

SMOKE SIGNAL



Mississauga First Nation

June 2003

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ANISHINABEK NATION ELECTS NEW GRAND COUNCIL CHIEF

Mississaugas of Scugog - The oldest political organization in Ontario has elected a new Grand Council Chief to lead the 43 member First Nations of the Anishinabek Nation. Chief Earl Commanda, who has been Chief of the Serpent River First Nation for the past twenty years, has been elected to the post for a three-year term.

“As we speak, we are refining the concept of Nationhood as Anishinabek,” said Grand Council Chief Commanda. “Our leadership needs to clearly strategize the path leading toward Nationhood, and I challenge you to work with me on the process, to be strong and able to act.”

Each member First Nation is

entitled to one vote, which is placed by either Chief or a designated proxy delegate. In addition to the Chiefs, regional Elders are also eligible to cast ballots. Grand Council Chief Commanda won on the first ballot with 26 votes, which represents the required majority of 50 percent plus 1. Runner-up Chief Glen Hare, of M’Chigeeng First Nation, received 10 votes. Merle Pegahmagabow, who is the head negotiator for the Anishinabek Nation education self-government negotiations, was the third candidate and received 4 votes.

(Continued on page 24)

Happy Father’s Day!

***To the Fathers, Brothers, Uncles, Sons, Nephews and
Grandfathers
of
Mississauga First Nation***

COMMUNITY BUILDINGS

ADULT EDUCATION	356-3590
CHIBLOW LAKE LODGE	843-0402
DAY CARE CENTRE	356-1545
DREAM CATCHER COMPLEX	356-1621
EDUCATION CENTRE	356-3590
ELDER'S CENTRE/FOOD BANK	356-3713
ENJIKENDAASANG LEARNING CENTRE	356-3197
FIRE HALL	356-3913
AFTER HOURS – RAY	356-1714
– FRANK	356-4920
– GLEN	356-1561
IN-MOTION FITNESS CENTRE	356-4656
MFN LIBRARY	356-5335
MISSISSAGI TRUST	356-2728
	356-1621
	Ext. 2206
MISSWEZAHGING DEV. CORP.	356-1621
	Ext. 2215
	Ext. 2216
VARIETY CLUB	356-0160
	356-3844
WATER TREATMENT PLANT	356-2660
WOMEN'S SHELTER	356-7800
	356-7142
PARENT RESOURCE CENTRE	356-0481
BUSINESSES & OTHER	
BOYER'S CONFECTIONERY	356-0423
WILLIE'S GAS BAR	356-1380
NORTH SHORE TRIBAL COUNCIL	356-1691
TREATMENT CENTRE	356-1681
NAADMAADWIIUK AMB	356-1691
	FAX: 356-1090
J&V TRANQUILADIES	356-5215
RAC TRADING/BOB'S FISHERIES	356-1615

DREAMCATCHER COMPLEX - Band Staff

TELEPHONE (705) 356-1621

NAME	TITLE	EXT.
ADMINISTRATION STAFF		
LAURENCE BOYER	CHIEF	2204
JIM JR. CADA	BAND ADMINISTRATOR	2202
LINDA CHIBLOW	EXECUTIVE ASSISTANT	2208
MELANIE DAYBUTCH	MEMBERSHIP CLERK	2209
MELISSA MORNINGSTAR	RECEPTIONIST/SECRETARY TRAINEE	2238
JOANN CADA	FINANCE CLERK	2211
PATTY-SUE DAYBUTCH	ACCOUNTS PAYABLE	2211
ALLISON MORNINGSTAR	PAYROLL CLERK	2210
MISSISSAUGA TRUST		
CLAUDETTE BOYER	OFFICE MANAGER	2221
HEALTH STAFF		
GLORIA DAYBUTCH	HEALTH & SOCIAL SERVICES DIR.	2203
KATHLEEN CHIBLOW	ASST. H&SS. DIRECTOR	2222
MARY ELLEN MORNINGSTAR	MED. TRANS. CLERK	2201
ELVA MORNINGSTAR	COMMUNITY HEALTH REP	2231
JANET BOYER	LONG TERM CARE ASST.	2353
ANDRE ST. PIERRE	MEDICAL RECORDS TRAINEE	2224
LYNN NIGANOBE	TEAM SECRETARY	2228
DEBBY ROACH	NURSE PRACTITIONER	2218
JOEY PROVENCHER	NURSING SUPERVISOR	2350
SHARON LOVE	COMMUNITY HEALTH NURSE	2230
DIANNE BOWEN	HOMECARE NURSE MAN.	2226
CHRISTINE TRIVERS	DIETICIAN	2225
DR. SICOLI	CHIROPRACTOR	2225
PERRY JOE BOYER	HEALTH PROMOTION WORKER	2229
GREG DAYBUTCH	DIABETES LAY EDUCATOR	2352
JULIUS STEVENS	TRAD. HEALTH WORKER	2227
PROGRAMS AND SERVICES		
LINDY CHIBLOW	SOCIAL ASSISTANCE ADMINISTRATOR	2237
KEITH SAYERS	NATURAL RESOURCES MANAGER	2217
BEV GAUTHIER	CONSERVATION OFFICER	2214
GLEN MORNINGSTAR	PUBLIC WORKS MANAGER	2219
HELEN ARNOTT	INCOME SECURITY REFORM OFFICER	2215
BOB MATHIAS	FIRST NATIONS CONSTABLE	2220
BERNADETTE BOYER	HOUSING/PROPERTY MANAGER	2212
MISSWEZAHGING DEVELOPMENT CORPORATION		
WILMA BISSIALLON	GENERAL MANAGER	2223
SOCIAL SERVICES STAFF		
CHRISTINE OWL	YOUTH COORDINATOR	2242
SALLY JACKPINE	ADULT MENTAL HEALTH WORKER	2240
EVELYN NIGANOBE	NOG FAMILY SUPPORT SERV.	2235
LINDA DAYBUTCH	COMMUNITY SUPPORT SERVICES	2232
ROGER DAYBUTCH	NOG FAMILY SUPPORT SERV.	2236
MARY CHIBLOW	ACTIVE LIFESTYLES COORDINATOR FOR CHILDREN	2241
CONRAD BOBIWASH	. ACTIVE LIFESTYLES COORDINATOR	2241
REG PARIZEAU	MEDICAL VAN DRIVER	254-9394
JOHN GAUTHIER	MEDICAL VAN DRIVER	849-3737
BONNIE LAFRENIERE	PARENT RESOURCE COORDINATOR	356-0481
NANETTE BOYER	FAMILY HOME WORKER	356-0481

Chief and Council News

BAND COUNCIL RESOLUTIONS

BCR #003-03-04 In accordance with Clause 8.1 of the Framework Agreement on First Nation Land Management, the Mississauga First Nation Band Council hereby appoints Mel Jacobs as Verifier for the purpose of ratifying the Mississauga First Nation Land Code.

BCR #004-03-04 That the Mississauga First Nation Council appoint the following persons as Members of the Finance Committee effective April 16th, 2003:

James Cada Jr.	Band Administrator
Brian Boyer Sr.	Councillor (Finance/Admin. Portfolio)
Joann Cada	Head Finance Officer
Lindy Chiblow	Social Services Administrator
Allison Morningstar	Payroll Clerk
Lynn Niganobe	Team Secretary (Health Unit)
Janet Boyer	Long Term Care Assistant (Health Unit)
James Morningstar	Education Coordinator

BCR #005-03-04 That the Mississauga First Nation Council do hereby support the appointment of Melanie Daybutch as the Membership/Administrative Clerk effective April 22nd, 2003.

BCR #006-03-04 That the Mississauga First Nation Council fully supports the implementation of a fish and wild game program for the community; Therefore Be It Resolved that the Mississauga First Nation Council requests funding from the First Nations Environment Contaminants Program in the amount of \$25,000.00 to successfully complete a Fish & Wild Game Contamination Program.

BCR #007-03-04 That the Mississauga First Nation Band Council hereby approves the 4% salary increases for the following Administration Staff based on Band Council Resolution #079-97-98 dated December 3/97. The following staff are eligible based on their completed Performance Appraisals, the established Salary Guide and the current availability of financial resources: Joann Cada, Head Finance Officer II and Allison Morningstar, Personnel Officer/Finance Assistant Be It Further Resolved that the salary increases to be retro-active from April 1st, 2003 in compliance with the said approved Band Council Resolution.



Membership News and Updates

May 2003

To: Members of the Mississauga First Nation

I am pleased to have been granted the opportunity to fulfill the duties of the Membership & Administrative Clerk for our community. Matthew Armstrong was the previous Membership Clerk, having served the community for the past sixteen (16) years. Matthew decided it was time for change, and has recently moved on to bigger and better things. His last day of work was April 24, 2003. Even though we miss him, especially his sense of humour, we wish him well in everything he does.

I have worked for the Mississauga First Nation for the past eleven (11) years, however, since September 1994 I have been the Receptionist/Secretary at the front desk. While serving in this capacity, I had the opportunity to develop my skills in a range of activities, and to assist other staff by providing coverage when they were not available.

I look forward to new experiences, challenges and meeting new people. As the Membership & Administrative Clerk, I will handle all membership inquiries; do administrative tasks assigned by the Band Administrator; and do Payroll when our Payroll Clerk is out of the office. Some other responsibilities I have include carrying-out our election process and assisting with public votes.

One of the other tasks I'm prepared to follow through on is coordinating a Membership Committee. Matthew initiated the process by contacting some individuals who were interested in actively participating on the Committee. I am optimistic that we will have enough interest to continue the process and will begin work on the Membership Committee once I have received some direction. I encourage you to watch for more information.

I started on April 22nd and since then have been familiarizing myself with the Indian & Northern Affairs process. I have gained a better understanding of the whole registration process, which includes a lot of important detail. I have written letters of introduction and am trying to find the most efficient ways of processing forms, applications, and reports.

I look forward to serving the community and to being able to help you with any inquiries you might have. If you would like to contact me I can be reached at (705) 356-1621 extension 2209.

Respectfully,

Melanie Daybutch

Membership & Administrative Clerk

NAME: _____

PHONE: _____

LAND CODE DEVELOPMENT SURVEY

Please answer the following questions and return to the Land Code Coordinator or Assistant at Mississauga First Nation, P.O. Box 1299, Blind River, ON, P0R 1B0

Thank you.

- 1. **Do you believe the development of a Land Code is important for the Mississauga First Nation? Why or Why not? *Any and all questions, comments and concerns are encouraged.***

- 2. **Do you have any specific questions or concerns you would like addressed?**
The responses will be delivered back to you via phone, mail or in person (*your choice*).

- 3. The Land Code needs Community Approval and your participation is important. **What are some ways we can get YOU to become more interested?**

Thank you for you participation and good luck in the Lawn Mower Draw!

If you have any questions, please call us at 705-356-1621 ext. 2205

Changes made to Draft # 2 of the Land Code

Please make revisions to your copy of the 2nd Land Code Draft

- Section 2.1** - defined “reasonable time”, “abrogate”, “derogate”, and “fiduciary”.
- Section 7.1** - (c) any band member with 50 signatures of eligible voters.
- Section 13.5-** All community members have a right to attend a Membership Meeting.
- Section 14.5-** deleted “registered”
- Section 18.2-** delete “relatives”, replaced with “family”
- Section 24.1-** (c) recommend laws, resolutions, policies and practices respecting the Management of Mississauga First Nation land.
- Section 33.2-** Nature of CO not CP (subheading)
- Section 35.1** - Transfer of CO’s not CP’s (subheading)
- Section 35.1-** deleted “or consent of the Council”
- Section 36.2-** Mortgage of CO not CP (subheading)
- Section 37.4-** “Private Access” section added
- Section 38.1-** deleted 38.1 Right of widow or widower, 38.2 Location of family members and 38.3 Membership Meeting , Replaced with (see attached sheet)
- Section 39.1-** (a) deleted “possession”, replaced with use and occupancy
- Section 39.4-** (a) deleted “possession”, replaced with occupation
- Section 39.4-** (b) deleted “ as a tenant in common”, replaced with “and contents”

Mississauga First Nation Land Code
Section 38
Transfers On Death

As explained to the Committee at a previous meeting, where Bill Henderson - Legal Advisor was present by conference call; as well as to the community at the 2nd Community Consultation, Section 38 of the Mississauga First Nation Land Code would not be enforceable as Estates still fall under the jurisdiction of the Indian Act.

Bill has provided us with an alternative which would mean removing Section 38 in its entirety and replacing it with the following:

38. Transfers On Death

- 38.1** A person who claims to be entitled to occupation of First Nation Land in accordance with the provisions of the Indian Act relating to the estate of an Indian shall be deemed not to be in lawful occupation of that interest unless a transfer to that person is approved by the Minister and by the Mississauga First Nation Band Council.
- 38.2** The purchaser of a right to occupation of First Nation Land under the provisions of Section 50 of the Indian Act shall be deemed not in lawful occupation of that interest unless a transfer to that person is approved by the Minister and by the Mississauga First Nation Band Council.
- 38.3** The Minister or his/her delegate may make application to Council requesting that a transfer under this section be approved and, if the Minister has approved it as well, requesting that a Certificate of Occupation evidencing a valid transfer be authorized and provided.
- 38.4** Council shall, upon approval by resolution of a request pursuant to Section 38.3 of this Land Code, authorize and direct a Certificate of Occupation be issued.

DECLARATION OF ELECTORAL OFFICER**MISSISSAGI TRUST ELECTION
MAY 24, 2003**

I, Claudette Boyer, electoral Officer, duly appointed by the Trustees DO SOLEMNLY DECLARE THAT:

1. I was personally present at the Mississauga Reserve No. 8 on May 24, 2003, during the hours of 9:00 a.m. to 6:00 p.m. during which time an Election was held to fill the four Trustee positions.
2. Immediately before the opening of the poll on May 24, 2003, I opened the ballot box to be used with the vote which was seen by me to be empty; and I called upon persons who were present to witness that the ballot box was empty.
3. I then locked and properly sealed the ballot box and placed it in view for the reception of ballot papers.
4. The eligible voters appear on the list, certified by Council, posted on Mississauga Reserve #8 for inspection, and duly used by me this date.
5. At 6:01 p.m. on May 24, 2003, I declared the poll closed and voting to cease. I then counted the votes cast and declared the following results:

TOTAL VOTES CAST:	<u>186</u>
SPOILED BALLOTS :	<u>1</u>
TOTAL VALID BALLOTS:	<u>185</u>

Dated at Mississauga Indian Reserve No. 8, in the Province of Ontario, this 24th day of May 2003.

Claudette Boyer
Electoral Officer

Melanie Daybutch
Deputy Electoral Officer

ELECTION RESULTS
MAY 24, 2003

The following are the results of our Trust vote for four (4) Trustees.

BALLOTS

Candidate	Yes	Total	Elected
ARMSTRONG, DAVID Garden River First Nation	37	37	
BOBIWASH, CONRAD Blind River, Ontario	62	62	ELECTED
BOWEN, D. DIANNE Blind River, Ontario	46	46	
BOYER, PERRY JOE Mississagi First Nation	61	61	
BOYER-DAYBUTCH SHELLY Mississauga First Nation	51	51	
CHIBLOW, GLEN M Garden River First Nation	53	53	
CHIBLOW, LINDA R. Mississauga First Nation	91	91	ELECTED
DAYBUTCH, PATRICIA SUE Mississauga First Nation	40	40	
JACKPINE-BOB, BLANCHE Mississauga First Nation	45	45	
JOKINEN, FIDELE M. Mississauga First Nation	76	76	ELECTED
MAYER, DEBORAH F. Blind River, Ontario	60	60	
PINE, J. WILLARD Mississauga First Nation	66	66	ELECTED

Claudette Boyer
Claudette Boyer, Electoral Officer

Melanie Daybutch
Melanie Daybutch, Deputy Electoral Officer

The Ontario Native Education Counselling Association is sponsoring a youth

**Essay Writing Contest
on
The Importance of Education**

Express your views on the importance of education.
What are the solutions to students dropping out of school?
Who is responsible?

How should First Nation leaders change to meet the current challenges facing First Nations students?

Criteria:

- ☞ A one page essay is required for the following age groups
Ages 9 and under
Ages 10 - 12
Ages 13 - 15
- ☞ A two page essay is required for the following age group
Ages 16 - 18
- ☞ Essays must be submitted double-spaced and typed

Deadline Date: June 27th

Cash prizes of \$100 for first place in each group.

Please send submissions to:

Essay Contest
Ontario Native Education Counselling Association
38 Reserve Rd.
Box 220
Naughton, ON
P0M 2M0

For more information, please contact the ONECA office at (705) 692-2999
or at oneca@sympatico.ca

EDUCATION DEPARTMENT UPDATES

REMINDER TO ALL STUDENTS CHECKLIST FOR EDUCATION AWARDS

ELLA BOYER MEMORIAL AWARD: One (1) elementary student (grade 8)

You will need to submit a covering letter, you must be graduating from grade 8 to grade 9; must have proof of grades 75% or higher (report card); must provide attendance record; must have recommendation letter from principal and teacher(s).

EDWARD MORNINGSTAR MEMORIAL AWARD: One elementary and one secondary

You will need to submit a covering letter: proof of grades 75% or higher (report card); attendance record; proof of participation in extracurricular and intramural sports activities, public speaking, science fairs, choir, etc. and recommendation letters from principal, teachers, coaches etc.

HAP HOMER MEMORIAL AWARD: One (1) secondary (youth or adult)

You will need to submit a covering letter; you must be a graduate of secondary school and be accepted and entering a two (2) or three (3) year degree (full time) diploma program. Must provide proof of 75% average or higher (transcript); a recommendation letter from principal and teachers.

ELI NIGANOBE MEMORIAL AWARD: One (1) secondary student youth or adult)

You will need to submit a covering letter; be graduating from secondary school and be accepted and entering a three (3) year degree (full time) program at a university; present proof of 75% average or higher (transcript). Must have recommendation letters from principal and teachers.

Deadline for submission for the elementary/secondary awards is July 31, 2003

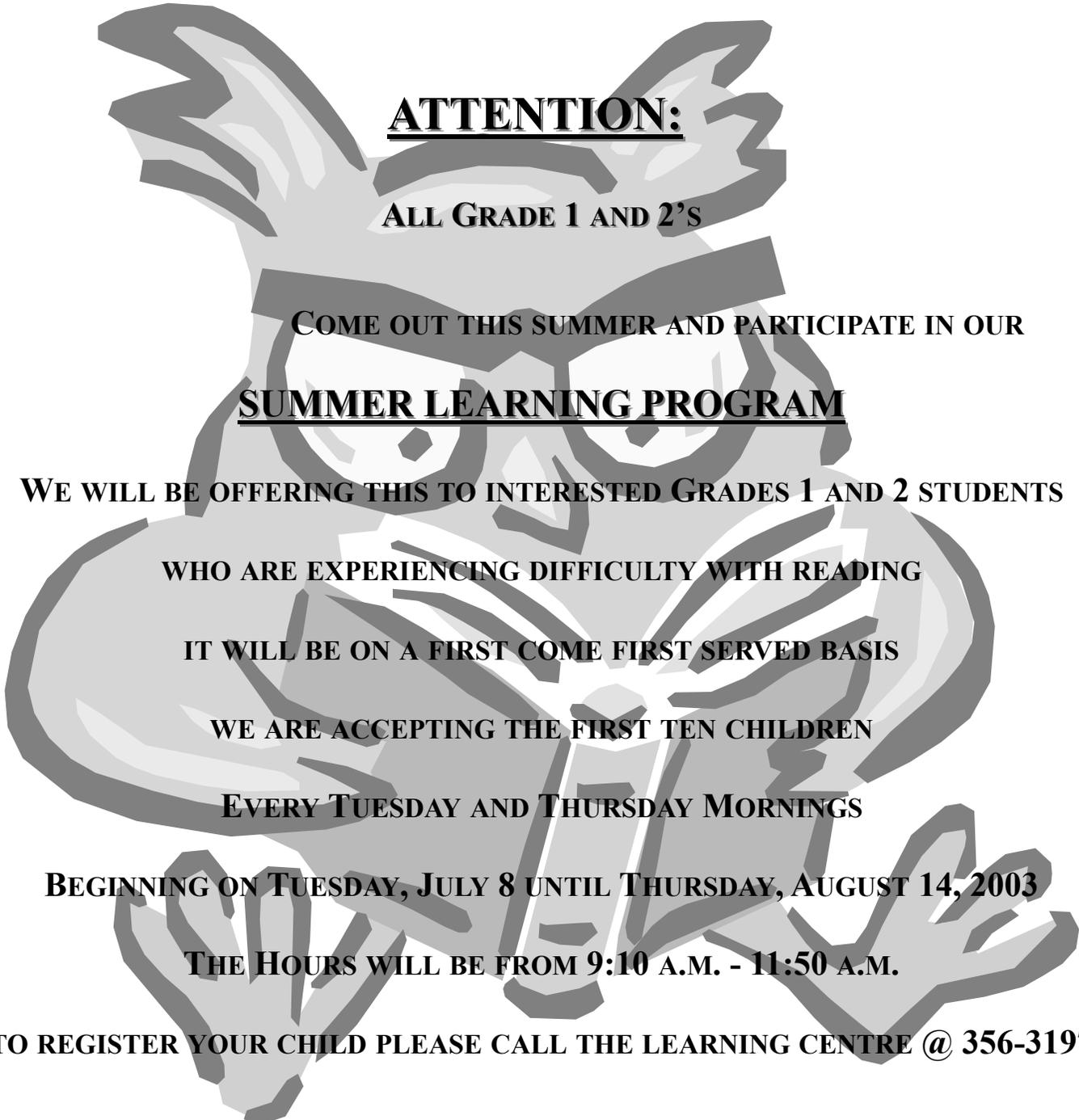
POST SECONDARY STUDENT INCENTIVES AWARDS

- Proof of successful completion of a post secondary degree or diploma program from a recognized post secondary institution:
- Verification of grade point average through submitting official transcripts;
- A covering letter addressed to the Education Awards Committee highlighting what makes you a worthy candidate of the incentive;
- Application for graduation form and incentives awards must be completed

Deadline for the post secondary awards submission is June 30, 2003.

Please submit your completed information package to:

Mississauga Education Awards Selection Committee
PO Box 1299
Blind River, ON
P0R 1B0



ATTENTION:

ALL GRADE 1 AND 2'S

COME OUT THIS SUMMER AND PARTICIPATE IN OUR
SUMMER LEARNING PROGRAM

WE WILL BE OFFERING THIS TO INTERESTED GRADES 1 AND 2 STUDENTS

WHO ARE EXPERIENCING DIFFICULTY WITH READING

IT WILL BE ON A FIRST COME FIRST SERVED BASIS

WE ARE ACCEPTING THE FIRST TEN CHILDREN

EVERY TUESDAY AND THURSDAY MORNINGS

BEGINNING ON TUESDAY, JULY 8 UNTIL THURSDAY, AUGUST 14, 2003

THE HOURS WILL BE FROM 9:10 A.M. - 11:50 A.M.

TO REGISTER YOUR CHILD PLEASE CALL THE LEARNING CENTRE @ 356-3197

Consumer Beat

SENIORS & SCAMS

Did you know that fraud and scams are the number one crime against seniors?

June is Seniors' Month in Ontario, and the Ministry of Consumer and Business Services offers tips to seniors that can help them avoid common scams.

The top scams seniors face today can be found on their doorsteps, when unethical promoters come calling, and in cyberspace pitches that target them on the Internet.

Vacuum Cleaner Sales

While most door-to-door sellers offer quality goods at fair prices, a few bad apples try to get as much of the consumer's money as possible.

How can consumers protect themselves from such unscrupulous sellers?

- Consumers should know that any contract signed in the home worth more than \$50 can be cancelled within 10 days of receiving the contract.
- Before buying anything at your door ask yourself if you really need and want the product, can afford it, and whether the price is right. It's always a good idea to invite a friend or neighbour in when you hear a sales presentation from a door-to-door seller.
- If you want a salesperson to leave your home and they refuse, tell them you are calling the police to have them removed and follow through.

Home Repair

Another top scam against seniors has to do with home repairs. Consumers often call to complain about losing money to shoddy or incomplete renovation projects.

Frequently, cases prosecuted by the ministry involve consumers who say that they paid upfront for work that was never done.

To prevent such cases, consumers should always demand a written contract clearly stating work to be done before they pay a deposit.

To avoid repairers whose performance isn't as firm as their handshakes, keep these tips in mind:

- Never sign a home repair contract on the spot. Take time to read the contract thoroughly.
- Always obtain quotes from several companies and check references before you sign a contract.
- Don't pay any money before you sign a contract and keep deposits to a minimum.
- The contract should clearly outline the work to be done, price, materials required and specific delivery and completion dates.

If you find yourself in trouble, please contact the ministry's Consumer Services Bureau at 416-326-8800 in Toronto or toll free at 1-800-889-9768.

The Internet

Seniors are the fastest growing group of Internet users, so it's important to know about the most current online scams. For example, consumers who shop online should look out for phoney promotions and question offers for free goods or services. Whether you're shopping at your door, online or at your local department store, if an offer sounds too good to be true, it usually is. Keep the following tips in mind:

- Web sites should list a company telephone number and address.
- Online sellers should also give full details on

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how complaints are handled, as well as refund and exchange policies.

Call the Secretariat infoline at 416-326-7076 in Toronto or toll free at 1-888-910-1999, TTY 1-800-387-5559.

If you'd like more information about how to protect yourself from common and current scams, contact the following offices for services.

The Ontario Seniors' Secretariat

The Secretariat, which works to improve the quality of life for Ontario seniors, has produced A Guide to Programs and Services for Seniors in Ontario, available on their Web site. This online publication offers information about the programs and services to which seniors are entitled, healthy aging and lifestyles and the ongoing contributions Ontario seniors make to their families, communities and country.

Ministry of Consumer and Business Services

For more information on issues of consumer interest, or to file a complaint about a business, contact the ministry at 416-326-8800 in Toronto or toll free at 1-800-889-9768. People who have hearing or speech impairments should call (416) 325-3408 or 1-800-268-7095 (TTY).

You may also visit the ministry's website where you can access the Consumer Lookout. The Consumer Lookout offers comprehensive information on typical scams in an easy to follow format, and includes advice on how consumers can protect themselves.

Just for Laughs!

We were putting the finishing touches on setting a large timber in place when our foreman happened by, "How is it for level?" he asked.

My partner replied, "Close enough," "What do you mean, "Close enough?," "I want that timber absolutely perfect." With that he strode away.

A short time later we managed to get the timber absolutely level, and when the foreman returned we told him so. After a quick inspection, he turned to us and said, "Okay, close enough."



For Drug Awareness Day, the school asked each child to bring a white T-shirt so an anti-drug slogan could be ironed on.

After a frantic search, I found my daughter's only clean shirt, which already had something on the front. The back was blank, however, and I sent her off with it.

When she came home that afternoon, she proudly displayed the shirt. The front of it proclaimed: FAMILIES ARE FOREVER, On the back was: BE SMART, DON'T START!



The over-40 couple were obviously attracted to each other when they met at the "Second chance" dance at the local social club. Their conversation inevitably turned to their former marriages.

"I lost my husband at sea," said the woman.

"I'm sorry to hear that," replied the man. "How did it happen? Was he swimming? In a boat?"

"Oh, it wasn't like that," she answered. "I lost him to a red head on a cruise ship!"

Health & Social Services Updates

Medical Transportation Program

From the desk of : Mary Ellen Morningstar

Beginning June 1/03, we will only have one medical van in place. The medical van will be travelling to Sault Ste Marie as it main destination. Reg will continue to be the Medical Transportation Driver, with John Gauthier being the Casual-Back-up Driver only.

Clients having appointments in these destinations, will travel on their own, providing they have a vehicle. However, if van is free, it will travel to Elliot Lake and Sudbury if required.

We are requesting that clients call in appointments, at least 3 days before appointment time, so necessary arrangements are made to accommodate all appointments that day.

All appointments must be called in to Mary Ellen Morningstar @ 356-1621 Ext #2201.

We will continue to leave 2 hours before appointment time to Sault Ste Marie & Sudbury, and 1 hour before appointment time to Elliot Lake.

Clients wishing to take their own vehicle can do so, they can also access the Northern Travel Grant Program, by obtaining the form from their doctor, filled by the doctor they are seeing and sending it to the Ministry of Health, you will get reimbursed for your trip. However, it takes a few weeks to get reimbursed.

We have requested these forms from the Ministry, but have not yet received them, we are hoping to have them here at the Health reception. Please watch for more details.

Every effort will made, to make this transition period run smoothly, please be patient with our staff and our driver.

Visiting Services

When requesting an appointment to see any of the Visiting Services which include the following: Dr. Garland, Dr. Deverell. Dr. Sicoli, Debby Roach, clients must call Andre St.Pierre at 356-1621 Ext #2224 to book appointments.

Dr. Garland - Tuesday's - 11:00 a.m. - 3:00 p.m.

Debby Roach - Nurse Practitioner - Wednesday's and Friday's only 9:15 a.m. - 2: 15 p.m.-last appointment time. ** Please remember, that when calling in, you will be asked what the appointment is for. This is necessary, to ensure that Debby has enough time for each appointment.**

Dr. Deverell - Thursday- 1:00 p.m. - 4:00 p.m.
Dr. Deverell will no longer accept walk-ins, nor will he do prescription refills when not seeing the client. If you require forms to be filled out, you must see Dr. Deverell in Blind River office, he will not fill the forms out here at our First Nation Health Centre.

Clients living in Blind River and surrounding area, are encouraged to see Dr. Deverell in the Blind River office.

Dr. Sicoli - Thursday's
Dr. Sicoli notifies staff when he will be available to see clients on Thursday mornings. Staff then call clients to confirm time.

Clients requesting any Over the Counter medications, must be seen by a Nurse, an assessment must be done by health professional.

We strongly encourage the importance for people to make an appointment to be seen by Debby Roach, Sharon Love, Dr. Garland, & Dr. Deverell.

Appointments must be made by calling Andre St. Pierre by calling 356-1621 Ext. #2224

West Nile Virus Information

WEST NILE VIRUS: SYMPTOMS AND TREATMENT

*What are the symptoms of WN virus infection?
Who is at risk for serious health effects from WN virus?*

*What are the long-term effects of WN virus?
What treatments are available for people with WN virus?*

Is there a vaccine for WN virus?

What are the symptoms of WN virus infection?
Many infected people have no symptoms and do not get sick or have only mild symptoms. When infection does cause illness, symptoms will usually appear within two to 15 days. The extent and severity of symptoms vary widely from person to person.

In mild cases, there may be flu-like symptoms, including fever, headache and body aches. Some people may also develop a mild rash, or swollen lymph glands.

Some individuals have weaker immune systems, and they are at greater risk of developing symptoms and health effects that are more serious, including meningitis and encephalitis. Meningitis is inflammation of the lining of the brain or spinal cord. Encephalitis is inflammation of the brain itself. These conditions can be fatal.

In such cases, symptoms could include the rapid onset of severe headache, high fever, stiff neck, nausea, difficulty swallowing, vomiting, drowsiness, confusion, loss of consciousness, lack of coordination, muscle weakness and paralysis. During 2002, several other symptoms of WN virus were identified including movement disorders, parkinsonism, poliomyelitis-like syndrome and muscle degeneration. Anyone who has a sudden

onset of these symptoms should seek immediate medical attention.

Who is at risk for serious health effects from WN virus?

Anybody can have serious health effects, however, people with weaker immune systems are considered to be at greater risk for serious health effects. This higher risk group includes:

- people over the age of 40
- people with chronic diseases, such as cancer, diabetes, alcoholism, or heart disease
- people that require medical treatment that may weaken the immune system, i.e. chemotherapy.

Although individuals with weaker immune systems are at greater risk, WN virus can cause severe complications for people of any age and any health status. This is why it is so important to reduce the risk of getting bitten by mosquitoes. Anyone exposed to mosquitoes in an area where WN virus has been detected is at some degree of risk for infection.

What are the long-term effects of WN virus?

Because WN virus is an emerging disease, the long-term effects are not fully understood. Studies to date show that some people with serious symptoms and health effects recover completely, while others experience prolonged health problems. These problems can include:

- physical effects, such as long-term muscle weakness and paralysis, fatigue and headache
- cognitive effects, such as confusion, depression, problems with concentration and memory loss

- functional effects, such as difficulty with preparing meals, going out, shopping, etc.

Scientists do not know why some people recover while others continue to have varying degrees of health problems.

What treatments are available for people with WN virus?

There is no specific treatment, medication, or cure for WN virus. Serious cases are treated with supportive therapies to ease symptoms and prevent secondary infections. These cases may require hospital or nursing care.

Is there a vaccine for WN virus?

At this time, there is no licensed vaccine to protect people against WN virus.

For several years, the National Institute of Allergy and Infectious Diseases (NIAID) in the United States has supported research to develop a vaccine against West Nile virus. In 1999, NIAID funded a fast-track project to develop a West Nile virus vaccine with private industry. Since then, scientists have developed a prototype vaccine that has shown promise in animal tests. The company is moving forward with Phase I trials. Vaccine is now being produced and an investigational new drug application will be filed with the Food and Drug Administration. Human trials are anticipated to begin in early 2003. Health Canada is monitoring these developments closely.

A vaccine licensed in the U.S. does not receive an automatic license in Canada. Manufacturers or importers who wish to sell a vaccine in Canada must apply to Health Canada for a license. They must also provide Health Canada with scientific evidence that the vaccine is safe and effective when used as directed.

For more information on WN virus vaccine development in the United States please see the NIAID West Nile virus fact sheet at

HOW TO PROTECT YOURSELF AND YOUR FAMILY

WHAT CAN I DO TO PROTECT MYSELF AND MY FAMILY?

HOW ABOUT USING PESTICIDES?

People can get West Nile virus if they are bitten by an infected mosquito. While, its important to remember that the risks of being bitten by an infected mosquito are low and the chances of becoming seriously ill are even lower, anyone who is exposed to mosquitoes in an area that has West Nile virus has the potential to become infected.

WHAT CAN I DO TO PROTECT MYSELF AND MY FAMILY?

To avoid being bitten by mosquitoes, you can take action on two fronts:

1. Minimize your exposure to mosquitoes:

- When going outdoors, use insect repellents that contain DEET or other approved ingredients.
- Try to avoid spending time outdoors at dawn and at dusk when mosquitoes are most active.
- Wear protective clothing such long-sleeved shirts, long pants and a hat. Light coloured clothing is best because mosquitoes tend to be more attracted to dark colours.
- Make sure that door and window screens fit tightly and have no holes that may allow mosquitoes indoors.

2. Eliminate Mosquito Breeding Sites Around your Home and Cottage:

- Mosquitoes lay eggs in standing water and it takes about four days for the eggs to

grow into adults that are ready to fly. Even a small amount of water, for example, in a saucer under a flower pot, is enough to act as a breeding ground. As a result, it is important to eliminate as much standing water around your property as possible by:

- Regularly draining standing water from items like pool covers, saucers under flower pots, recycle bins, garbage cans etc.
- Remove old unused items from around your property including old tires, that have a tendency to collect water.
- Change the water in wading pools, bird baths, pet bowls and livestock watering tanks twice a week.
- Cover rain barrels with screens.

- Clean out eaves troughs regularly to prevent clogs that can trap water.
- If you have an ornamental pond, consider getting fish that will eat mosquito larvae.

HOW ABOUT USING PESTICIDES?

Over the counter products that are designed to get rid of garden pests aren't effective for overall mosquito control. Regarding the use of other pesticides, only workers who are licensed by provincial authorities and are trained in the safe use of pesticides can carry out mosquito control programs. Decisions on whether or not to use

JULY 2003 SMOKE SIGNAL Submission Deadline is June 9, 2003

send your submissions to:

Smoke Signal
c/o PO Box 1299,
Blind River, ON, PoR 1B0
Fax: (705) 356-1740
email: mfnlibrary@onlink.net

***All Submissions must be received by the deadline to be included in the new issue.
Use Your Submission Planner...get your message to all community members.***

***Program Managers and Staff: please be reminded that all newsletters
submissions should be handed in before the deadline on disk.***

Thank you.

SMART IDEAS TO MAKE LIFE EASIER

Candle trick

Can't fit your candle into a tight holder? Dip it in a hot water beforehand. The water will soften the wax so the candle fits perfectly..

Longer lasting candles. To get more life out of your candles, place them in the freezer for a few hours before lighting.

Easy-open glue

To prevent your glue-cap from sticking, dab some petroleum jelly onto it before closing-it'll open easier next time..

Faster clean-up

After painting, soak your brush in a bowl on vinegar-it cleans and softens all at once..

Free air freshener

To get your home smelling fresh, cut a dryer sheet in half and place it inside your vacuum bag. It'll absorb stale bag odours and freshen up your home all at once..

Ant repellent

To keep ants out of the house, find where the ants are entering the house and sprinkle a "barrier" of cinnamon or any type of ground pepper to block their way. The spices are too hot.

Bathroom odours

Place a shallow dish of baking soda behind the toilet to absorb bathroom odours.

Copper

To polish copper, rub an ample amount of ketchup on the copper and let stand for 5 minutes. Rinse off the ketchup with hot water and dry to find an incredible shine.

Fish and Spoiled Odours

Place a bowl of white vinegar on the counter for a few hours. The odours will disappear for good...

Stickers, Decals and Glue Removal*

To remove them from furniture, glass, plastic, etc.. saturate with vegetable oil and rub off.

Freshen Linen Closets

In the closets, place cotton balls that have been sprayed with your favourite scent. Once they are dry place them in corners and on the shelves..

Sweeter smelling kitchen.

When boiling smelly vegetables like cauliflower or cabbage, add a torn-up slice of bread to the water. It'll absorb odours instantly!

Cleaner floors in a flash.

Before sweeping, spray the bristles of your broom with furniture polish. Dirt will be easier to collect.

Prevent rust on tools

Place a piece of charcoal, chalk, or several moth balls in a tool box to prevent rust on tools. This will attract any moisture present.

COOKING TIPS!

Bacon: Minimize bacon shrinkage by running bacon under water before frying. This reduces shrinkage by about 50%.

Roasts: Roasts should be allowed to "rest" 10-15 minutes after being removed from the oven. This allows the juices to settle before carving.

Cabbage: Instead of blanching cabbage leaves to wilt them for stuffing, simply leave the whole head in the freezer overnight.

Our Precious Little Angels



Any parent out there with children who feel like their life is chaotic at times or even crazy? You're looking for some answers or guidance to help with the everyday

concerns when it comes to parenting your child or children. I hope these words of advice will ease your mind and answer some of your prayers.

A parenting column call Our Precious Little Angels will be produced in the monthly Smoke Signal. You can easily write down your parenting concerns and send your letter to the Kids for Life Centre or to the Mississauga First Nation Health Wing addressed to Nanette Boyer. Questions will be answered by a group of professionals depending on the topic.

Your letters of parenting issues do not have to be very long. They can be in question form. All concerns will be kept confidential and if you feel uncomfortable about signing your name, you don't have to.

Once again, fee free to drop your letters of concern off at the Kids for Life Centre or the Mississauga First Nation Health Department: Attention Nanette Boyer - Family Home Visitor. If you have any questions, you can contact me in person or phone 356-0481 at the Kids for Life Centre; ask for Nanny.

Dear Insightful Voices:

My toddler is giving me some difficulty when I try to put her to bed at night. What can I do to make it more pleasant for my child and myself?

Signed Frustrated Parent

Dear Frustrated Parent:

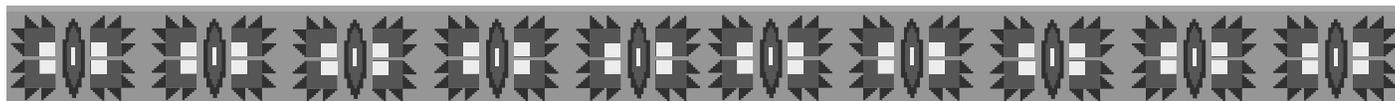
I am pleased that you have chosen to write to our column with your concern. By establishing a bed-time routine, this will help your child form good sleep patterns and habits.

Here are just a few tips in establishing a pleasant and peaceful bed-time.

- Involve your child in some peaceful activities such as a bath or story-time.
- Keep your home quiet at bed-time.
- Talk or sing to your child in a soothing voice, this is to let them know that the day is ending.
- Let your child make some choices, what story to read, which PJ'S to wear or which toy to take to bed.
- It would be good idea if your could let your child have a little nap in the afternoon, instead of long naps.
- It is also important to let your child play outside during the day to get some fresh air and to keep them active outdoors.

As we know, our lives are very busy when your a parent and so is your child's. Just remember you are not alone and I hope these tips help with your concern.

In Unity,



DEVELOPING BEDTIME ROUTINES



Every family will have different routines related to bedtime. For some it's brushing their child's teeth and a story, for others it's talk and prayers, and for some

it's rocking until the child is asleep. You can take some steps now to establish bedtime routines that will help your child form good sleep patterns and habits. Remember that sleep habits are learned, so be patient and work on developing a routine.

Try to make bedtime a pleasant time of the day that your toddler looks forward to. You can do this by spending time with her doing something that is quiet and enjoyable for both of you. If possible, set a routine and stick to it. This way she will know what to expect, when, and for how long. If you always brush her teeth, cuddle, and read her three stories, then she will know that this is the plan and won't be tempted to try to get "just one more," which delays her bedtime. It's good idea to tell your child when there's "one more book to go" or "three more pages and then bedtime" so that she knows what's coming and is better able to go along with your plan.

Hints to Help Establish a Peaceful Bedtime

- Give your child some time to unwind after her day. It's hard to go from running and playing to sleeping, so try to slow her down by involving her in quiet activities, such as a bath or reading a story.
- If there's a lot of activity in your house at bedtime, a child may be too excited to sleep and want to stay up with the family. Although it may not always be possible, the rest of the

family could either have some quiet time or at least be away from the bedroom.

- Try to make bedtime a special time, when your child can talk with you about events in her day. With a toddler it may be you who does most of the talking, but developing this habit will serve you well in later years. Your child will come to know that this is the time of day when she has your full attention, when you are both relaxed and she can share with you in a quiet and close way.
- Give your child some choices at bedtime. For example, let her choose what story to read, which pajamas to wear, or which toy to take to bed.
- Let your child have bedtime rituals. Putting particular toys in the bed, holding a special blanket, choosing a story, or closing the closet door can all be important to a child's sense of security.
- If your child seems to be having trouble settling down to sleep and is staying awake long after being put in bed, look at when and how much she sleeps during the day. Sleeping late in the day or taking long naps may be taking the place of nighttime hours of sleep. You may need to gradually shorten daytime naps or gradually move the time of the nap to earlier in the day so that your child will be tired at bedtime.
- Watching television, even if you are sitting with your child, won't give her the chance to unwind and have close personal time with you. Watching television may only serve to stimulate or scare a child if the shows are active or violent.
- When your child was younger, you may have rocked her to sleep and gotten up during the

(Continued on page 22)

(Continued from page 21)

night to feed and then rocked her to sleep again.

As your child gets older, help her learn to fall asleep on her own so that when she wakes during the night she will know how to settle herself to sleep again. There are many ways to do this. Some parents gradually put their child down a little sooner--first before she's sound asleep, and then before her eyes are shutting. Eventually they get to the point where they can put their child down while she's awake but relaxed. Other parents will let their child cry, checking on her regularly until she falls asleep.

If your child is afraid of the dark, or is just more comfortable with some light, plug in a nightlight or leave the door open and turn on a light outside her room.

Question:

"My one-year-old is still waking up for a feed and cuddle at two in the morning, and I'm exhausted. What should I do?"

Answer:

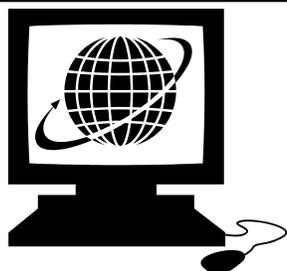
Sleep researchers tell us that we never really sleep through the night. We wake up from time to time, and put ourselves back to sleep without remembering the waking. This is a skill that

What Is a Dad?

A Dad is a person
 who is loving and kind,
 And often he knows
 what you have on your mind.
 He's someone who listens,
 suggests, and defends
 A dad can be one
 of your very best friends!
 He's proud of your triumphs,
 but when things go wrong,
 A dad can be patient
 and helpful and strong
 In all that you do,
 a dad's love plays a part
 There's always a place for him
 deep in your heart
 And each year that passes,
 you're even more glad,
 More grateful and proud
 just to call him your dad!
 Happy Father's Day

Happy Father's Day, Daddy!
 Love your Little Angels, Adrianna &
 Sydney
 OXOXOX

Happy Father's Day, Dad!



Visit Us Online:

www.mississaugafirstnation.com

IT MAKES SCENTS

*What's the best perfume you can wear?
According to a poll of men, the
overwhelming choice is no perfume at all!*

If you want to feel more:

Creative

Indulge in the scent of citrus.
It stimulates the creative part of your brain.

Happy

Indulge in the scent of strawberries.
They encourage the memory bank in your brain to
remember happy times.

Passionate

Indulge in the scent of cinnamon.
It prompts a response in the brain that gives you
that "tingly-all-over" sensation.

Energized

Indulge in the scent of peppermint.
Studies show the aroma signals the area of the
brain that makes you feel more alert.

Romantic

Indulge in the scent of Ylang Ylang.
Studies show it enhances your libido!

UPDATES

***Congratulations to the winners of the Tug-o-war
that was held on May 16th-Health Fair Day.***

Long Term Care Pullers:

Bill Boyer. Jr. - Barry Boyer - Wayne Petahtegoose
Debby Roach-Laura Niganobe - Lynn Pope

This will be an annual event, winners names will be
put on the trophy.



***Congratulations going out to the organizers of the
Health Fair on a job well done.***

Elva Morningstar, Linda Daybutch, Kathy Chiblow,
Dianne Bowen, Conrad, Perry Joe & Joey Pro-
vencher.

As well, thanks to Wayne Petahtegoose and Chris-
tine Owl for organizing the BBQ. Good idea to get
everyone's twoonies. Thanks for all the helpers and
cooks, too.

This year's event was a tremendous success. It was
well attended. Congratulations to all the door-prize
winners.

Special Meegwetch going out to all those who took
the time to put in an information booth at this year's
fair.



HOW TO STAY CLOSE TO YOUR KIDS

Thankfully, most teens get through adolescence with minor rebellion.

Here's a few tips to help you out.

- Discipline with criticizing. Say "I'm angry you did that", then explain the consequences.
- Tell your kids about your day. It will spur them to tell you about their day.
- Make two positive comments for every negative. Think of it like a verbal bank account-deposit more of the good to stay ahead of the bad.

(Continued from page 1)

New Grand Council Chief...cont.

“I’ve seen first-hand the diversity and challenges facing our First Nations,” said Grand Council Chief Commanda, outlining his agenda to deal with outstanding land claims, improved health care, poverty and child welfare issues. With your support, I plan to give it my all - to resolve issues with the wisdom and guidance given by you - the leaders and our Elders.”

Grand Council Chief Earl Commanda replaces Vernon Roote who has stepped aside to pursue leadership at another level. Former Grand Council Chief Roote had served two three-year terms as Grand Council Chief, and previously served as Deputy Grand Chief. Prior to the assembly, Roote was awarded an Anishinabek Nation Lifetime Achievement Award for over 30 years of work in First Nations politics.

The Anishinabek Nation Chiefs-in-assembly have also re-elected Nelson Toulouse, as Deputy Grand Chief. Toulouse, who will begin a second term, is

a member of Sagamok Anishinawbek and is a fluent speaker of the Ojibway language. Toulouse won on the second ballot.

The Anishinabek Nation election marks the first of three major First Nation elections this spring-summer. The Chiefs-of-Ontario will be electing a Regional Vice-Chief from June 24-26, 2003 at Whitefish Lake First Nation, near Sudbury, Ontario. The Assembly of First Nations will be holding elections for Nation Chief July 15 - 17, 2003 at their annual General Assembly in Edmonton, Alberta.

The Anishinabek Nation incorporated the Union of Ontario Indians as its secretariat in 1949. The UOI is a political advocate for 43 member First Nations across Ontario. The Union of Ontario Indians is the oldest political organization in Ontario and can trace its roots back to the Confederacy of three Fires, which existed long before European contact.

Moving?

...or know of anyone who is? Let us know!

We'll make sure you/they continue to get the latest Mississauga News.

Old Address:



New Address:

Return to Smoke Signal – Change of Address:

c/o Mississauga First Nation
PO Box 1299
Blind River, ON P0R 1B0.

You Deserve a Lift!-Days of Inspiration

- “Spend your life on the little things, a smile, a hug, a thousands little acts of kindness”
- “Old friends, like old wines, don’t lose their flavour”
- Do someone a favour, it will be returned.
- Take on a challenge. It’ll showcase your strengths.
- Treat yourself to some sunshine!
- God creates such beautiful days!
- Make a new friend today.
- Believe in someone, it could change her life.
- This day holds a special gift for you.
- Listen to your heart. It knows best.
- Say “No” sometimes. People will understand.

Questions to ask you pals!

How did Jamie Sommers become bionic?

She received bionic parts after serious injury from a parachute accident.

List the 1st and last names of all 4 Sweathogs on Welcome Back Kotter.

Vinnie Barbarino, Freddie Washington, Arnold Horseshack and Juan Epstein

Name every actress who played an “Angel” on Charlie’s Angels

Farah Fawcett, Kate Jackson, Jaclyn Smith, Cheryl Ladd, Shelly hack and Tanya Roberts.

Did you know?

- Do you use a fork or chopsticks at a Chinese restaurant? According to a new poll, a surprising 81% of us step up to the challenge and use chopsticks..
- To make a pound of honey, a hive of bees must tap two million flowers!
- An electric fence powerful enough to kill a large dinosaur will cause no lasting damage to an eight-year- old child.

Suggestion Box Drop-Off

Just to let community members know that there is a suggestion box, placed by the front main entrance here at the band office. If you have any suggestions regarding any of the MFN Programs, please put them on paper and drop them off. The suggestions will be reviewed and forwarded to the proper department.

Senior’s Picnic/Fun Day

This year’s Senior’s Fun Day will be held Thursday, June 19/03.

All Senior’s are encouraged to attend, we’ll have surrounding communities coming to this year’s event which be a fun-filled day.

Come out for bocci ball, poker walk, ring toss, bingo, horseshoes, and hole in one.

Come and renew old friendships, begin new ones.

Please watch flyer’s for more details.

Attention All Bowlers Calling all bowlers!

If you are interested in attending Father’s Day Bowling Night, which will be held Friday, June 13th, please call Peggy Koppens at 356-1932, Mary Ellen Morningstar @ 356-1621 Ext #2201, or Elva @ Ext# 2231, Or Dianne @ #ext #2226 to leave your names.

We encourage community members to come out and join in on the fun. **Guaranteed to have fun!**

News from Linda Daybutch:

If you haven’t purchased your tickets yet for the riding lawn mower, tickets are only \$2.00 each or 3 for \$5.00.

Tickets are going fast.

Purchase your tickets from Elva, Belinda, Munyan, Melissa, Brian Boyer Sr. or myself.

Draw date is Wednesday, July 2/03

More Announcements

Happy Father's Day
Mississauga First Nation
Dad's

☺:~:☺

Happy Father's Day
Kevin Morningstar
 OXOXO
 Lots of Love: Anika and Brett

☺:~:☺

Happy Father's Day
Ted Sr.
 Love your #1 Daughter, Rick,
 Bruce and the Ferrigan Girls
 XXOOOXX

☺:~:☺

Happy Father's Day
Rick
 Love your BIG Family, Nanny,
 Bruce,
 Shania, Karissa, Jannah, Ricki-
 Lea and
 Mary-Ann
 Your The Best Daddy!!
 XXXOOO

☺:~:☺

Happy 1st Father's Day
Daddy
 With Lots & Lots of Love
 Draye
 OXOXO

☺:~:☺

Happy 1st Father's Day
John
 From Todd

Congratulations
 to all the
Children who completed
their First Communion
 May 11th, 2003
 From the Morningstar Family

☺:~:☺

Happy Birthday
Mommy!
 Love Keena
 OXOXOX

☺:~:☺

Happy 4th Birthday,
Deiandra!
 On June 6th, 2003
 From Your Best Buddy,
 Adrianna!

☺:~:☺

Happy Birthday
Monica McGregor!
 June 30th, 2003
 From Dave, Crystal & the Girls

☺:~:☺

Happy Birthday
Lesley
 June 18,
 With Love from Todd
 OXOXOX

☺:~:☺

Happy Birthday
Amanda
 June 16
 Lots of Love from Todd
 OXOXOX

Happy Birthday
Amanda
 June 16
 Love: Melissa & Hart

☺:~:☺

Happy Birthday **Sister**
 June 2nd
 Love Your Best Friend
 Todd
 OXOXOX

☺:~:☺

Happy Birthday
Monica-Bebe Girl
 June 30
 Love Mom
 OXOX

☺:~:☺

Happy Birthday
Ya Ya
 June 6
 With Lots & Lots
 Of Love
 Grandma Linda OXOX

☺:~:☺

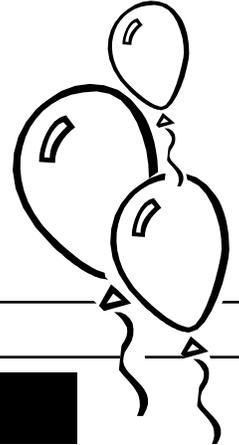
All the Way in Toronto
 Happy Birthday
Auntie Lesley
 &
Auntie Amanda
 With Lots of Love
 Justin, Robert, Skyler, Natasha
 & Draye

Happy Birthday June 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Yvon Lariviere David Payette	2 Mary Chiblow	3 Danielle Cada Charlene Copley Deborah Hamlin Peggy Koppens Joseph Pine Georgina Selberg	4 Edwin Chiblow	5 Vickie Labranche Carrie Harrison Anika Morningstar Maxine Stevens	6 Dillon Boyer Leo Chiblow Diandra Daybutch Lillian Newman	7 Glen Chiblow Darrion Marion
8 Charlene Niganobe	9 Richard Cada Chriline Carter	10 Shannon Boyer Darryl Gladu Joanne Niganobe Russell Pilon	11 David Cada Clarenda Dabutch Diana Simon	12 Beverly Griffin Jennifer Hughes Filomina Labranche Marie Laroque	13 Dale Chiblow- Archambault Kevin Poulton Mary Bobiwash	14
15 Kerith Boyer Marcel Cada Eileen Eriksen Duane Ermatinger Benjaman Morningstar Brienne Vincent	16 Amanda Chiblow Erin Chiblow Erica Daybutch Daisy King Niksaun Stevens	17 Rose Daybutch Jaime Sim Alishia Stevens Jeanne Vincent- Alderton	18 Lesley Chiblow Reginald Gionette Sarah Olson	19 Kyle Bobiwash Earl Niganabe	20	21 Steven Barry Mackenzie Daybutch Steven Sullivan
22 Catherine Morningstar Rose Morningstar	23 Ellwood Morningstar	24 Calixte Armstrong Mark Cada Susanne Thiessen	25 Alexander Jackpine Ethan Pine Gennia Wishart	26 Ruth Bobiwash Isaac Harrison Janey Morningstar	27 Andrea Chiblow Gerald Gladu Cheryl Morningstar Russell Morningstar Thomas Morningstar	28 Kelly Morningstar
29 Michael Boyer Geoffrey Daybutch Devin Morningstar Amber Niganobe	30 Barry Fortin Monica McGregor Joseph Missabie Everett Morningstar					

Smoke Signal - Mississauga's Own Paper

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URL: www.mississaugafirstnation.com



In This Issue... West Nile Information, Trust Election Results. . .

ANNOUNCEMENTS

Special Birthday Wishes
Anika Morningstar
Lots of love, from Gramma "Bear",
Auntie Mun, Auntie Deb, Veronica and
Nelson XOXOXOX

Happy Birthday
Johnny Alexiou
from all your cousins back in Missis-
sauga, lots of love from Gramma and
Auntie Kathy

Happy 5? Birthday
Ruth Bobiwash
PSSST- we won't say your real age..
Mun & Rick, Have a great Day!

Happy Birthday
Nana Val
June 20th, 2003
Lots of Love from Adrianna, Sydney,
Crystal and Dave

Happy 24th Birthday
Amanda Chiblow
June 16, 2003
Best Wishes from Crystal, Dave and
Girls

Happy Birthday
"Papa Muskrat"
Veronica and Nelson, Debbie and Mun

Happy 11th Birthday
Scott Morningstar
June 30th, 2003
Love Devin, Brett and Tori

Happy Birthday
**Granddaughter Emily
& Grandson Alexander**
Miss & Love you,
Big Hugs—Papa Jackpine

Happy Birthday!
Three in a Row!
**David, Jim
and Richard**
June 9, 10 & 11.
Happy Birthday Guys!
From the Family.

Happy Birthday Dad
"Scott Morningstar"
June 30th, 2003
Love Devin, Brett and Tori

"Happy Birthday"
Mommy
Love your #1 Daughter, Rick, Bruce
and the Ferrigan Girls
XXOOXX

Happy Birthday
Papa Harvey
June 27th, 2003
Love Devin, Brett and Tori

Happy 19th Birthday
Geoff Daybutch
From The McCallum's

Happy Birthday
to my mom,
Kelly Ann Morningstar
Lots of love from Quintin
(Love from Sherry & Boys too)