

NIIGAANIIN

Client and Community Newsletter
September 21, 2023



Niigaaniin Hours

Mon-Thurs 9:00-4:30 - Fridays 9:00-12:30

Closed Monday Oct 2 for Truth and
Reconciliation Day

OESP PROGRAM

CHECK YOUR HYDRO BILL FOR OESP EXPIRE
RENEWAL YEARLY

CALL *Darrell Jacques*
705 356 1621 Ext 2235

ODSP FN WORKER

STACEY ARMSTRONG

Sarmstrong@niigaaniin.com

(705) 356 1621 - EXT 2352

FAX 705-356 0728

INFORMATION

CHEQUE DAY

SEPTEMBER 29, 2023

LMI COORDINATOR

KRISTEN JACKPINE

LABOUR MARKET INITIATIVE SURVEY

[LMI COORDINATOR @MISSISSAUGI.COM](mailto:LMI_COORDINATOR@MISSISSAUGI.COM)

705 356 1621 EXT 2351

"QUOTE OF THE WEEK"

" Life is like photography, you use the
negatives to develop"

~Trivia~

last weeks answer C

What is the body's largest organ?

- A- the intestines
- B- liver
- C- lungs
- D- the skin



Position: After School Program Coordinator

Salary: \$47,889 – \$54,412

Hours of Work: 32 hrs

Circulation Level: Level I

Accountability: Social Services Manager

Employment Status: Maternity Coverage (9 months)

Preferences: MFN Band Members

The After School Program Coordinator will:

- Develop and coordinate the Programs according to funding guidelines and proposal submission
- Coordinate internal and external resources to assist in the delivery of programs and activities
- Purchase program supplies including healthy snacks
- Participate in team meetings and activities to develop working relationships and joint programming
- Develop programs to increase physical activity, to assist students with homework completion, deliver nutritional seminars and promote personal health and wellness with identification of personal goals
- Develop, coordinate, and manage the program registration process
- Prepare, plan, coordinate and lead workshops and training sessions
- Monitor the After School and Right to Play Program budgets to ensure fiscal responsibility
- Prepare cheque requisitions and purchase orders for approval in accordance with the finance policy
- Prepare and submit all financial reports to any agency providing funding support as required
- Responsible to ensure satisfactory completion of administrative tasks as required.
- Responsible for attending to correspondence, preparing briefing notes and reports as required.
- Prepare an annual work plan and monthly report based on the work plan.
- Establish work priorities, delegate work to staff and ensure deadlines are met and procedures are followed.
- Develop and maintain record keeping system for the program.
- Develop and implement evaluation tools to evaluate the program on a regular basis
- Ensure the Program site buildings are neat, organized, and safe for program delivery
- Secure the cooperation of program staff in the development & maintenance of a cooperative team approach
- Act as a liaison with staff, staff/parents, and students/staff
- Supervise, monitor, coach and direct all program staff
- Ensure time sheets and other appropriate forms are submitted as required
- Evaluate staff upon completion of program and/or on an annual basis

The After School Program Coordinator will possess the following education, experience, and skill qualifications:

- Completion of Post-Secondary Education in the Social Services Field (i.e., Social Work, Community or Social Service Worker, Child and Youth Worker etc.). 3-year relevant experience
- Minimum of three (3) years of experience in working with children and youth
- Previous experience supervising staff, experience writing reports and preparing work plans
- Must provide a clear Vulnerable Sector Check from the Canadian Police Information Center (CPIC)
- Must have First Aid and CPR Certification
- Must be able to work flexible hours including evening and weekend hours
- Must have Class 'G' Ontario Driver's License, access to a vehicle and be able to travel
- Knowledge of Canada's Food Guide
- Knowledge and understanding of Indigenous culture and traditions

TO APPLY: Customize your cover letter and resume to the duties, experience, expectations, and qualification listed on the job posting. If you are a member of MFN or of Indigenous descent, please include this information in your cover letter. We rely on the information you provide to us in your application during screening. **Successful candidates** who receive interviews **must** provide copies of their education qualifications and certifications at the time of interview. Please note that all interviews will be **in person**. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

Mississauga First Nation
P.O. Box 1299 Blind River, Ontario P0R1B0
Attention: Human Resources Department

Marked: **CONFIDENTIAL**

EMAIL: hrclerk@mississaugi.com **FAX:** 705-356-1740

Deadline: October 4, 2023

Thank you to all applicants; only those selected for an interview will be contacted.



Survey Incentive for September will

up your "hunting game"

**Be sure to contact me to participate
in the Labor Market Survey to have
your name entered into the monthly
draw.**

- **Two way radio**
- **Orange hat and gloves**
- **Hunting knife**
- **Deer Call**
- **Trail Camera**



**Kristen Jackpine
LMI Coordinator**

705-356-1621 EXT 2351

lmicoordinator@mississauga.com



FOR SALE

\$12,000

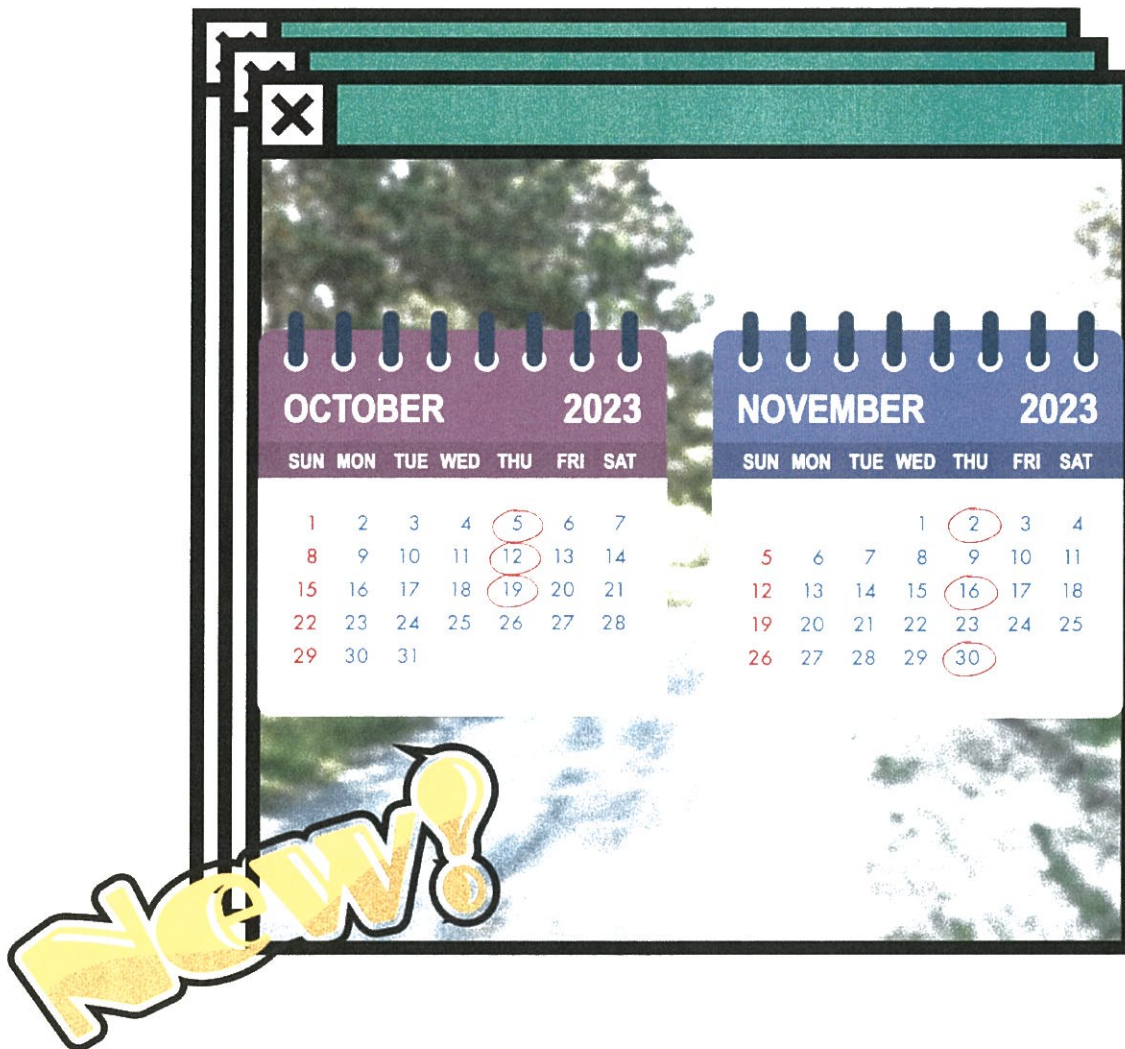
- 2012 BLUEBIRD SCHOOL BUS
- APPROXIMATELY 130,000 KM'S
- UP TO DATE WITH MAINTENANCE
- CUMMINGS DIESAL ENGINE
- AS IS WHERE IS

PLEASE SEND INTEREST TO
PURCHASE BY SEPTEMBER 20,
2023 TO:
JAMES CADA,
DIRECTOR OF OPERATIONS
BOX 1299,
BLIND RIVER, ON
P0R 1B0

Email: directorofoperations@mississaugi.com



MISSISSAUGA FIRST NATION COMMUNITY NEWSLETTER



Beginning **October 19th, 2023**, the Mississauga First Nation Community Newsletter will be delivered bi-weekly as opposed to the normal weekly newsletter.

All MFN news and programming will be available daily via:

www.facebook.com/MississaugaFirstNation

www.instagram.com/mississaugafn/

www.mississaugi.com

If you have any questions or concerns regarding this change, please feel free to contact Cheyenne Corbiere - Wiindamaagewin Enaagadoot

(Communications Coordinator)

wiindamaagewin@mississaugi.com or 705-261-1104



AL-ANON

AL- ANON meeting

Have you or a family member been affected by another's drinking or drug addiction?

Please come out and join us at the Cultural Building - 96 Park Road - to find out what AL-ANON can do to help you.

Meeting Day/Time:

Monday - 6:00 - 7:00 PM

There you will find a fellowship of others who share your same challenges

Light Refreshments provided



NA MEETINGS

**"AT ANY GIVEN MOMENT YOU HAVE THE
POWER TO SAY THIS IS NOT HOW MY STORY
ENDS"**

**NA meetings happen Tuesday's at 7:00 PM
in the Culture Centre.**

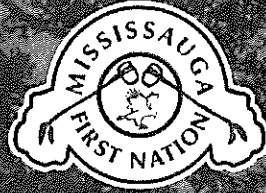
Light refreshments will be provided.

**\$20.00 Tim Hortons gift card drawn
monthly.**



FOR MORE INFORMATION:

skycada@mississauga.com



MEN'S DROP IN

Come out and join us

**Soup and Sandwich lunch
will be provided**

**At the Culture building –
96 park road – from 10:00
AM to 2:00 PM – Every
Thursday**

**For any questions, please contact:
Sky Cada @ 705-356-1621 ext. 2228
skycada@mississauga.com**



LIGHTING THE
**SACRED
FIRE**

WE WILL BE
LIGHTING THE
SACRED FIRE FOR
MFN COMMUNITY.

COME PRAY, STAY,
TALK OR JUST
ENJOY THE FIRE.

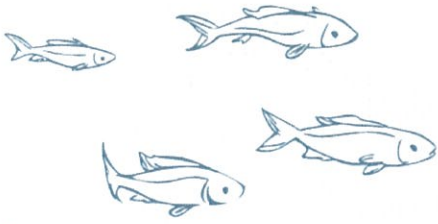
THURSDAYS
OUTSIDE THE
CULTURE BUILDING
- 96 PARK ROAD

9:00 AM TO 3:00
PM

MORE INFORMATION

SKY CADA - 705-261-1370
SKYCADA@MISSISSAUGI.COM





ARTWORK CONTEST

**WE ARE LOOKING FOR A
MFN MEMBER TO DESIGN A
LOGO FOR OUR NEW NAME
(STURGEON) PROJECT!**

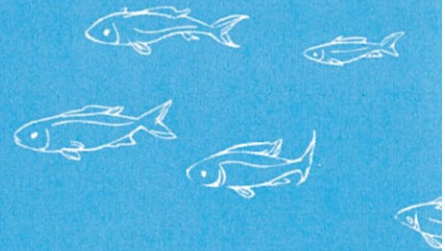
**ARTWORK WILL BE USED
FOR ALL PROJECT
RELATED PRESENTATIONS
AND REPORTS**

ENTER BY FRIDAY OCTOBER 13

TO ENTER

**SEND YOUR DESIGN TO:
amandacress@mississaugi.com**

CASH PRIZES



PRIZES

1st Place : \$300.00

2nd Place : \$100.00

3rd Place : \$50.00

25\$ Gift Card for All Entries!

**STICKERS AND T-SHIRTS WILL
ALSO BE MADE FROM THE
WINNING DESIGN AND MADE
AVAILABLE TO MFN MEMBERS**



AS ANISHINAABE STEWARDS OF TRADITIONAL HARVESTING, IT IS IMPORTANT TO KEEP IN MIND OUR ROLES AND RESPONSIBILITIES IN FOLLOWING BEST PRACTICE.

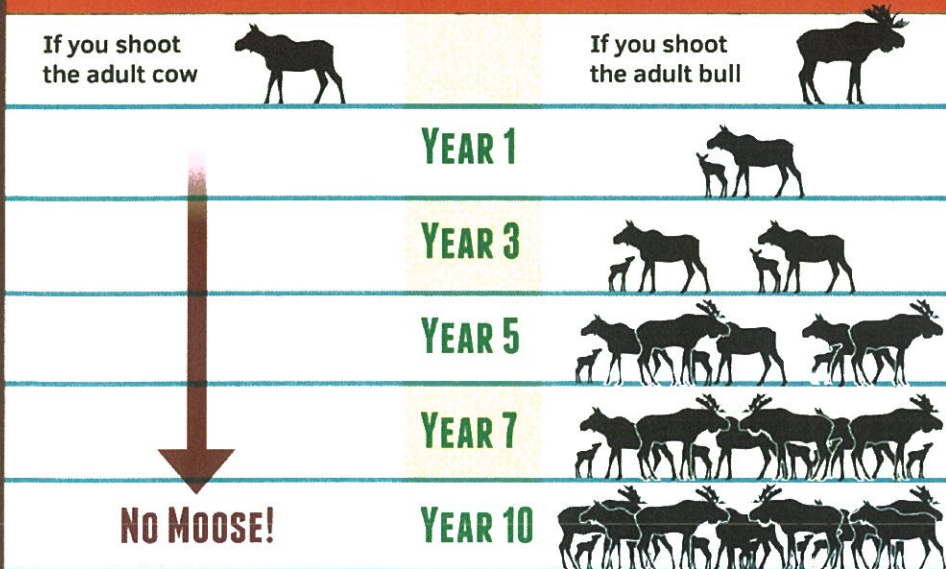
Mature Bulls and Dry Cows - In ideal situations these are the best options for harvest. These animals should be selected for harvest as they provide the largest portions of meat per family, and can be spread around our community without having to harvest the most vulnerable section of their population.

Cows and Calves - Cow and calf hunting can impact the ability to harvest these relatives in the years to come. We want to ensure that the reproductive cycles of the moose population continue to be sustainable for future generations of harvesters.

For further questions regarding harvesting, please contact:
Scott Richer - Bylaw Officer
scottricher@mississaugi.com or 705-356-1621 ext. 2259



Know this before you pull the trigger...





NOTICE

EFFECTIVE IMMEDIATELY AMENDED SEPT 27/22

The gun range on Canoe Lake Road will be closed to members of the general public and will be accessible to registered band members of Mississauga First Nation ONLY.

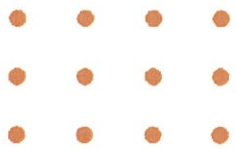
- The facility will remain closed until further notice due to poor site conditions and user abuse.
- We are seeking inputs from the public on strategies to re-open the site in a safe and appropriate manner.
- Use of the site by anyone who is not a registered band member and without the expressed written consent of Mississauga First Nation will be subject to trespassing citations.
- Band members who use the site are encouraged to speak with the Community By-Law Officer to stay updated on plans for the space. Please practice safe gun use and keep the area clean of garbage and debris.
- Report any suspicious activity to Mississauga FN police at 705-576-2156.

For more information about upcoming plans for the site, contact MFN's By-Law services at 705-261-0259, please leave your name and phone number.

A proposed business plan is in development for the site, please connect with the Community Economic Development Department to learn more:
Email: joncada@mississaugi.com Phone: 705-356-1621 x 2223

LETS HAVE SOUP

Join us to celebrate the
cooler weather with a
warm bowl of soup
together



**WEDNESDAY'S @
NOON
EDUCATION
BUILDING**

For more information please
contact Melissa Morningstar
@ 705-356-1621 Ext 2303

Hydrosol Distillation Workshop

October 21st, 2023

Community Hall 10am-4pm

- Learn how a copper distiller works!
- And how to make your own hydrosols at home!

10 spots available

register by Oct. 18th with

danaboyer@mississauga.com

WOOD CARVING WORKSHOP WITH STACY SAUVE

September 26th and 27th at 10am

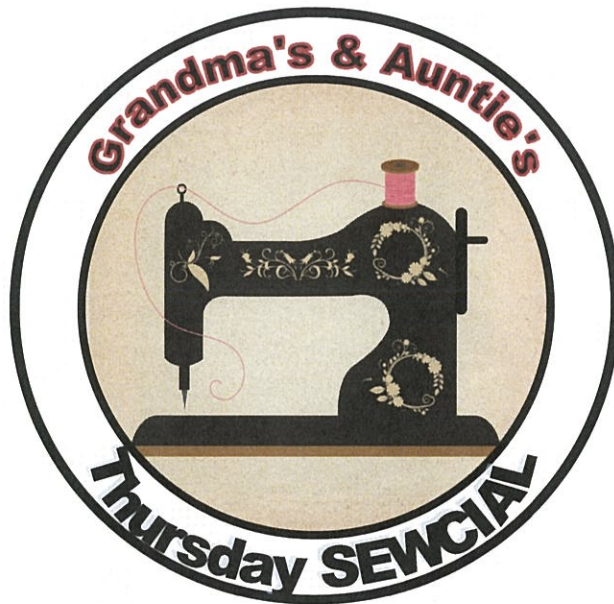
MFN Community Hall

Day 1 - Make your own knife (with Haida blade) to work with and learn the basics of carving.

Day 2- Start and finish carving.

10 SPOTS AVAILABLE – MUST REGISTER

with danaboyer@mississaugi.com



Thursday evening Sewcials resume

Thursday, September 14th, 21st
and 28th, 2023

From 6:00 pm to 9:00 pm.

Bring a project, a UFO (unfinished object), or
your beads. Christmas is just a few months
away, now is the time to work on those gifts
from the heart.

For more information, please



contact: Lucy Ann

705-356-1621, ext 2247 or drop by the
Education Building.

Grandma & Aunties

For more info call Lucy Ann Trudeau @ 705-356-1621, ext 2247, or stop by Education!

Sept 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Labour Day - Band Office Closed	5		7 Robinson Huron Treaty Gathering	8 Robinson Huron Treaty Gathering	9
10	11  Orange Shirt Pins 7:00 - 9:00 pm	12	13	14 Thursday Sewcial 6:00 pm - 9:00 pm	15	16
17	18  Orange Shirt Pins 7:00 - 9:00 pm	19	20 School Pow Wow Prep - 6:30 - 9:00	21 Thursday Sewcial 6:00 pm - 9:00 pm	22	23
24	25 School Pow Wow Prep - 6:30 - 9:00	26	27	28 Orange Shirt Day Pow Wow	29 PD DAY - Craft with G&A - 10 am - 12pm	30 TRC DAY Pucker Toe Moccasins 

EVENTS

Orange Shirt Pins ..

Come bead an Orange Shirt Pin in preparation for September 30th's National Truth and Reconciliation Day, Every Child Matters....

Thursday Sewcial

Bring your UFO's in for completion, or your projects in for help

All events in the Education Building

PD Craft

PD Activity for Grammas and Aunties and your Grand or Niece/Nephew.. We'll be making a Draw String Back Pack Stop on by!!



Emergency Maintenance at Water Treatment Plant

Until Further Notice

|Please refrain from excessive water use|

Watering Grass
Filling Pools
Recreational Water Use

POST-MAJORITY CARE SERVICES

What is Post-Majority Care:

Post-Majority Care Services are supports available to qualifying Indigenous youths who were formerly in care or who are preparing to transition out of care to independent living.

What Is Available:

- Educational and Professional Development Opportunities
- Financial and housing support
- Physical, mental, and social well-being supports
- Reconnection with land, culture, language and community

Who Is Eligible:

You could be eligible if:

- You are a member of or affiliated with a North Shore First Nation
- Were in care at the time you turned 18
- Have not yet reached your 26th birthday

North Shore First Nations

- Atikameksheng Anishnawbek
- Batchewana First Nation
- Garden River First Nation
- Mississauga First Nation
- Sagamok Anishnawbek
- Serpent River First Nation
- Thessalon First Nation

Get In Touch:

Have questions? Think you may qualify? Contact us today:



pmcs@nog.ca



1-800-465-0999



NOGDAWINDAMIN
FAMILY AND COMMUNITY SERVICES



COMMUNITY SUPPORT SERVICE PROGRAM/EARLY YEARS PROGRAM

DUMP & GO

BACK TO SCHOOL MEAL PREP NIGHT



TWO SESSIONS:

~~DAYTIME SESSION~~
~~SEPTEMBER 19, 2023~~
~~11:00AM - 1:00PM~~

EVENING SESSION
SEPTEMBER 26, 2023
5:30PM - 7:30PM

**MAKE THE TRANSITION TO
BACK TO SCHOOL
SMOOTHER WITH 5 EASY
CROCK-POT MEALS**

**PARTICIPANTS MUST REGISTER
LIMITED TO 5 PARTICIPANTS/SESSION**

CONTACT JADE FOX - COMMUNITY SUPPORT SERVICE WORKER
CSSWORKER@MISSISSAUGI.COM | 705 356 1621 EXT 2357



Freshen Up Tuesday

Tuesday
September 26, 2023
Child + Youth Building
12:00-4:00PM

Lights Snacks +
Refreshments Available
Make Your Own Foot Soak Kit

For more information contact
Community Support Service Worker
Jade Fox
cswworker@mississauga.com
705 356 1621 ext 2357

**Mississauga First Nation
Family Resource Coordinator
Early Years Worker
Health Educator**

**FASD AWARENESS POKER WALK
1ST PRIZE \$100.00 GIFT CARD
2ND PRIZE \$75.00 GIFT CARD
SKUNK HAND \$50.00 GIFT CARD**

Thursday September 28th 2023

11:30-1:30

Start from Child & Youth Building

Lunch Provided



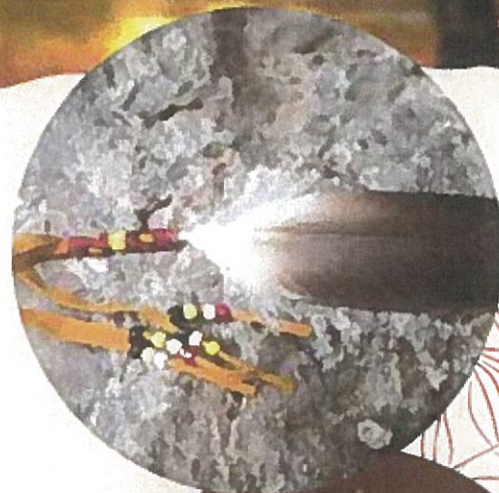





Welcome Baby Ceremony

if you have a baby born between October 2022 to October 2023 and want to be a part of the ceremony please contact Christine

*Date: October 3 2023
Where: Chiblow Lake
Time 4:00-6:00 PM*

**everyone welcome
feast after
ceremony**



-  1-705-356-1621 ext. 2254
-  66 Park Road Mississauga First Nation
-  christine@mississaugi.com



**CONTACT: CHRISTINE OWL
FAMILY RESOURCE
COORDINATOR**

MISSISSAUGA FIRST NATION
FAMILY RESOURCE COORDINATOR
EARLY YEARS WORKER
FAMILY PRESERVATION WOKER
IN HOME SUPPORT WORKER


JOIN US FOR A PARENT SOCIAL & LUNCH

DATE: WEDNESDAY OCTOBER
11, 2023
TIME 11:30-1:00
WHERE: CHILD & YOUTH
BUILDING

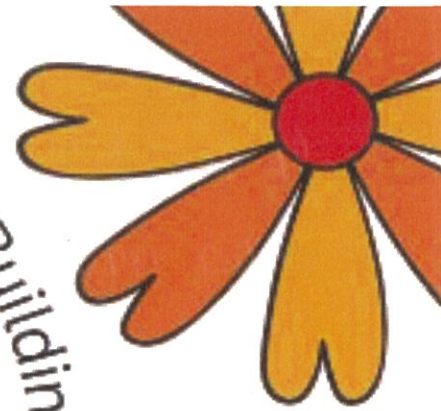


WE WOULD LIKE YOUR IDEAS
AND FEEDBACK TO ENSURE
QUALITY PROGRAMS FOR
COMMUNITY AND FAMILIES.

IF YOU NEED TRANSPORTATION
OR MORE INFORMATION
PLEASE EMAIL:
CHRISTINE@MISSISSAUGI.COM





Come on out to the Child and Youth Building



Thursday September 28, 2023
6:00 - 7:30 pm

Families with children 0 -6 years of age

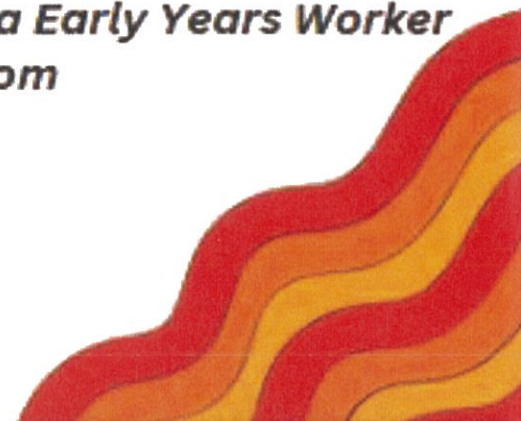
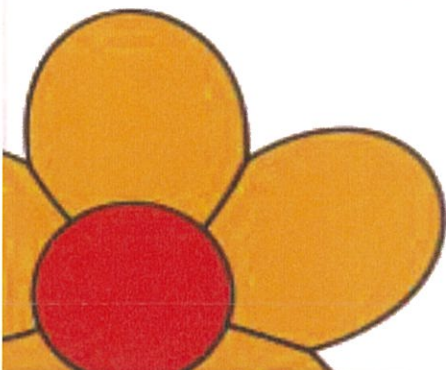
Light snacks and refreshments will be served!!!

Learn to make Frybread

Donuts



*For more info please contact Kimberly Cada Early Years Worker
eyworker@mississauga.com*



September

Early Years Worker - Calendar

2023

Programming for Families with Children
0 -6 years old

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Labor Day	5	6	7	8	9
10	11	12 Child and Youth Center Open from 1:00 – 3:00	13	14	15	16
17	18	19	20	21 Child and Youth Center Open from 6:00 -7:30	22	23
24	25	26 Child and Youth Center Open from 1:00 – 3:00	27	28	29	30

Where: Child and Youth Building – Downstairs Refreshments and Snacks will be provided.
Different theme each week!

For more information Please contact: Early Years Worker - Kimberly Cada eyworker@mississauga.com or drop into the Child and Youth Building and come meet me! I'd be happy to answer any questions you may have.



SUN

MON

TUE

WED

THU

FRI

SAT

SEPTEMBER 2023

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23

check out of
Chiblow Lake

19 10am RPL
RBC &
Canadian Anti
Fraud Centre (CAFC)
info session

20 RPL
BINGO
1:30pm

24

25

26

27

28

29

30

Fall Social
10am-
11am

28 Garden
River
Bingo

Chiblow lake wknd



MFN SPORTS COMPLEX

baby

&

MOMMY

STROLLER FIT

*Starting in September
Wednesday's at
Noon.*



Registration is needed!

T. 356.1621. Ext 2216

E:communityhealthactivator@mississauga.com





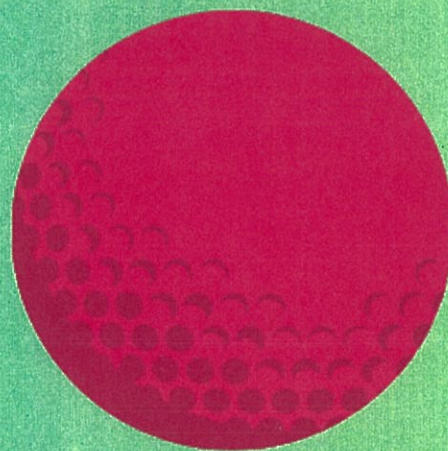
REGISTRATION NEEDED!

**STARTING SUNDAY OCT. 15TH
6:00- 8:00 PM
SPORTS COMPLEX**

T:356.1621. EXT.2216

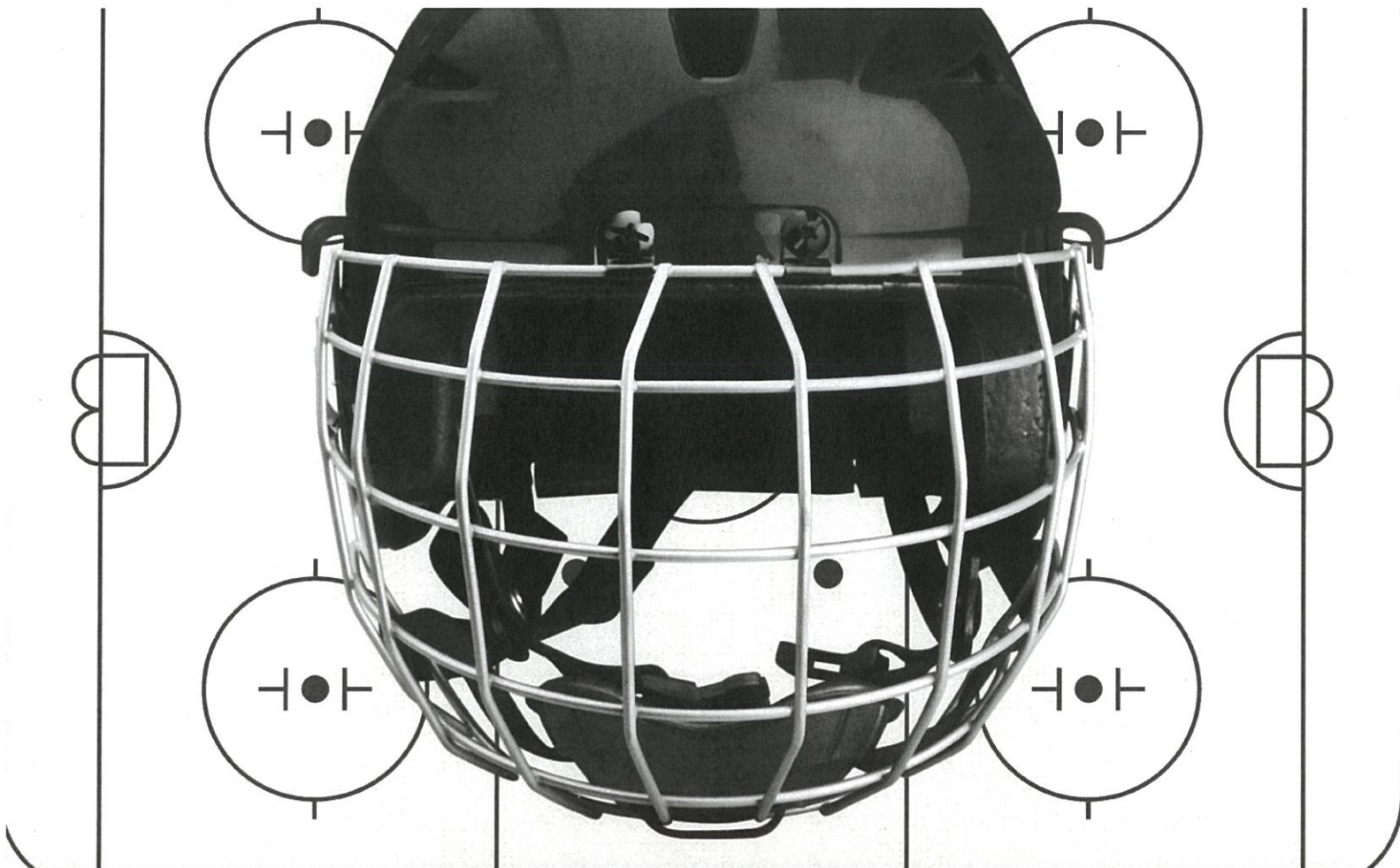
E: COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM

**ITS PICKLE BALL
TIME!**



**REGISTRATION IS NEEDED!
WEDNESDAYS IN OCTOBER
FROM 1-3 PM**

**T:356.1621. EXT 2216
E:COMMUNITYHEALTHACTIVATOR@MISSISSAUGI.COM**



MFN SPORTS COMPLEX

EQUIPMENT DRIVE

THURSDAY & FRIDAY

6 - 8 P M



MFN SPORTS COMPLEX

September

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MFN SPORTS COMPLEX

MONDAYS-CHAIR FIT @ 11 AM

HIIT @ NOON.

WEDNESDAY STROLLER FIT @ NOON

TUESDAYS-YOGA. 10 AM ROOKIE RIDE @ NOON.

THURSDAYS-YOGA. 10 AM FIT FUN @ NOON. CYCLING @ 8 PM

TINY TOTS- SEPT 17 12-2



REGISTRATION IS NEEDED!

E-COMMUNITYHEALTHACTIVATOR
T: 705.856.1021 EXT.2210



SENIORS WALKING GROUP IS BACK

TUESDAY SEPT 26

11:00-12:00 P.M.

LIGHT LUNCH INCLUDED

MFN SPORTS COMPLEX

FOR MORE INFORMATION

CONTACT CHELSEA AT

356-1621 EXT. 2203

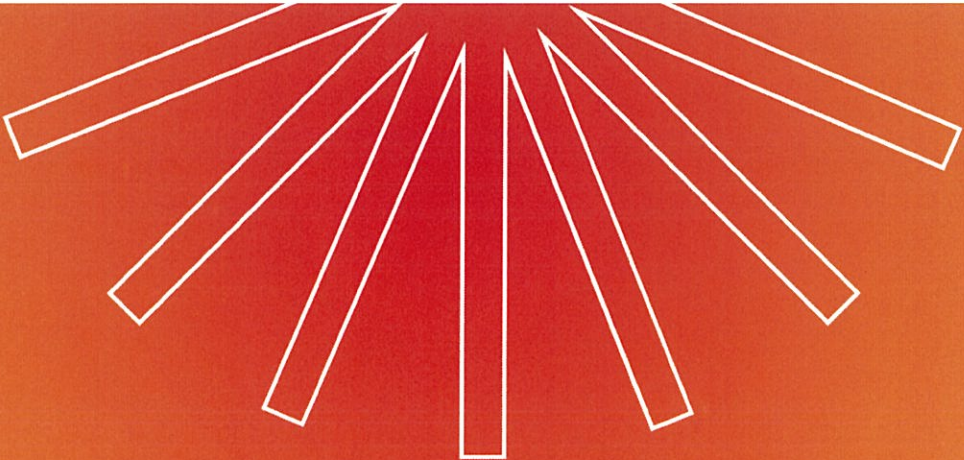
Everyone Welcome



*Adventures in
Cooking*

Wednesday September 27
11:00- 1:00 p.m.
Red Pine Lodge

Please Register please contact Chelsea at
705-356-1621 ext. 2203 or email
chelseagrimard@mississaugi.com



Essential Oil Yoga Workshop

DETOXIFY WITH ESSENTIAL OIL YOGA WITH
NADIA CARRIERE

WEDNESDAY OCTOBER 11
6:45 P.M.
UPSTAIRS AT THE SPORTS
COMPLEX .
BRING YOUR YOGA MAT AND
WATER .

For more information contact Chelsea at 356-1621 ext.
2203

Sleep Tips Workshop

Learn useful tips to
help your baby sleep!
Reserve your spot
today!

Lunch and Learn
Child and Youth Building

Tuesday October 17th, 2023
12:00 PM – 1:00 PM



To register - please email Sheri
MacLeod, Health Educator
sherimacleod@mississauga.com
Or phone 705-356-1621 ext 2231

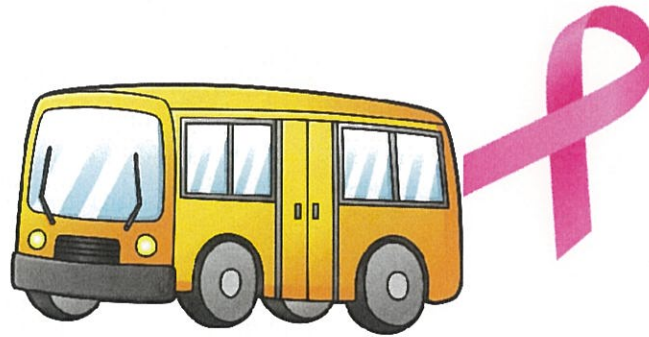


The Mama Coach
Carolyn Marshall
Registered Nurse



carolyn@themamacoach.com

JOIN US ON THE BREAST CANCER SCREENING BUS



The Ontario Breast Screening Program recommends that women ages 50 to 74 get screened with mammography every 2 years.

If you are due for a mammogram and would like to take a bus for screening, please contact the Health Educator or

Community Health Nurse at
705-356-1621 x 2231 or by e-mail:

sherimacleod@mississauga.com or

krystasawyer@mississauga.com

- 10 appointments available
- Deadline to book is October 4/2023
- We will be going in November 2023
- More information will be given about the pick-up time and lunch once registered.



COMMUNITY ANNOUNCEMENT

FROM THE HEALTH SERVICES TEAM

Please plan ahead and pre book your appointments.
*Dr. Deverell's clinic is booking **ONE MONTH** in advance.*

If you are in need of prescription renewals or follow up appointments,
please ensure these are booked.

Missed appointments without notice do not secure you a spot during
his next clinic.

Please call the Client Care Coordinator at 705-356-1621 X 2224 to book



MAAMWESYING

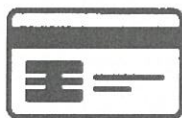
NORTH SHORE COMMUNITY HEALTH SERVICES INC.



NUTRITIONAL SUPPLEMENT CARD FOR FAMILIES WITH CHILDREN 0-6 YRS AND PRENATAL

Starting April 2023 changes will be implemented to this program.

*listed is the pick up date, **please email the Family Resource Coordinator by the 15th of each month to ensure a card is purchased for that month**



Pick up dates:

*September 27, 2023

*October 25, 2023

*November 29, 2023

December 13, 2023

from 8:00 AM to 2:00 PM including lunch hour

*** As a requirement of the program, receipts will need to be submitted before the next card pick up.**

Please remember it is your responsibility to pick up on date unless other arrangements have been made.

Please note, you can not accumulate cards

Thank you

If you have any questions or concerns please email Christine Owl -
Family Resource Coordinator

email: christine@mississauga.com

MFN Food Security Program

Date: _____ Pick up only # of children _____ # of adults _____

Names of all household Members: _____

Address: _____

Phone Number: _____

Please submit your forms before 4:30 Wednesday

*Please note that if items are not in your box, it is because we are out of stock, on back order or not able to purchase from distributor. Also, make sure to fill out your correct information, so that we may properly serve you and your family.

Cereals (1 only): Cold Cereal Cooking Oats Cream of Wheat Porridge	Meats (2 choices-1 of each): Hamburger Chicken
Breads (1 only): White Bread Brown Bread Flour Bagels	Canned Meats (1 only): Tuna Salmon
Pasta & Rice (1 only): Tri-Color Rotini Lasagna Fettucine Penne Rice	Dairy Products (2 only): Powdered Milk Margarine
Soups (3 only): Chicken Noodle Tomato Vegetable	School Aged Children Only (2 Choices): Pudding Fruit Cups Cookies Wagon Wheels
Hygiene Products: Toilet Paper Hand Sanitizer	Cleaning Products (Once A Month): Pot & Pan Cleaner
Other Products (3 only): White Sugar Brown Sugar Peanut Butter Decaf Coffee Crackers Tea Mustard Ketchup Pepper Instant Coffee	Other Products (3 only): Kidney Beans Tomato Paste Spaghetti Sauce Canned Navy Beans Canned Chick Peas Diced Tomatoes Vegetables (frozen only) Red Lentils
Other (Once A Month): Jam Icing Sugar Salt	PLEASE RETURN ALL CONTAINERS, THANK YOU

Revised July 2023