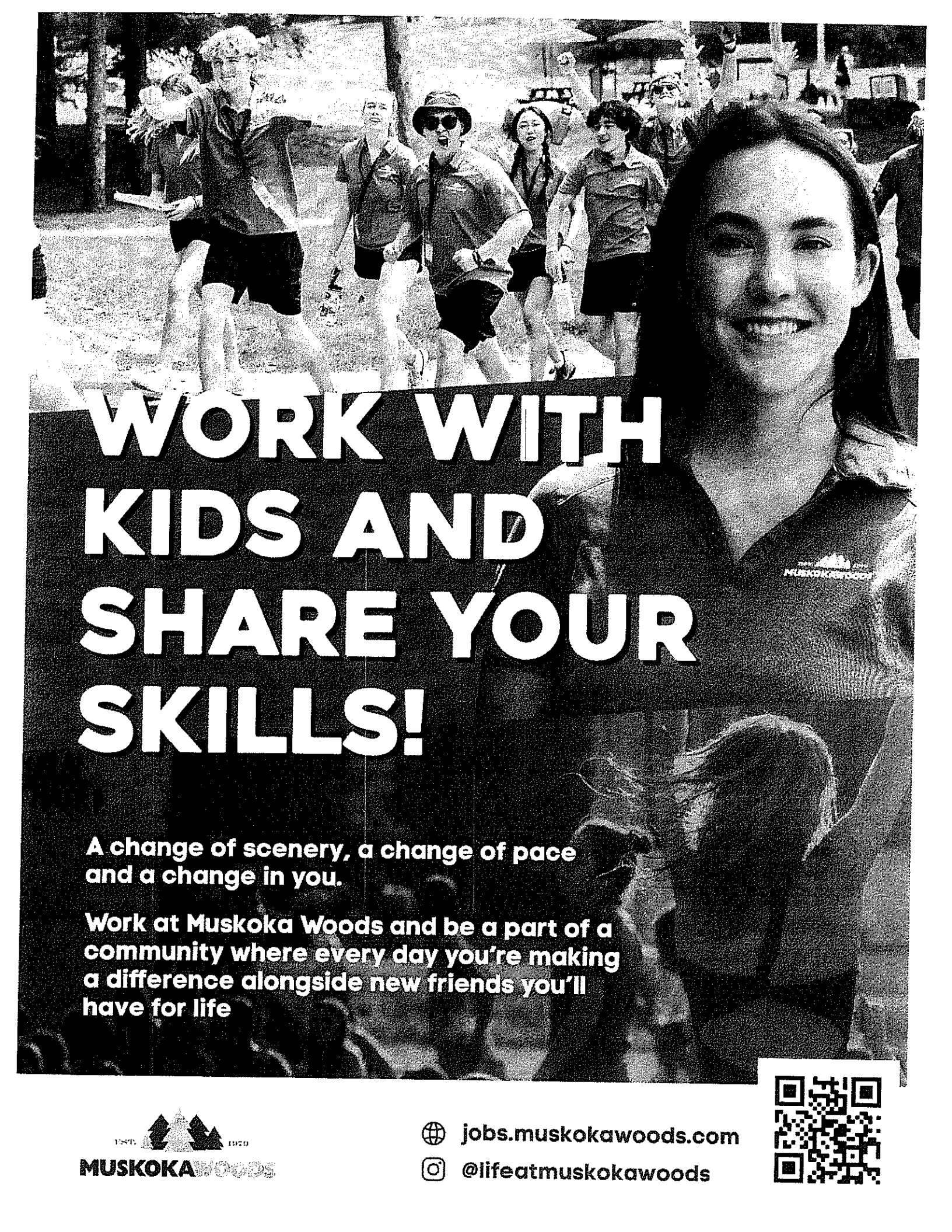
- If you are on OW or EI or not working or need training ISETP's can offer you the following: Apprenticeships; Employment Supports/Startup; wage subsidies; Mobility/relocation assistance; Skills enhancement/Direct Course Purchase; Youth Work Experience; Student Employment; Career and Educational development: Self Employment Assistance *

Summer Students – If you like working with Kids and want to share your skills then check with Muskokawoods.com.

If you need help or assistance, you can call Rob our employment Counsellor at 705-356-1621 ext.2237 but please do not wait for the last minute. Call and make an appointment.

When applying for any position/job the process involved is: Where do you apply; in person; mail; fax; email or phone. Before applying, please read and follow all the instructions that is required from the employer, or you may be screened out and not get that interview.





WORK WITH KIDS AND SHARE YOUR SKILLS!

A change of scenery, a change of pace
and a change in you.

Work at Muskoka Woods and be a part of a
community where every day you're making
a difference alongside new friends you'll
have for life



 jobs.muskokawoods.com

 [@lifeatmuskokawoods](https://www.instagram.com/lifeatmuskokawoods)





Position: Cultural Support Helper

Salary: \$40,551 – 46,076

Hours of Work: 32 hours/week

Circulation Level: Level I

Accountability: Social Services Department

Employment Status: 2 years contract

Preferences: MFN Band Members

The Cultural Support Helper will perform the following duties:

- Assist in coordinating various gatherings to develop cultural practices for staff, at risk families and Band Representative Program clients.
- Assist in organizing community cultural events such as the Land Based Cultural Camp, medicine walks, teachings, and ceremonies.
- Assist in organizing such events as Pipe Carrier gatherings, Language sessions and family gatherings.
- Develop and maintain a resource list of cultural people, resources, and Elders available to the First Nation.
- Assist in maintaining policies and procedures for safe delivery of Traditional healing and counselling services.
- Assist in implementing a training plan on cultural practices in collaboration with local Traditional Knowledge keepers and resource people.
- Ensure Fire keepers are trained and available for community ceremonies.
- Assist in educating and training high-risk individuals and families about cultural protocols and practices, teachings, ceremonies, and traditions that can be implemented in day-to-day practices and during special stages of life such as rites of passages and other significant events.
- Attend first-time cultural teachings and ceremonies with clients if requested, when required and directed by the Worker.
- Gather traditional historical resources and family lineage information to share with clients residing both on and off reserve.

The Cultural Support Helper will possess the following qualifications, skills, experiences, and attributes:

- A Secondary School Diploma is preferred.
- A Degree in a Social services field or Native Studies will be an asset.
- One years' experience or volunteer work in developing and delivering cultural programs and services.
- Knowledge and understanding of Anishinabek culture, traditions, and the Seven Grandfather Teachings
- Knowledge of First Nation health and social service programs for referral and follow up purposes.
- Strong cultural knowledge and skills
- Must be able to demonstrate experience and behaviors consistent with being a team player with ability to take and give direction in a positive manner.
- Excellent interpersonal skills
- Excellent oral and written communication skills; Excellent problem-solving skills; Excellent organizational skills
- Must possess or be willing to obtain a current First Aid and CPR certificate.
- Driver's license, insurance and access to a vehicle required.
- Clear Vulnerable Sector Check (CPIC)
- Ability to work flexible hours.

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. Successful candidates who receive interviews must provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be in person. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation Attention: Human Resources Department
P.O. Box 1299 Blind River, Ontario P0R1B0

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississauga.com **FAX:** 705-356-1740

Deadline: December 5, 2023

Thank you to all applicants; however, only those selected for an interview will be contacted.

WALKING IN BALANCE

A socially and culturally healthy community where individuals have the opportunity to prosper and to achieve their full potential spiritually, emotionally, mentally, and physically through generous and unselfish support for one another, while pursuing balance and harmony within, with each other, and with Mother Earth.



Position: Youth Coordinator

Salary: \$47,883 - \$54,412

Hours of Work: 32 hrs/week (flexible)

Circulation Level: Level I

Accountability: Social Services Manager

Employment Status: 2 years contract

Preferences: MFN Band Members

The Youth Coordinator will perform the following duties:

- Develop, plan, implement and evaluate programs and activities to meet the social, recreational, educational, and cultural needs of children and youth of the Mississauga First Nation
- Plan, implement and evaluate Teen/Children's Wellness Programs and activities in conjunction with Health and Social Service team members, and to address health needs of youth and children served.
- Plan, schedule, implement and evaluate the Annual Summer Day Camp programs and activities for children aged 5 to 12; recruit children and youth for Day Camp and Youth Groups, and provide orientation and supervisor Summer Camp personnel.
- Promote and ensure safety of children, youth, Day Camp Staff, and volunteers.
- Work cooperatively with and act as a resource to Health and Social Services team and other Band Programs in planning and implementing activities and programs with involve children and youth participation i.e., health, culture, tradition, social and education.
- Communicate and consult with community parents and youth, i.e., needs, programs and activities; and assist in the development of networking with on and off reserve services.
- Prepare and submit funding proposals, as appropriate, plan fund-raising activities with youth monthly.
- Prepare and submit annual work plans; reports on activities, maintains stats, questionnaires.
- Represent and support Mississauga First Nation youth, i.e., resource person, assist in the operation of the Native Center at the local high school one day a week.

The Youth Coordinator will possess the following qualifications, skills, experiences, and attributes:

- Post-secondary diploma in Child and Family or related field with a minimum of Grade 12 secondary diploma or equivalent
- Two (2) years' experience working with children and/or youth and/or experience working effectively in a multi-disciplinary environment.
- Must have or willing to be trained with current First Aid/CPR and ORCA Advanced Solo/Tandem Canoe certification. Mental Health First Aid an asset.
- Able to provide a Criminal Records Check and Vulnerable Sector Check from the Canadian Police Information Center.
- Must provide valid Ontario Driver License Class G, (Class F an asset) and have access to a vehicle.
- Must be able to work flexible hours, on-call, and shift work, potentially including weekends, evenings, and holidays.
- Demonstrated interpersonal and facilitation skills and takes initiative to motivate others.
- Ability to work constructively and positively with youth and children; and ability to work with limited supervision.

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Position: Event Coordinator

Salary: \$42,947 – 48,805

Hours of Work: 32 hours/week

Circulation Level: Level I

Accountability: Chi-Naakinagewin Director

Employment Status: Term (1 year)

Preferences: MFN Band Members

The Event Coordinator will perform the following key job functions:

- Collaborate with community leaders, stakeholders, and staff to conceptualize, plan, and execute events that align with the Nation's cultural values and goals.
- Coordinate all events operations (booking and preparing venue, flyers, merch, audio, etc.)
- Develop and manage event budgets, ensuring cost-effective planning and adherence to financial guidelines.
- Understand requirements and needs of each event, planning the event with attention to financial and time constraints.
- Identify and contract vendors, suppliers, and service providers for events, including catering, entertainment, and equipment rentals.
- Negotiate with vendors to achieve the most favorable terms; research and keep an active directory of Indigenous vendors (catering, decorators, musicians, etc.) and choose the best combination of quality and cost.
- Create detailed event timelines and schedules, coordinate logistics, and ensure all resources are in place for successful event execution.
- Liaise with Mississauga First Nation staff and volunteers ensuring tasks and schedules are established and confirmed before the scheduled event(s). Do final checks on the day of the event before scheduled activities are to start to ensure everything meets standards.
- Foster strong community participation by involving Nation members in event planning and seeking their input and feedback.
- Ensure that events promote and preserve the cultural heritage and traditions of Mississauga First Nation.
- Maintain accurate records and documentation for each event, including attendance, expenses, and feedback for post-event analysis.
- Implement health and safety protocols to ensure the well-being of all participants and attendees during events.
- Gather feedback from attendees and stakeholders to evaluate the success of events and make improvements for future gatherings.
- Attending and overseeing event happenings and acting quickly to resolve problems.
- Coordinate events so that they do not interfere with other local events.
- Complete other duties as assigned that relate to the job.

The Event Coordinator will possess the following qualifications, skills, experiences, and attributes:

- Education in hospitality management, public relations or relevant field is preferred/or 2 years equivalent experience.
- Minimum Grade 12 or GED
- Two (2) years' experience as an event coordinator is an asset.
- Must provide a clear Vulnerable Sector Criminal Records Check
- Valid Class G Driver's License or access to reliable transportation
- Knowledge of Mississauga First Nation programs and services.
- Knowledge and understanding of Aboriginal culture and traditions.
- Knowledge of the Occupational Health and Safety Act and the Canada Labour Code.
- Knowledge of the Workplace Hazardous Materials Information System.
- Good interpersonal, public relations, communication, and organizational skills.
- Excellent time management skills.
- Excellent computer skills with MS Office (i.e., Excel, Word, Access, Teams).
- Ability to work independently and within a team environment.
- Ability to pay attention to detail and ensure accuracy with work.

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will be in person. If you are interested in applying you may submit your covering letter, resume and three (3) work related references to:

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P.O. Box 1299 Blind River, Ontario P0R1B0

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740

Deadline: December 5, 2023

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Position: Community Energy Champion

Salary: \$50,336 - \$57,208

Hours of Work: 32hrs per week

Circulation Level: Level I

Accountability: Lands and Resources Director

Employment Status: Maternity Coverage (1 year)

Preferences: MFN Band Members

The Community Energy Champion will perform the following duties:

- Consult with the Housing Coordinator/Infrastructure Manager to assist with the implementation of programs established through Union Gas (Reliance) now Enbridge, Hydro One etc.
- Implement programs through the rebate offers of energy efficient lightbulbs, appliances and utilizing methods of caulking and plastic film to cover windows during winter months to help with heat loss.
- Conduct preliminaries on energy saving measures by continued research on the use of biomass for self-reliance on power generation
- Collected pre and post data during community asset inspections
- Utilize IPAD devices preloaded with APPS such as ESRI's Survey1-2-3, Workforce, and collector. These apps will expedite work orders and will monitor progress and completion in the ARCMAP GIS system
- Responsible for following the CEC Plan in its entirety with potential modification to meet organizational needs.
- Constantly meet tight deadlines.

The Community Energy Champion will possess the following qualifications, skills, experiences, and attributes:

- Diploma in a technical field or related experience surrounding household and commercial energy consumption.
- Working knowledge of Microsoft Office Suite software programs, Outlook, social media, etc.
- Experience conducting household surveys, preparing technical reports, and assessing data.
- Experience working with Aboriginal people, organizations, and communities.
- Must have current First Aid/ CPR Certification
- Must provide a clear Criminal Reference Check (CPIC)
- Must provide a Class "G" Ontario Driver's License in good standing and must be able to travel.
- Must be able to work flexible hours, on-call, and shift work, including weekends and holidays.
- First Nation programs and services and operating regulations
- Knowledge and understanding of Mississauga First Nation and traditional territories.
- Knowledge of Mississauga First Nation Land Code and First Nations Lands Management Act
- Knowledge of the Occupational Health and Safety Act and the Canada Labour Code as it applies to the worker
- Knowledge of MFN environmental health issues
- Knowledge of MFN Lands & Resources Department and MFN

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P.O. Box 1299 Blind River, Ontario P0R1B0

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740

Deadline: December 7, 2023

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Position: Back-Up Receptionist
(Admin & Health Dept)

Accountability: Finance Director

Salary: \$22.55 hourly

Employment Status: Casual

Hours of Work: As needed

Preferences: MFN Band Members

Circulation Level: Level I

The Back-Up Receptionist will:

- Receive all incoming telephone calls and visits in person and direct all inquiries and persons appropriately and with courtesy.
- To receive and record all incoming and outgoing mail, open and distribute it to the appropriate staff, affix appropriate postage and ensure proper handling, photocopying of mail as needed.
- Be aware of and as required and requested to provide information about all staff employees' whereabouts.
- As needed and requested, order appropriate storage, distribution, and use of office supplies (i.e., pens, writing pads, staplers/staples, 3-hole punch) stationery and standard agency forms.
- Maintain booking schedule for Council Chambers using Outlook monitoring, community hall rental, van and bus rental, cultural center.
- Perform secretarial and clerical duties of photocopying, faxing, typing, and telephoning.
- Make travel arrangements and maintain travel itineraries for all staff, when required.
- Responsible for drafting letters and any other correspondence related to office administration.
- Ensure confidentiality and safekeeping of all the organization's records, forms, and documents.
- Assist Housing and Property Manager with receipt of rent monies when required.
- Update employee telephone and email listing for all staff and Chief and Council.
- Receive money, prepare invoices, and log payments for photocopying/ facsimile transmissions for public and forward to Finance Clerk and place in safe.
- Responsible for and maintaining Visitor Logbook; Employee Sign In / Out Daily logbook.
- Conduct themselves in a professionally appropriate manner; and any other duties are required.

The Back-Up Receptionist will possess the following qualifications, skills, experiences, and attributes:

- Certificate and/or diploma in secretarial and office services with minimum of two (2) year related experience.
- Experience working with aboriginal people, organizations, and communities.
- Must provide a clear Criminal Records Check.
- Knowledge of Mississauga First Nation programs and services; understanding of Aboriginal culture and traditions.
- Knowledge of the Occupational Health and Safety Act and the Canada Labour Code as it applies to the worker.
- Good interpersonal skills; good public relations; good communication/ organizational skills.
- Excellent time management skills; excellent computer skills with MS Office including Excel, Word, Access.
- Ability to work independently and within a team environment; and ability to pay attention to detail and ensure accuracy with work.

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Mississauga First Nation
P.O. Box 1299 Blind River, Ontario P0R1B0
Attention: Human Resources Clerk
Marked: **CONFIDENTIAL**
EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740
Deadline: December 12, 2023

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W.C. Eaket Secondary School

ART SUBMISSION CONTEST

W.C. Eaket Secondary School and the Mississauga First Nation Sports Complex and working together to host a Volleyball tournament in March 2024. We are inviting all community members to submit a volleyball logo design.

1. Our school will have a committee of student leaders to view all submissions and select the submission we would like to use.
2. The artist whose submission we select will receive an OFSAA swag bag/OFSAA merchandise for their contribution plus their design will be featured on the official 2023/2024 Single 'A' Girls' OFSAA logo.

Submissions are **due by December 20th**

Submissions can be dropped off in-person at the school or submitted via email to:
lauricj@adsb.on.ca

Miigwech!

Mr. Lauricella and the students of W.C. Eaket Secondary School

Shawna Boyer-Lesage

Values: Humility | Respect & Anishnawbe Teachings

Proud Anishnaabe Kwe

I am thankful for the opportunity to be considered for Council, and support important decisions impacting the present, and future generations. I am involved in our community volunteering on the Education and Health committees. I held a seat on council three terms ago. I have skills to properly assess information to understand implications of decisions made for the community. I would like to explore ways to properly address our Off reserve members who are constantly seeking opportunities to be included. Both off reserve and on reserve members have a desire to be involved and contribute to improving Mississauga First Nation.

Our community members supported me to learn about our Anishinaabe ways of life, sacred teachings from knowledge carriers and ceremonies I have attended. As a result of receiving knowledge and teachings, I have a responsibility to give back to the community that has helped me to understand minobimaadziwin, the good life. My strengths are my ability to apply humility and respect in deliberating on fourth coming decisions. To have the courage to speak with honesty, and evaluate how decisions may impact the next seven generations and in ensuring the best outcomes for our community.

I work at Mamaweswen, The North Shore Tribal Council with the Koognaasewin Project a Child Wellbeing Law Initiative for the North Shore First Nations. My experience is in prevention services work, governance, social services (youth programs), and administration work in First Nations. My education includes an Indigenous Women in Community Leadership certificate, an Advanced Public Relations Diploma and need three courses for a Public Administration Degree.

Personally:

Giizhhiibaaswe Ekwe
dizhnaakaaz, miigiizii dodem
endow, Mississauga doonjibaa.
Hello relatives, my name is
Shawna Boyer-Lesage, my spirit
name is Soaring Eagle woman,
of the Eagle Clan. I am humbled
to accept the nomination for a
seat on Council. Chi-Miigwetch
to my nominators, Nora and
Jessica Boyer. I am truly proud
to represent the Boyer's, and be
a member of this beautiful,
strong, and resilient community,
that I have the honour to call
my home, Mississauga First
Nation.

My Wife, Malz Lesage, and I live
on the reserve. Malz is from
Garden River First Nation. Malz
helped me to recognize the
importance of growing
together, my self awareness,
and value of partnership and
love. I grew up here with my
mom, Roberta Boyer and Sister,
Shannon Boyer who have been
my supporters throughout my
life. My Dad, Cletus Boyer, has
taught me about the values of
religious beliefs.

If you have any questions
please email me at,
shawnaboyer@hotmail.com
Miigwetch for taking a minute
to read my platform.

Our community is stronger working together!

Re-elect

DENISE BOYER-PAYETTE

for Council



ABOUT ME

**Aanii – Boozhoo. Wabe Gooniis ndiizhinikaaz.
Ma'iingan ndoodem. Misswezhaging ndoonjibaa.**

I am excited & honoured to be nominated, and to be running for council again in the 2023 election! For those who may not know, I was raised here in the community in a big, blended family. My parents, both MFN members, are Lawrence Sr. Payette & Rachel Boyer. I currently work and reside here in the community with my partner, Anthony. I am also a proud auntie!

I strive to be a positive role model and base all my decisions on acting in the best interest of the community and of our membership. I strongly believe the voices of our Elders and our Youth should be front and center in all of our decision-making, and that our Chief and Council should not only honour these values but reflect them.

MY EXPERIENCE

Committees/ Boards:

Lands & Resources, Housing, Economic Development, Cultural (Powwow), Vice-Chair - Mississagi Parks Foundation & Mamaweswen, North Shore Trobal Council Board Member. I have also sat on Council Ad-Hoc Committee on the Recruitment, Employment and Retention of MFN Band Members & Ad Hoc Committee on a Community Substance Dependency Treatment Program.

Please do not hesitate to reach out should you have any questions regarding my prior work or platform. Miigwech.

Re-Elect for MFN Council

GLORIA DAYBUTCH

AANII! SE:KO!

I am Mohawk, originally from Six Nations. I married Douglas Daybutch baa in 1977 and we moved to MFN in 1982. I have lived in this community for over 40 years and I am grateful to have been welcomed so warmly into the community by elders, families and community members. Doug was elected Gimaa and it was from him I learned to understand and appreciate the politics of a community and what it meant to "do work for the people". I learned to understand and value what it meant to truly be a "community member." I am a senior now and have dedicated my life to helping others and working hard for the community at a local and regional level and sharing my lived and learned experiences.

EDUCATION AND EXPERIENCE:

- Degree in Psychology from the University of Toronto.
- Post graduate certificate in Conflict Resolution from York University.
- Post graduate certificate in Collaborative Change Leadership from the University Health Network.
- Over 16 years as the Executive Director of Maamwesying North Shore Community Health Services.
- 5 years as the MFN Health and Social Services Director.
- 4 years as the Economic Development Officer.
- 6 years as a Trustee for the Mississauga Trust.
- Committees: Health & Social Services, Pow-Wow, Governance, and Drug Strategy

WHAT I BELIEVE IN:

- New, experienced, diverse and collaborative Leadership.
- Strategic thinking and planning.
- Change for betterment: New ways of doing and thinking, involving a process including council, administrative & program employees and community members working diligently together until the desired change is realized.

HIGHLIGHTS FROM COUNCIL AND SOCIAL SERVICES PORTFOLIO:

- Helped to establish a committee to address the priority hiring of our First Nation members.
- Helped establish a committee to explore after-care services for those recovering from addictions.
- As a Board member of Nogdawndmin, helped secure funding for a new social services building, a Land Based Cultural Camp and a Safe House.
- Increased services and positions for Social Services Department.
- Participating on the Koognaasewin Project to develop our own child welfare laws and entity.

I understand the 'process' of taking new and creative ideas and crafting them into real change. It is a process involving inclusive engagement, fostering progressive and effective partnerships, collective teamwork, and the application of new technology.

Miigwech!

Nia:wen!

Ahnee and Greetings.

First I would like to acknowledge my nominee and secondly, thank you chi miigwetch for giving me this opportunity to run for council.

My platform is not going to be based on promises but action, a voice for the community, someone who is going to bring forward your issues and concerns. I am someone who believes in transparency and believes the community should be updated on a regular basis of what is going on for its members.

I believe in;

Integrity and Empathy

Commitment & Accountability

Dedication

Transparency

Since moving back to the community some 12 years ago, I brought back with me over 30 years of business experience with non-profit groups and aboriginal based organizations. Over these past years I have been involved in the community with the following groups:

Mississauga Trust

Education

Housing

Economic Development



If elected I will guarantee my commitment and dedication to the position, and to you the community. I promise to bring to you;

A voice for the community

Integrity and Empathy

Commitment and Accountability

Working together for the betterment of the community.

With the ever changing times it is also important to educate the community in a way where everyone clearly understands what's going on. It's

important to be transparent and

follow the Policies and Governance of the Mississauga First Nation .

So on December 6th

Vote for me and lets begin to work together.

Invest in community-focused programming for a bigger, and more progressive future!

Aanii, Boozhoo

Brent Niganobe, Na'me (sturgeon) doodem, Michi Saagiig Anishinaabe, Misswezahging Niindoonjibaa

My name is Brent Niganobe, and I am looking for your support for Chief of Mississauga First Nation. My parents are Joann (Jessie & Russell Morningstar) & the late Larry Niganobe (Alice & Eli Niganobe). I grew up and was raised on Mississauga First Nation. I attend post-secondary school in Peterborough Ontario, where I graduated from Sir Sandford Fleming College with a Law & Justice degree. I also graduated from Trent University with a bachelor's degree in Honours in Indigenous Studies, with a minor in Sociology. While attending both college and university I worked as a youth counsellor to support my family. After graduating from university, I moved back to the community with my wife Giselle and our four children. I wanted to contribute and give back to the community which has already given me so much.

It has been an honor to serve on Chief and Council for the last two terms, as a councillor. I have been committed to being involved as deeply as possible across all issues and was only absent for one meeting over those two terms (6 years.) As a community we need to invest in the community and its members. To do so we need to directly invest in our youth, families, and elders programming. We can and should think bigger and more progressively, we can build a new housing subdivision, and we can build a youth centre or new playground structures that meet the needs of our community members. As First Nation people we are always waiting for equality. But we do not have to wait. We can build what we need now. When we invest in programming and the infrastructure to support it, we are investing in equality and social mobility for all community members, and that should be an important part of any government. I also believe Chief & Council could improve on issues that are current and pressing. With any Government, there is always a need for improvement, and we should always be trying to improve. I believe in community-focused programming and collective prosperity.

If elected my First priority will be community consultations on the annuities. Because our community is stronger when we make decisions that benefit all!

Below you will find priorities that will hopefully benefit the community and create opportunities for youth, families, and Elders:



Governance & Jurisdiction

Objectives:

- Improve Chief and Council communication plan-communicate to the community needs to be improved
- Enforce Mississauga First Nation Inherent Rights & Jurisdictions, continue towards self-determination
- Community Reporting and Accountability
- Community Engagement – monthly community meeting
- Strategic Planning with the community

Community Focused Programming & Build Infrastructure

Objectives:

- Examine past programming evolution to find the things that worked / looking outside the box for structures and solutions
- Increase youth programming– youth centre, refocus on family and parental programming
- Elders programming- meet with Elders to plan and consult on their needs
- Examine and refocus our relationships with all external agencies

Community Safety

Objectives:

- Community safety measure
- More police presence in the community
- Enforce the established COMMUNITY PROTECTION LAW
- Refocus & add to the drug strategy

Prosperity & Job Growth

Objectives:

- Refocus & continue to grow Band Business
- Support community members business
- Explore outside opportunities for business growth (Sky Canoe)

Miigwetch for reading my platform, if you have any questions please reach out and I'll be happy to answer any questions.



PEYTON PITAWANAKWAT

Re-Elect for Council



Aanii, Boozhoo! Peyton "Ominika" Pitawanakwat ndizhinikaaz, Misswezahging ndoonjilbaa, Nimkii Bineshii dodem, Michi-Saagiig/Ojibwe/Odawa/Potawatomi (Aanishinaabe) kwe.

Nbazgim Dillon Ominika. Ndaanis Biboonanang Ominika. Ngashii Kelly Daybutch. Noos Wayne Pitawanakwat. Nookomisag Linda Daybutch (Margaret Chiblow)(Eva Daybutch), Rose Peltier (Angeline Pitawanakwat, Flora Pangowish), Nimishomisag Clifford Peltier, John Shawanibin, Roger Daybutch (Steven Daybutch) (John Pitawanakwat, Joseph Pangowish).

HIGHLIGHTS FROM THIS TERM

September 2023 - Elected as the first woman to serve as Chairperson of Mamaweswen, the North Shore aTribal Council

October 2021 to September 2023 - Elected as the youngest woman to serve as Vice Chair of Mamaweswen, the North Shore Tribal Council

May 2023 - Appointed to the Hydro One/Nshwaaswi (8 Nation Co.) Working Group

July 2022 & July 2023 - Attended Assembly of First Nations Annual General Assembly as "Chief Proxy"

April 2022 - Attended meeting with the Jesuits of Canada to discuss reclamation of historical records to support The Nisoonag (Three Canoes) Partnership.

May 2022 - Attended the Huron Superior Catholic District School Board meeting to address racism and discrimination.

January 2022 - Participated as Guest Speaker at Reverse the Trend & Nuclear Age Peace Foundation's event titled "Empowering First Nations and Indigenous Communities: Overcoming the Ecological and Humanitarian Threats of the Nuclear Fuel Trajectory and Nuclear Weapons

November 2021 - Participated in the Canadian Nuclear Safety Commission Licence Hearing as Intervenor on behalf of Mississauga First Nation

December 2021 - November 2023 - Attended 68 regular scheduled Chief & Council Meetings with only 2 regrets in 3 year term

COMMITTEES

- Health and Social Services
- Chi-Naakingewin
- Cultural (Pow-Wow)
- Hydro One/8 Nations Co - Working Group
- Council Ad Hoc Committee on a Community Substance Dependency Treatment Program
- MFN Internal Nuclear Working Group
- Council Ad Hoc Committee on the Recruitment, Employment and Retention of MFN Band Members

ABOUT ME

Mississauga First Nation has been an integral part of my life, and I feel deeply grateful for the nurturing care of my mother, my family and the community during my upbringing here. Pursuing a Westernized education at Canadore College & Nipissing University took me away in 2011. Still, my passion for environmental protection and advocacy brought me back to my roots, where I began work as an Environmental Lands Technician in the Lands and Resources Department in 2016. Since my return, I have been actively developing and implementing various environmental initiatives, driven by the desire to contribute positively and assert our inherent rights as First Nation people. This period of the last three years has been a remarkable journey for me, professionally and personally. The birth of my husband and I's first daughter in October 2022 instilled a sense of immense joy and inspired us to embrace life with renewed vigour. We're continually striving towards reclaiming our language, culture, and traditions to break cycles so that we can raise our daughter to be proud of her identity as an Aanishinaabe kwe and her strong roots in MFN & Wikwemikong. Despite facing numerous obstacles in my 30 years of life, I have always held onto hope. I believe in navigating life with humility, empathy, and understanding of how our strengths & challenges are all interconnected. My journey has shown me the power of embracing your passions and giving back to those who have shaped you. It is an absolute honor to serve and represent our community, and I am grateful for your support and trust. Together, we can ensure that our voices and needs are heard, and strive towards a brighter future for our nation.

FUTURE VISION

- ENVIRONMENT - In 2021, I led the development of an intervention during the nuclear licensing process hearing held by the Canadian Nuclear Safety Commission. This was a significant milestone as it was the first time MFN acted as an intervenor. We must continue to work towards addressing the 27 recommendations made during the hearing, which aim to resolve environmental, health, safety, and cultural recognition concerns.
- EQUITY - It is crucial to continue advocating for systematic changes that promote equality in various areas such as education, healthcare, child welfare, mental health, addiction services, and public safety. As a sovereign nation, we have the right to assert ourselves and establish/enhance our existing systems within that promote our cultural values, including the teachings of the Seven Grandfathers. These traditional values can serve as tools to empower our communities and promote a better future for all.
- UNITY - It is essential to recognize that we, as a nation, are a diverse group of citizens coming from different regions of Turtle Island, each with a unique set of backgrounds and experiences. Sharing our voices can expand our perspectives and provide us with new insights. Although we may be physically separated, our community must stay united, and it is crucial to strengthen inclusivity to honor that connection.
- STRATEGIC PLANNING - In order to move forward, we need to build upon the progress we have already made and reaffirm our community's direction through strategic planning. By updating our strategic plan, we will be able to better assess our needs and establish goals to guide our leadership. This process should include discussions about the impact of the Robinson-Huron Treaty litigation. We are now embarking on a new era of change, and we must view it as an opportunity to transform ourselves in a way that honors our Ancestors and benefits the Seven Generations to come.

Vote

Leadership

Transparency

Community Lead

Nancy Whitehead (nee Boyer)

I feel privileged, honour and confident that I would make a positive impact to our community at this point in my life. I offer a wealth of knowledge, insight, experience, dedication and over all the love for our community. I am a person who is very expressive with lots of ideas and actions, willingness to hear and I will communicate when necessary and when something must be said.

CONTACT INFO:

EMAIL: nwhitehead1@hotmail.com

TELE: 705-261-0302



Volunteer: Chinaaknigaawin (Constitution) & Trust Committee- Mississauga First Nation (Presently) Pow Wow Committee (Previously)My

Vision for Our Community:
• To Foster and build healthier relationships within our community, to help our members well-being while encouraging the utilization and enhancement of our current programs. In addition to developing programs new programs for our whole community.

Just to share a little bit about myself, I take pride in my wolf clan that was shared with me from an Elder of Manitoulin Island. My beautiful parents are the late Lena (nee Chiblow) & William Boyer. I am a proud single mother of my son, Timothy. I have lived on the reserve for approximately 50 years. During the 10-year period I lived off reserve, I was employed and studied. Just to share a little bit about myself, I take pride in my wolf clan that was shared with me from an Elder of Manitoulin Island. My beautiful parents are the late Lena (nee Chiblow) & William Boyer. I am a proud single mother of my son, Timothy. I have lived on the reserve for approximately 50 years. During the 10-year period I lived off reserve, I was employed and studied.

Education: Bachelor of Science in Nursing (BScN) at Lakehead University graduated 1995/ Bank Tellers Financial Training Certificate through Canada Employment Centre.

Employment: North Health Network Blind River- Blind River, ON. Registered Nurse (RN) provide and coordinate patient care, educate patients and public about various health conditions, and provide advice and emotional support to patients and their families.

Bank of Montreal-Toronto, ON: Frontline teller working with high volume of diverse clientele and fast paced working in a large team.

Anishnawbe Health Toronto - Toronto, ON; Traditional Healer Support, working with homeless, street involved and all multi-cultures and primarily indigenous community in need of help.

Mississauga First Nation Health Care- Mississauga First Nation, ON. Health Assistant that involved working with elderly, involved with all aspect of programs and services, in addition to development, maintain transparency with financial budgets.

Vision for community:

- To sit with and learn from our Elders, Grassroots, Knowledge Keepers, Specialist in various areas to gain real insight and support situations and be proactive with actions for our community needs.
- To increase advocacy, communication and information sharing for all members both on and off reserve. Action would include to host monthly/bi-monthly or quarterly community engagement meetings so everyone is inclusive.
- To support a positive transaction in balance while learning from previous leadership to shape new leadership in a forward motion.
- To thoroughly review and understand what the Robinson Huron Treaty entails in order to openy provide meetings with our community to share and discuss a potential strategic plan involving our Treaty Annuities.

CATERER NEEDED

*Chi-Naakinagewin Coordinator is requesting for a Caterer for
an evening meeting*



MEETING DATE:
DECEMBER 13TH, 2023
TIME: 5PM COUNCIL
CHAMBERS
NUMBER OF PEOPLE: 13

*Send submission to Amanda Sayers by December 7th, 2023 @
4:30pm*

*Please submit an email to amandasayers@mississaugi.com
Please include Menu, Dessert and Drinks. Please ensure there
is a vegetarian option.*

*Please include your Safe Handling Food Certification for
verification.*

**Please note, to be more environmentally friendly, the
Chi-Naakinagewin Coordinator encourages minimal use of
plastic cutlery or Styrofoam products.*

MIIGWETCH!!

NEW

IS THERE REALLY NO COST?

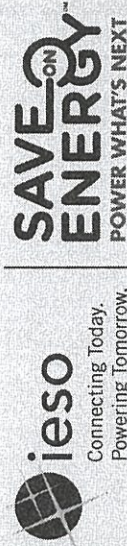
Yes! The Energy Affordability Program is offered by the Independent Electricity System Operator (IESO), which oversees many energy-efficiency programs in Ontario.

All expert advice and energy-saving home upgrades under this program are completely free of charge.

TO APPLY FOR THE ENERGY AFFORDABILITY PROGRAM OR FOR MORE INFORMATION:

Housing x 2244
705 356 1621 x 2217

Call
Visit SaveOnEnergy.ca/EAP



Subject to additional terms and conditions found at SaveOnEnergy.ca.
™ Trademark of the Independent Electricity System Operator. Used under licence.



HOW IT WORKS

We make saving energy simple.

1. Give us a call at 1-844-770-3148 or apply online at SaveOnEnergy.ca/EAP.
2. We will discuss the eligibility requirements with you and if you qualify, we'll work together to determine the best available energy-saving measures for your household.
3. Depending on your eligibility, you may receive either an Energy Saving Kit with energy-saving measures for self-installation, or an energy expert may visit your home to see what energy-efficiency upgrades will help you most. These upgrades may be installed during or after an in-home visit.



ENERGY AFFORDABILITY PROGRAM

Less energy. More savings. No cost.



SAVE-ON ENERGY
POWER WHAT'S NEXT

SAVE ENERGY AND MONEY WITH THE ENERGY AFFORDABILITY PROGRAM



The new Energy Affordability Program is designed to help income-qualified Ontario residents get the most out of their homes – at no cost.

With this program, you'll receive energy-saving upgrades tailored to the specific needs of your home, all at no cost. And a more energy-efficient home means more comfort and more money in your wallet.

WHO IS ELIGIBLE?

If you live in Ontario and are responsible for paying electricity bills as a homeowner or as a renter, you may be eligible for this program. Eligibility is based on your household income and how many people live in your home, or on your receipt of a qualifying government or energy-support benefit. Residents of social housing may also be eligible.

Depending on your situation, you may receive different energy-saving products and services, but it will always be at no cost.

Find out if you qualify:
Call 1-844-770-3148

Visit SaveOnEnergy.ca/EAF

WHAT YOU CAN GET

If you qualify for the Energy Affordability Program, you'll be able to make energy-saving upgrades to your home at no cost.

You may receive:



An Energy Saving Kit with easy-to-install energy-efficient products, such as LED light bulbs and faucet aerators.



Upgraded replacement appliances, including refrigerators, freezers, window air conditioners and dehumidifiers (installed at no cost).



Professional installation of insulation and draft-proofing materials to save energy and keep your home more comfortable.

KEY BENEFITS

Saving energy can help you spend less on your monthly electricity bills. Plus there are other benefits for everyone in your household:

- Greater comfort – stay warmer in the winter and cooler in the summer
- A brighter space
- Lower home maintenance costs

Energy Affordability Program

RESIDENT CONSENT

This Resident Consent forms a part of your Participation Agreement, and receipt of any energy efficient measures is subject to all terms and conditions contained in the Participation Agreement and in this Resident Consent.

1. Resident Information

You confirm that you can consent to the installation of the Energy Affordability Program Measures listed herein on behalf of all residents at this address.

Name:

Address: _____ City/Town: _____

Apartment/Unit Number: _____ Email Address: _____

Postal Code: _____ Phone Number: _____

2. Building Owner / Manager Information (if applicable)

Name: **MISSISSAUGA FIRST NATION**
P.O. BOX 1299

Address: **BLIND RIVER, ONTARIO**
POB 180
Phone: 705 356 1621
Fax: 705 356 1740

Postal Code: **TOLL FREE 1 877 356 1621** Phone Number: _____

3. Contractor Information (to be completed by the IESO. or its Subcontractor)

Contractor: _____ Contractor's Phone Number: _____

Contractor Signature: _____ Date of Assessment: _____

4. Consent for Installation of Basic Measures

- You consent to the Independent Electricity System Operator or its Subcontractor (“IESO”) installing or replacing the below listed equipment at no cost to you.
- You consent to the IESO removing and disposing of any existing equipment replaced by this installation at no cost to you.
- If you rent or lease your home, you confirm that any showerheads, aerators, hot water pipe insulation, hot water tank insulation, light fixtures or thermostats will become the property of the building owner/manager.

Basic Measure	Quantity to be Replaced / Installed
Eligible Light-Emitting Diode (LED) Light Bulbs	
Block Heater Timer	
Smart Power Bar	
Recessed Downlight Fixture	
Clothes Drying Rack	
Efficient Showerheads ¹	
Efficient Aerators ¹	
Hot Water Tank Pipe Insulation ¹	
Hot Water Tank Insulation ¹	

¹Your home must have electric water heating to receive this product.

5. Consent for Installation of Extended Measure or Weatherization Measure

- You consent to the IESO installing or replacing the below listed equipment at no cost to you.
- You confirm that you are accurately identifying the ownership of the following equipment by providing the requested information below. If you do not own the equipment, we will require consent from your Building Owner/Manager before these measures can be installed.
- You agree that any newly installed refrigerator, freezer, window air conditioner or dehumidifier will be the property of the person who owned the removed refrigerator, freezer, window air conditioner or dehumidifier.
- You consent to the IESO removing and disposing of any existing equipment replaced by this installation at no cost to you.
- If you own your home, you agree that you will not remove installed measures before the expected service life unless the equipment fails or is replaced by a more energy efficient measure (such more energy efficient measure is not eligible to be provided by the Energy Affordability Program).
- If you are receiving insulation, you consent to the IESO drilling a hole in the wall and injecting insulation. The IESO will fill the hole, but will not paint.

Extended Measure or Weatherization Measure	Quantity to be Replaced / Installed	Current Measure Owned by Participant or Building Manager
Eligible Refrigerator Replacement		
Eligible Freezer Replacement		
Eligible Window Air Conditioner Replacement		
Eligible Portable Dehumidifier Replacement		
Programmable Thermostats ²		
Comprehensive Draft Proofing ²		
Attic Insulation ²		
Wall Insulation ²		
Basement Insulation ²		

²Your home must be electrically heated to receive this product.

By signing below you;

- 1. Represent and warrant that the records used to demonstrate your eligibility to participate in the Program are a true and accurate depiction of the participating household's Program eligibility.*
- 2. Warrant that the Home Energy Specialist (Technician) visually verified the records used by you to demonstrate your eligibility to participate in the program.*
- 3. Agree to keep (for a period of no less than two years) a copy of the records used by you to demonstrate your eligibility to participate in the program.*

Participant Name (please print): _____

Participant Signature: _____



Date (YY/MM/DD): _____



"Press Paws"



**PLEASE REMEMBER
I AM A LIFETIME
COMMITMENT**



Mississauga First Nation would like to remind everyone that pets are parts of our families.

Please think about the responsibility and cost of owning a pet. Pets are a 15 - 20-year commitments.





Christmas Week



December 4 - 8

Every day 10:00 AM to 3:00 PM

Monday	Cookie Decorating
Tuesday	Beading Christmas Balls
Wednesday	Making Christmas Aprons
Thursday	Christmas Centerpieces
Friday	Garland Making

**Must register for each event
10 Participants for each
Lunch will be served each day**

**To register, call Education Department
Call 705-356-1621 ext. 2303**

Enjiikendaasang Presents
Wednesday Soup Social

11:00 AM - 1:00 PM

MFN learning centre and Adult Education is offering free soup lunches at the education building every Wednesday, where people can eat, learn more about what the Enjiikendaasang learning centre has to offer, education programming and connect with others.

G1 Drivers Test -
Preparing to Write the Test

To become a licensed driver in Ontario, you must pass a written test. Take this course to learn about the rules of the road, how to identify traffic signs and the types of questions on the test. This course also includes practice tests for you to try.

Starting in December every Monday and Wednesday from
6-8pm

Registration is required as space is limited. Please call
Melissa @ 705-356-1621 Ext 2303



RBC FINANCIAL LITERACY FOR INDIGENOUS PEOPLES

Helping You Manage Your Money with Confidence

The RBC Financial Literacy for Indigenous Peoples Course will give you the information you need to make informed decisions and help you achieve lasting financial well-being.

Start Your Journey Toward Financial Wellness Today

The RBC Financial Literacy for Indigenous Peoples Course was created in response to calls from residential school survivors and First Nations youth who recommended financial training as a means to maximizing the benefits of financial compensation.

While some of the information is specific to persons receiving lump sum payments, the course is intended to provide knowledge about money and banking for all Indigenous people.

If you've received a lump-sum compensation payment — or money from your first paycheque — there are three steps you can take to start your financial future off on the right foot.

In less than 2 hours, this non-credited course will teach you some key financial basics and help you protect, save, invest, share, and spend your money wisely.

This course is made up of five parts. Each part should take approximately 15 minutes each to complete and includes:

- A 1-minute video
- Reading material
- A quick activity

Complete all five parts in one day or learn at your own pace and whenever it's convenient for you.

This course is offered on-line @ [Financial Literacy for Indigenous Peoples - RBC](#) or you can come into the Education Centre to complete the course.

Call Stacey and Melissa @705-356-1621 Ext 2303 to set up a date and time, as we are limited to space and computers.



Beaded Ornaments

Come bead a decoration for your tree

or

give it as a gift...

When: Tuesday, December 5th, 2023

Time: 10:00 am —3:00 pm

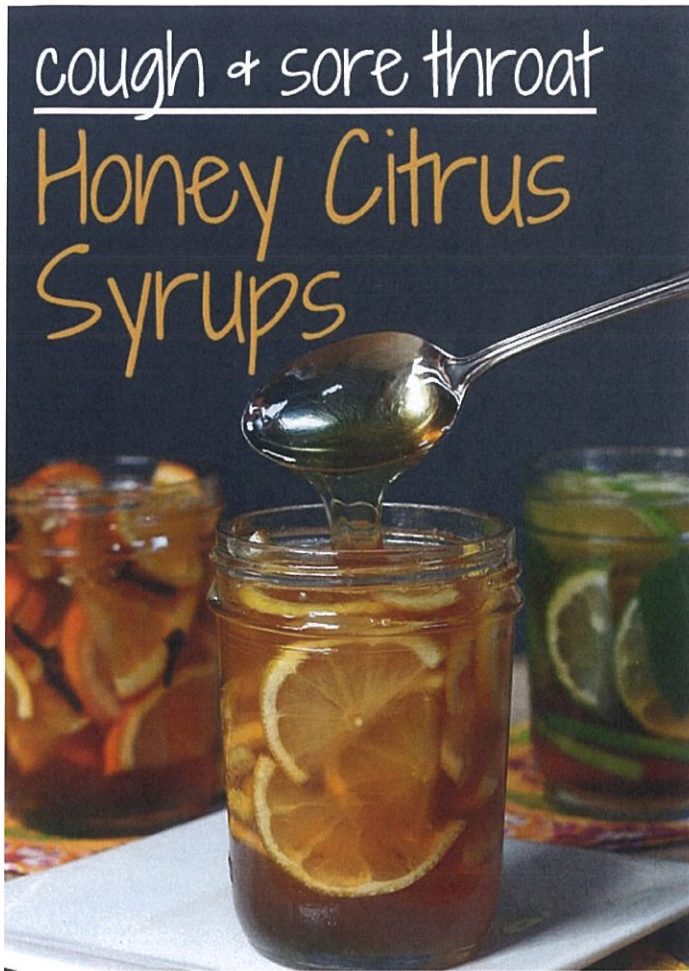
Where: Education Building

Lunch and Snacks provided..

Limited to 10 participants, please call to save your spot!!

(705)356-1621, ext 2303

Hope to See you there!!



Lunch and Snacks provided..

Limited to 10 participants, call early to reserve your spot!!

For more information please contact:

Lucy Ann Trudeau

Grandmas and Aunties Coordinator

(705)356-1621, ext 2247

lucyantrudeau@mississauga.com

Hope to See you there!!

T'is the season!!

It is cold and flu season!!
Come join us to make your household a jar of an all natural sore throat remedy or a cough syrup....Use these syrups to soothe a cough or sore throat; or stir them into hot tea or water!

When: Tuesday,

December 12, 2023

Time: 10 am to 3 pm

Where: MFN Education Building



Bead a Stocking Pin

When?? Friday December 15th

Time? 1:00 pm– 3:30 pm

Where? Education Building

Limited to 10 participants. Please call to reserve your spot.

For more information, please call

Lucy Ann Trudeau

Grandma and Aunties Program

705-356-1621, ext. 2247

Or pop by the office!!



Tie Blankets

Come join us, and make yourself or a loved one a tie blanket... Christmas is just around the corner, plus its cold outside!!

When: Tuesday, December 19th, 2023

Time: 1:00—4:30 pm

Where: Community Hall

Lunch and Snacks provided..

For more information please contact:

Lucy Ann Trudeau

Grandmas and Aunties Coordinator

(705)356-1621, ext 2247

lucyantrudeau@mississauga.com

Hope to See you there!!

Grandma & Aunties

For more info call Lucy Ann Trudeau @ 705-356-1621, ext 2247, or stop by Education!

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Friday Crafternoons 1:00 - 3:00 pm	2
3	4 Cookie Decorating 10 am to 3:00 pm	5 Beaded Ornaments 10 am to 3:00 pm	6 Apron Making 10 am to 3:00 pm	7 Centre Pieces 10-3pm Grandmas & Aunties 6:00 - 9:00 pm	8 Garlands & Greenery 10 - 3 pm	9
10	11 Honey, it's cold and flu season! 1:00 - 4:00 pm	12 Tie Blankets 1-4 pm	13 Cookie Exchange 1:00 - 3:30 pm	14 Grandmas & Aunties 6:00 - 9:00 pm	15 Christmas Stocking Pins 1 - 3 pm	16
17	18 	19 Happy Holidays!	20 Happy Holidays!	21 Grandmas & Aunties 6:00 - 9:00 pm	22	23
24	25 Happy Holidays!	26 Happy Holidays!	27 Happy Holidays!	28 Happy Holidays!	29 Happy Holidays!	30
31						

EVENTS

Honey, it's cold and flu season ..

Come make a jar of some fortified honey to help treat your cold and flu symptoms.. all natural honey, locally sourced to help boost your immunity! Limit of 10 participants, please call to register

Thursday Sewcial

Bring your UFO's in for completion, or your projects in for help

All events in the Education Building

Beaded Ornaments & Pins

Come bead with us! We will be making a beaded Christmas ornament one day, and a beaded Christmas stocking on another. The Ornament workshop will be limited to 10 participants, so please call to pre-register.



Save the Date

COMMUNITY

Christmas Feast

Tuesday
5:00 - 7:00 PM

12

December
2023

Sports Complex
43 Park Road

Opening Ceremony
Entertainment

In-person feast or pick-up option available

For further inquiries, please contact:
Jade Fox - Community Support Service Worker
705-356-1621 ext. 2357
cswworker@mississaugi.com



YOUTH CHRISTMAS DINNER

December 13, 2023 | The Pier Seventeen
5:00PM | Ages 13+

Please register contact
Jade Fox - Community Support Service Worker
705 356 1621 ext 2357 | cssworker@mississauga.com



COMMUNITY SUPPORT SERVICE PROGRAM



Christmas Skate w/ Santa

December 17, 2023 | 3:30-4:30
Blind River Community Ctr



For more information contact
Jade Fox - Community Support Service Worker
705 356 1621 ext 2357 | cssworker@mississauga.com





Community Support Service Program

HOLIDAY YARD DECORATING CONTEST

JUDGING - DECEMBER 20, 2023
1ST, 2ND AND 3RD PRIZES!

To enter your yard contact:

Jade Fox - Community Support Service Worker
705 356 1621 ext 2357 | cssworker@mississauga.com



Family Resource Coordinator
Prenatal and Families with children 0-6 yrs

**Traditional cooking
with our Elders**



Moose Meat Pie

To participate please call or email
Christine before December 11/23 at:

705-356-1621 ext. 2254

christine@mississaugi.com

Date: Dec 4/23

Time: 10-1

Where: Child &
Youth Building



Thank you Brent for the
Donation of moose meat

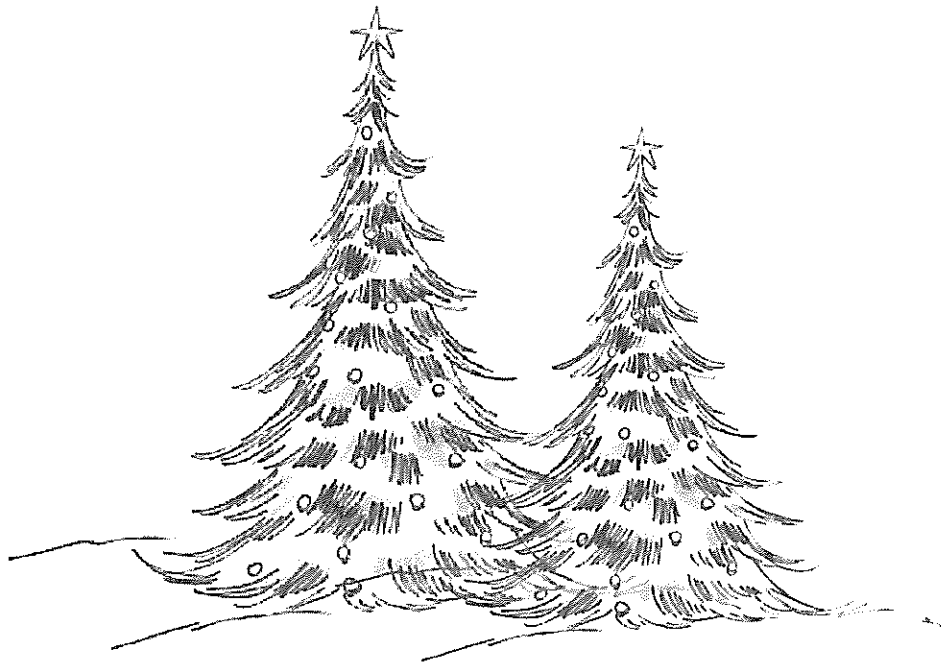
Jordan's Principle Program

Christmas GIFT WRAPPING

For parents with children ages 0-18

December 14, 2023 | Child & Youth Building
6:00-8:00PM | Snacks + Refreshments

WRAPPING PAPER + SUPPLIES PROVIDED, JUST BRING YOUR
GIFTS & JOIN THE DISCUSSION ON JORDAN'S PRINCIPLE

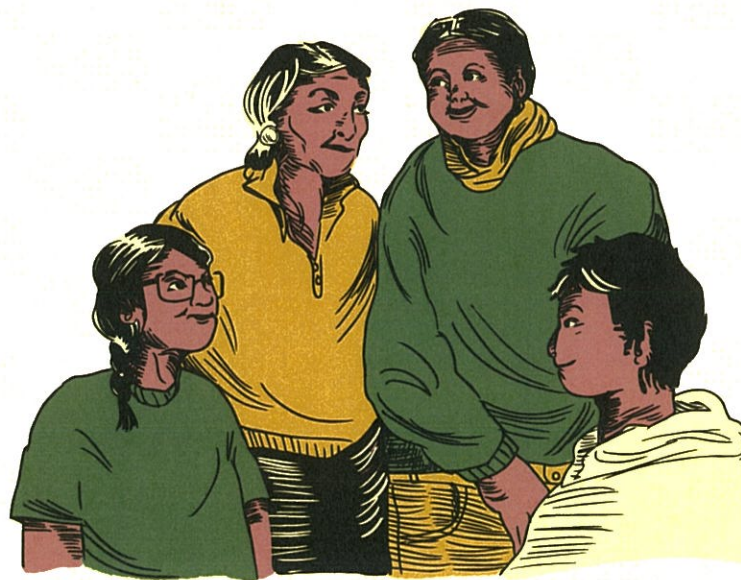




YOU ARE INVITED TO ATTEND A
COMMUNITY OPEN DISCUSSION
ON EXPLORING OUR OPTIONS FOR

CHILD WELFARE LAW DEVELOPMENT
&
CHILD AND FAMILY WELLBEING AGENCY

MISSISSAUGA FIRST NATION



WHEN: THURSDAY, DECEMBER 21, 2023

TIME: 5:30 PM – 7:30 PM

WHERE: COUNCIL CHAMBERS

DETAILS: FIVE (5) - \$200 GIFT CARDS (LOCAL)



**SNACKS/FINGER FOODS AND BEVERAGES WILL BE PROVIDED
PRE-ARRANGED TRANSPORTATION WILL BE PROVIDED IF REQUIRED
PRE-ARRANGED BABYSITTING COSTS IF REQUIRED WILL BE COVERED**

NOVEMBER

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--------	--------	---------	-----------	----------	--------	----------

			1	2	3	4
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ALL SOULS
DAY
BAND
OPERATIONS
CLOSED

5	6	7	8	9	10	11
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Clocks
Go
BACK



12	13	14	15	16	17	18
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RPL
BINGO
1:30pm

Out Of
Town FUN
(Tree of lights &
Casino)
SSM
11am Pick up

19	20	21	22	23	24	25
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Meat Pie Making
10am-12pm



26	27	28	29	30
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Garden
River
Bingo
10am
Pick up

RPL
BINGO
1:30pm

FAMILY MENTAL HEALTH COUNSELLOR

Aanii Boozhoo Kina Wiya,
My name is Jennah Ferrigan and
I'm excited to announce that I
will be stepping into the new role
as Mississauga First Nations
Family Mental Health Counsellor
here in the community.

I'm a certified mental health
counsellor with experience helping
clients improve their mental well-
being. I specialize in mindfulness,
stress reduction, emotion
coaching, and self-care
techniques to empower you to
lead a happier, healthier life.

BOOK AN APPOINTMENT TODAY!
MHFCOUNSELLOR@MISSISSAUGI.COM
PHONE: 705-365-1621 EXT: 2234



BOOK NOW



**PRACTICE SELF-CARE. TAKE
TIME TO DO THINGS THAT
YOU ENJOY, SUCH AS
READING A BOOK, TAKING
A WALK, OR HAVING A
RELAXING BATH.
PRIORITIZING SELF-CARE
CAN HELP REDUCE STRESS
AND IMPROVE MOOD.**

**MENTAL HEALTH IS JUST AS
IMPORTANT AS PHYSICAL
HEALTH. IT AFFECTS HOW WE
THINK, FEEL, AND ACT.
TAKING CARE OF OUR MENTAL
HEALTH IS ESSENTIAL FOR
OVERALL WELL-BEING. HERE
ARE SOME PRACTICAL TIPS TO
HELP YOU MAINTAIN GOOD
MENTAL HEALTH.**

**CONNECT WITH OTHERS.
HAVING A SUPPORT SYSTEM
IS CRUCIAL FOR GOOD
MENTAL HEALTH. REACH OUT
TO FRIENDS, FAMILY, OR A
MENTAL HEALTH
PROFESSIONAL IF YOU NEED
TO TALK OR RECEIVE
GUIDANCE.**

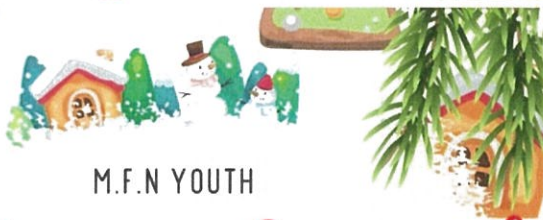
ELDERS HOLIDAY LIGHT DRIVE

DECEMBER 21 6:00 PM

SNACKS & WARM REFRESHMENTS PROVIDED
FESTIVE CLOTHING ENCOURAGE!

REGISTER BY DECEMBER 8TH!
T: 705.356.1621 EXT 2216

E:COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM



M.F.N YOUTH

Gingerbread DECORATING PARTY

WEDNESDAY DECEMBER 6TH
6PM-8PM

WEAR A HOLIDAY UGLY SWEATER TO BE
ENTERED INTO A DOOR PRIZE!

REGISTER BY NOVEMBER 24TH.
COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM
705.356.1621 EXT. 2216

MFN SPORTS COMPLEX

ages
3-6

TINY TOTS GYM PLAY SUNDAY DECEMBER

3RD

NOON TO 2PM

REGISTRATION
NEEDED!

- *MOVEMENT GAMES.
- *BUILD CONFIDENCE & MOTOR SKILLS.
- *LEARN SELF REGULATION & CALMING TECH.
- *MAKE NEW FRIENDS & HAVE FUN!

E:communityhealthactivator@mississaugi.com
T:1.705.356.1621 ext.2216



CYCLING

*Time
Change!*

**STARTING IN
DECEMBER
WEDNESDAY @ 6 PM!
FOLLOWED BY
ROLLER!**



Drop in December

SPORTS NIGHT

MFN Sports Complex/gym
Wednesdays @ 7 pm!
Ages 13 and up



Gentle Yoga

Tuesday evenings @ 6:00 pm!
Starting in December.

Registration needed.

SMALL GROUP

FITNESS

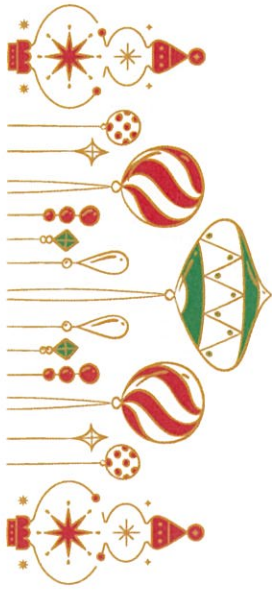
THURSDAYS @ 6PM

- **CARDIO TRAINING**
- **WEIGHTS TRAINING**
- **AEROBIC FITNESS**

REGISTRATION IS NEEDED

MFN SPORTS

E:COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM
T:705.356.1621 EXT.2216

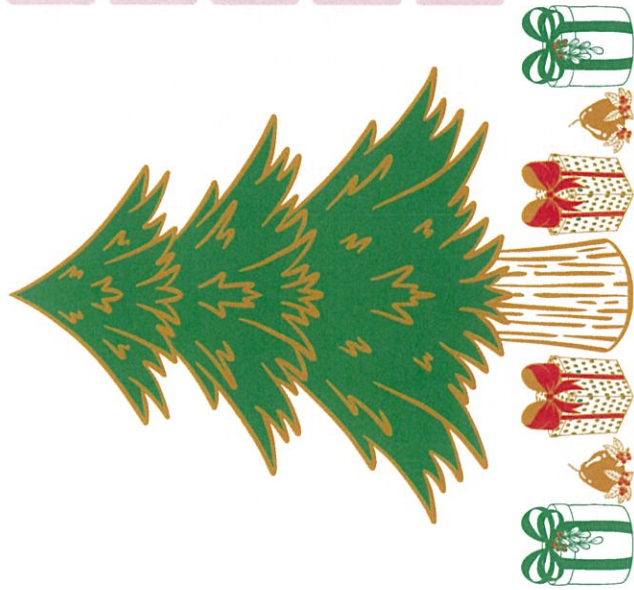


DECEMBER AT THE GYM

Sun Mon Tue Wed Thu Fri Sat

3	4	5	6	7	1	2
10	11	12	13	14	8	9
17	18	19	20	21	15	16
24	25	26	27	28	22	23
31					29	30

Monday's - Chair fit. 11 am / B-ball 6 pm
 Tuesday's - Yoga 10am/ Gentle Yoga 6pm
 Wednesday's - Cycling & Roller Release 6pm / Youth drop in & Sports night 7pm.
 Thursday's - Yoga 10 am / small group fitness class 6 pm
 Sunday's - Cornhole 6pm



Health and Social Services

The Health & Social Services Department is currently seeking **NEW Committee Members for Term 2024-2027.**

Membership of the Health and Social Services Committee is open to all community members over **18 years of age**, knowledgeable and have skills that will benefit the Committee and Community.

The Health & Social Services Committee is a committed group of **eight (8)** community members appointed by Chief & Council and Health & Social Services staff who advise Chief & Council on health-related activities. The committee also serves to guide and support all activities pertaining to the Health & Social Services.

The responsibilities of the Health and Social Services Committee are as follows:

- To act as an advisory to Chief and Council on Health related issues
- To make informed recommendations and motions to Chief and Council
- To recommend new or amended policies to Chief and Council with the assistance of the Health and Social Services Director
- To act as an appeal mechanism for Band Members as the issue relates to health and social services policies
- To act as a forum for community members to access information
- To actively participate in all committee meetings and committee sponsored events
- To develop and implement objectives each new term to meet the goals of the committee

Meetings are held on the fourth Monday of every month, except July, August & December. Meetings start at 4:45 p.m. Emergency meetings may be called as required.

Please send letter of interest no later than **Friday, December 8th, 2023 by 4:00 p.m.** to:

Yvonne Lafreniere- Health Services Director
Mississauga First Nation
P.O Box 1299
Blind River, ON
P0R 1B0
E: hsdirector@mississaugi.com



MFN Health Clinic

Judy Gillingham, NP

Jessica Hubbard, Diabetes Nurse Educator

Cheri Boyer, Clinical Care Coordinator

will be providing clinic day on

December 22, 2023

9:00 a.m.- 3:00 p.m.

If you are needing an appointment
please call 705-356-1621 ext 2224 to
book.

MERRY CHRISTMAS



December 2023




SERVICE SCHEDULE Mississauga First Nation

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
4 NP clinic Cheri -CCC	5 NP clinic ORT Cheyenne-MHC Cheri-CCC	6 NP clinic Cheri- CCC Jessica- DNE Joby-RD Jeanne- MHC	7 Cheri/Laurie-CCC MD clinic AM Carla B.-COHI	8	9	10
11 NP clinic Cheri -CCC	12 NP clinic ORT Cheyenne-MHC Cheri- CCC	13 NP clinic Cheri- CCC Jessica- DNE Joby-RD Jeanne- MHC	14 Cheri-CCC AM MD clinic AM	15	16	17
18 NP clinic Cheri -CCC	19 NP clinic ORT Cheyenne-MHC Cheri- CCC	20 NP clinic Cheri- CCC Jessica- DNE Joby-RD Jeanne- MHC	21 Laurie-CCC AM MD clinic AM	22 NP Clinic Jessica- DNE Cheri-CCC	23	24
25 CLOSED	26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30	31

Appointments with Physicians, NPs, Dietitian, and DNE can be made through MFN's Health Centre: 705-356-1621 ext. 2224
Please contact Maamwesying's Head Office: 1-705-844-2021 if you are looking for information on how to book an appointment with another service provider listed here.

Dr. Mark Deverell – Physician
Nurse Practitioner



Community Health Nurse
Family Resource Coordinator

**COLD & FLU
LUNCH & LEARN
PRENATAL &
FAMILIES WITH
CHILDREN 0-6 YRS.**

Staying healthy during cold & flu season

December 5/23

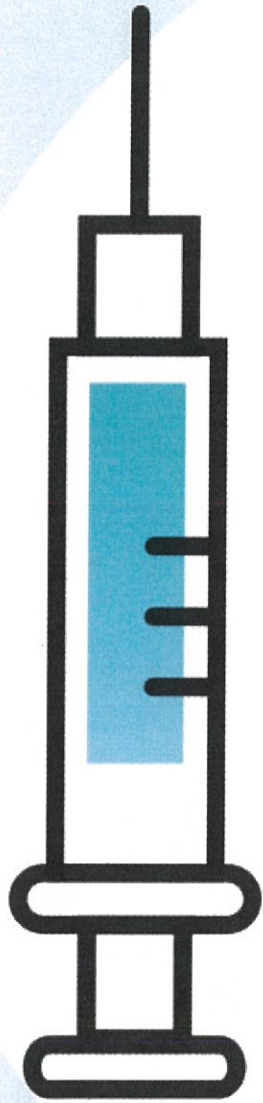
12:00-1:00

Child & Youth Building

Please Call or email Christine to participate
at 705-356-1621 ext. 2254 or
christine@mississaugi.com

cold medicine & thermometer for
participants





COVID Vaccine Clinic

DECEMBER 6 & 7/2023
9 - 3 PM
HEALTH CLINIC

**Call 705-356-1621 x 2231
to book an appointment**

lll
★
REDUCE YOUR USE

★

Plan to reduce your use of tobacco for New Years .
Challenge to be coming in January. ★ *lll*

Thursday December 6th
12:00-1:00
Activity Room - Band Office

For more information contact Chelsea at 356-1621 ext.
2203 or chelseagrimard@mississauga.com



Childrens Oral Health Initiative
Family Resource Coordinator
Community Health Representative

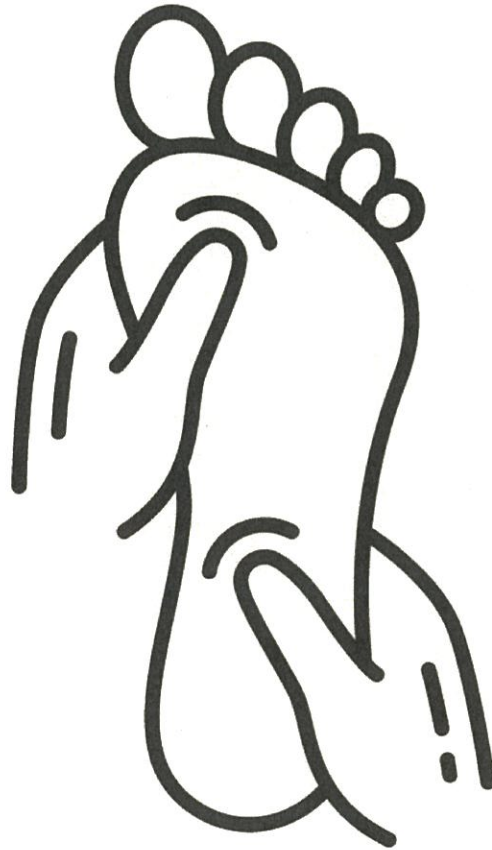
COHI **LUNCH N** **LEARN**

THURSDAY DECEMBER 7TH
12:00 - 1:00 P.M.
ACTIVITY ROOM - BAND OFFICE
WITH CARLA BLANCHARD



FOR MORE INFORMATION CONTACT CHELSEA AT 356-1621 EXT. 2203
OR CHRISTINE OWL AT 356-1621 EXT. 2254

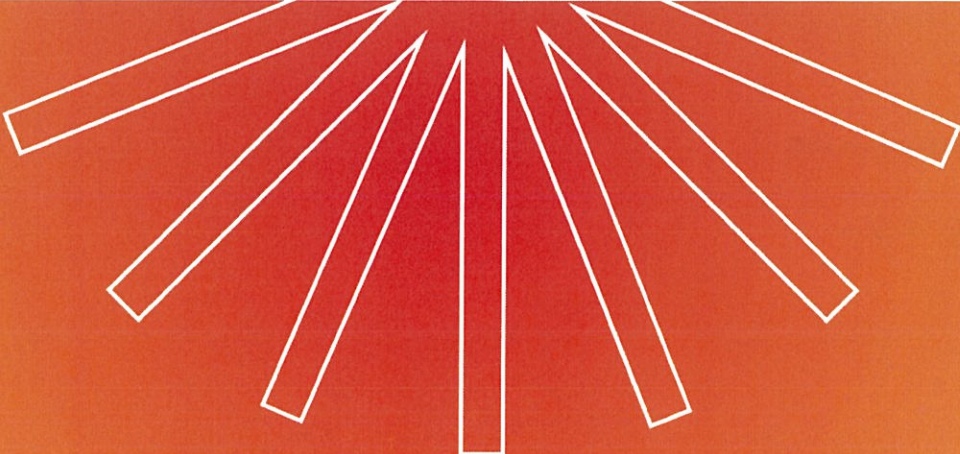
FOOTCARE



Friday December 8th
Red Pine Lodge
9:00- 3:00 p.m.

Priority for Diabetic Clients

Please call Chelsea to book at 705-356-1621 ext. 2203 or email
chelseagrimard@mississuagi.com



Essential Oil Yoga Workshop

DETOXIFY WITH ESSENTIAL OIL YOGA WITH
NADIA CARRIERE

WEDNESDAY DECEMBER 13
6:35 P.M.

UPSTAIRS AT THE SPORTS
COMPLEX .
BRING YOUR YOGA MAT AND
WATER .

For more information contact Chelsea at 356-1621 ext.
2203

Everyone Welcome



*Adventures in
Cooking*

Wednesday December 13th
11:00- 1:00 p.m.
Red Pine Lodge

Please Register please contact Chelsea at 705-356-
1621 ext. 2203 or email
chelseagrimard@mississauga.com

MISSISSAUGA FIRST NATION
HEALTH SERVICES

MONTHLY DIABETIC CLINIC

with Lower Limb Assessment Screening

If you are diabetic, and would like to book an appointment with the
team;

We are offering 1 on 1 appointments with the Health Staff

Nurse Practitioner
Community Health Nurse
Diabetic Nurse Educator
Registered Dietitian
Lower Limb Assessment Clinic

NEXT CLINIC DATE - December 20, 2023

FROM 10AM-3PM

MISSISSAUGA HEALTH CENTRE

Please email Chelsea Grimard - chelseagrimard@mississauga.com
or call 705-356-1621 EXT 2203 to book your appointment





AL-ANON

AL-ANON meeting

Have you or a family member been affected by another's drinking or drug addiction?

Please come out and join us at the Cultural Building - 96 Park Road - to find out what AL-ANON can do to help you.

Meeting Day/Time:

Monday - 6:00 - 7:00 PM

There you will find a fellowship of others who share your same challenges

Light Refreshments provided



NA MEETINGS



**"AT ANY GIVEN MOMENT YOU HAVE THE
POWER TO SAY THIS IS NOT HOW MY STORY
ENDS"**

NA meetings happen Tuesday's at 7:00 PM

in the Culture Centre.

Light refreshments will be provided.

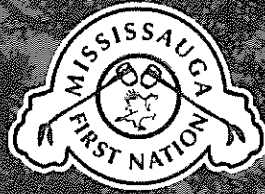
\$20.00 Tim Hortons gift card drawn

monthly.



FOR MORE INFORMATION:

skycada@mississaugi.com



MEN'S DROP IN

Come out and join us

**Soup and Sandwich lunch
will be provided**

**At the Culture building –
96 park road – from 10:00
AM to 2:00 PM – Every
Thursday**

**For any questions, please contact:
Sky Cada @ 705-356-1621 ext. 2228
skycada@mississaugi.com**



LIGHTING THE
**SACRED
FIRE**

WE WILL BE
LIGHTING THE
SACRED FIRE FOR
MFN COMMUNITY.

COME PRAY, STAY,
TALK OR JUST
ENJOY THE FIRE.

THURSDAYS
OUTSIDE THE
CULTURE BUILDING
- 96 PARK ROAD

9:00 AM TO 3:00
PM

MORE INFORMATION

SKY CADA - 705-261-1370
SKYCADA@MISSISSAUGI.COM



ATTENTION



**IF YOU HAVE A NALOXONE
KIT PLEASE CHECK THE
EXPIRY DATE**



See Krysta Sawyer or Sky Cada to get a new kit. If you have any questions feel free to contact 705-356-1621 ext. 2231 or 2228



NUTRITIONAL SUPPLEMENT CARD FOR FAMILIES WITH CHILDREN 0-6 YRS AND PRENATAL

Starting April 2023 changes will be implemented to this program.

*listed is the pick up date, please email the Family Resource Coordinator by the 15th of each month to ensure a card is purchased for that month



Pick up dates:

December 13, 2023

from 8:00 AM to 2:00 PM including lunch hour

*** As a requirement of the program, receipts will need to be submitted before the next card pick up.**

Please remember it is your responsibility to pick up on date unless other arrangements have been made.

Please note, you can not accumulate cards

Thank you

If you have any questions or concerns please email Christine Owl -
Family Resource Coordinator

email: christine@mississaugi.com

MFN Food Security Program

Date: _____ Pick up only # of children _____ # of adults _____

Names of all household Members: _____

Address: _____

Phone Number: _____

Please submit your forms before 4:30 Wednesday

Pick up is Thursday from 10:00am - 3:00pm

*Please note that if items are not in your box, it is because we are out of stock, on back order or not able to purchase from distributor. Also, make sure to fill out your correct information, so that we may properly serve you and your family.

Cereals (1 only): Cold Cereal Cooking Oats Cream of Wheat Porridge Pancake Mix	Meats (2 only): Hamburger Chicken Wild
Breads (1 only): White Bread Brown Bread Flour Bagels	Canned Meats (1 only): Tuna Salmon Ham
Pasta & Rice (1 only): Tri-Color Rotini Lasagna Fettucine Penne Rice Rotini	Dairy Products (2 only): Powdered Milk Margarine Cheese Slices Canned Milk Eggs
Soups (3 only): Chicken Noodle Tomato Vegetable Mr. Noodles- Chicken Mr. Noodles- Beef Mushroom	School Aged Children Only (2 Choices): Pudding Cookies Wagon Wheels Nutri Grain Bars
Hygiene Products: Toilet Paper Hand Sanitizer	Cleaning Products (Once A Month): Pot & Pan Cleaner Laundry Soap Bleach
Other Products (3 only): White Sugar Brown Sugar Peanut Butter Decaf Coffee Crackers Tea Mustard Ketchup Pepper Instant Coffee Pancake Syrup Salt Heinz Beans	Other Products (3 only): Kidney Beans Tomato Paste Diced Tomatoes Spaghetti Sauce Canned Navy Beans Canned Chick Peas Canned Tomatoes (Garden) Frozen Berries Red Lentils Frozen Vegetables
Other (Every 2 Months): Jam Icing Sugar Lard Cooking Oil	

Please bring in, or call (705)261-0673 for pick-up of any containers with lids, or boxes you may have.

Thank you 😊 Revised November 2023