



Mississauga First Nation  
Job Posting

<b>Position:</b>	Winter Wellness Worker – 2 Positions to be Filled	<b>Accountability:</b>	CHR- Health Promotion
<b>Hours of Work:</b>	20 hrs/week (\$14 per hr)	<b>Employment Status:</b>	2 Week Term (Christmas break)
<b>Circulation:</b>	I	<b>Preference:</b>	MFN member/ persons of aboriginal Decent –Enrolled University/ College Student

The Winter Wellness Worker will:

- Work with children between 6- 18 years of age during the Christmas break and provide support for program staff; and promote healthy lifestyle choices including culturally appropriate physical activity, healthy nutrition, personal health and wellness, assistance with homework and traditional teachings.
- Promote healthy lifestyles through positive role modeling behavior and participation in program activities.
- Deliver programs to increase physical activity, to assist students to complete assigned homework, deliver nutritional seminars and promote personal health and wellness with identification of personal goals.
- Responsible to ensure satisfactory completion of administrative tasks as required.
- Establish work priorities and ensure deadlines are met and procedures are followed.
- Maintain record keeping system for the program.
- Ensure the Program site buildings are neat, organized, and safe for program delivery.

The Winter Wellness Worker will possess the following qualifications. Skills, experiences, and attributes:

- Minimum of College and University Students.
- Previous experience working with children and youth.
- Must provide a clear Vulnerable Sector Verification; First Aid and CPR Certification.
- Must be able to work flexible hours; be in good health/ knowledge and understanding of the impacts of a healthy individual on learning outcomes; Canada’s Food Guide; and understanding of Aboriginal culture and traditions.
- Knowledge of the Occupational Health and Safety Act; WHMIS (2015).
- Good computer skills with MS Office software/ excellent organizational and time management skills/ excellent oral, and written and listening communication skills/ excellent interpersonal skills/ team building/ decision making/ problem solving.

**TO APPLY:** Customize your cover letter and resume to the duties, experience, expectations and qualifications listed on the job ad. Using concrete examples, you must show how you demonstrated the requirements for this job. We rely on the information you provide to us in your application during screening. **Successful candidates who receive interviews must provide copies of their educational qualifications and certifications at the time of interviews.** Please note that all interviews will be in person. If you would like a copy of the full job description and/or are interested in applying you may submit your covering letter, resume and three (3) work related references to:

MAIL: Mississauga First Nation  
PO Box 1299  
Blind River ON P0R 1B0  
Attention: Rita Chiblow, Human Resources Advisor  
Marked : CONFIDENTIAL

EMAIL: [ritac@mississaugi.com](mailto:ritac@mississaugi.com) FAX: 705-356-1740

**Deadline: Friday December 14, 2018 at 4:00 p.m.**

**Thank you to all applicants however only those selected for an interview will be contacted.**